INSIDE:  85TH ANNIVERSARY KICKOFF  Full Frame  COMMUNITY BACKED INDEPENDENCE  Then & Now 6  HANDS-ON service culture 12  BOAA offers a multigenerational answer 30  SOCCER ex-pats reunite 54
On a sunny Saturday in October, Old Dominion University celebrated its 85th anniversary as part of the Homecoming festivities. To kick off the Oct. 17 football game against Conference USA competitors UNC-Charlotte, Big Blue and the ODU cheer and dance team carried colorful ODU flags and an 85th Anniversary banner into Foreman Field at S.B. Ballard Stadium. The University’s 85th anniversary figured prominently throughout the season: game programs featured the 85th Anniversary logo and the team wore helmet stickers emblazoned with “ODU85.” Coach Bobby Wilder challenged fans at the first home game, played Sept. 12 against crosstown rival Norfolk State, to “text-to-give,” as part of the University’s 85 Hours of Giving campaign, which raised more than $1 million in less than four days to support Old Dominion academic programs.

Best of all, ODU won its Homecoming game, 37-34. Go Monarchs!

PHOTO: CHUCK THOMAS
A goal when I became President eight years ago was to see the University evolve into a research-intensive incubator known globally for innovative discoveries, insightful scholarship and inspiring action over a range of disciplines. Our Office of Research, led by Vice President for Research Morris Foster, is taking us there quickly.

As home to the White House pilot project on sea level rise, it was our honor to host Secretary of State John Kerry’s address last November on climate change and national security.

But swift advance also is seen in numerous collaborations that place Old Dominion on the front lines of other critical national issues like cybersecurity, public health and more.

Nothing better illustrates the Office of Research’s mantra – “Innovate Locally, Transform Globally” – than our partnership with Jefferson Lab in Newport News, a Department of Energy nuclear accelerator.

Physicists from ODU, J-Lab’s largest academic partner, achieve internationally recognized breakthroughs and recruit some of the world’s top researchers for collaboration.

But even as we expand that relationship, our roster of research partners also grows.

We are working with the College of William & Mary through the Virginia Institute of Marine Science on coastal resilience and the pressing threat of rising seas.

We are involved in an emerging partnership with Eastern Virginia Medical School to advance the reach and effectiveness of public health.

Recently, we formalized our educational agreement with the Naval Surface Warfare Center that focuses, in part, on cybersecurity.

The Office of Research is exploring additional opportunities at J-Lab in high-performance computing and the mining of big data.

Reaching for new horizons dovetails with the Office of Research’s 2015-20 strategic plan.

Among the initiatives, faculty groups have been enlisted to identify research possibilities of national significance.

Academic hires in cybersecurity and climate and health are being made to keep pace with the momentum sparked by the Office of Research.

And funding models and incentives for shared research facilities, equipment and support staff are being developed.

As a comprehensive research university, our success will be measured by our impact. The thirst to make a difference is yet another reason why we are enjoying the most expansive and relevant era in the University’s 85-year lifetime.

One that shows no sign of slowing down.

—John R. Broderick
President, Old Dominion University

On our Cover
Old Dominion University proudly reaffirmed its commitment to the arts Sept. 16, with ceremonies to dedicate three new venues in its Arts in the Village district. The cover celebrates the variety of disciplines which will benefit from new classroom and studio spaces.

COVER BUILDING PHOTO: ROBERTO WESTBROOK; INSET PHOTOS: RONALD ATKINSON, JULLIE BERRY, CHUCK THOMAS, ROBERTO WESTBROOK

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Features

16 Paying it Forward
Michael Thompson designs a campus veterans’ house to help disabled veterans transition to civilian life, with support from the ODU Enactus chapter.

28 Entrepreneurial Ecosystem
A year after its launch, the Entrepreneurial Center is growing and thriving as it tackles three initial priorities.

54 Soccer Reunion
Soccer reunited ex-pats Ivan Militar and David Masicza to create great chemistry on the pitch.

Alumni

42 Distinguished Alumni
Homecoming 2015 set the stage for the Alumni Association to honor outstanding graduates’ contributions.

44 Classnotes

Departments

4 Posts
6 Then & Now
8 49th & Hampton
16 Today’s Student
34 Books
52 Sports

Love, marriage and football

Allisa Caasi Deguzman ’08 and Christopher Deguzman ’11 met through mutual friends while attending Old Dominion University, studying occupational technical studies and nuclear medicine technology, respectively. As alums and passionate football fans, they couldn’t pass up the opportunity to have their engagement photos taken at Foreman Field at S.B. Ballard Stadium. “We’re both extremely proud ODU graduates that love supporting our Monarchs whenever we can,” says Chris. “We consider ourselves Monarchs every day!” They were married Oct. 3, 2015, and now live in Virginia Beach.

Congratulations!

PHOTO: WINSTON VERANGA ‘96

PHOTO: CHUCK THOMAS
Join the conversation and wish ODU a Happy 85th Birthday!

@kschufu
It’s my birthday cake, but I guess I’m willing to share… Happy 85th Birthday ODU! #odu85 #ODUBday

@Simonafragolina
Happy 85th Birthday to my Alma Mater Old Dominion University! The Best experiences of my life #ODUBDay #ODU85

@erslee3b
Happy 85th Birthday ODU, reliving the memories with you. @ODUpics. #odu85 #odubday #odualumni

We’d love to hear from you! Post your birthday wishes for ODU to your social media accounts and use the hashtag #ODU85. Follow the daily conversation with #ODU.
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The first 85 years of Old Dominion University comprises thousands upon thousands of interconnected stories. The collective experience of each student, staff and faculty member weaves a tapestry of memories as the University has grown from a junior college satellite of the College of William & Mary with only 206 students, to a thriving metropolitan research university with more than 25,000.

There are few members of the Old Dominion community with a more unique story than Beryl Adler, a rollicking tale that helped the University become what it is today.

Adler is 86, and still practicing law in Norfolk. The persuasive skills he has employed throughout his lengthy career were in particular need during a fateful day when an impromptu visit to a U.S. congressman helped pave the way for Old Dominion’s official break from parent institution William and Mary.

"Being part of this was one of the greatest achievements of my life, I think," said Adler, who did his first year of postsecondary education in 1947 at the Norfolk Division of the College of William & Mary (now ODU) before transferring to the University of Virginia.

Adler was forced to leave his hometown because Norfolk at the time did not have a four-year institution of higher learning. "I was one of many people in the community who felt we needed to fix that," he said. A member of local service organization the Jaycees, Adler and his friends felt it was time for the Norfolk Division to separate from its parent. "But the president of William and Mary at the time, (J.A.C.) Chandler was his name, was very against that. So we decided we were going to do what we could to relax that grip."

So Adler’s group of young business leaders led a five-year campaign in Norfolk, for the school here to become a four-year college. Adler’s small group discovered that the U.S. Department of Housing, Education and Welfare (HEW) would do surveys for a price. That survey would certainly show the need for a four-year college in south Hampton Roads, they thought. The young local leaders gathered the $2,500 necessary to fund the survey and drove to Washington, D.C., to make their case directly with HEW.

No luck. "It turns out North Dakota was next in line for one of their surveys," Adler said.

Driving back from Washington, Adler sulked in the back seat of the car. A travel companion asked what was wrong. "All of a sudden I said, 'Turn the car around, I’ve got an idea. We need a congressman,'" Adler recalled.

Arriving in downtown Washington for the second time that day, the group showed up unannounced at the office of Porter
Hardy Jr., the local Democratic Congressman. “As luck would have it, his legislative assistant was a former Jaycee. He agreed to help us,” Adler said.

With Hardy’s help, HEW would be redeployed to conduct the needs survey for a four-year college in Norfolk, provided $8,000 could be raised by the community to help fund the endeavor. Adler still has typed and hand-signed letters from local business officials pledging support for the initiative. “We began this in 1958, but the project wasn’t done until 1959-60,” he said.

In 1962, the local group received the survey from HEW (“It was over two inches thick,” Adler said). The verdict was overwhelming: There was immense need for a four-year college in the southern part of Hampton Roads. Faced with the results of the survey, and pressure from lawmakers from Norfolk and Virginia Beach, the College of William & Mary consented to the amicable split, and Old Dominion College was created.

Throughout the 2015-16 school year, Old Dominion University is celebrating its 85th anniversary, from its founding in 1930 as the Norfolk Division of the College of William & Mary to its current status as a Carnegie Foundation research university.

The yearlong celebration kicked off during President John R. Broderick’s State of the University address, with a challenge for Old Dominion students, faculty, staff, alumni and friends to pledge to perform 85 hours of service during the school year, in honor of the University’s 85 years.

An 85 Hours of Giving campaign raised more than $1.1 million to support academic programs and scholarships. That campaign culminated Sept. 12, the day the Norfolk Division opened its doors in 1930.

On that day, the University celebrated its birthday during an Old Dominion football game against Norfolk State. Despite persistent rains, the 41st-straight sellout at Foreman Field saw the Monarchs come away with a 24-10 victory. The players wore ODU85 stickers on their helmets, mascot Big Blue carried an 85th anniversary flag when leading the Monarchs out on the field, and the coin toss was performed with a commemorative coin produced for the University’s 85th anniversary.

The celebrations will continue throughout the school year. Each month during the school year, a different aspect of the University’s history will be celebrated on the 85th Anniversary website, at www.odu.edu/85.
In a Nov. 10 visit to Old Dominion University, U.S. Secretary of State John Kerry suggested the University could serve as a national higher education model for dealing with issues such as sea level rise and climate change.

“The work that ODU is doing with climate change and sea level rise is work that every university should be doing,” Kerry said, in a hard-hitting speech at the Ted Constant Convocation Center that linked environmental issues and national security.

“Our community feels a deep sense of honor that Secretary Kerry chose to visit Old Dominion to learn more about innovative research and initiatives being undertaken here,” Old Dominion COO David Harnage said in opening remarks at the event, which was attended by more than 1,000.

In his address, Kerry announced the formation of a task force to incorporate climate change into decision-making at every level of government.

During the 45-minute speech, Kerry lauded the work of the University’s Hampton Roads Sea Level Rise Preparedness and Resilience Intergovernmental Planning Pilot Project. The two-year project seeks a “whole of government” and “whole of community” approach to mitigating and adapting to rising sea levels in the region.

Kerry, who was sworn in as the 68th U.S. Secretary of State in February 2013, has been a consistent champion of environmental issues during his four decades of public service. At Old Dominion, he recalled his service in the Vietnam War, and the vital importance of the Mekong River to that country, even during a time of conflict.

“I remember being struck by how, despite the war, the Mekong was a center of commerce and focus of daily life,” Kerry said. He added that the strategically and commercially important Norfolk harbor serves the same role for Hampton Roads. “So people here know the significance of the potential threat from climate change and sea level rise.”

A decorated military veteran, Kerry said he was excited to be in Norfolk so close to Veterans Day, given the region’s long military history. He thanked Army veteran and Old Dominion graduate student America Luna for introducing him.

Luna said Kerry’s warm greeting put her at ease. “I wasn’t nervous until I got here, but then I met him and he’s a very nice gentleman,” said Luna, who enlisted at 17 and served five years in the Army, including two tours in Iraq.

Kerry praised the work of the military in addressing the concerns of a changing climate, with the Navy switching to 20 percent renewable fuel sources. He cited the words of his former Senate colleague John Warner (R - Va.) who was chair of the Armed Services Committee.

“Senator Warner said climate change is a threat multiplier, making worse the problems that already exist,” Kerry said.
In his 28 years with the U.S. Army Corps of Engineers, including the past four as the Norfolk District commander for this region, Col. Paul Olsen (Ret.) kept sea level rise as a top-of-mind concern. During his command, Olsen was also acutely aware of the research and organization at Old Dominion University connected to the issue.

Therefore, when considering post-military options for his next challenge, Olsen chose Old Dominion over many other competing choices.

“I specifically wanted to come here,” Olsen said. “I feel Old Dominion University’s vision to be a national leader in sea level rise planning, research and resilience is magnificent and it will allow me to continue the work I began in this region as the Corps of Engineers district commander.”

Olsen is the University’s director of federal, commonwealth and municipal programs and partnerships, with a particular emphasis on sea level rise-related issues. Olsen will be responsible for taking Old Dominion’s world-renowned research in sea level rise and the collaborations formed through projects such as the White House Sea Level Rise Pilot Project — which the University leads — and helping create policy.

“There is a real track record of success here. I’m here to help turn all of this significant research and collaboration into an applied framework,” Olsen said.

Morris Foster, vice president of research at Old Dominion, believes Olsen is a valuable addition to the university’s sea level rise expertise.

“We are very pleased to have someone with Col. Olsen’s experience join ODU’s resilience initiatives,” he said. “As district Corps of Engineers commander, Col. Olsen worked closely with many stakeholders in the region in planning for, mitigating and adapting to sea level rise. Now he can bring that practical engineering and management experience to help ODU develop academic, research, and outreach projects in this critical area.”

Originally from Milwaukee, Olsen worked around the world for the Army, including multiple wartime deployments. His military commitment lasted for nearly 28 years because he felt a responsibility to serve his country. It also helped that the past four years were Olsen’s “dream job” as district commander based in Norfolk, charged with such diverse responsibilities as deepening the channel at the Port of Virginia and restoring honor at Arlington National Cemetery following its recent bureaucratic struggles.

And since his duties were to oversee the Norfolk District, an area slightly larger than the Commonwealth of Virginia, his position also led to a significant responsibility to plan for sea level rise mitigation and adaptation.

In his role with the Army Corps of Engineers, Olsen was acutely aware that the Hampton Roads region has the worst sea level rise on the entire East Coast, because the gradual rise in sea levels is accelerated by a slowing Gulf Stream, and its effects are being felt more dramatically because land in this region is sinking. “What New York is facing in 100 years, we’re facing in 50,” Olsen said.

“Even the finest organization cannot address sea level rise planning alone. It truly takes a team … drawn from all levels of government, as well as our exceptional non-governmental organizations and academic and research institutions, to make a difference.”
During their busiest days, Old Dominion students and faculty have a new place of escape on campus to allow “the subtle beauty of simplicity” to wash over them.

The University dedicated the Hamada Japanese Garden in September in honor of the iconic martial arts instructor Hiroyuki Teshin Hamada and his decades of transforming lives at Old Dominion.

“His reputation spans the world,” Interim Provost Chandra de Silva said of Hamada, the nation’s first martial artist in residence when he came to ODU in 1975 from the College of William & Mary. “But today, I’d particularly like to recognize him as a Monarch.”

Hamada retired seven years ago as martial arts coordinator and associate professor of exercise science, physical education and recreation. Former students took over the martial arts program that remains popular on campus.

Kim Baylor, one of Hamada’s students who teaches in the program, said the garden stands as a “tribute to the energy and the passion Dr. Hamada gave to his students.”

Said Michael Boyle, a physician and 1983 graduate, “He changed my life. There are thousands over the past 30 or 40 years who have come through the ‘dojo’ and Old Dominion and learned a different way of things.”

Hamada traveled from his home in Japan for the dedication of the meditative garden neatly placed between the Diehn Center for the Performing Arts and the residential dining hall that is under construction.

“I feel so humbled and honored to be in your presence,” said Hamada, whose support helped the University and his former students bring the garden to life. “It is our sincere hope that this Japanese garden will become a special place for the campus community to enjoy a moment of sublime serenity and self-reflection.”

Hamada said the “subtle beauty of simplicity” can be felt among the granite-lined space that features an array of young azaleas and trees, stone benches and five carefully selected boulders that represent Hamada’s five decades of influence at ODU.

Additions to the garden could help it bloom into a “small forest” through the years, he said.

Hamada has made significant contributions to the development of classical and traditional martial arts. His honors include the highest title of “Hanshi” in six major styles from the Dai Nippon Butoku Kai martial arts society of Japan, which he now serves as president.

He is the author of 12 books on martial arts and self-defense. During his time at ODU, Hamada served as special assistant to the president for the promotion of Japanese exchange programs.
The traditional 30-item “bucket list” created by the Student Government Association to encourage first-year student involvement and enrich their “Monarch Experience” has flowered to 85 must-do things to accomplish before they leave ODU.

“The 30 is a symbol of ODU’s founding in 1930,” said Christopher Ndiritu, the SGA president who brainstormed the list three years ago. “With this year’s 85th anniversary of ODU, we decided to expand the list.”

Also, to run a yearlong contest.

Students can submit photos or post them of themselves on social media attending an exam jam, journeying to Doumar’s for an ice cream cone or perched at the top of the rock wall at the Student Rec Center.

“Then at the end of the year, we will ask students who completed the full bucket list to send us the pictures for a grand prize,” Ndiritu said.

The seven core traditions remain, of course:

- Don’t step on the University seal until graduation
- Do the “Ice Cream and Cake” dance
- Participate in Homecoming
- Receive a convocation lapel pin
- Rub the belly of Big Blue’s statue
- Get involved during Activity Hour
- Wear ODU colors on Spirit Fridays

But this year, a handshake from President John R. Broderick checks a box. The same for donating a meal swipe, participating in a service project, visiting a professor during office hours and checking out the Virginia Zoo.

Oh, and attending an event with free pizza.

Check.

For a complete list of the 85 must-do things before graduating from ODU odu.edu/85/bucketlist
The weather was overcast, but the mood was surprisingly upbeat. More than 400 participants gathered on Kaufman Mall to mark the 14th anniversary of the attacks of September 11. This was more than simply a memorial. Following a short ceremony and a wreath-laying by President John R. Broderick and First Lady Kate Broderick, the crowd, which included many Old Dominion University student-athletes, marched with purpose to Norfolk Fire Station 7 on 43rd Street.

“Our lives have been profoundly and shaped by those events, every day since,” Broderick said. “The America we knew then is still very much the tall and proud America we know today, but it rekindled in us a sense of endurance and resilience.”

In honor of the September 11 National Day of Service and Remembrance, attendees compiled care packages and wrote letters of support for first responders and military service members as part of a service project to benefit Operation Gratitude.

The multitude of hands made for very light work, and the care packages were soon assembled. Participants chatted engagingly with fire and paramedic officers, enjoying the fellowship and labor of the service event.

The care packages that were put together will be distributed to deployed military men and women, first responders and military families. The service event represented the official kickoff of the 85 Hours of Service campaign, a challenge for members of the Old Dominion University community to perform 85 hours of community service during the school year. Participants at the event signed a poster pledging to complete the task.

“We are excited when we can take our service projects out into the community,” said Lacy Jaudon, coordinator for service for the University’s Office of Leadership and Student Involvement. “Even if it’s only a few steps off campus, events like this help us make a difference in our community.”

**SERVICE IS EVERYWHERE**

The September 11 service event was noteworthy for its enthusiastic participation, but unsurprising at the same time. Old Dominion University has a proud history of service, stretching back to the school’s very beginning as the Norfolk Division of the College of William & Mary.

But investment in the infrastructure to encourage and support service has taken this civic responsibility to a new level.
For four years in a row, Old Dominion University has been named to the President’s Higher Education Community Service Honor Roll, which “highlights the role colleges and universities play in solving community challenges.” As a result, more students are likely to pursue a lifelong path of civic engagement that achieves meaningful and measurable outcomes in the communities they serve.

The September 11 service event is just one example of the selfless acts performed by members of the Old Dominion community. The Little Feet Meet, a field day designed for children with multiple disabilities; and ODU Basketball Education Day, an annual game for Norfolk Public Schools students hosted by the Lady Monarchs basketball team, are examples of events held every year for the benefit of the community.

In his annual State of the University address, President Broderick noted that Old Dominion students performed more than 500,000 hours of community service in the past school year, which translates into $12.5 million of local value. Even the event where Broderick delivered his State of the University address contained a service component; attendees were asked to bring non-perishable food items or make a donation to the Foodbank of Southeastern Virginia and the Eastern Shore. The equivalent of more than 2,100 meals were donated by attendees.

Jaudon arrived at the University in August 2014. Hired as coordinator for service for the University’s Office of Leadership and Student Involvement, she has the task of coordinating extracurricular service efforts by Old Dominion students.

“It’s been a great experience,” Jaudon said of her move from Mississippi to Hampton Roads. “The student leadership is very diverse, which is different from my former school, where it was largely (fraternities and sororities). But there are such great opportunities for service in this community.”

There are 400 to 500 nonprofits and charities in Hampton Roads that could use a helping hand, Jaudon said. “I’m trying to help develop more engaged student leaders and better global citizens. Acts of citizenship are growing here.”

**SERVICE IS LEARNING**

A companion to the growth of a service culture at the University has been the effort to integrate it into Old Dominion’s academic curriculum. The marriage of volunteerism and academic study is known as service-learning, and is being led by Emily Eddins, hired as the University’s first director of service-learning in January 2014.

“Hampton Roads is such a unique area, because it’s so diverse in many ways — economically, culturally,” Eddins said. “With these service-learning opportunities, it’s fun to not only talk about the diversity of our community, but for students to get hands-on experiences with different groups. It’s a fantastic learning experience for them, and their work can make a difference in their community.”

The initiative has expanded dramatically. Supported by mini-grants for faculty members, service-learning elements comprise parts of the curriculum in 35 different courses offered to Old Dominion students. Every college has multiple offerings that reflect service-learning principles.

Projects like CARE Now, the after-school program for Norfolk Public Schools; and Monarchs for Monarchs, the program to introduce native milkweed plants in area gardens to promote monarch butterfly habitat, are examples of the types of service-learning programs that thrive at Old Dominion University.

“Not only are the students getting great volunteer experience, they understand fundamentally how learning connects to the community, to provide better outcomes,” Eddins said.

**SERVICE IS FUN**

For observers of the September 11 remembrance and service event, one thing stood out. The members of the Old Dominion community who participated, notably the students, were fully engaged participants. The memorial service was listened to intently. The remembrance walk to Norfolk Fire Station 7 was well organized and purposeful. And the service event was conducted with true joy.

Eddins said the best part of her relocation to Old Dominion from Colorado State has been the students, staff and faculty she has encountered. “It has the ability to change your students’ lives, and give back to the community at the same time,” she said.

Even when students act in typical ways, such as using their social media accounts, the growth of a service culture on campus is reflected, Jaudon said.

“I follow all the student organizations on Instagram to find out what they are doing. The amount of volunteer activities our students do, that we sometimes don’t even hear about, is incredible. I’m proud to be part of it.”

If you’re interested in connecting with ODU students, staff, and faculty through volunteering or service-learning, contact the Center for Service & Civic Engagement, Office of Leadership & Student Involvement at volunteer@odu.edu or by calling 757-683-6948. The office is always looking to connect with diverse community organizations and agencies and finding meaningful ways to connect ODU to the community.

PHOTOS: CHUCK THOMAS AND JULIE BERRY
Old Dominion University’s Engineering Systems Building is part of an unprecedented capital construction campaign, which has seen new buildings rise across campus. The $338 million in capital projects initiated under University President John R. Broderick’s leadership includes the Darden College of Education building, being constructed at the corner of Hampton Boulevard and 43rd Street; the Student Dining Facility being constructed on 49th Street; and the Bernett and Blanche Mitchum Basketball Performance Center, a practice facility for Old Dominion’s men’s and women’s basketball teams.
**Education Building**

**Description**
120,000 square-foot new Darden College of Education building. Signature architecture with classrooms, staff and faculty offices, informal learning space, multipurpose room and 7,000 square-foot addition to the Child Study Building.

**Location**
The corner of 43rd Street and Hampton Boulevard in the former Batten Arts and Letters parking lot.

**Project Cost**
$42.6 million

**Funding Source**
State Funding

**Architect**
SHW Group with Tymoff & Moss Architects

**Contractor**
SB Ballard Construction Co.

**Student Dining Facility**

**Description**
45,000 square-foot student dining facility

**Location**
1401 49th Street

**Project Cost**
$24.8 million

**Funding Source**
Capital Funds

**Architect**
Moseley Architects

**Contractor**
Hourigan Construction

**Bernett and Blanche Mitchum Basketball Performance Center**

**Description**
Construction of a new basketball training facility

**Location**
Behind the Ted Constant Convocation Center at 43rd Street and Monarch Way

**Project Cost**
$8.4 million

**Funding Source**
Private: Mitchum family and 80+ other donors

**Architect**
Clark-Nexsen and Ellerbe Becket (AECOM)

**Contractor**
P.G. Harris Construction Company
TODAY’S STUDENT

Photo by Roberto Westbrook
By Brendan O’Hallarn

Vet’s Re-entry Shapes New Life Mission

His life has included some things straight out of a storybook, but Michael Thompson didn’t know his true life’s mission until after the accident that almost ended it.

A former varsity student-athlete in two sports and professional wrestler with the WWE, Thompson was almost killed in a watercraft crash while training with the U.S. Navy at the Marine Corps facility in Camp Lejeune, N.C., in 2009. “We were doing a boat operation and traveling at 45 knots, and I went headfirst into a gun turret,” Thompson said.

A shattered humerus bone, a torn wrist and a separated jaw were only his obvious injuries. Thompson deployed to Iraq and the delayed effects of a concussion, vertebrae damage, a torn right shoulder and other injuries took their effect. He returned early from deployment, and ultimately received a medical discharge in 2012.

“As a former athlete I was used to dealing with pain, and recovered fast. Too fast, as it turned out,” said Thompson, who left a track scholarship at the University of California, Davis to walk onto the football team at Arizona State University.

That was also Thompson’s first exposure to the differences in everyday life between able-bodied individuals and those who need assistance. “I needed help dressing, eating, getting out of the shower,” he said.

Thompson still has a long scar on his right arm, has trouble sitting still and continually cracks his jaw — byproducts of his accident and recovery. The challenge, though, also focused Thompson on his new life goal: to find a way to help disabled veterans like himself as they attempt to transition to life after military service.

Thompson’s dream is called Student Veteran House. It was conceived from his challenges and opportunities when he returned to college after his accident, his military service discharge and his struggles to find his niche in the professional world.

Near the end of his tour in Iraq, Michael Thompson, far left, and his fellow combat troops were reassigned to a role as instructors, to train the local Iraqi army and police, such as the man in the orange vest here, to handle security. The change in orders did not eliminate the dangers. Thompson, at right, inspects damages to equipment before starting out on a mission.
My first job after the military was doing technical sales in Silicon Valley. I was good at it, but it wasn't for me. I was surrounded by 22-year-old hipsters,” Thompson said.

With his girlfriend (now wife), Thompson moved back to the Hampton Roads area. His last active duty post had been at Naval Amphibious Base Little Creek.

Looking for his next challenge, Thompson enrolled at Old Dominion University on the Post-911 GI Bill, starting in an undergraduate business degree, then in a Master of Public Administration program. Things as seemingly straightforward as registering for classes online gave Thompson “a panic attack.”

With the support of his girlfriend, Thompson was able to enroll in the M.P.A. program, and did a graduate assistantship in Old Dominion’s Office of Educational Accessibility, working with director Beth Anne Dickie and Old Dominion First Lady Kate Broderick.

“In talking with them, I mentioned my own experience, and what happens with veterans returning to school that don’t have the support network I do,” Thompson said. “I started thinking about what a veteran would want and need.”

That’s when Thompson conceptualized Student Veteran House, designed as a state-of-the-art, live-in-optional facility for veterans who could be a real asset to college campuses and the workforce, but who have special needs for things like lighting, storage kennels for service animals and other things.

Thompson made another key connection when he joined Enactus, the social entrepreneurial organization created on campus as part of the entrepreneurship initiative inspired by the donation of $11 million from the Strome Family Foundation.

The Old Dominion Enactus student team presented Student Veteran House as a concept at Enactus National Expo in St. Louis in April 2014, advancing to the quarter-finals of the national competition.

“If a perfect project for Enactus were created from scratch, “this would be it,” said Connie Merriman, assistant dean of the Strome College of Business, and Enactus faculty adviser.

There are two things an Enactus project requires, Merriman said. “There needs to be a sustainable social change that improves the lives of other people. And there needs to be transfer of knowledge through the process of tackling the project.”

An example of an Enactus project would be a community garden that empowers a low-income neighborhood by providing tools to grow produce effectively. And Student Veteran House also has the knowledge transfer aspect to the project.

“Michael is a member of Enactus, but our client for Student Veteran House is also Michael,” Merriman said.

Others in the community realize the potential of Student Veteran House. A local law firm and architecture firm began working with Thompson free of charge after hearing his pitch. The concept is on the verge of taking off nationwide, with four different universities, from Michigan to Mississippi, considering their own versions of Student Veteran House.

The challenge, and the opportunity, comes from the fact that there is no such facility connected to a college or university anywhere. “There’s no path. This has never been done before,” Thompson said.

Thompson is working to find a site near the Old Dominion University campus for a Student Veteran House. But the impact of his work extends far beyond Norfolk.

For one thing, Thompson is an inspiration, said Old Dominion President John R. Broderick, who has known him since he enrolled at the University.

“Michael is a determined young man who has made a difference during his time at ODU,” Broderick said. “He shares my commitment of being one of the best institutions for military students. He demonstrates this passion with anyone who will listen. He is a remarkable story himself, and he energizes our community with his ideas and his passion to bring them to fruition.”

Dedicating himself to the project has taught Michael Thompson a great deal about himself, as well as the needs of veterans.

“A lot of times, when you look at someone, you see the afterproduct of their experience,” he said. “But there are so many things that shape us along the way, from the people we meet, to the challenges we overcome.

“I know I’ve never felt more passionate about a project in my life.”
Thompson, pictured with his wife Ashley, says he benefited from a strong support network in his post-military life. The concept for the Student Veteran House came about to aid those veterans who need the same empathy. Ashley Thompson is finishing her master’s degree in Educational Counseling at Old Dominion University, and will graduate in May 2016.

Photo by Caitlin O’Reilly
To watch all of the Monarchs Rising Up videos visit odu.edu/monarchsrisingup

The SGA launched Monarchs Rising Up to bring awareness to the issue of sexual assault on campus and, in rallies and on student-produced videos, encourage personal responsibility among students. SGA president Chris Ndiritu’s challenge to all Monarchs: “How will you contribute to the prevention of sexual assault?”

Student Government President
Chris Ndiritu Rallies Students

By Tom Robinson
Student government president Chris Ndiritu looked at his audience of peers gathered at Webb Center and asked a simple, but powerful question:

“How will you contribute to the prevention of sexual assault?”

Personal accountability is a central theme of the “Monarchs Rising Up” initiative with which the SGA leads the rally for awareness of sexual violence and a safe campus.

Aligned with President John R. Broderick’s zero-tolerance policy for sexual assault, and the activism of the Women’s Center via the White House’s “It’s on Us” campaign, “Monarchs Rising Up” keeps in the forefront of its mission:

• the prevention of sexual assault
• civil behavior on social media
• safe and responsible activity off-campus
• being a “Monarch Keeper,” one who looks out for and connects with other Monarchs anywhere.

“We are moving towards a campus that is taking a strong stance against this issue by attacking it head on,” Ndiritu said. “Student leaders around this campus held many programs and initiatives such as ‘Big Blue Take Back’ that addresses this issue.”

Ellen Neufeldt, vice president for student engagement and enrollment services, said it is evident how the SGA has built upon past successes under Ndiritu’s leadership.

“While ODU is transforming, our students are saying what the personality and face of ODU will be,” she said. “They have really owned that. It’s a very impressive student government here and it’s really about impressive student leaders in general.”

Ndiritu is one of only two college students serving on Gov. Terry McAuliffe’s Virginia Campus Sexual Violence Task Force.

“Chris has been a phenomenal leader of SGA. His legacy as a leader will have a long-lasting positive effect on ODU.”

– Ellen Neufeldt, Vice President for Student Engagement and Enrollment Services
President John R. Broderick and First Lady Kate Broderick (center) are flanked by the namesakes of the newest Arts in the Village buildings. From left, Richard and Carolyn Barry, Macon and Joan Brock, and James Hixon.
Christian Hayward, a senior vocal performance major, marveled at what’s become the new reality for fine arts at Old Dominion.

“These facilities are going to allow us to expand our talents to become better performers, artists and teachers,” Hayward told donors gathered for “Arts in the Village,” a celebration of three new homes for arts on Monarch Way.

“What you have done for us will live on for generations. And the things we will learn here will stay with us the rest of our lives.”

September’s official dedication of the Barry Arts Building, the James A. Hixon Studio Art Building and the Brock Commons amphitheater completes ODU’s decade-long vision to create a centralized hub for fine, studio and theater arts.

The new facilities, built for $23 million, join the Baron and Ellin Gordon Art Galleries (2007) and the Goode Theatre (2012) as cutting-edge facilities in the University Village, along with the University and Stables Theaters. They offer ODU students and faculty a wealth of academic opportunities, and Hampton Roads residents a vibrant destination for performances, festivals and exhibits.

They also lend a new sense of community to students in the arts, said Sharifa Reynolds, a senior in graphic arts.

“I think it’s nice that we all get to be among each other now instead of being all separated,” she said. “I like how ODU has made this whole area the arts district.”

President John R. Broderick issued proclamations of gratitude to major benefactors Richard and Carolyn Barry, Macon and Joan Brock and James Hixon, who donated a combined $4 million to complete the buildings.

The $13 million Barry Arts Building is 39,000 square feet of offices, classrooms and studio space, and also houses what are regarded as two of the nation’s finest art-history libraries: the Elise N. Hofheimer Art Library and the Jean Outland Chrysler Library of the Chrysler Museum of Art.

The $6 million Hixon Art Studio offers 26,000 square feet of space, and the $3 million Brock Commons amphitheater is the outdoor performance venue ODU has long sought, Broderick said.

“This solidifies Old Dominion’s rank among Virginia universities as a place that puts the arts in a spotlight,” he said.
Scenes from Old Dominion’s Arts in the Village dedication revolved around the $13 million Barry Arts Building, 39,000 square feet of offices, classrooms and studio space that also house two of the nation’s finest art history libraries.

Four other buildings comprise the centralized home for fine, studio and theater arts that ODU has long sought:

The James A. Hixon Art Studio provides ODU students 26,000 square feet of new workspace. The Baron and Ellin Gordon Art Galleries opened in 2007, and the Goode Theatre (far right) opened in 2012. In the new $3 million Brock Commons, the University has an amphitheater perfect for outdoor performances.
The intersection of engineering design principles with biological tissue has exploded as a research discipline, and as an economic engine for Hampton Roads. Old Dominion University has a long history of biomedical engineering expertise, which led to the creation of the Frank Reidy Research Center for Bioelectrics in 2002.

In the University’s Frank Batten College of Engineering and Technology, researchers across disciplines have been applying engineering concepts to medicine and biology for several years. So earlier this year, an effort was made to bring that diverse expertise under one entity, to promote research collaborations and help grow the biomedical engineering industry in Hampton Roads.

The Biomedical Engineering Institute, directed by Dean Krusienski, associate professor of electrical and computer engineering, serves as the organizational home for the biomedical engineering (BME) academic programs in the Batten College and research efforts across campus.

“The Biomedical Engineering Institute gives these efforts a much-needed identity and better positions us for continued growth of our research and academic programs,” Krusienski said. “I am excited about working with the ODU faculty, students, and the local healthcare industry to bring the Institute to prominence in Virginia.”

The first three Ph.D. graduates in BME earned their doctoral degrees from the University in May, and have gone on to industry positions, or postdoctoral work at nationally renowned institutions like Columbia University and University of California, San Francisco.

The 11 engineering faculty members whose research disciplines intersect with biomedical engineering (see attached story) have brought in more than $4 million in external grant funding in the past 12 months from highly competitive funding agencies including the National Institutes of Health (NIH) and the National Science Foundation (NSF).

Dean of the Batten College, Oktay Baysal said he hopes the Biomedical Engineering Institute helps expand the footprint of university research in the community through collaboration with Old Dominion’s Colleges of Sciences and Health Sciences.

In addition, the institute will help forge relationships with local clinical, research and industry partners, including Eastern Virginia Medical School, Sentara, and the nearly 20 institutions and companies that comprise Bioscience Hampton Roads.

“This will, in turn, better facilitate collaboration, allowing Old Dominion to be more competitive

By Brendan O’Hallarn

MONARCH MAGAZINE WINTER 2016
for larger-scale funding opportunities through agencies such as the National Institutes of Health, where teams that include biomedical engineers, scientists and clinicians have become commonplace," Baysal said.

The University has a tradition of groundbreaking scholarship in biomedical engineering, through researchers such as Mounir Laroussi, a professor of electrical and computer engineering who utilizes low-temperature plasma sources for engineering and medical applications; Stacie Ringleb, associate professor of mechanical and aerospace engineering, who studies orthopedic biomechanics and rehabilitation; Willy Wriggers, professor of mechanical and aerospace engineering and Batten Endowed Chair in biomedical engineering, who designs multiscale biomedical modeling software; and Christian Zemlin, assistant professor of electrical and computer engineering, who researches the mechanisms and treatment of cardiac arrhythmias. Zemlin and Krusienski were two of the original hires for the BME initiative and played crucial roles in developing and sustaining the BME programs toward the formation of the BME Institute.

In Krusienski’s Advanced Signal Processing in Engineering and Neuroscience (ASPEN) lab, students work on projects related to understanding the electrical activity of the brain for developing assistive devices for the severely disabled.

“Cutting-edge biomedical engineering and related research has been a cornerstone of ODU for many years,” Krusienski said. “There are a number of active biomedical engineering programs at Virginia universities, but our unique niche helps us play a leadership role in Hampton Roads, and across the Commonwealth.”
The mood was celebratory. For a week in September 2014, Old Dominion University launched its entrepreneurial initiative with a great deal of fanfare. Virginia Sen. Mark Warner and Gov. Terry McAuliffe joined other dignitaries in celebrations on Kaufman Mall. The inaugural class of the Old Dominion Entrepreneurial Hall of Fame was inducted.

The Strome Entrepreneurial Center, made possible by the donation of $11 million from the Strome Family Foundation, led by ODU alumnus Mark Strome and his wife Tammy, was founded with a broad mission — create an entrepreneurial ecosystem at the University.

One year later, that ecosystem is growing and thriving.

“It’s been a terrific experience,” said Nancy Grden, hired as the first executive director of the Strome Entrepreneurial Center in late 2014. “It really has been remarkable what has been accomplished in entrepreneurship, all across this campus.”

President John R. Broderick said the donation by the Strome Family Foundation, the largest alumni donation ever received by the University, was intended to make a difference for Old Dominion students, and also for the community.

“Building a culture of entrepreneurship here to promote economic development is one of the University’s strategic goals,” Broderick said. “Judging by the Strome Center’s first year, this mission looks like a success.”

Grden said three priorities were identified for the first year of the Strome Entrepreneurial Center.

The first was to host as many events as possible, to add to the fabric of campus and to increase awareness of the center’s offerings. This is being accomplished, and then some. Events have ranged from the President’s Lecture Series address by visionary entrepreneur Guy Kawasaki, to sessions with local business leaders eager to mentor Old Dominion students, to a summer pre-accelerator program for new businesses.

One Friday in September was the ultimate proof of concept for this strategy. The social entrepreneurial symposium Power Up Your Non Profit, hosted as part of Public Service Week, spilled over to round tables in the lobby of the Visual Arts Building where the center is housed.

Inside the Strome Center, Myiti Sengstacke–Rice, founding editor-in-chief of UPTOWN Magazine, delivered a talk addressing the historical and contemporary relationship between African-American entrepreneurship and social justice.
Both events attracted good crowds, especially since they were on a Friday afternoon when the campus was rapidly emptying out for the weekend. “I don’t think we’ve gone a week since the spring without some sort of event. It’s brought life to the center,” Grden said.

The second thrust of the center’s efforts was to act as a professional resource for student entrepreneurs, whether their startup business was an idea in a notebook or an incorporated company. Grden said visits started as soon as the Strome Center opened, and more than 90 student-owned companies have sought counsel from her and other entrepreneur-mentors.

“We’ve seen interest across all seven colleges,” Grden said. This fall, the 21 freshman students who comprise the University’s first living-learning residence community of student entrepreneurs have, in particular, reached out vigorously. “The first day of school, four of those students independently came into the center with their business concepts,” Grden said.

Creating a space for entrepreneurs to gather on campus means that they do just that. On a quiet Friday in early fall, half a dozen student entrepreneurs worked away on computers in the Strome Center. Max Hall, co-developer (with Austin Jones) of the CampusWise online textbook marketplace, moves from student to student, making small talk and sharing ideas.

CampusWise has been a success, branching out from the Old Dominion campus to other Virginia universities. It is far from the only successful launch. Grden said there is a proposal to create workspace for student entrepreneurs in the Visual Arts Building, across the hall from the Strome Center. “We have four student-run companies — not business ideas, companies — ready to move in on Day 1.”

More entrepreneurs are on the way, in part because each college now has faculty members specifically charged with helping create an entrepreneurial curriculum.

For each of the past two years, six faculty members have been sponsored to attend the weeklong Price-Babson Symposium for Entrepreneurship Educators at Babson College in Massachusetts, to learn about the intersection of entrepreneurship and university curricula.

That was Lee Entsminger’s vision when he made a donation to help create the Entsminger Fellows program. A 1974 ODU geology graduate, Entsminger has participated in the University’s development of an entrepreneurial curriculum.

“Entrepreneurship, at its root, is a matter of problem solving, critical thinking and the ability to communicate. Those are skills that can be taught,” he said.

Since returning from Babson, this year’s Entsminger Fellows have worked on several initiatives, including course development and seeking opportunities for hands-on learning for students.

“A big issue is that entrepreneurship is so scattered and siloed at ODU,” said Mike McShane, associate professor of finance and one of the 2015-16 Entsminger Fellows. “Our goal is to bust down all the silos, so anyone can easily find out everything going on at ODU. And so people can find out who is doing what and get some real, multidisciplinary collaboration going.”

That dovetails with the third mission of the Strome Entrepreneurial Center – providing an avenue to internships and workplace opportunities, so students can get the hands-on experience of being an entrepreneur, Grden said.

“We’re on the verge of some really big things happening with entrepreneurship on the Old Dominion campus. When I think of how our first year went, I get really excited about what will happen this year.”

Austin Jones (left) and Max Hall founded CampusWise, an online textbook marketplace, in 2014. After launching on the Old Dominion campus, CampusWise has spread to other universities in Virginia.
How do you mark the centennial of a movie famous for innovative filmmaking techniques and notorious for indelible racial stereotypes?

**Birth of an Answer**

For two sold-out September nights at Norfolk’s Attucks Theatre and ODU’s Chandler Recital Hall, Humanities Director Avi Santo gathered actors, filmmakers, singers and musicians to dissect the African American response to D.W. Griffith’s devastating “Birth of a Nation.”

“One of the most horrible pieces of propaganda ever created,” said actor and filmmaker Tim Reid, part of the four-filmmaker panel Santo engaged for “Birth of An Answer.”

BOAA featured the short period film “Our Nation,” written by ODU Film’s David Mallin, directed by alum Derrick Borte and shot locally using New York actors, including youthful Connor Berry (pictured at right, on location).

Also included: a screening of 1920’s “Within our Gates,” directed by Oscar Micheaux (inset) and accompanied by a new score composed by ODU’s Adolphus Hailstork; and a roundtable that included Reid and Melvin Van Peebles.

“You have this vision in your head for well over a year, with so many moving pieces,” said Santo, who aims to connect the campus and community through the humanities. “They all worked so well together and contributed to this amazing dialogue.”
At top, film critic Mike Sargent leads an expert multigenerational panel discussion that featured (from left) filmmakers Tim Reid, Zeinabu Irene Davis, Michael Swanson and Melvin Van Peebles.

Center, ODU President John R. Broderick at the pre-event reception at the Attucks Theatre with Cee Cee Tucker (right), ODU’s director of community relations, and Thurza Crittenden, executive leadership coordinator at Hampton University.

Bottom, moderator Mike Sargent (left) with actor/filmmaker Tim Reid and Avi Santo, director of ODU’s Institute for the Humanities.
An encore presentation of Birth of An Answer was held at the Chandler Recital Hall in ODU's Diehn Center for the Performing Arts.

Center, the Harlem Quartet plays a new score composed by ODU professor and Eminent Scholar Adolphus Hailstork to accompany a screening of the silent film "Within Our Gates."

Top, the I. Sherman Greene Chorale performs.

Middle (left to right), Avi Santo, director of ODU’s Institute for the Humanities, with expert panelists David Mallin, director of ODU’s film program, and composer Adolphus Hailstork.

Bottom, Andrey Kasparov and Oksana Lutsyshyn, co-directors of the Norfolk Chamber Consort.

CENTER PHOTO AND PHOTOS ON RIGHT: ANNE PETERSON
Li, an Eminent Scholar and professor of international business in ODU’s Strome College of Business, wrote and drew his own cartoons for this 42-page “booklet” that delves into cultural differences that affect business.

For example, Li writes, “Westerners tend to follow public rules . . . formal contracts, legal courts, lawyers and accountants. In contrast, Asians, especially Chinese, primarily rely on personal relationships to conduct business.”

Li cites numerous examples of “rule-based governance” vs. “relation-based governance,” starting with differences in how Western and Eastern businesspeople settle restaurant tabs.

Li formerly was an official artist for the People’s Liberation Army in China; his portrait of Mao Zedong was displayed during the official state memorial service for the Communist leader in 1976.
“Reading Life: On Books, Memory, and Travel”
BY MICHAEL PEARSON

For his first of seven books, Pearson, professor of English at Old Dominion, years ago traveled to the homes of such authors as Mark Twain and Flannery O’Connor to better understand their work.

In his latest effort, he tries to better understand himself through revisiting books and related travels that most influenced his education and work.

“I trace my life through given books in given times and where those books led me,” Pearson said.

Pearson winds his way through his literary journey with wit and insight, and explains why works by Willa Cather, Cervantes, E.B. White, F. Scott Fitzgerald, Henry David Thoreau, John McPhee and others impacted his global adventures.

“Fox Tooth Heart”
BY JOHN McMANUS

In his third collection of short stories, McManus transports readers to an Arkansas elephant refuge, Western caverns and Florida beaches, and elsewhere, for his tales of lost souls finding their way through America.

An associate professor of English at Old Dominion, McManus composed the stories – published by Sarabande Books – from 2009 to 2013. They have previously appeared in such venues as McSweeney’s, Antioch Review and Harvard Review, building upon McManus’ growing profile as a dynamic voice in fiction writing.

McManus’ previous collections of stories are “Stop Breakin Down” and “Born on a Train,” published in 2000 and 2003, respectively, by Picador USA. McManus also is the author of the novel “Bitter Milk” (2005) also published by Picador USA.

In 2000, McManus became the youngest author to win the prestigious Whiting Writers’ Award, which is presented annually to recognize 10 emerging writers in fiction, nonfiction and poetry.

A frequent reader at literary festivals and creative-writing conferences, McManus in 2016 will become the director of Old Dominion’s MFA program in creative writing.

McManus in 2013 received a Creative Capital innovative literature grant and the following year a Fulbright scholar grant for work on his in-progress novel “The Cultivationists.”

He also was a fellow at the James A. Michener Center for Writers at the University of Texas, where McManus earned his MFA in 2004.

“Pathways to Public Relations”
BURTON ST. JOHN, CO-EDITOR

St. John, associate professor of communications, co-edited the first finalist for the Tankard Book Award that is about public relations rather than journalism.

Three books a year are nominated for the Tankard, which has been awarded since 2007 by the Association for Education in Journalism and Mass Communication at the University of Texas at Austin.

The book is a collection of essays from 28 authors, including St. John, across five continents that go beyond traditional discussions of public relations rooted in the American industrial revolution.

St. John co-edited the book with Margot Opdycke Lamme of the University of Alabama and Jacquie L’Etang of Queen Margaret University in Scotland.

“The Sino-Soviet Alliance: An International History”
BY AUSTIN JERSILD

Department of History Chair Austin Jersild’s extensive analysis of the Sino-Soviet Treaty of Friendship, Alliance and Mutual Assistance between China and the Soviet Union earned honorable mention for the Marshall D. Shulman Book Prize.

Sponsored by the Harriman Institute of Columbia University, the Shulman prize is awarded annually for an outstanding monograph dealing with the international relations, foreign policy or foreign-policy decision making of any of the states of the former Soviet Union or Eastern Europe published the previous year.
A driving rainstorm wasn’t enough to keep away a crowd of close to 300 business leaders from Hampton Roads.

Facing a shared uncertain future, looming reductions in federal defense spending here in Hampton Roads, the entrepreneurs gathered at Old Dominion University’s Ted Constant Convocation Center to hear how there is opportunity in this change.

The mid-November event introduced GOV2COM to the Hampton Roads community. The program, designed to help government and military contractors better understand how to do business in the private sector, has been created through Old Dominion University’s Center for Enterprise Innovation (CEI).

“Tonight we are celebrating and launching a new program, that will give entrepreneurs the tools to explore commercial business opportunities,” David F. Harnage, chief operating officer of the university, said in kicking off the event. “I feel the program is already successful in the interaction we have seen here in the last hour.”

GOV2COM was formed by funds received from the Virginia Department of Veterans Affairs as part of its federal Defense Industry Adjustment Grant. GOV2COM is designed to aid in the creation of a series of programs to help companies and entrepreneurs in Hampton Roads move their business beyond government contracts.
For Marty Kaszubowski, hired as the first director of Old Dominion’s CEI in late 2013, GOV2COM could act as a metaphor for how the CEI wants the entire region to think about economic development. “Local companies and civic leaders recognize they cannot continue to do business as usual in an era of government cutbacks and shrinking military budgets,” he said.

GOV2COM specifically targets local companies who recognize that government contracting, specifically military procurement, will be significantly more challenging in the years ahead, and who need help overcoming the many barriers they face moving into unfamiliar commercial markets.

Kaszubowski came to Old Dominion with more than 30 years of experience with a broad spectrum of public- and private-sector organizations. His innovation-led economic development work, promoting the formation, investment and commercialization of new ventures, is a culture he hopes to foster through the CEI.

“We want to play a role in growing the economy, particularly doing what we can to support both new and expanding businesses that have the potential to become the sort of high-growth, high-impact enterprise that grows the economy in meaningful ways,” he said.

The idea of linking Old Dominion’s research expertise and industry connections to local businesses is actually more than 30 years old.

The Engineering Clinic was formed in 1984 to provide assistance to local entrepreneurs. A modest operation at first, the organization evolved as more needs were discovered for business expertise, and for additional links between Old Dominion researchers and administrators and the local economy.

Through different evolutions, programs such as the Technology Applications Center (TAC) – added in the early 1990s and still a part of CEI – have helped extend the University’s reach into the business community.

In 2010, an effort was made to bring all of this expertise under one roof with the creation of the ODU Business Gateway. Created as a two-way connective organization, linking the University and the local business community, the Gateway expanded to include programming that still exists, such as the Hampton Roads Veterans Business Outreach Center and the Women’s Business Center.

The creation of the CEI in late 2013 was the logical next step in fusing campus to community, and helping Old Dominion play its role as an economic engine for the region.

The CEI is a new kind of enterprise that builds on the evolving models of business incubation, acceleration and partnership to help companies at all stages of development.

“I like to think of the CEI, of which the Business Gateway is an important component, as an interconnected set of services, programs and facilities to help startup and existing businesses become stronger contributors to the regional economy,” Kaszubowski said.

Its footprint is expanding as well, with an Innovation Center being created in partnership with the City of Norfolk, and similar centers planned for other Hampton Roads communities. These new centers will include co-working space for freelancers and people who just need a place to work that’s not a coffee shop or their spare bedroom, along with rigorous programs to support startup companies with mentoring, training and connections to the resources they need to grow. The point is to “create a network of programs and facilities that gets ODU’s footprint further into the communities of Hampton Roads,” Kaszubowski said.

Kaszubowski said programs of this nature should be commonplace if the Center for Enterprise Innovation is going to meet its mission. “It’s why they brought me here, and why I’m excited about what we can accomplish,” he said.
Every Monarch has a story. For some, it was a matter of convenience. For others, we were drawn to Old Dominion by a dynamic faculty member. And for some, it was a chance meeting with an admissions counselor at a college fair, in a cramped gym, among a horde of representatives trying to convince undecided teenagers that their institution is the right choice at which to spend their college years.

For the last 10 years, I’ve often been the person on the other side of the table. After finishing my master’s degree in higher education at Old Dominion, I was offered an opportunity to stay with the University and work as an admissions counselor. Unlike many who fall into the field, I knew I wanted to make a career in college admissions (I have my own story of a chance encounter with an admissions representative who eventually became a mentor and dear friend), and I thought there was no better place to get that started than right here.

In the past decade, I have had hundreds of opportunities to talk about this place I love so dearly. As an admissions counselor, it’s impossible to know what the future holds when a student shyly approaches you at a college fair, hoping, maybe expecting, you to change his or her life forever. Happily, I’ve seen many such students make the choice to attend Old Dominion, to watch them succeed in the classroom and in the community. I’ve had the privilege of walking with them during their Commencement ceremonies, and have developed lifelong friendships with them as they transition in life from college students to young professionals making a difference in the lives of those around them.

My very first week on the road representing Old Dominion was in September 2005. One of the territories where I was assigned to work was Southwest Virginia, so I left Norfolk that month with the dream of changing lives. On the third day of my trip, I was standing behind my table when a young high school junior named Jessie Winship nervously stopped at the table to ask about Old Dominion. I gave Jessie some basic facts about the University, our wonderful faculty and the Hampton Roads area. I asked about her interests and her dreams, shared with her why I thought ODU might be able to help her accomplish those. After I captured her contact information, away she went to the next table. When I returned to Norfolk the following week, I made a point to follow up with all of the prospective students I had met, but I really wanted to make an effort to send a personal message to the young lady in Abingdon. After our conversation, I believed she was exactly the type of student who would thrive at ODU.

Soon after, we began a relatively regular email communication which would consist of me telling her of the exciting things happening at Old Dominion, and coaching her through the college search and application process. This continued for more than a year. She finally told me she was going to visit campus the day before Thanksgiving in 2006 (her senior year). We arranged for her to get a tour of campus and for me to sit with her and her dad to answer any other questions about campus and the application process in general.

As luck would have it, on the day of her visit a tremendously powerful nor’easter hit Norfolk. Streets were
Ben Smith is modest and quiet, but those active in the CrossFit world saw him coming.

The 2012 Old Dominion graduate in mechanical engineering was dubbed a rising fitness “phenom” four years ago by the popular and grueling conditioning program when he finished third at the annual Reebok CrossFit Games. Finally, Year Seven brought Smith’s coronation as “The Fittest Man on Earth.”

Smith, 25, won last summer’s CrossFit Games over 39 other elite athletes in Carson, Calif. The owner of the CrossFit Krypton affiliate – or “box” – in Chesapeake won $275,000 for his consistent performance over four days and 13 ultimate fitness tests against the clock, many of which defy description.

Smith, who had placed third twice, finished in the top 10 in all but two of the 13 events to compile his winning point total.

--Tom Robinson

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flooded, traffic was a mess and there was no way she was going to get to campus before everyone left for the holiday. She called my office on her drive to tell me that she wasn’t going to make it at her scheduled time. I assured her that I’d stay around to make sure she had a chance to visit the campus.

Later, she called me back and told me they were on Hampton Boulevard, but couldn’t get to campus because of street flooding. I pulled up an online map and guided them through back streets until she could find a passable route to campus.

Quite honestly, after that experience, I wasn’t sure if she’d still want to come to Old Dominion or even if her father would let her come. But we stayed in contact throughout her senior year. She started here the following year. She became a student worker in the Office of Admissions, graduated three years later with a degree in human services in 2010, and has moved back to Southwest Virginia, where she is a proud Monarch alumna.

One of the most frequently asked questions I get when people find out that I work in the Office of Admissions is, “What does it take to get in?” The truth is, admissions is not a science. Sure, high school GPA and SAT scores are important factors. But so are relationships. So are recommendations. And, sometimes, so are chance encounters at a high school fair.

Every Monarch has a story. I have mine. You have yours. The beauty of what I get to do for my alma mater is that every day, I have a chance to be a part of the next Monarch’s story.

Bill Heffelfinger ’05 is the Director of Graduate Admissions and a proud alum of the Higher Education Administration program at ODU. If you, or anyone you know, wants to pursue further educational goals at ODU at the graduate or undergraduate level, please feel free to reach out to him at wheffelf@odu.edu or call the Office of Admissions at 757-683-3685.
State Delegate Kenneth R. "Ken" Plum rose from rural beginnings in the Shenandoah Valley to become a revered educator and Virginia's longest-serving member of the House of Delegates.

Three early political defeats couldn't mute his desire for public service.

"I always secretly wanted to run for office," said Plum, a 1965 graduate of Old Dominion who was honored in November with a Distinguished Alumni Award. Gaining that office, however, proved problematic. Plum lost his first bids for the House of Delegates in 1974 and 1976. Then after breaking through in '78, he lost his first re-election campaign.

"I was elected again in 1982," Plum said, "and have been in office since that time."

That puts Plum in his 35th year representing the state’s 36th district in Northern Virginia. A venerable leader, the 73-year-old former teacher and administrator for Fairfax County Public Schools has been chairman of the state’s Democratic party, is Chairman Emeritus of the House Democratic Caucus and was a charter board member of the Virginia Literacy Foundation.

And it all began with a crisis of confidence.

Plum didn’t attend college after graduating from Shenandoah High in 1960 because he feared he would fail.

"Aside from my teachers and my doctor, I did not know anyone who had been to college," Plum said. "My parents who were wonderful people with strong basic values had an elementary school education. They were not encouraging because I believe they did not understand the value or necessity of higher education. Also, I believe my mother wanted to protect me, as a country boy, from unknown fears of what I might encounter when I went out into the world."

But Plum, who by then had developed a strong interest in politics, history and what he called an “unreasonable dream” of public office, soon realized he would need a college education "to do the things I secretly wanted to do."

Researching his options, Plum said he discovered a program at the College of William & Mary’s Norfolk extension – soon to become Old Dominion College – that conferred bachelor’s and law degrees, respectively, after three years of study in Norfolk and three years in Williamsburg.

Plum was accepted into the program. Suddenly, the country boy from Shenandoah was on a train to Norfolk for the first time with $400 in his pocket and two changes of clothes. He rented a room on Larchmont Crescent for about $10 a week, found odd jobs around the neighborhood, and then landed a part-time job for Norfolk’s Mosquito Control Commission.

"I was excited to be going to college, but I was also very scared," Plum said. "I told everyone I was going to college, and ‘I know I will never make it, but it is worth a try.’ I worked so hard that first quarter that I not only did not fail, but I made the Dean’s List."

"With the issue of my being able to be successful resolved, I eagerly got into my studies."

That included changing his major from business to history and taking every political science class offered.

At that time, Old Dominion’s cam-
The Plum family (above) gathered in 2000 for the dedication of The Plum Center for Lifelong Learning, an honor bestowed by the Fairfax County School Board recognizing Ken Plum’s service to Fairfax County Public Schools. Plum and his wife, Jane M. Plum (left), came to Norfolk in October, when he received a Distinguished Alumni Award from Old Dominion University. Photo: Erica Dickson

STATE DELEGATE KEN PLUM ’65

CAREER HIGHLIGHTS

1941: Born in Shenandoah, Va.
1960: Graduated from Shenandoah High School
1961: Enrolled in Norfolk College of William and Mary
1965: Graduated from Old Dominion College
1966: M.Ed. from University of Virginia
1966: Teacher in Fairfax County Public Schools
1969: Administrator in Fairfax County Public Schools
1978: Elected to House of Delegates
1982: Plum re-elected to the House of Delegates.
1996: Retired From Fairfax County Public Schools
2000: Dedication of Plum Center for Lifelong Learning
2014: Became the currently longest-serving member of the House of Delegates

The campus consisted of a few buildings along 48th Street, a library, a fine arts building with classrooms that all opened to the outside, the campus’ original school house where the college started, a science building and a temporary structure where he took history and political science courses.

“The floors and steps creaked,” Plum said. “But some of the best classes I have ever had were in that building.”

By taking extra courses and attending summer school, Plum graduated in less than four years, only to discover, he said, little demand for “for historians or political scientists.” But after he spent what he called “a miserable couple of years” working, Plum enrolled in a master’s of education program at the University of Virginia.

An internship offered through that program introduced Plum to Fairfax County, where he was hired as a teacher. He taught high-school history and government classes while also instructing evening history classes for adults.

Over the next 27 years, Plum was Fairfax’s coordinator of adult education and summer school, director of instruction, director of adult and vocational education and director of adult and community education.

After he retired, the Fairfax School Board named The Plum Center for Lifelong Learning in his honor.

Yet Plum’s political career continues unabated as the House’s longest-serving member. 😊

PHOTOS: COURTESY OF STATE DELEGATE KEN PLUM
Nine alumni were honored for their contributions to their communities, and the pride they create for their alma mater, during the Old Dominion University Alumni Association (ODUAA) 2015 Distinguished Alumni Honors celebration on Oct. 15.

The dinner at the Norfolk Marriott Waterside, attended by several hundred alumni and friends of the University, was a highlight of this year’s Homecoming festivities.

“As a proud ODU alumna, I am honored to help celebrate these nine people and the positive impacts their accomplishments have had on our University, during one of the most exciting times on campus all year – Homecoming weekend,” said Molly Dey ’89, president of the ODUAA.

These awards are given annually to graduates who have brought extraordinary honor to Old Dominion University through distinction in their fields.

This year, the ODUAA recognized J. Morgan Davis ’72, president and chief banking officer of TowneBank; the Hon. Aubrey Layne ’97, Secretary of Transportation for the Commonwealth of Virginia; Nicole S. M. Stuart ’92, ’95, president of Top Guard Security; Alfred A. Roberts, Ph.D. ’09, president of Southside Virginia Community College; and The Hon. Kenneth R. “Ken” Plum ’65, currently the longest-serving member of the Virginia House of Delegates, representing the 36th District.

The event also celebrated Joanne C. Ivy ’72, president and CEO of the American Egg Board, with the Outstanding Achievement Award, the highest honor given by the ODUAA. This award is given to graduates who have demonstrated exceptional achievement in their profession and are recognized as leaders in their fields.

The Honorary Alumni Award, given in recognition of outstanding and meritorious service, was presented to two recipients: W. Sheppard “Shep” Miller III, chairman of the board for KITCO Fiber Optics and president and CEO of Light Tech Fiber Optics; and Charles “Chad” Edward Hugo, American multi-instrumentalist and record producer.

Joe Carter ’86, vice president of business development and marketing at United Educators, was recognized with the ODUAA Service Award. The Service Award recognizes individuals who demonstrate exemplary leadership and significant service to community, state and nation.

The Old Dominion University Alumni Association traces its roots to the University’s beginnings as the Norfolk Division of the College of William & Mary.

The school was founded in 1930. After the concerted effort
NOMINATIONS SOUGHT—The ODU Alumni Association is accepting nominations for the Board of Directors for consideration beginning January 2016. Ideal candidates will have demonstrated service to the university and be willing to make a strong commitment to Alumni Association projects. In addition, board members are required to make a financial commitment. Self-nominations are accepted. For more information, please contact the Office of Alumni Relations at odualumni@odu.edu.

Alumnae from Kappa Gamma Chapter of Alpha Kappa Alpha Inc. celebrating the chapter’s 40th anniversary year at the NPHC tailgate event during Homecoming.

of a number of the college's first four-year graduates, the groundwork for the present Old Dominion University Alumni Association was established. In 1957, a formal alumni organization was created and its first leadership team created. In 1985, in order to better serve the needs of the University, the association reestablished its independent, incorporated status.

Today, the Alumni Association board of directors represents more than 130,000 alumni in all states and 76 countries worldwide. Through the Board's active leadership, the Alumni Association has established a number of programs to connect alumni and students to the University and each other, including chapters, career networking panels and events to support ODU Athletics.

The Alumni Association also annually awards the Adam Thoroughgood Scholarship, which recognizes top students; and the Tonnelson Award, which recognizes outstanding teaching, research and service among faculty.

—Brendan O’Hallarn

For more Homecoming photos visit our Facebook page at facebook.com/ODUAlumni.
A Mentor to Entrepreneurs

Franck Tchouambou ’15 Inspires by Example

When Franck Tchouambou was just 5 years old, he was bitten hard by the entrepreneurial bug.

Living with his mother in Cameroon, which is right on the equator in Africa, Tchouambou realized the value of cold water to better anyone’s day. So each night he would fill any container he could find with water and chill it, then walk through the local market holding the water over his head.

“The ability to earn money that way made a huge impression on me,” said Tchouambou, whose mother was also a businesswoman in Cameroon.

Moving first to Germany and then to the U.S. with his uncle, an American serviceman, Tchouambou maintained that love of entrepreneurial ingenuity. But when he came to ODU as a student in 2011, he found no student organization and no startup competitions for students who wanted to start businesses.

So Tchouambou started the ODU Student Entrepreneurship Club, helped strengthen ties between the University and local business incubator Hatch, and helped secure workspace for student entrepreneurs across the hall from the Strome Center in the Visual Arts Building. He has been a part of several business startups spawned at Old Dominion, including the textbook-swapping service CampusWise, and his current startup, website and app development company Rocket Science Web Studio.

Now a recent business administration graduate of Old Dominion, Tchouambou is still a regular presence in the Strome Entrepreneurial Center.

Center executive director Nancy Grden said Tchouambou has been a mentor to many other student entrepreneurs at Old Dominion, and even to her.

“I credit Franck with a lot of the success of our first year at the Strome Entrepreneurial Center,” Grden said. “Even though he has graduated, he’s still giving us ideas and direction. I consider him a colleague on a lot of levels.”

“I tell the students now to take advantage of everything at Old Dominion, including the Strome Center,” he said, “and to not be afraid to ask for help.”

Tchouambou hopes to go to graduate school for an M.B.A. in the near future. But for now, he’s always on the hunt for that next great business idea.

“I hope that in my career I start dozens of businesses. There’s nothing like it.”

–Brendan O’Hallarn

STAY CONNECTED The Lion’s Den provides alums with a free, online connection to the Old Dominion University Alumni Association. Membership is exclusive to ODU alumni. Once you have registered, you can use the Lion’s Den online community to share information about yourself through online postings, and to submit Class Notes and other news to Monarch Magazine.

Get more information about The Lion’s Den at odualumni.org

As members, you also can search a secure online database of other registered alumni and update your information with the Alumni Association.

Franck pictured with Guy Kawasaki, entrepreneur and venture capitalist who was on campus as part of the President’s Lecture Series.

PHOTO: CHUCK THOMAS
1960s

Wayne Foshay ’67 has been named to the 2015–16 board of directors for Chartway Federal Credit Union’s charitable arm, the We Promise Foundation. Since 1999, Chartway and its foundation have raised more than $7 million to make once-in-a-lifetime dreams come true for more than 3,000 children battling life-threatening, debilitating or chronic illnesses.

James T. Roberts ’69 (M.S. Ed. ’74) (Ph.D. ’95), superintendent of Chesapeake Public Schools, is a new board member for WHRO Public Media. He has taught as an adjunct instructor at ODU and other universities, and is a current member of the Virginia Association of School Superintendents and the American Association of School Administrators.

1970s

Carlton Bennett ’72 received an Alumni Award of Distinction from the North-American Interfraternity Conference in recognition of his time, talents and service to his fraternity, the Zeta Pi chapter of Theta Chi fraternity. The conference selects honorees from among the 74 international and national men’s fraternities it represents. Bennett is an attorney with Bennett & Zydron, P.C. and is a member of the Old Dominion University Board of Visitors.

Lee D. Entsminger ’74 is a new board member for the Norfolk-based WHRO Public Media. He retired from a 34-year career with ExxonMobil as a geoscientist and leader in the petroleum industry. He has served on the ODU College of Sciences Advisory Board since 2006, and currently is the vice chairman of the Strome College of Business Executive Advisory Council and Entrepreneurship Committee chair.

Jessie L. Jones ’79 wrote and published a novel, “Who Turned the Lights Off?” in response to the homelessness and indifference she saw when working in Washington, D.C. She is a former special education teacher and retired after 32 years as a federal budget analyst. She says, “I felt something had to be done to at least raise the plight of the homeless in the public eye.”

1980s

Garry Kiskinis ’79 PE, LEED AP, was voted to the 2015-16 board of directors for Clark Nexen, a national architecture and engineering firm. Kiskinis is a principal based in the Virginia Beach office, and specializes in healthcare facility design. He is also an advisory board member for the Frank Batten College of Engineering and Technology.

Nancy Lieberman ’80, an ODU basketball Hall of Famer, has another slam dunk as a basketball pioneer. She was hired in July 2015 to be an assistant coach for the Sacramento Kings NBA team, a job she has prepared for throughout her 40-year career. Lieberman was a silver medalist at the 1976 Montreal Olympics, player in the Women’s Pro Basketball League and men’s pro league, the United States Basketball League. She also coached in the WNBA and the NBA D-League’s Texas Legends in 2010-11.

Sr. Agatha Munyanyi (M.S. ’81, Ph.D. ’14) is a staff scientist with Potesta & Associates Inc., an engineering and environmental consulting firm in Charleston, W.Va. Sr. Agatha is a native of Zimbabwe and a nun from the Sisters of the Child Jesus. She lives in community with two other sisters, and helps visit the sick and shut-ins of the Basilica of the Co-Cathedral of Sacred Heart in Charleston.

Glen Ackermann ’82 is the new vice president of business development for Dynamic Aviation. Ackermann brings extensive military and civilian experience to the job, including 26 years in the Navy and more than 4,000 flight hours as a naval aviator.

Anne Donovan ’83, who made three Final Four appearances and won a national championship with Old Dominion University, was inducted into the International Basketball Federation Hall of Fame in France in September. Donovan won two Olympic gold medals as a player (1984, 1988) and then as a coach (2004, 2008) for the U.S. national team. She also was inducted into the Basketball Hall of Fame in 1995. In October, she retired as head coach of the Connecticut Sun after three seasons.

Jeff Mitchell ’83, executive vice president and chief technology officer at TowneBank, has been appointed to a three-year term on the National Kidney Foundation board serving Virginia. Mitchell rose above the usual level of community service to the foundation when he anonymously donated a kidney to an individual in need in 2011.

Danny Taylor ’83, PE, was voted to the 2015–16 board of directors for Clark Nexen, a national architecture and engineering firm. A civil engineer licensed in several states, Taylor specializes in transportation and bridges, from design and construction to inspections and rehabilitation projects.

1990s

Tony Cox ’85, special agent in charge of the Naval Criminal Investigative Service’s Hawaii field office since December 2013, supervises 40 field agents working on bribery, murder and spy cases in Pearl Harbor, Kaneohe Marine Corps base, Guam and Mariana Islands. An article that appeared in April 2015 in Oahu said Cox picked policing as a career at 15 as a student in Norfolk; he has no regrets at 32 years and counting.

Townsend Barnett ’87 and his family have returned to the U.S. after three years in Belgium with UCB Biosciences Inc. He is head of quality assurance, now working at Research Triangle Park, N.C.

The Hon. Penney Azcarate ’88 was publicly commissioned as a Fairfax Circuit Court judge in August. The Virginia General Assembly elevated Azcarate from her previous position as chief judge of the Fairfax County General District Court (see Monarch, Spring 2011, “From ROTC to Robes”). The former Marine Corps major was a senior associate at Brighi & Hundley and a prosecutor in Fairfax prior to the bench.

Michael Kenney ’88 is a managing partner with Outback Steak House in Baltimore.

Kari Weston ’89 is executive vice president of Infor, a provider of business applications and services. Weston was appointed as the assistant superintendent of instruction for Dinwiddie County in July. The county is situated south of Petersburg. Weston has more than 20 years of experience, from roles in the classroom, as school principal and administrator for educational initiatives.

Paul Grabowski ’90 is the deputy director in the electric ships office, in Washington, D.C. This is the Naval Sea Systems Command within NAVSEA that manages the development and implementation of electric power production and distribution systems for surface combatants.

Mike Henry ’90 was appointed by Virginia Gov. Terry McAuliffe to serve a four-year term on the ODU Board of Visitors. Henry is chief of staff in U.S. Sen. Tim Kaine’s Washington, D.C., office and resides in Alexandria with his wife and family.

Hope Paryzek ’90 in June received the Hampton Roads Chamber of Commerce’s 2015 G&W Leadership Award. With a background in technology and engineering firms, Paryzek founded Principle Strategies in 2002 to provide professional support services to small businesses in the region. She also founded Ballet Virginia International, a regional pre-professional ballet academy and company, when its predecessor studio was on the verge of collapse.

Eric Summa ’90 is the chief of the environmental branch of the U.S. Army Corps of Engineers, Jacksonville, Fla., district.

Maureen Webber ’90 (M.S. Ed. ’94) was selected as Chesapeake’s 2015 Teacher of the Year. An educator for 22 years, she currently teaches math to sixth- and seventh-graders at Crestwood Middle School.

Michael Kos (M.B.A. ’91) has joined Monarch Bank as senior vice president in the Business Banking Group’s Chesapeake office. Kos will focus on commercial banking and real estate services. His community activities include service with the local and state levels of March of Dimes and the Chesapeake United Soccer Club.

Michael Tsompanos ’91 owns Affinity Construction Solutions and lives in Smyrna, Ga. He credits the leadership experiences he had with the Zeta Pi chapter of Theta Chi fraternity at ODU for his business success.

Rodney Whaley ’91 is a transition/relocation program manager for the U.S. Coast Guard. He lives in Woodbridge, Va.

Bob Burkholder ’92, PE, LEED AP, was voted to the 2015-16 board of directors for Clark Nexsen, a national architecture and engineering firm. Burkholder is a principal and operations director at the company’s Virginia Beach headquarters. A civil engineer for more than 20 years, he specializes in infrastructure, urban redevelopment, utility and storm water master plans, land use studies and communications.

Carrie Perez ’92 (M.S. Ed. ’10) was named Chesapeake’s top middle school educator. A librarian at Western Branch Middle School, she has served as co-director of the Learn and Serve grant, has published in the School Library Monthly Journal and assists with numerous other school activities.

Joe Cipolla (M.B.A. ’93), group vice president of trademark products for Grande Cheese Co., became a board member of Big Brothers-Big Sisters of Fond du Lac County, Wis., in April. Cipolla worked in supply chain and business strategy areas for Kraft Foods, the Campbell Soup Co., and Fin Branding before taking the Grande job in 2014.

Dwayne Blake (M.B.A. ’94), corporate vice president of investor relations at Huntington Ingalls Industries, was named the 2015 Role Model of the Year by the Virginia Peninsula chapter of 100 Black Men of America in April. Blake is a board member for Boys and Girls Clubs of the Virginia Peninsula, Riverside Regional Medical Center and Habitat for Humanity Peninsula/Greater Williamsburg and is treasurer of his church, Sixth Mount Zion Baptist Temple. He has worked at HII since 1984.

Capt. Frederick Burgess III (M.Eng. ’96) became the commanding officer of the Naval Facilities Engineering Command Washington at the Washington (D.C.) Navy Yard in July. A native of Staten Island, N.Y., Burgess will fill a dual role, as NAVFAC Washington commanding officer and as Naval District Washington regional engineer. He leads approximately 1,300 civilian and military personnel who provide a full range of facilities, engineering products and services to the Navy, Marine Corps and other federal agencies in the D.C. area.

Duffy Samuels ’96, former point guard at Old Dominion, launched into civic service for at-risk students in earnest after his overseas professional basketball career ended in 2002. The result was Duffy’s Hope Inc., which holds weekly mentoring programs for kids ages 12-17 and a 10-week summer basketball league — and its required educational workshops — for ages 14 to 17. Samuels estimates more than 4,000 students have benefited since his programs began in 1998 in his native Wilminton, Del.

Chris Caporicci ’97 is the territory manager of Boston Scientific Urology & Women’s Health. He sells surgical devices for solutions for urological and gynecological disorders. Caporicci lives in Virginia Beach, a “soft benefit” he can appreciate after last year’s winter snows in Boston.

Elizabeth “Liddy” Allee Coyle (Ed.S. ’98) was promoted to chief academic officer for the Ithaca City School District in July, from a position as a master educator, handling staff and curriculum development. Coyle earned a certified reading specialist certificate at ODU and has focused on academic intervention and literacy projects in the Ithaca system.

Stephanie Salazar Inderlied ’02 launched Avanzaro.com in January to open a digital employment marketplace for Hispanic job seekers and employers with jobs in Hampton Roads. CEO and entrepreneur Interlief said she has worked side-by-side for years in a cleaning company with Hispanics and values their work ethic, but concluded, “There is a large need other than word of mouth for Hispanics to have a trusted and efficient alternative to finding quality work.” Her solution is Avanzaro.com.

David Amnathmong ’03 is the managing partner at Bonefish Grill in Stafford, Va.

Tiffani Bryant ’04 (Ph.D. ‘11) has published “Yoga Girls’ Club: Do Yoga, Make Art, Be You” to introduce girls ages 11-17 to the positive benefits of yoga and meditation and to build self-confidence during adolescence. The workbook format features 43 easy positions, sample yoga sequences and art activities. Bryant says her book is ideal for tweens and teens, as well as for yoga instructors and school counselors.

Amber Price ’06, SDNP and nurse midwife, was hired as the vice president for women’s and children’s services at HCA Virginia Henrico Doctors’ Hospital. She previously was director of the nurse midwife and centering pregnancy programs and a professor of obstetrics and gynecology at VCU Medical Center.

Martha A. Walker (Ph.D. ’06) of Ringgold, Va., community viability specialist for the Central District Extension Office, received Virginia Tech’s 2015 Alumni Award for Excellence in Extension. Since 2005, Walker has developed programs and training in response to community needs, in areas such as home energy...
Alumna Tackles Football

With injuries behind her, Okiima Pickett ’03 plays to win in championship game

Okiima Pickett ’03 (pictured on left) is not a woman to let breaking her right leg twice, and having a titanium rod in her shin and screws in her knee and ankle, derail her passion: playing tackle football for the D.C. Divas of the Women’s Football Alliance.

Let’s not forget to mention: She’s 35, has a degree in computer science from Old Dominion, and works as an information security engineer in the Washington, D.C., area. So tackle football is not about the money.

A running back nicknamed “Sweet Feet,” Pickett is one of the Divas’ most experienced players, with nine seasons under her shoulder pads.

Pickett has always had a competitive streak. She asked to try out for her high school football team in Charlottesville, Va., but was turned down by the coach. She was recruited from community college to play women’s soccer at Old Dominion, and played for one season before hanging up her cleats to tackle a challenging academic load and care for her young son. He is 16 now.

Pickett said her football injuries were “a very traumatizing experience.” After the first break late in the 2012 season, followed by a second break in the first game of the 2013 season, Pickett wondered if she’d ever play again. “But I didn’t want to be known as the player who broke her leg and quit.”

She rehabbed her way back to the field and in August, played in the championship game when the Divas defeated the Dallas Elite 30-26 in Los Angeles.

“I was thinking my career might be over. So for me to be able to play again and contribute to a championship is an awesome feeling,” she said.

For now, her sights are focused on the 2017 women’s football world championship. Pickett played for Team USA five years ago in the first International Federation of American Football game. Barring further injury, Pickett hopes to make the 2017 team.

– Tom Robinson
Rachel M. Desmarais (Ph.D. ’15) was promoted in July to the newly created position of executive vice president and chief operating officer of Forsyth Tech Community College in Winston-Salem, N.C. She is responsible for the college’s leadership team as well as day-to-day operations at the college. Her doctorate was in instructional design and technology.

James Griffin ’09, who sells real estate for Blu Sky Realty and United Atlantic Mortgage, was promoted to team leader for the Southside where he runs the HUD and VA government foreclosures listing department. He lives in Virginia Beach.

Brian Isaac ’10 has launched a new venture, the Church Circle Singers, in Annapolis, Md., to bring professional singers into high schools to work with students and choral directors. Isaac sang in the Naval Academy Glee Club as a midshipman and planned to be a Marine Corps officer, but was forced to change careers after being sidelined by a knee injury. He pursued music education at ODU while his wife, Lt. Megan Isaac, was stationed in Norfolk.

Francisco Pietri ’10 is a logistics officer in the U.S. Marine Corps in East Meadow, N.Y. His primary job is base operations officer, which includes managing a 200,000-square-foot Marine Corps facility in Long Island, N.Y. that hosts more than 400 personnel daily.

Jaclyn Spainhour (’11, M.A. ’12) published a book, “Gilded Age: Norfolk, Virginia: Tidewater Wealth, Industry, and Propriety,” that evolved from her job as assistant director of the Hunter House Victorian Museum in Norfolk and as a history instructor at ODU and Tidewater Community College. She explores social customs and the elite lifestyle of Norfolk’s wealthy, such as the James Wilson Hunter family, whose 1894 home is a Norfolk Historic House on the cobble-stoned Freemason Street. Spainhour is slated to move up to the director’s job in December.

Essey Griffith ’12 is director of operations for California Pizza Kitchen in Del Ray Beach, Fla.

Ron Holloway ’12 has written two books: “A Courtesy Flush Goes A Long Way” that he describes as “a short, comical self-help book about a veteran with PTSD giving anecdotes, philosophy and advice”; and “How to be a Great Mom,” due in November. Holloway is a U.S. veteran and does motivational speaking and works in the banking industry in the Washington, D.C., metro area.

Paul Neubauer ’12 “got winged” in August as a naval aviator and has reported to Camp Pendleton in San Diego. He will fly the UH-IY Super Huey for the next three years.

AJ Aminrazavi ’14 has landed his first full-time position as an office production assistant for Leftfield Pictures, one of the largest production houses for reality television in the world. He works at their office in midtown Manhattan near 34th Street and lives in Brooklyn, N.Y.

Jason Armstrong ’14 is an electrical engineer at International Communications Group Inc.

Krystal Atkinson (D.N.P. ’14) was recently hired as the chief nursing officer of Portsmouth Regional Hospital (N.H.) after a short stint in the interim position. Her career has included posts as associate chief nursing officer at Henrico Doctors’ Hospital in Richmond, Va., and as the senior nursing leader in surgery and nursing administration at Spot-sylvania Regional Medical Center.

William Hewitt ’15 has accepted a position at T. Parker Host Inc. to work as a boarding agent. This is the largest bulk cargo vessel agency in America, and his job includes boarding vessels, customs and border protection, pilotage and towing.

Terrell Mizell ’15 has joined the foundation staff at Theta Chi fraternity headquarters in Indianapolis. His title is associate development officer.

Vicki Pittman ’15 opened Corevolo Pilates Studio at 1709 Colley Ave. in Norfolk this spring. She discovered Pilates as a dance minor at ODU. The studio has a second link to ODU: Her co-owner is Mari Dawson, who is married to ODU head soccer coach, Alan Dawson.

Ethan Shaw ’15 reports that he is a financial representative selling insurance products with Northwestern Mutual Insurance Co. in the Richmond area.

Ken Wiseman (M.P.A. ’15) is the action corps manager for the Veterans of Foreign Wars of the U.S., based at its Washington, D.C., office. He organizes the VFW’s grassroots efforts to channel members’ energies to advocate for veterans. He served 13 years in the Navy in both active and reserve units and credits the GI Bill for his two college diplomas.
IN REMEMBRANCE

James A. Neff

James A. Neff, 62, professor of community and environmental health and a social-behavioral scientist in the College of Health Sciences, died unexpectedly Dec. 17, 2014, with family at his side. Neff had specialized training in medical sociology, public health, methodology statistics and evaluation research and was dedicated to the college’s graduate programs and students in public health and health sciences research.

His academic credentials included a master’s degree in public health from the University of Texas Health Science Center, School of Public Health; postdoctoral studies at the University of California School of Public Health; and an MS and PhD in sociology from Florida State University.

He is survived by his widow, Karen Fardella, and two sons.

Robert Bray


Bray is among a small group of University faculty credited with building an oceanography program from its birth in an old ferry terminal into a nationally prominent research center. He was a U.S. Navy electronics technician in the early 1960s when he began spending his free time assisting with ODU’s oceanography research vessels. He eventually joined what is now the Department of Ocean, Earth and Atmospheric Sciences and captained ODU’s research vessels for 31 years.

Before he retired, Bray recalled that his favorite part of the job “was helping graduate students learn field work. You take someone from Iowa and watch them develop field science skills. I was a student advocate.”

A Chesapeake resident, Bray is survived by his wife of 45 years, Rebecca, his son and two grandchildren.

Ernest L. Rhodes

Ernest L. Rhodes, professor emeritus of English and retired Lt. Commander in the U.S. Navy, died Sept. 12, 2015, at the age of 100.

Rhodes came to ODU in 1960 as a Shakespeare scholar after reporting jobs in Northern Virginia and World War II service in the Guadalcanal and Okinawa. During his 20-year ODU career, Rhodes also enthusiastically embraced the second wave of feminism with his wife, Carolyn Rhodes, professor emerita of English and women’s studies.

Rhodes credited much of his feminist awareness to his mother, Blanche, who relocated him and his three siblings to the Mooseheart Child City & School when she was widowed. She worked at the orphanage while her children were trained in a vocation and earned high school diplomas. At age 95, Rhodes published “A Coal Miner’s Family at Mooseheart” (2010), about the experience.

Rhodes is survived by his wife, Carolyn Rhodes; sons Stanley and Lloyd and Carolyn’s son Richard; their wives; and 10 grand- and great-grandchildren. A celebration of life service is planned on ODU’s campus at 4 p.m. April 17, 2016, on what would have been Rhodes’ 101st birthday.

J. Albert Tatem Jr.

J. Albert Tatem Jr., 90, of Norfolk, died Dec. 24, 2014. Tatem first worked as a football, wrestling and tennis coach in public high schools. He came to Old Dominion in 1960 as the school’s first official tennis coach. The proceeds of his book, “Tennis Everyone,” were donated to assist the physical education department budget. Tatem also initiated the Elder Hostel program and developed the intranatal sports program on campus before retiring in 1984.

He received a bachelor’s degree in physical education from Springfield College. He earned a master’s degree in education from Columbia College in 1953 and a doctorate in education from Springfield in 1973. In retirement, Tatem pursued passions in insurance, real estate, nutrition and philanthropy with the Shriners and Masons. He is survived by his widow, Phyllis Sawyer Tatem, and a large network of cousins.

Frank W. Billmyer Jr.

Frank W. Billmyer Jr., of Portsmouth, and a faculty emeritus of the sciences, died Nov. 6, 2014, a month before his 95th birthday. He earned degrees in chemistry from Virginia Tech in 1941 and 1943, and taught four years at Virginia Tech before joining the chemistry faculty at the Norfolk Division of the College of William & Mary. He taught classes in chemistry, biology, physics, physical sciences and astronomy from 1950 to 1985. He additionally recorded many lectures for WYAR TV, lectured for the campus radio station and spent 10 years in the ODU Writing Center.

Outside his work life, “Bill” helped foreign sailors through The International Seaman’s Home and assisted at Children’s Hospital of The King’s Daughters.

Billmyer married Dorothy Pebworth Morgan in 1966. He is survived by their four children and numerous grand- and great-grandchildren, as well as a sister, Marguerite Roach, of Maple, N.C.

Elizabeth S. DeBedts

Elizabeth S. DeBedts, 89, professor emeritus and special collections librarian of the ODU library from 1959 to 1979, died Dec. 4, 2014, in Norfolk.

DeBedts was a student of the Norfolk Division of the College of William & Mary (now Old Dominion University), Mary Washington College, and the University of North Carolina. She met her late husband, Dr. Ralph DeBedts, at ODU in 1961 and was married in 1963. After retirement, the couple lived in England several years before returning to Norfolk.

She was preceded in death by her husband in 1994; she is survived by family including a nephew, Sherman E. Seelinger III, and his family.

William J. Hanna

William J. Hanna, 101, a science faculty member from 1967 to 1976, died Jan. 8, 2015, in Virginia Beach.

Hanna earned degrees in chemistry and geology at what is now Clemson University, and after World War II service with the Navy in Palermo, Italy, he earned a master’s degree from N.C. State and a Ph.D. from Rutgers University, both in soils chemistry. Hanna remained on the Rutgers faculty for 20 years before coming to ODU.

Hanna was predeceased by his wife of 60 years, the former Frances Shelton of Princess Anne. He is survived by a sister and extended family members.

J. Louis Hatfield

J. Louis Hatfield, who taught mathematics at Old Dominion for 33 years, passed away Feb. 26, 2015.

He earned undergraduate and master’s degrees at the University of Virginia, and then taught at ODU from 1956 to 1989. After ODU, he continued teaching at Tidewater Community College until he retired in 1995.

In his early years, Hatfield enjoyed photography, and took sports-related photos for The Virginian-Pilot. He also had loved electronics and computers since the early punch-card days.

Louis is survived by his wife of 49 years, Sherry B. Hatfield; his daughter Annah V. Hatfield; and grandson Carter Huff, all of Virginia Beach.

Andrew Heidelberg

Local civil rights leader Andrew Heidelberg, who was one of the “Norfolk 17,” the courageous African American teenagers who integrated Norfolk Public Schools in 1959, died July 6, 2015.

He was a retired banker living in Hampton and had been working toward a master’s degree at Old Dominion University before health issues prevented him from finishing. He was 71.

As part of his graduate studies in humanities, Heidelberg documented his experience as one of the “Norfolk 17.” To prevent the group’s entry into formerly all-white schools, Virginia shut the “Norfolk 17.” To prevent the group’s entry into formerly all-white schools, Virginia shut.

University President John R. Broderick said he was privileged to know Heidelberg. “Hearing from him about the struggle for desegregation of Norfolk schools was an incredible experience.”

Heidelberg is survived by his wife, Luressa, and five children.
We celebrated an exciting Homecoming Weekend in October that culminated with a last-minute football win over C-USA rival Charlotte. We also inducted the 35th class into the ODU Athletic Hall of Fame. The 2015 class included former baseball coach Pat McMahon, three-time women’s lacrosse star Suzanne Wosczyna, field hockey All Americans Eveline Veraart and Kim Miller Folmar, who collectively played on four of ODU’s nine NCAA championships, and soccer All-American Trevor McEachron.

ODU field hockey is no stranger to hosting postseason tournaments, and did so again this year as site of the 2015 Big East Field Hockey tournament. Our squad was ranked in the nation’s top 20 early in the season, and ODU will serve as the site of the 2016 NCAA Field Hockey National Championships next November. Men’s soccer broke into the top 10 for the first time since 2012 after key wins over Charlotte, UAB and New Mexico and remains one of the nation’s premiere programs.

We hope you will make it to the Ted Constant Center for basketball this year. Coach Jones and our men’s basketball team began the season with a 24-home game winning streak. Coach Barefoot and the Lady Monarchs started the season just three wins away from winning their 1,000th game in ODU women’s basketball history, a feat only three other collegiate programs have accomplished.

A new HD video board, digital table signage and ribbon panels have added sizzle and excitement to what already is one of the best college basketball environments in the country. You owe it to yourself to experience the new $2 million technology upgrade and the game day experience at the Ted this year.

Our 5th annual Education Day game was Dec. 2. ODU Athletics partnered with the Norfolk Public Schools and invited elementary schools throughout the school system to attend the game. The event marked the second sellout at the Ted Constant Center for our ODU women’s basketball team, with attendance of 8,472 to see ODU win, 64-41, over Loyola.

The Monarchs hosted Norfolk State in men’s basketball for the first time in 15 years on Tuesday, Dec. 29, and we joined forces with “We Feed Norfolk” to provide food for the Foodbank of Southeastern Virginia and the Eastern Shore. We provided reusable grocery bags at our game on Tuesday, Dec. 22, vs. Rhode Island and asked fans to return the bag filled with non-perishable food to the Norfolk State game and receive a $7 discount off the ticket price. Fans also brought food in other containers for the same discount that evening.
In addition to finding success in athletic competition, our nearly 450 student-athletes are also winning academically in the classroom. We honored 140 student-athletes who earned Dean’s List honors in the spring semester during halftime of our Homecoming game. ODU once again led all Conference USA institutions for the second year in a row on the league’s Commissioner’s Honor Roll with 261 student-athletes from all of our sports posting 3.0 GPAs during 2014-15. Forty-four of those student-athletes earned Conference USA Commissioner’s Medals with GPAs of 3.75 or higher.

You have a lot to be proud of at Old Dominion University and we hope you will show your pride by attending some of our athletic events, whether in Norfolk or on the road. Go Monarchs!

For more on ODU Athletics visit: odusports.com

PHOTOS: COURTESY OF CHUCK THOMAS AND SPORTS INFORMATION

During halftime of the Homecoming game, President John R. Broderick (not pictured), First Lady Kate Broderick and Athletic Director Wood Selig congratulated basketball coach Karen Barefoot and student-athletes for their academic accomplishments. ODU honored 140 student-athletes who earned Dean’s List honors in the spring 2015 semester.

Far from home, facing adversity: ODU’s Meg Byas fights back from serious knee injury

By Brendan O’Hallarn

The transition to college can be difficult for anyone living away from home for the first time.

Add a serious knee injury, surgery and an ocean of separation from the closest family member and that describes the first semester that Meg Byas experienced at Old Dominion University.

A freshman defender on the Lady Monarchs field hockey team from Driffield in northeast England, Byas was in her seventh game, playing left back on a cold, rainy day at the University of Louisville.

“I planted my leg on wet turf and went to change direction, then I just went down,” said Byas, who felt sharp pain for about two seconds, then a dull ache in her knee. “They actually taped me up and I went back in for the second half, but after about 30 seconds, I had to come out.”

An MRI confirmed her fears — Byas had torn her anterior cruciate ligament. Season-ending surgery awaited. And she would have to face it alone, as a 19-year-old from across the Atlantic.

“My dad (Paul) is a farmer. Coming over here in September is really difficult,” Byas said. Her mother Judith wanted to come for the surgery, but Byas urged her to stay home and come later in the semester, when they had already planned their visit.

To help her through the ordeal, Byas relied on her new family — her teammates with the Lady Monarchs. “They were amazing,” Byas said. “They always checked in with me. I feel like the whole team made a conscious effort to make me feel supported, because they knew I was here by myself.”

An arduous recovery lay in front of her, but Byas did her best to keep a positive outlook and focus on her return the following season.

Caitlin Walsh, a senior midfielder and one of Byas’s best friends on the team, said it was heartbreaking watching her go through such a difficult injury, yet it was inspiring at the same time.

“Meg stayed positive. She kept a smile on her face and was always there for our team, picking us up and cheering us on,” Walsh said.

Being forced to be a spectator was incredibly difficult for Byas. But Byas said she learned a lot about the sport itself through watching the Old Dominion games closely. “Not being able to play for so long made me really follow the games closely, not just my position but the entire field.”

Now a junior with the Lady Monarchs, Byas anchors the middle of the defense as center back. Walsh says she plays a key role on the team as a talented player, and someone who pushes herself and her teammates to get better.

“It’s exciting to have my friend and teammate back on the field next to me,” Walsh said.
They are as different as the positions they played on the field at a high level for the Old Dominion University Monarchs men’s soccer team.

**Ivan Militar** (pictured on left) led the Old Dominion attack, and acts every bit like the stereotypical striker. Brash and outspoken, Militar has made the most of his four-plus years on the ODU campus, on and off the field.

**David Macsicza** anchored the Old Dominion defense, and has the solid, quiet presence of a classic central defender. In his second year at ODU, Macsicza marvels at his friend’s affability and popularity. “He knows everyone on this campus, I swear.”
Together, the two European student-athletes led the ODU men’s soccer team this season as they defended their Conference USA championship and sought a berth in the NCAA Tournament. Ultimately, the team missed the Tournament this season, but the run that both players have made to reunite at Old Dominion six years after playing together as teenagers is memorable on its own.

“It’s a really unique story, and it’s worked out great,” Militar said.

When the two 23-year-olds met, Militar was playing at the Ferenc Puskas Academy, near Budapest in his native Hungary. Macsicza was living in his home country of Slovakia. His father, of Hungarian descent, thought that particular soccer school, the best in Central Europe, would give his son the optimal opportunity to secure a professional career.

So at 17, Macsicza packed up and left for Ferenc Puskas. He soon ended up living in a dormitory with a certain high-scoring forward. “The first thing I thought about Ivan was, ‘Wow, he talks a lot,’” Macsicza said. “He likes the attention, but in a good way. It was a lot of fun in the room.”

United by a love of soccer, the two became fast friends, despite one obvious impediment.

“It was really interesting; he didn’t speak any Hungarian at the time. I didn’t speak any Slovakian. We were communicating in English, the only language we both knew,” Militar said. “We never knew how, being roommates, we would one day end up playing together again.”

Despite his quiet nature, Macsicza became the captain for the Ferenc Puskas side after Militar moved to another team. Both would end up excelling as they finished their secondary schooling, and soccer scholarships in America awaited them.

Militar was first discovered by Attila Vendegh, the former Old Dominion star. Like Macsicza, Vendegh is a Slovak of Hungarian heritage, and saw Militar play. He referred his name to ODU coach Alan Dawson, who flew to Hungary and offered him a scholarship.

Macsicza started his U.S. collegiate education at Grand View University in Iowa, an NAIA school (an athletic league consider a step down from the NCAA). As he began his second year at the Iowa school, Macsicza considered his post-collegiate options. “I still had the hopes that one day I’d play professionally.”

He and Militar were still in touch, and Militar encouraged him to come to Old Dominion to maximize his opportunities for exposure.

“Ivan was like, ‘Dude, come here. You’re going to love it here.’ But at the time, I didn’t know…” Militar interrupted: “Tell the truth. He had a girlfriend. That’s exactly what happened.” Sheepishly, Macsicza admitted that was a factor in waiting another year.

“But at that time, we had a really good team. Sophomore year we were ranked No. 1 in the NAIA…” Militar interrupted again: “Good job,” he said, teasing his teammate.

Militar considers Macsicza his “first recruitment,” noting that the ODU coaches offered him a scholarship based on how strongly he vouched for his abilities. “I told them he’s a very good defender, he played on the youth national team back in Slovakia, he played with me. He’s not just any player coming here,” Militar said.

The good faith was rewarded, as Macsicza was selected defensive MVP as Old Dominion won the Conference USA Tournament at home last November.

Ironically, the player who discovered him for the Monarchs had to sit out the year. Militar tore his left ACL playing in a spring soccer game at George Washington University.

After surgery, Militar redshirted with an injury for the 2014 season. He finished his undergraduate sport management program, but decided to stay for a fifth season. He is now doing his master’s degree in higher education.

“Moving away at 17, away from family, where I can’t talk to anyone because I don’t know the language, builds your character. It makes you mentally stronger,” Macsicza said.

“For the foreigners, we’re on our own, basically. It just helps us to grow up.”
“For me, Old Dominion University has been a big chapter in my life,” Militar said. “I just told my girlfriend the other day, ‘Why would I leave?’ I just feel like I’ve had such a good time here. I’ve met so many people all over the University. For me to leave this place and build these relationships up again, I don’t want to go away and do the same thing I did here.”

This season, Militar and Macsicza played together again for the first time since they were both teenagers. Despite frequently playing 50 yards away from each other on the field, as defender and striker, the dynamic duo found it easy to create on-field chemistry.

“When Ivan moved to a different team in Hungary, we played against each other. And it was always a good matchup, because we knew each other’s strengths,” Macsicza said. “Now, I know things he’s going to do because we know each other so well. I know where he wants me to put the ball.”

Though their college careers are over, both athletes have no regrets about coming to play soccer at Old Dominion, for the opportunity, and the challenge.

And having already moved away from home, across the ocean to the United States, they were prepared for the ups and downs of being a collegiate student-athlete.

“When I was 17 years old, right after I left (Ferenc Puskas) it’s because one of the coaches told me I would never be a soccer player. I had to leave to build myself up again, and come to America and start from nothing here,” Militar said.

Both Monarch stars say that experience and maturity have helped them excel on the field, and in the classroom.

“It’s a business in that I’m getting money from the university. If I don’t do well in the sport and in the classroom, I’m not going to be here,” Militar said.

“Moving away at 17, away from family, where I can’t talk to anyone because I don’t know the language, builds your character. It makes you mentally stronger,” Macsicza said.

“For the foreigners, we’re on our own, basically. It just helps us to grow up.”

Now that their ODU playing careers are over, David Macsicza (left) and Ivan Militar hope to play professionally. They have both made an impact at the University.

During their time at Old Dominion, Ivan Militar (left) led the attack while David Macsicza anchored the defense. The two long-time friends reunited at ODU after playing together in Hungary as teenagers.
Old Dominion University’s men’s basketball team advanced to the Final Four of the National Invitation Tournament (NIT) in Madison Square Garden in the most dramatic way imaginable. The running, banked-in 30-foot shot by Trey Freeman that beat Murray State at the buzzer is etched in the memory of Monarch fans. Imagine what it was like to be the player who took the shot.
This past year was my first year actually competing on the court for Old Dominion University, and it was definitely a blessing and an exciting experience the whole year.

If I go back and remember the Murray State game I often think about an entire week of an emotional roller coaster. I hurt my ankle pretty badly on the Saturday before we played Illinois State in the NIT on Monday.

I was really looking forward to that game seeing how we had lost to them earlier in the year at the Paradise Jam in St. Thomas. I went up in the air and landed on someone’s foot and I felt a pop, and I laid out on the ground crying because I thought that was the end of my season.

I was almost 100 percent sure I was not going to be able to play until next season. That entire weekend, in my mind, I could not really walk and put pressure on my right foot. I would go in to treatment from 6 a.m. to 5 p.m. with athletic trainer Jason Mitchell putting me through activities that I had never done before in my life. I hurt my ankle pretty badly on the Saturday before we played Illinois State in the NIT on Monday.

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By Monday, I could actually put weight on my foot, so that was a positive in my mind. It still was painful but I didn’t need crutches. For the game I tried to figure out how to play, how I could help the team even though I couldn’t move very well. My ankle was so weak Jason basically put a cast on it and it was extremely uncomfortable.

I spent most of the day trying to figure out how we were going to tape my ankle and prepare for a match. As I played I realized early I was not going to be able to help at the rate that I hoped, I was pulled from the game and my teammates definitely picked me up. They competed hard and pulled out the win which was one of the most exciting games I have been a part of. I was riding the bike trying to get loose just in case my number was called; it went down to the wire.

When we ended up winning I began to cry on the bike, I think it was because I was so happy we won and mad I couldn’t help my team. At the end of that game I went back again to treatment for the rest of the night and didn’t leave the arena until late. I was extremely negative at the end of the game, just depressed. I remember (radio announcer and former Monarch) Dave Twardzik said, “Have some faith.” I felt like that was God sending me a message, and from that point on I spoke everything into existence.

Getting ready for Murray State I had to go to my mom for some extra help. From the time I got hurt until Tuesday and Wednesday, my mom and dad had been there for me, bringing me food and just caring for me especially when I couldn’t walk.

The night before the game I asked my mom if there was anything she could do for my ankle, and she did a remedy with vinegar and a brown bag, as well as prayer. I have never seen anything drastically change in one night before in my life. I woke up for the game and there was no pain at all! I got up I went to the gym and told my coach, I was so hype that I was healthy and knew I could help the team.

I knew this was a great opportunity for our squad to compete against a team that was so highly regarded by everyone. As the game began, I felt like my old self. I could cut and move. The game was really close and everyone was competing at a high level.

The Ted was packed, it was a great atmosphere and I was having the time of my life. Next thing I know we have the ball with 3.5 seconds left in the game, it’s a tied ball game, and coach calls a timeout. He draws up a play that we run in practice all the time just in case for late-game situations and tells everyone their responsibilities for reassurance. He told me that I was going to rise up and make the shot.

When the ball was being inbounded I remember just thinking about past late-game situations I had been in, and everything I had learned. First I needed to get the ball regardless of how far I had to go to get it.

I made a cut and Jordan Baker threw a great pass to me and it surprised me that he got it to me like he did. It seemed just like practice in that moment.

When I turned with the ball I did not want to go left because that is where the rest of the help defense was. I tried to go by my defender as fast as I could and get as far and close as possible. As I broke free I took off of one foot because it was quicker, and it was second nature to just let it go.

When the ball left my hand it definitely felt good, we had been playing around shooting from the NIT logo and it paid off on that night. When it was in the air everything was in slow motion for me like a movie or something. It was quiet in the arena; I was just focused on the shot.

When the ball bounced off the glass and went through the net, it was like a delayed reaction to me. I thought it didn’t count for a second, and then I heard the crowd. After I made the shot, I was running and about to go into the stands where my family was but my boys got to me first.

When I got back to the locker room I cried again. I promise you that was the most emotional week, I felt the highs and lows that basketball can bring to me.

God put me through certain adversities, I believe, to make me stronger and appreciate everything a little more. I was just thankful and blessed to be out there. It’s funny how things work.

Now a senior, Trey Freeman will lead the Monarchs as they chase the men’s basketball program’s first NCAA Tournament berth since 2011. Follow all the action at ODUSports.com or at the Ted Constant Convocation Center.
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At Old Dominion University, international MBA student Cheng L. is concentrating in maritime trade and German. Cheng first learned of ODU as a high school student at home in Beijing, China. After he received his undergraduate degree from ODU, Cheng interned at The Port of Virginia, and he now aspires to start his own business connecting trade between the United States, China and Germany. In today’s global society, students benefit from the ability to communicate and work with a wide variety of people from diverse corners of the world and explore global issues in the classroom. With students from 117 countries and throughout the U.S., ODU’s campus life features a rich and welcoming mix of nationalities, cultures, viewpoints and experiences.
**New Education Building**
- $35,000,000 project (design and construction)
- 120,245 total square footage
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The Darden College of Education is entering a time of great excitement and growth. It is a transformative time in the history of ODU and the Darden College of Education. Our new education building is under construction and progressing rapidly every day.

Our goal is to build one of the top education facilities in the country, and to be able to attract the best and brightest students from around the world. The only way we will be able to achieve this dream is with the help of our loyal supporters like you.

Please contact our Development Office at (757) 683-7023 to discuss your interest in donating at the leadership level. We also have unique corporate marketing available with some of our naming rights gift opportunities.

I would like to take this time to also thank you for your previous support and encourage you to pay that gift forward to the next generation of ODU students.

**Go Monarchs!**

Dr. Jane S. Bray, Ed.D.
Dean, Darden College of Education

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‘True Blue’ for Homecoming

One of the most recognizable places on Old Dominion’s campus is the fountain on Kaufman Mall that features a life-like lion statue. On any given day, students congregate nearby and the fountain is a frequent photo backdrop for visiting families and friends, as well as graduating seniors. So, given the statue’s iconic status, it was fitting that the fountain’s water was dyed a festive hue in October as part of the fun the ODU community had celebrating homecoming during the University’s 85th Anniversary year. Photo by Chuck Thomas
I Can Do That!

After graduating from ODU in 1972, Debbie Miller began her career as a graphic artist at Tidewater Community College. A Monarch at heart, Debbie joined the ODU staff in 1978 as Graphic Design Supervisor for the media center, now the Center for Learning and Teaching. While working full time, she completed a Master of Arts degree in 1989.

During her 27-year tenure at ODU, with university presidents from Al Rollins to Roseann Runte, Debbie saw much change. Her work evolved from making overhead transparencies to creating computer-generated work for international journals, textbooks, and televised courses. She was awarded the CASE gold medal for her logo design and work on the USA-USSR Youth Summit broadcast live on PBS. From oceanographic lithography charts and rat brain cross-section illustrations, to political science maps, her portfolio is a diverse one! When asked about the best project she ever worked on, Debbie did not hesitate, “The coolest project was working with Dr. Dan Somers on his definitive book Biology of Tides, a massive two-volume set.” Debbie illustrated the 600-page books with pen and ink drawings.

For her ready smile, hearty laugh and enthusiastic assistance to faculty, Debbie was recognized as ODU’s Staff Member of the Year in 1990. Laughing, she said she thought the faculty stuffed the ballot box. Aside from the gifts and recognition, the best part for Debbie was the coveted and front-row parking spot, reserved for her for an entire year.

Art is still Debbie’s passion.

When Doug Greene, former chair of the ODU Institute of Humanities, started Grippen & Landru publishing company, he enlisted Debbie to design book covers. To date she has designed over 60 collector edition murder mystery book jackets. Retirement gives her the luxury of painting often. She enjoys painting en plein air with a local group of landscape artists. This past spring, Debbie’s work was featured at The Starving Artist Café in Norfolk.

Avid football supporters, Debbie and her husband, Gary Chiaverotti, can be seen at all home games, cheering on the Monarchs. Still, she always knew that she wanted to do more. After reading an article in Monarch magazine about a friend who included ODU in her estate plans, Debbie thought to herself, “I can do that.” With her husband in agreement, they met with their attorney to include ODU in their estate plans. Their gift to establish The Deborah L. Miller Scholarship will benefit students in the College of Arts and Letters who are majoring in graphic design or fine arts, two of Debbie’s passions.

To see how other alumni and friends are supporting ODU, please visit www.odu.edu/giftplanning

Have you made a provision to leave a future gift to Old Dominion University? If so, please let us know so we may thank you. Please contact Barbara Henley, Executive Director of Gift Planning, at 757-683-6553 or bhenley@odu.edu, or visit our estate planning website at www.odu.edu/giftplanning
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Send us your photo holding an “I am a Monarch” sign. You may be included in our 85th anniversary magazine coming in 2016!

Digital images should be minimally 3” x 5” 300 dpi and emailed to ksmallet@odu.edu by 4/1/16.