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Disinformation About Mental Health on Tiktok

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Disinformation About Mental Health on Tiktok

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AGENDA

- rise in mental health on Tiktok
- go over ADHD and some examples
- DID and the difference in how the spread disinformation
- conclusions and next steps moving forward





Rise In Mental Health



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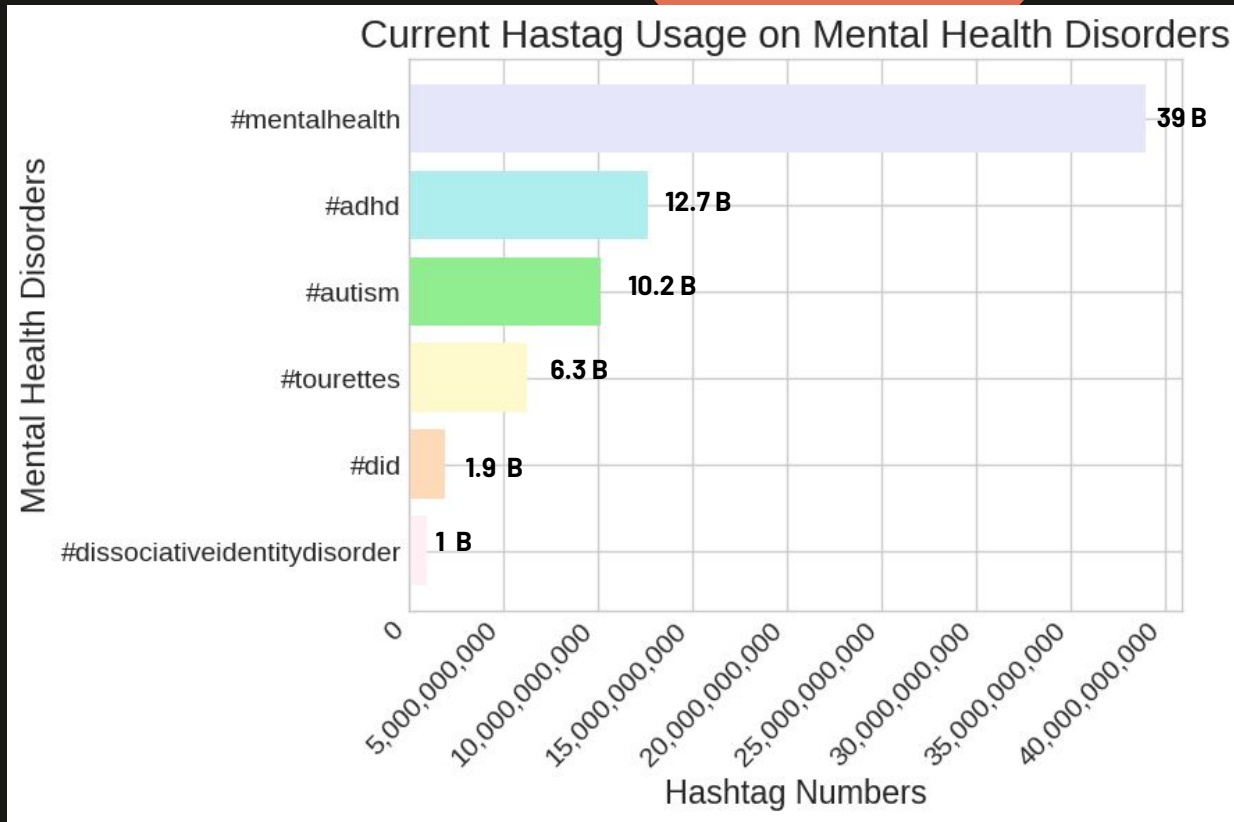


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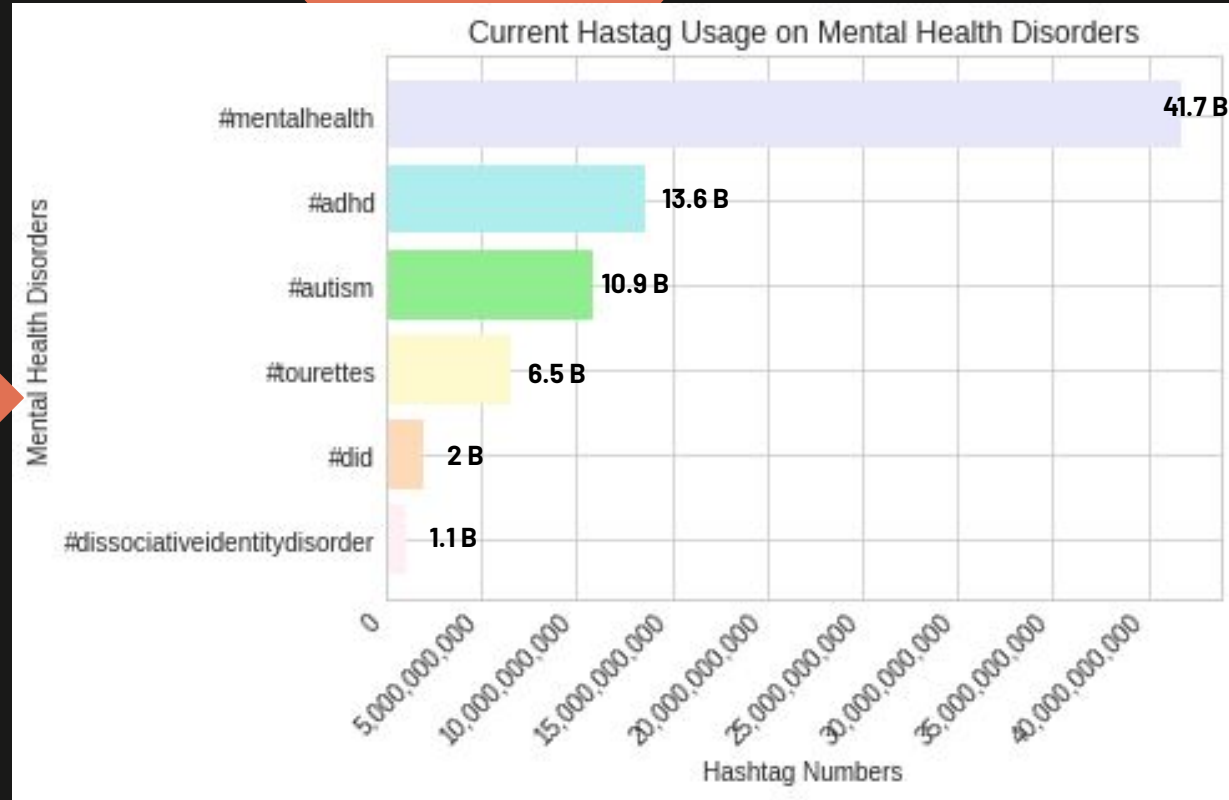
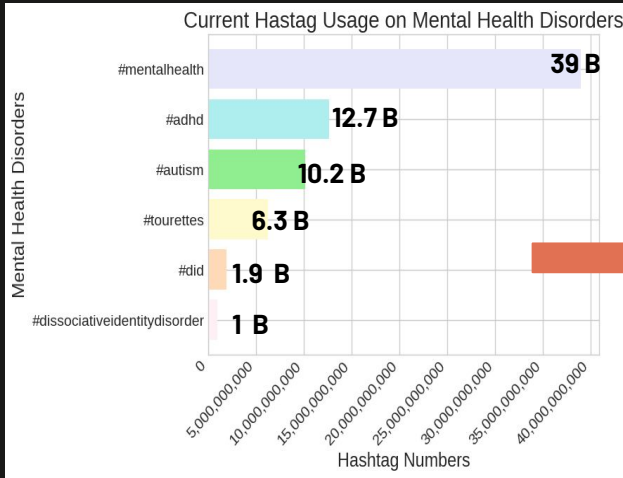


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Graph Change



Graph Change





ADHD



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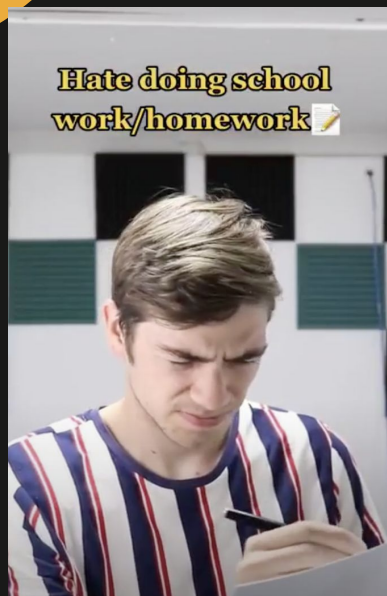
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ADHD Examples

- listing off ADHD symptoms
- reenacting scenarios
- using ADHD as an adjective



Listing off ADHD Symptoms



“Do you do any of these? #adhd #adhd TikTok #livingwithadhd”



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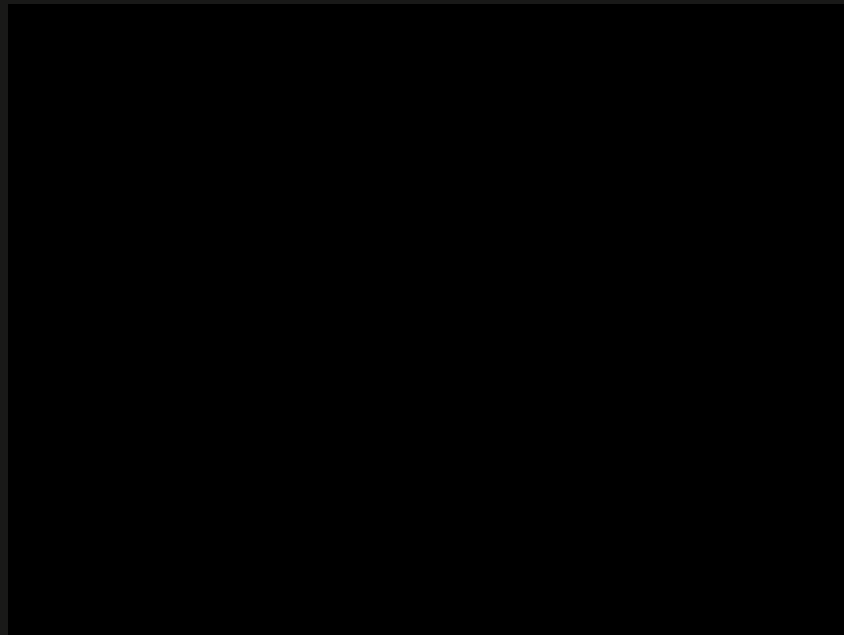


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ADHD Scenarios



If this makes sense to you, you may have #Adhd. Follow for part 2! #adhdprobs
#mentalhealth #over40 #over50 #entrepreneur



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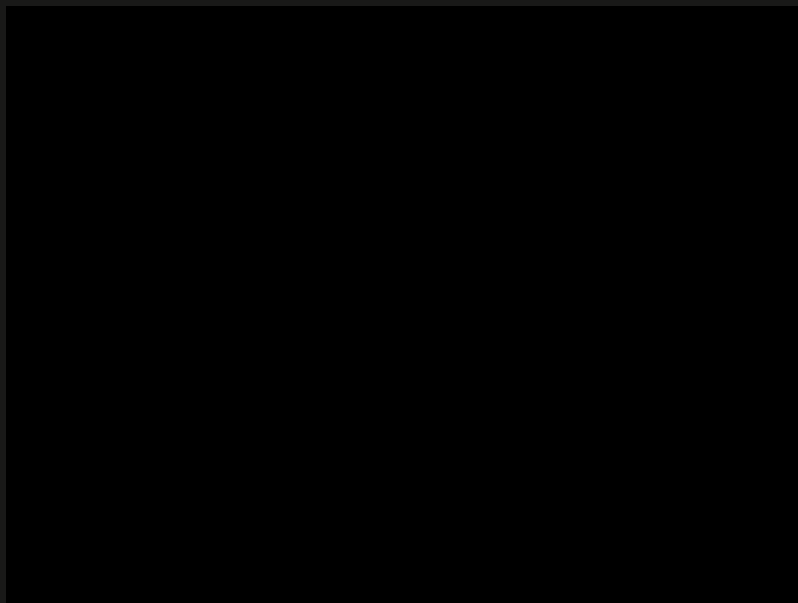


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ADHD as an Adjective



PEOPLE CANT DO THIS?? #adhd #4u #voorjou



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Why This Is An Issue

- misleading
- mental health professionals spend years going to school and learning how to diagnose conditions
- it's becoming a trend
- these things are not diagnostic





DID



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DID Disinformation

fake claiming : saying that someone is faking their disorder / claiming that they are faking



thespritecompany

The Sprite Company

Follow

57 Following **293.8K** Followers **9.5M** Likes

20 | DID

Diagnosed 3/2021

They/them

All fake claims will be deleted :)

linktr.ee/Jspencers



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FakeSystems



kyle enjoyer

Sorry if this is annoying but is there any way you could provide proof of these claims? I'm both curious and would like to see evidence



4

2-9 Reply



Fake System · **Creator**

Unfortunately, I deleted the blog years ago when I decided to quit the act. I was worried about this coming back to haunt me. 1/2



4

2-9 Reply



Fake System · **Creator**

I'm trying to gain access to some old accounts but it's been years and everything is pretty much gone now.



4

2-9 Reply



fakesystems

Fake System

Follow

1 Following 489 Followers 3465 Likes

Recovered DID faker. 27ish, any pronouns. <https://fakesystems.carrd.co/>



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FakeSystems



theosilvers

i believe it does so much more good than harm to point out people who are faking. It gives DID a HORRIBLE name with how people portray it.

2-26 Reply



10



F : Blurry

youre literally just as bad as both fakeclaimers and fakers.

2-25  13 Reply



miles avery

Honestly, did makes sense, and im sure that there are fakers, but i dont think you are the right person to be doing this. The brain is am insane organ

2-26  9 Reply



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Conclusions and Moving Forward



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Conclusions

- how mental health spreads disinformation is different depending on the community
- there are people that have come forward and said that they fake mental disorders
- mental disorders have become a social currency



Moving Forward

- continue to find more ways on how people spread disinformation about mental health on Tiktok
- read into some literature about children in their formative years and how they generate identity
- continue writing and finish my paper in december



References

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slide 7 - https://www.tiktok.com/@chalenejohnson/video/6915574420694207749?is_from_webapp=1&sender_device=pc&web_id=7036942730072835589

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slide 14 - https://www.tiktok.com/@fakesystems/video/7062382228264930606?is_from_webapp=1&sender_device=pc&web_id=7036942730072835589
<https://www.tiktok.com/@fakesystems?lang=en>

slide 15 - https://www.tiktok.com/@fakesystems/video/7068413252048555311?is_from_webapp=1&sender_device=pc&web_id=7036942730072835589