The Baron and Ellin Gordon Art Galleries in University Village on the Old Dominion campus have an ever-revolving selection of shows from curator Ramona Austin, pictured here, as well as space to display pieces from the facility’s Self-Taught Art Collection. That collection includes the sculpture on the right, “Carved Burl and Paint,” by American artist Mona McCalmon (born 1926), which was a gift of the galleries’ namesakes. The Gordons donated 375 folk art works to the permanent collection. Behind Austin is a series of paintings from the summer 2013 show, “Woman, Image and Art.” The Gordon Galleries include the Changing Gallery, where the work of ODU faculty and student artists is often shown, and the Self-Taught Gallery. The facility is directed by Fred Bayersdorfer, assistant dean, College of Arts and Letters. (See Calendar on the back cover for upcoming shows at the galleries.)

PHOTO: DAVID HOLLINGSWORTH
Two themes emerge from the pages of this issue. One has to do with sturdy, compact structures that creative alums have turned into two of the most fascinating dwellings you’ll ever see. The other theme comes from the storybook history of Old Dominion University.

Our cover story is about the Middle Ground Lighthouse retreat that Joan and Bob Gonsoulin, both ODU alums, and their family have created in the middle of the Hampton Roads harbor. You can see the five-story structure off to the east as you’re crossing the Monitor Merrimac Bridge-Tunnel. The Gonsoulins bought the lighthouse at a federal surplus auction in 2005 and then set about reclaiming it from years of bird droppings and rust. Young alum Diane Dougherty had a blast visiting the lighthouse, and it shows in her report.

M.B.A. alum Mark Turner, a residential developer, has built a 1,000-square-foot model home in Northern Virginia that is getting national attention for its style, sturdiness and sustainability. You’ll be amazed by how many features he has incorporated in this house, which he calls OneNest, and is, coincidentally, of a tower design somewhat similar to a lighthouse.

Steve Daniel, who writes the very popular Then & Now column, is one of the keepers of ODU history and his article in this issue about campus dining facilities through the years is a must read. From Bud’s Place to Café 1201, that’s quite a journey.

Frequent Sports contributor Rich Radford looked into the history of the man for whom Foreman Field is named, A. H. Foreman, and ended up discovering the interesting story of the political and civic maneuverings that led to the creation of the Norfolk Division of William & Mary, which eventually became ODU.

I hope you enjoy these and other articles in this issue of Monarch. If one or more of them strikes your fancy, or you have suggestions about future magazine content, send me an email at jraper@odu.edu.

–Jim Raper
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Creative writers from ODU’s M.F.A. program express the mystery of life in moving poetic images, earning recognition along the way.

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Mark Turner (M.B.A., ’00) advances the ideals of sustainable materials, carbon-neutral footprint and energy-efficient housing in his “headquarters for happiness” model design.

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A.H. Foreman was a founding father of ODU, and he helped secure funding to build the sports field that bears his name.

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Keeping up with ODU Sports, see page 52.
**She is a Legend**

What a wonderful article about Ms. Tucker ("Legend Award for 'Cee Cee' Tucker," Summer 2013). She is certainly deserving of the award, and she is a legend here at ODU and in the larger community. She continues to reach out to new Monarchs, whether they are faculty, students or staff. She always wants to know who you are, what are your interests and how she can help you make the transition to ODU. She has provided her personal touch as our ambassador-at-large to our neighbors and our state. In ways both large and small, she has enriched our university.

Samuel Coppage

ODU Associate Professor of Business Analytics

**Proud of the Strides**

As a longtime supporter of Old Dominion University, I look forward to updates and publications both online and through the mail. I just finished reading the summer edition of Monarch—cover to cover. All I can say is, “Outstanding!” As an avid Monarch fan, I keep up-to-date on athletics at ODU. What a pleasure to read about some of the other diverse activities going on at my alma mater. I’m proud of the strides ODU continues to make in education, outreach and research. On my daily walks through campus, I zigzag the many paths in order to walk across all of the bridges and by the beautiful fountains. I crunch across the shells that make up the pathway through Quarantine Lake (which is what we called it in the early 1970s) and through the beautiful grape myrtles on the lawn. I’m proud that our campus was recognized for green initiatives including accepted into the Arbor Day Foundation’s Tree Campus USA program. I walk by the various athletic fields and courts where summer camps are in full swing. I end my walk along the Elizabeth River and the beautiful sailing center with its recently restored wetlands area and pier. I am now counting the days until I hear the ODU marching band preparing for another year. Those Monarch drum cadences give me chills!

I thank you and your staff for continuing to showcase the many things happening at ODU that are not always apparent when walking through campus driving along Hampton Boulevard, or attending an athletic event. I look forward to reading the next edition of Monarch. In the meantime - GO MONARCHS!

Cristie Sykes ’74, ’95
Norfolk, Va.

**So Many Pleasant Memories**

Steve Daniel’s article about our Russian program reunion in the Then & Now column ("Russian Scholars Salute Their Professor," Summer 2013), was so great! I appreciate the time and effort devoted to the story. It will appear in an appendix in my latest book, “Passage Prohibited” (due out later this year). When I taught at ODU, many in the ODU community were puzzled and curious about my early age retirement from the Navy, some thinking that I may have been forced out or not promoted to the rank of captain. I never responded, but am glad to place in this book a clear picture of my performance (as an intelligence officer) before employment at the university.

A gain, many, many thanks for the column, which offered me and the Russian language alumni an opportunity for so many pleasant memories at the university.

John Fahey
Catonsville, Md.

**O’Hallarn Fan**

You have done a great job with this publication and I look forward to future issues. I particularly enjoyed Brendan O’Hallarn’s contributions to the Summer 2013 edition. He is a very skilled writer.

Brian C. Citizen ’10
Woodbridge, Va.

Ed’s note: O’Hallarn is an ODU marketing and Communications staffer and a contributing writer to Monarch Magazine.

To send a letter to the editor, you may contact us via email, jraper@odu.edu; fax, 757-683-5501; or by regular mail, Editor, Monarch Magazine, 100 Koch Hall, Old Dominion University, Norfolk, VA 23529.

You may reach us by phone at: Alumni Association and Alumni Relations Office: 757-683-3097 or 888-ODU-3435
Monarch Magazine: 757-683-5585

**‘Taken’ by the Beauty**

I recently received the Summer 2013 edition of the Monarch and was “taken” by the beauty of the front cover showing French Polynesia. The article entitled "South Seas Expedition" also caught my eye. Why?

My wife and I traveled to French Polynesia in November 2011 for a 10-day adventure/exploration.

We spent seven of those days on a small cruise ship that could slip into the lagoons inside the reefs, which surround all these gorgeous islands. One of the highlights of the cruise occurred the day we were taken on a personal tour of the island of Taha’a. The lady giving the tour took us through-out this island, stopping along a lagoon where her family owned and operated a pearl oyster farm. The manager gave us a tour of the facilities showing us examples of the entire operation, including some recently harvested pearls. ODU’s own Kent Carpenter should be congratulated on his interest and willingness to work within the biosphere and culture of the French Polynesians. They are truly lovely, self-sustaining people who just happen to live in what we call “paradise.” Our daughter, Christina Majka, ODU Class of 2007, my wife and I call “paradise.” Our daughter and son-in-law, Jean and Chris Wilson, are living on the island of Sika'a. They own and operate a beautiful sailing center with its recently restored wetlands area and pier. I am now counting the days until I hear the ODU marching band preparing for another year. Those Monarch drum cadences give me chills!

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Jim Majka ’66
Yorktown, Va.
Our Coaches Are Driving Southern Style.

We Provide More Vehicles to Coaches Than Anyone. Southern Auto Group Supports ODU!

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From the President
Counting the Ways We Measure Progress

When I began as president in 2008, we created a strategic plan that was bold, entrepreneurial and ambitious, a plan that – when complete – would leave no doubt as to Old Dominion University’s transformation into a top-tier national, research-intensive university. With less than a year left, I can tell you our progress has been remarkable.

To support student success, we are incorporating new advising protocols, broadening an innovative math tutoring initiative and increasing efforts to connect with students earlier in the semester. We’ve increased our retention rate by more than 7 percent over the past five years.

We’ve worked to grow our national reputation through key academic programs and scholarship.

ODU launched several new academic programs, including a bachelor’s degree in modeling and simulation engineering, the only one of its kind in the nation. The graduate program in international studies became the first American program to be accredited by NATO. Publications advocating integrity and value in online education gave high marks to several of our online programs – in psychology, human services, computer science and nursing.

With a goal to spur economic growth, Old Dominion was awarded its 100th, 101st and 102nd patents and signed five licensing agreements, this year alone. We opened the Center for Innovative Transportation Solutions, strengthened the Climate Change and Sea Level Rise Initiative, partnered with Dominion Virginia Power on solar energy, and opened women’s and veterans’ business centers.

The Frank Reidy Research Center for Bioelectrics continues to break new ground in malignant tumor treatment, wound healing and plasma creation for disinfection and treatments. The center’s researchers hold more than 40 U.S. patents and a promising melanoma treatment by the center’s director, Richard Heller, is in clinical trials on the West Coast.

As one of Virginia’s more international institutions, we set forth to expand those connections, too. Our global community of more than 1,200 international students come from 113 countries. Old Dominion’s Confucius Institute opened in April and has already gained approval for the university to become the first on the East Coast sanctioned to train Chinese faculty.

At Old Dominion, we recognize our obligation to the larger community. More than 11,000 students spent some 375,000 hours engaged in community service last year. Faculty and staff provided another 54,000 hours of service for more than 800 organizations. We were recognized for the second consecutive year by the President’s Higher Education Community Service Honor Roll.

As I look back over the past five years, the changing landscape of our campus is a tangible indication of transformation. Since 2008, Old Dominion University has completed or started some $325 million in capital projects.

The greatest harbinger of success, in my opinion, is the support of external constituencies.

Since 2009, the Virginia General Assembly has increased its support of Old Dominion University by nearly $30 million. Private support of Old Dominion has been tremendous as well. We’ve raised close to $100 million in gifts and commitments, including 21 gifts of more than $1 million each, and are committed to pursuing another $200 million-plus in private gifts and public funding over the next four years to support new goals.

One such initiative is to develop an entrepreneurial curriculum geared to students across all disciplines.

I am thrilled to announce that our vision is also that of alumnus Mark Strome and his wife, Tammy, who at the time of publication announced a $10 million gift for entrepreneurship. In addition to creating courses, the gift will help establish an entrepreneurial center and co-curricular programming, and cultivate a culture of entrepreneurship on campus. You can read more about the Stromes’ visionary gift online at odu.edu and in the next issue of Monarch magazine.

–John R. Broderick, President
Old Dominion University
FOLLOWING UP ON ARTICLES FROM PAST ISSUES OF MONARCH MAGAZINE

ODU and Virginia Aquarium
Open New Eelgrass Test Facility

When we last checked in on the ocean-acidification eelgrass study of Old Dominion University oceanographers Richard Zimmerman and Victoria Hill (“Unique Eelgrass Study,” Spring 2012), they were doing preliminary research in a laboratory on campus and looking forward to a day when their project would have its own tank farm on the grounds of the Virginia Aquarium & Marine Science Center.

That day arrived in June, and already the researchers are getting results that suggest good news for coastal waters such as the Chesapeake Bay where seagrasses have fared very poorly over the past five or six decades.

The elaborate research facility is on a quarter-acre plot along the aquarium’s Nature Trail on Owls Creek. It includes 20 computer-regulated, 3,000-liter tanks, each holding saltwater and a half-dozen trays filled with sandy soil planted with eelgrasses. Zimmerman, professor of ocean, earth and atmospheric sciences (O E A S), is leading the project, funded by a National Science Foundation grant of $1 million. Hill, an O E A S research assistant professor, is co-principal investigator along with Mark Swingle (M.S. ‘80), the aquarium’s director of research and conservation.

The central facet of the study is a test of how eelgrass grows in waters with heightened acidity. The acidification of the oceans comes from increased amounts of carbon dioxide in the atmosphere — much of it put there by the burning of fossil fuels. Carbon dioxide is absorbed by the waters and when it dissolves, it creates carbonic acid.

“Acidifying the oceans is generally considered to be a bad thing,” Zimmerman says, “but perhaps not so for eelgrass, he is quick to add. “There’s evidence here that eelgrass may actually benefit and thrive in an acidified ocean.”

Preliminary work in the ODU labs, as well as computer models, predicted this winner status for eelgrasses, and the testing done so far at the aquarium site seems to back up the hypothesis. “The early returns? Eelgrasses like carbon dioxide,” Zimmerman says.

Not only does the rate of growth increase in step with the amount of carbon dioxide that the researchers pump into their tanks, but also the extra dose of carbonation seems to help the eelgrasses withstand warmer water temperatures, which are predicted with global warming.

Most of the eelgrasses in the test are sourced from the Eastern Shore of Virginia, but, in cooperation with scientists in Washington state, Zimmerman also has dedicated one of the tanks to a test of Puget Sound eelgrasses. “These are plants that have never been in water much over 50 degrees, and it’s getting up to 85 degrees in this tank. Nevertheless, we’re finding that the Puget Sound plants are responding in an awful lot like Virginia plants.”

Murky, polluted water has devastated the eelgrasses of the Chesapeake Bay. This destroys habitat for creatures such as crabs and immaterial “dead zones” in which oxygen levels are too low for fish to survive. Eelgrasses like all photosynthetic species require the right conditions to thrive.

Zimmerman points out that no matter what steps are taken to reduce carbon dioxide emissions worldwide, the amount is sure to rise in the near term and bodies of water such as the bay are sure to gain in acidity. If the acidification could help bring a return of eelgrass to the waters, a balance could be reached to keep the acidification from becoming dangerously high.

A Distinguished Alumna Wants to Share ‘The Force’

When writer Zelda Lockhart received her Distinguished Alumni award last year from the Old Dominion University Alumni Association (Winter 2013, and also see “Writing What Is Real,” Summer 2013), she made an unusual acceptance speech. Actually, it wasn’t a speech at all. Lockhart sang a song she first heard when she was a student living in Virginia Beach, “Fed by the Force” by Sonja Bird Yancey.

In introducing the song at the awards banquet, Lockhart said the lyrics remind her of the same focus that many of her mentors have had “on prosperity as opposed to disparity.” The song ends with these lyrics:

I have considered the lilies growing in the fields.
Their garments so perfect, their beauty full revealed.
We are fed by the force that determines all life.
Consider we’re all lilies free from our own strife.

Now Lockhart wants to share the force by mentoring writers. This summer, she opened Lavenso Press Studios on a rural tract she owns near Hillsborough, N.C. The mission of the facility is “inspiring women to self-define through writing and publishing.”

“This combines my efforts as a publisher, and teacher of writing,” Lockhart says. “A host of workshops on writing fiction, poetry, memoir, songs, screenplays and plays will be facilitated by me and by guest artists. Twice each year the studios will also host a Writers’ Intensive and Gallery and a Summer Front Porch Stage and Gallery, both open to the public.”

Her first workshop for young women writers was held in July.
FROM the 1930s to the early ’60s, a small, unpretentious college snack bar met the gastronomic needs of Old Dominion’s students. Known for most of that period as Bud’s Emporium, Bud’s Place or simply Bud’s, the eatery was the social gathering spot for the Norfolk Division’s small population, where students as well as faculty members could chow down on burgers and sandwiches, and linger for conversation or a game of cards. Bud’s, which started out in the old Larchmont School building, later moved to the Administration Building (now Rollins Hall) and still later to a new addition at the back of the Science Building (today’s Spong Hall). With the school’s transition from a two-year division of William & Mary to an independent, four-year institution in 1962, followed by the addition of its first residence hall two years later and the opening of Webb University Center in 1966, campus dining was one of many services that evolved to meet the needs of an ever-growing student body.

Today, Monarch Dining, the university’s Aramark-run dining services, serves close to 100,000 meals a week at a dozen or so venues throughout ODU’s 251 acres, from the Legends café in Whitehurst Hall at the west end of campus to Raising Cane’s, a national-chain “chicken fingers” restaurant, located a block east of Hampton Boulevard in the University Village. Students these days can even use their meal cards to buy sandwiches, pastries and drinks in Perry Library and the Batten Arts and Letters Building. In the middle of all these and other dining options is Café 1201, the 450-seat venue in Webb Center, ODU’s student union.

With the marked growth in the number of ODU’s resident students (today, nearly 5,000 students reside on campus and another 2,000 live within walking distance), keeping them fed and coming back for more – as well as offering an extensive catering service – has turned into a major operation for the Aramark staff. Today, Monarch Dining has 24 managers and 500 employees, including about 140 students who work part time. It is a far cry from the school’s humble dining origins.

Bud’s Place

In its first academic year, 1930-31, and for the next few years, the Norfolk Division consisted entirely of the old Larchmont School building, situated at the northwest corner of Hampton Boulevard and Bolling Avenue. A small snack bar served the first class of 206 students from the basement corridor of the facility, later moving its operation into Room 1. As one 1931 student recalled in the 2000 ODU history book “Old Dominion University: From the Great Depression to the New Millennium,” students could purchase a tomato sandwich for a nickel – “real thin bread with lettuce and tomato and mayonnaise.” Those who wanted more of a meal could walk across the street to the new Larchmont Elementary School to dine in the cafeteria there.

Bud’s would become the watering hole for the early Norfolk Division crowd, though, and years later it was still going strong. The late Wells Gresham ‘42, in a December 1980 Alumnews
Bud’s Legacy

First there was Bud’s Place, pictured here in different years and locations on campus. The popular hangout served Norfolk Division students for three decades. Students flocked to Bud's before, between and after classes for food, conversation and cards. “It was just the place to be,” says Betty Lou Parker Weaver, ‘63 of Chesapeake, who further noted: “That was our fast food.”

WWW.ODU.EDU

Photos courtesy of the University Archives

After a decade and a half of catering to students and becoming an institution in its own right, Bud’s Emporium moved in 1945 to the Administration Building, where the following year its wooden booths became crowded “with men for a change” as veterans of World War II spiked enrollment. James Sweeney, associate professor emeritus of history, noted this development in his 1980 book “Old Dominion University: A Half Century of Service,” adding that with its new booths and counters, “Bud’s remained the most popular student gathering place.”

The snack bar, which at times doubled as a bookstore through the years, continued to dispense soft drinks, burgers, sandwiches and school supplies. Following Bud’s death, students dedicated the yearbook to him. An inscription in the Voyager recalled the sign he posted biannually: “During Examinations Blotters, Ink, Aspirin and Sympathy – Free.”

Current Harrisonburg, Va., resident Betty Lou Parker Weaver ’63, in a 1979 taped interview with Sweeney for the library archives, recalled her days as an active student and Bud’s patron. The former cheerleader, chorus member and field hockey player called Bud’s Emporium “the best single place in all of college,” and added, “Everyone went there between classes. Mostly conversation and/or a good bridge game were its charms. And I spent many a happy hour in a booth at Bud’s with friends.”

Bud’s moved again, in early 1957, next door to the first floor of a new addition to the Science Building, where the school’s first cafeteria also opened its doors on the floor above. Betty Lou Parker Weaver ’63 of Chesapeake, who was editor of the yearbook, patronized both dining facilities. She recalled the “wonderful group of ladies” who worked at the cafeteria, and characterized Bud’s as the school’s “social mecca.”

“Hat was neat was that in Bud’s and in the cafeteria, the professors all came as well, so you got to know your professors in social ways other than just seeing them walk by,” she said. “Bill Whitehurst was the most marvelous history professor there ever was, so you loved it when you got to sit at his table and chat with him.”

Students now had the option of eating hot-plate meals, complete with vegetables and fruit, in the new cafeteria, but Bud’s remained the hangout of choice, where they could eat in a casual atmosphere, smoke cigarettes – and even drink beer. Weaver remembers the fraternities having their official beer steins sitting on a shelf at the snack bar, and drinking her first beer there. “It was a nice place to eat, whether you got breakfast or lunch. That was our fast food.”

“It was just the place to be. If you had a break between classes, you went to Bud’s and you sat around and played bridge or talked. We solved all the world’s problems as we sat there – college kids think they can do that – and we talked of the great futures we were going to have.” Weaver retired in 2002 after a fulfilling 39-year career of teaching government at Chesapeake’s Indian River High School.

Webb Center Dining

The opening of Old Dominion’s first dormitory, Rogers Hall – with its own cafeteria – the year after Weaver graduated, along with the subsequent debut of Webb Center in 1966, spelled the end of Bud’s and the Science Building cafeteria, as the once small, two-year institution continued on a trajectory of growth befitting its recently acquired status as an independent, four-year school.

For nearly five decades now, the Webb Center cafeteria has provided ODU students in a very literal sense, food for thought. “It was a place to work with classmates on homework and projects, discuss class lectures, tutor each other, talk about employment (while in school and future) and keep up to date with each other,” recalls Bill LaBelle ’89, of Suffolk. As for the food, he remembers meals ranging in quality from “excellent to ... ‘This is what?’”

Since the Webb Center expansion in the early 1990s, the cafeteria has grown in size piece, shared this memory of Bud’s: “Classes were also held in the Old Larchmont School building, where teachers strained to lecture over music rising from Bud’s basement snack bar. When a favorite selection – anything by Artie Shaw, Benny Goodman, Tommy Dorsey or Glenn Miller, ‘Song of India; ‘Don’t Sit Under the Apple Tree with Anyone Else but Me’; the Andrews Sisters’ ‘Drinking Rum and Coca-Cola’ – played on the juke box, students turned up the volume control.”

Audrey T. “Bud” Paul, who had enrolled at the Norfolk Division in 1933, a year later became manager of the snack bar that would soon bear his name. A favorite figure on campus, Bud ran the eatery until his death in 1948. Besie Charity, a longtime support staff member who had worked at Bud’s in the mid-1930s, helped run the lunch counter for a period following his death.

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Since the Webb Center expansion in the early 1990s, the cafeteria has grown in size
and undergone various renovations. In recent years, it has upgraded its menu options and even adopted a trendier name, Café 1201. Essentially, though, the dining facility has operated out of the same location since Webb Center was built.

“It’s not common for a college or university’s major residential dining facility to be part of the student center – it’s more the exception than the rule,” said Sue Mitchell, Webb Center director. “It’s not an old model, just a different model, and one that’s part of our culture. We have 80,000 visitors a week in Webb Center during the academic year. I can’t tell you how many of them eat here, but having a large residential dining complex in Webb Center is the most significant traffic driver there is.”

Janet McLaughlin is the resident district manager for Aramark, which has run ODU’s dining services since 1995. When she arrived at the university in 1999, the food services operation was feeding, on average, no more than 5,000 people a week. Today, that number is approaching 100,000, and a large number of these meals are being consumed in the Webb Center’s Café 1201. The café is particularly packed during activity hour on Tuesday and Thursday, and just as they have done for years and years, fraternities and sororities have their traditional tables staked out, where members gather to eat and talk.

Today’s ODU students have numerous options for dining, in addition to Café 1201. In Webb Center alone there is also the House of Blue, a small food court that offers a variety of eateries, including Pizza Hut. Also located in the student union are Chick-fil-A, Subway and Starbucks, all of which do a booming business.

A forerunner of these establishments was the Rathskeller, a student bar that opened in a back corner of the building in 1979. Serving hamburgers, sandwiches and french fries, as well as beer on tap, “the Rat” was envisioned as a quieter, more relaxing alternative to the more raucous bars on Hampton Boulevard. It proved to be a relatively short-lived experiment, however, doomed chiefly when the U.S. set the legal drinking age at 21 in 1984.

The Rat closed its doors in 1988, and its contents were auctioned off.

For staff members of the Mace & Crown, in particular, whose offices were just upstairs in Webb Center, the Rathskeller was a convenient place to hang out and de-stress after meeting their deadlines. “I fondly remember going down to the Rat on Friday afternoons,” recalls former sports editor Forrest “Skip” Williams ’83, of Virginia Beach. “I remember the Rathskeller being a little more upscale than the 4400 Club and Friar Tucks. Plus, you didn’t have to go outside and play in traffic to get to it. It wasn’t as rowdy as the other places. It was a great place to get a beer.”

As college dining service operations have learned over the years, trying out new things is important when catering to the changing desires and tastes of students. A few years ago, Café 1201 transitioned to an all-you-care-to-eat facility. The meal cards that students (or their parents) now purchase can be used not only in Café 1201, but also in other Aramark dining facilities in Webb and across the campus.

Students enjoy glasses of beer with their food at the Rathskeller, a student bar that opened in a back corner of Webb Center in 1979.

PHOTO COURTESY OF THE UNIVERSITY ARCHIVES
The food that’s served in Café 1201, Rogers Café and Legends today is a far cry from the often derided, “institutional” cafeteria fare of yore. Burgers, pizza and fries are still favorites among the college crowd, but many of today’s students are savvier about food and nutrition. The ODU dining facilities have increased their vegetarian and vegan options in the last couple of years, and this fall Café 1201 opened a new gluten-free station. Also debuting this semester is a pasta machine, where students can watch one of their favorite foods being made. As McLaughlin notes, “It doesn’t get any fresher than that.”

Trying to satisfy all of their customers is an ongoing challenge for McLaughlin and her staff, though.

“If people are coming in to the same places and eating the same food, you’re going to have a challenge with monotony. So the focus for us is introducing what we call monotony breakers. As an example, we will have international nights, and bring in someone to make sushi or Thai food – just to make it fun,” McLaughlin said.

Trying to satisfy all of their customers is an ongoing challenge for McLaughlin and her staff, though.

“I talk to a lot of students, and I get hugs from a lot of them. If I’m off or whatever, the next day or two, they’ll say, ‘Where were you?’ And that makes me feel good.”

-Ruby Milteer, dining facility supervisor

The food that’s served in Café 1201, Rogers Café and Legends today is a far cry from the often derided, “institutional” cafeteria fare of yore. Burgers, pizza and fries are still favorites among the college crowd, but many of today’s students are savvier about food and nutrition. The ODU dining facilities have increased their vegetarian and vegan options in the last couple of years, and this fall Café 1201 opened a new gluten-free station. Also debuting this semester is a pasta machine, where students can watch one of their favorite foods being made. As McLaughlin notes, “It doesn’t get any fresher than that.”

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Michele Darby in dental hygiene and her husband, Dennis Darby in oceanography, have served with distinction on the faculty of Old Dominion since 1974, so it was with great gratitude and no small amount of sadness that the university accepted their decisions in spring 2013 to retire.

But even though their days in the classroom are over, both say they have professional goals they will continue to pursue. Michele retired as Eminent Scholar, professor and chair at ODU’s Gene W. Hirschfeld School of Dental Hygiene and simultaneously learned that she would receive one of the nation’s highest honors in her field. The American Dental Hygienists’ Association at its annual meeting in June presented her with the Lifetime Achievement Award brochure. “She is such a big part of ODU that you can’t separate them. When you think of the roles of the dental hygienist and how these have evolved over the years, Michele has always been at the forefront as an advocate, researcher, educator and administrator.” McCombs is a professor, graduate program director and director of the Dental Hygiene Research Center at the Hirschfeld School.

Dennis, who is an expert on the Earth’s ancient climate, most notably as revealed by layers of sediments beneath the Arctic Ocean, retired as professor of oceanography and director of ODU’s Sedimentology and Electron Probe Microanalysis Labs. One of his research breakthroughs was reported last year in the prestigious journal Nature Geoscience. It involves the discovery of a clear, 1,500-year cycle in the Arctic Oscillation (atmospheric pressure fluctuations), which could be driving extreme weather in recent years in the Northern Hemisphere.

“I can detect climate patterns by analyzing grains of iron in core samples taken from deep beneath the ocean’s floor. Each layer of the core sample may have different sediments reflecting the grains that settled to the bottom at a particular time in history. A fingerprinting method Dennis developed for linking these grains to the land mass from which they originated tells him a lot about the climate patterns that moved the grains (typically on ice rafts, sometimes a thousand miles or more) to where they eventually settled to the bottom.”

One of the most expensive research instruments on the ODU campus, a $1.2 million electron probe microanalyzer that Dennis secured for the university via a National Science Foundation (NSF) grant, has enabled him to sift through climate clues dating back 100,000 years or more. His goal has been to chart natural climate cycles, and to determine how those cycles may be understood separate from random climate changes that scientists believe are caused by human-made atmospheric pollution.

“Dennis and Michele have each contributed enormously to their respective disciplines,” says ODU Provost Carol Simpson. “In addition, Michele led the Hirschfeld School of Dental Hygiene for many years, helping it become one of the finest schools of dental hygiene in the country, even extending its reach internationally. Dennis was instrumental in bringing the Department of Ocean, Earth and Atmospheric Sciences its renowned international stature. Together, they are a formidable team and we will greatly miss their contributions to Old Dominion University.”

Michele is known throughout the world as a textbook writer and an ambassador for oral health education. One of her texts, “Dental Hygiene Theory and Practice,” is soon to be released in its fourth edition, and her “Mosby’s Comprehensive Review of Dental Hygiene” is in its seventh edition.

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Professor Darby was charismatic, driven and a visionary,” says one of her former students Lynne Slim ’77 (M.S.D.H. ’79), who today is CEO of Perio C Dent, a dental
Below, Dennis in the Arctic and Michele in Jordan.

practice management company based near Atlanta.

Slim wrote those words in a tribute to Darby that appeared in July in RDH (registered Dental Hygienist) magazine.

Greg Cutter, a chemical oceanographer on the ODU faculty who is a longtime friend of the Darbys, said that at his wedding a few years ago in western Virginia, he chatted with a young woman who was studying dental hygiene at a local college and was using one of Michele’s texts. “When she discovered that Michele and Dennis were there, she couldn’t wait to meet Michele—sorry, Dennis! I simply cannot say enough about Michele’s contributions to our university and the global community.”

Michele also was known as a tireless promoter of dental hygiene globally. She has lectured throughout the Middle East and both Eastern and Western Europe. In 2010, as a Fulbright Scholar, she spent six months in Irbid, Jordan, at the Jordan University of Science and Technology to help raise standards of education and practice.

She received the Outstanding Faculty Award in 1993 from the State Council of Higher Education for Virginia.

“Our responsibility has been to create opportunities for those we work with,” Michele says, and also “to expand dental hygiene research, scholarship, and participation in the formation of public policies that facilitate access to dental hygiene care.”

Her global interests, she adds proudly, have helped to spur Hirshfeld School’s international collaborations (Nicaragua, Germany and Jordan). “Carrying out these responsibilities requires a steadfast commitment to these partnerships, and this has been one of the hallmarks of the School of Dental Hygiene.”

Dennis also attended University of Pittsburgh in the late 1960s that is where he received bachelor’s and master’s degrees in geology before earning his doctorate in geology and oceanography at the University of Wisconsin, Madison. That is also where he met Michele. “We met as students at Pitt, on a blind date. Who would have guessed that it would have resulted in 41 great years of marriage and still counting,” he says.

Dennis says he will continue to be active in research projects and as an adviser to graduate students. “While I have conducted many interesting research projects, there are still many fascinating projects beckoning,” he says.

“As I step away from the classroom, I plan to spend as much time as possible with current and new graduate students for the advancement of Arctic paleoclimate and sea ice research.”

Richard Zimmerman, a colleague of Dennis’s in oceanography and a former chair of the department, said, “Dennis Darby has had a tremendous impact on education and research in ocean and earth science at ODU. He was conducting cutting-edge climate science long before it became the focus of public attention, and has been a leader in the area of Arctic climate research for more than 30 years. We all hope he will continue to serve as an active emeritus member of the OEAS faculty for many years to come.”

Cutter noted that Dennis led one of only two trans-Arctic scientific expeditions ever conducted, the HOT R A X cruise using the U.S. icebreaker Healy and the Swedish icebreaker Oden in 2005. “With his retirement ODU is losing a dynamic and innovative teacher, but the wider oceanographic community is also losing a leader, so we hope that he’ll continue to study the Arctic at least as a hobby.”

Michele says she has several writing projects ahead of her, but for the near future she wants to spend more time with family. The couple has two children, son Blake, who has a Ph.D. in engineering, and daughter Devan, a physician.

Sanderlin Named Human Resources VP

September Sanderlin was named in June as Old Dominion University’s vice president for human resources following a national search. As vice president, she will lead a 22-person department and serve as a strategic partner on the President’s Cabinet. Sanderlin, who has more than 26 years of human resources experience, has been at the university since 1997 and has served as acting vice president since April 2011.

Throughout her tenure at ODU, Sanderlin has developed and administered a number of organizational initiatives, including departmental restructuring, strategic planning, assessments, conflict resolution and team-building workshops. Sanderlin directed the administration of the Chronicle of Higher Education’s “Great Colleges to Work For” survey, which led to ODU’s being named to its honor roll and as a “Great College to Work For” for the second consecutive year.

“With her institutional knowledge and perspective as an alumna, former classified employee, administrator and member of the leadership team, September has built and sustained positive and collaborative relationships throughout every division,” said David F. Harnage, chief operating officer, who announced her appointment. “She is adept at balancing both the human aspect and business needs of the university to ensure that Old Dominion remains a top university and a great place to work.”

Sanderlin holds a bachelor’s degree in sociology from Mary Baldwin College, a master’s in occupational and technical studies from ODU and certification as a Senior Professional in Human Resources.
Where do big ideas come from? Can students be taught to think outside the box? Is coming up with a big idea enough, or is it just as important to know how to communicate it? Nikos Chrisochoides, ODU’s Richard T. Cheng Professor of computer science, decided last year to develop a 100-level seminar to explore those questions.

He titled the seminar “Computers in Health Care,” appropriate enough for a course offered through the Department of Computer Science in conjunction with the ODU Honors College. But Chrisochoides wanted to attract students with a variety of interests and career goals, and the six students he recruited for the spring 2013 seminar are focused on biological sciences, psychology, business and physical therapy.

Chrisochoides is an outside-the-box thinker himself, known internationally for his expertise in medical imaging computing. Last year, he was elected a Distinguished Visiting Fellow of the Royal Academy of Engineering in the United Kingdom, which cited his contributions in “exascale mesh generation and runtime systems for medical imaging.” If a computer scientist can think up ways to revolutionize brain surgery, why can’t a freshman biology student at ODU do some creative thinking along the same lines? As Chrisochoides points out, rapid changes over the past half century in computing – how it’s done and what it’s used for – go a long way toward defining the “disruptive technologies” that create new products and services, and create excitement in the marketplace.

Chrisochoides has nothing against ideas that fine-tune an existing product or service, the so-called “sustaining” innovations. Nevertheless, the real fun, he says, comes from forking off from the main road in order to spark ideas that are audacious, yet obviously useful and efficient, and able to overwhelm the technology that came before it. That is what “disruptive” means.

From Scuba Gear to Stethoscopes

Illustration by Sam Hundley
When students veer off the road more traveled, Chrisochoides believes they should be guided by their own interests and backgrounds, not his. He asked the four young men and two young women in the seminar to think of a nonmedical technology that fascinates them, and then to “cut and paste” that technology onto a challenge currently facing health care. Could the two seemingly unrelated sides of the proposition produce a new and disruptive technology?

David Jones, a freshman from Waynesboro, Va., who is studying marine biology, is a certified scuba diver, which led to his project, “Diving into Disruption.” He wondered if his background might suggest some solutions for the treatment of chronic conditions, which are responsible for close to 75 percent of health care expenditures in the United States. These conditions include arthritis, asthma, diabetes and dementia.

Jones says he has long admired the business model for dive centers, which control most of the dive gear sales, scuba training and even diving tourism in the country. The innovations of the dive centers include 1) standardizing instruction, taking over from the Navy, which trained most of the early scuba divers; 2) focused sales of equipment in a field where knowledge of the sales staff is very important; and 3) group rates to allow for discounted travel to exotic diving locales.

“What if we could have a chronic condition center based on the dive center model?” Jones asks. Currently a single medical facility usually treats a variety of chronic conditions. “What if exams and treatment for one chronic condition happened under one roof?” Jones believes new efficiencies and therapy solutions could come from this model.

To demonstrate, Jones focused on chronic respiratory conditions such as asthma and chronic obstructive respiratory disorder (COPD). Just suppose, Jones suggests, that instead of visiting their physician’s practice regularly, respiratory patients entered cost-efficient training programs to learn effective self-management techniques. Imagine if these patients could patronize compact chronic condition centers with low-cost personnel and economical tools and services for managing their unique condition. Consider the benefits of chronic condition centers organizing group trips to distant hospitals for special operations, mimicking the scuba tourism packages of dive centers.

Jones and his classmates were required to give a PowerPoint presentation about their projects and write a final project paper. If Chrisochoides seems demanding in the realm of creative thinking, he is also a taskmaster when it comes to the presentation of ideas. “You must be able to sell your idea,” he says. “You must have a professional presentation.”

“His freshman seminar has been one of the most unconventional, yet invaluable, courses I have taken in my two semesters at Old Dominion,” Jones wrote in an email after the semester had ended. “Dr. Nikos knows that excelling in the worlds of science and business demands more than just good grades. The seminar has been a highly rewarding experience, equipping me with the skills to be an innovator in my future career.”

Julianne Osborne, a freshman from Yorktown, Va., who is interested in both psychology and biology, wondered if the research path that Du Pont followed in the 1930s to create the synthetic fiber nylon might provide tips to scientists today who are creating synthetic DNA.

“When the class started, I felt like I had no idea what was going on,” Osborne admitted. “After a few classes, I became more and more comfortable. Before this class, my critical-thinking skills were very subpar, but after this class I definitely feel that my skills have greatly improved.”

For Shanice McRae, a junior from South Hill, Va., her studies in biology and physical therapy have led her to believe that computing really does offer solutions for medical recordkeeping, even though electronic records so far have not necessarily improved the quality of health care. She suggested in her project that a patient’s health records could be compiled in a fashion similar to the open encyclopedia format of Wikipedia. In other words, all of a patient’s caregivers would have access to a single record for the patient, to read what’s there or make entries. Wikipedia’s experience with eliminating inappropriate postings or edits would come in handy, she says.

“I really enjoyed Professor Chrisochoides’ course,” McRae wrote in an email. “Not only is this class challenging, but also it gave me a great sense of involvement with my education. It’s very easy to get used to taking courses where the content, assignments and research you complete are already selected for you, but with Professor Chrisochoides’ course I was able to decide some of the content and research, and this made the course exciting and engaging.”

Chrisochoides said he hopes to repeat the seminar at some future date because he has been encouraged by the positive reaction of the students and the chair in computer science, Desh Ranjan, and assistant chair, Janet Brunelle. He also said the course would not have been possible without the backing of Chris Platsoucas, dean of the College of Sciences, and Carol Simpson, ODU provost.

Said Simpson, “I am delighted that Professor Chrisochoides volunteered to offer this seminar. Having students from different disciplines work in very small groups with an endowed professor is a wonderful experience for them.”
‘Sweet and Difficult’ Memories In Luisa Igloria’s New Collection

Poet Luisa Aguilar Igloria mines life in her native Philippines for the poems in her new “The Saints of Streets.” The collection is described by the publisher, University of Santo Tomas Publishing House, as populated by “hungry ghosts, mullahs, would-be assassins, carnival queens, Hell Girl, Dante riding Geryon’s back, and a host of other figures (who) guide us through the dioramas and exhibits of personal and collective memory.”

Since November 2010, Igloria, an Old Dominion University professor of English and author of the award-winning collection, “Juan Luna’s Revolver” (2009), has challenged herself to compose at least a poem each day as a writing exercise. In August, this portfolio reached 1,000, coinciding with the publication of “Saints,” which includes some poems from among the 1,000.

Igloria recently completed her first term as director of the M.F.A. creative writing program (See M.F.A. Poets, page 18) and says the pressures of that position, coupled with being a full-time mom, challenged her ability to write regularly. “It’s hard to squirrel away time for your own interests,” she said. “Between then and now, I’ve been trying to find the dedication, discipline.”

A shift occurred over Thanksgiving break 2010 when Igloria was “stuck” in her writing and inadvertently stumbled upon the work of Dave Bonta, a conservationist and birder who writes about nature-related topics on his micro blog “The Morning Porch.” That day, Bonta had written about a woodpecker, and he used the word “pawl” to describe its ratcheting motions in a tree. Igloria borrowed the word as a trigger for a poem and then found herself going back to the blog each day to see what else he had written.

“I began to see some topics were really quick ways to get into a snippet of writing. I used them as prompts and then he started noticing,” she said of Bonta. “Part of it, too, is the exercise it provides. Working with the voice in your head, the ego, that tells you, ‘what the heck are you doing this for?’ Unself-consciousness is really a great way to flex up writing muscles. It gave me a way to realize that I could actually clear time every day and do this.”

“Saints of Streets” wins praise for poems that are at once engrossing and mysterious. Bino A. Realuyo, the Filipino novelist and poet who authored the prizewinning “The Gods We Worship Live Next Door,” wrote: “In poem after poem, Luisa Igloria deftly reminds us of the relevance of an art form at the shore of irrelevance, where the water writes what it erases, then writes again.” The erased—hungry ghosts, Pigafetta, the Saints, Yamashita, and Filipino public figures long-forgotten—find their memories re-lived in Igloria’s poetic timeline.”
Gary Schanbacher grew up in Norfolk and studied economics at ODU (M.A. '72) and the University of Colorado (Ph.D. '81) before making a career in industry and academia. But it has been as a fiction writer that he has made a name for himself in recent years, first via a collection of short stories, "Migration Patterns," for which he won a PEN/Hemingway honorable mention, the Colorado Book Award and the High Plains First Book Award. In June, Pegasus Books published his first novel, "Crossing Purgatory," and the critics are betting it won't be his last.

"Crossing Purgatory" unfolds in the American West of the late 1850s and even has the shoot-'em-up action that readers expect from a cowboy tale. Nevertheless, the author's graceful prose and classical storyline lift this far above pulp fiction. Thompson Grey, the protagonist, is the son of a prosperous Kentucky preacher, and his fate as a young husband and father rivals that of the Biblical Job.

The American frontier of this period is a fertile setting for character studies. Although the folks moving West are products of a civilization familiar to us, they live with few, if any, safety nets -- no neighborhood cops, no emergency rooms, no soup kitchens. In these circumstances, the Seven Deadly Sins can actually be deadly. Thompson Grey makes some unfortunate decisions, reaps horrible consequences, and then sets out running West, wracked with guilt. He eventually gets to the Purgatoire River (aka Purgatory) in southern Colorado, from which the title comes.

The main character finds some peace in the end, but that's not giving away much about the plot.

"Schanbacher is a gifted writer whose prose is always elegant, whether describing the land, a winter storm, or the inner life of his characters," wrote a Booklist reviewer. "This is an intense and emotionally stirring saga."

William Haywood Henderson, author of the novel "Au- gusta Locke," says of the book, "There is something mythic in the language, capturing the vast emptiness and ever- looming danger of the American West 150 years ago. Schanbacher effortlessly channels history while exploring conflicts of the heart that ring just as true today."

Schanbacher said via an email that he often visits Hampton Roads and has been struck by how "vibrant and forward looking" ODU is today: "I'm so impressed by the evolving campus and by the attractive community growing around it."

In his teaching and writing, D.E. Wittkower, ODU assistant professor of philosophy, strives to bring philosophy back into the public dialogue. To do that, he has given us all homework.

The assignment does not involve in-depth analysis of the writings of Nietzsche, Kierkegaard or other great philosophers. Instead, in his new book "The Philosopher's Book of Questions and Answers," Wittkower encourages readers to think about everyday questions -- like "Could your work life be scheduled to give you more freedom?" and "Why is God telling you how to act?" -- through a theoretical philosophy framework.

The book includes worksheets where readers can write the answers that best reflect their thoughts about each of the questions posed. Then, referencing the scholarly work of philosophers like Epicurus (on the subject of wealth) and Plato (for whether religious texts are God telling us how to act), Wittkower explains how theories of the famous philosophers are applicable to everyday dilemmas and entertaining questions.

Wittkower addresses a wide range of topics, sometimes pressing and sometimes quirky, including why evil exists, whether we can tell if we're actually computer simulations, how "intelligent design" is different from science and how we are able to hear a series of notes as a "melody."

"Do You Think Like a Philosopher?"
By D.E. Wittkower

"Contemporary Latin America: 1970 to the Present."
By Robert Holden and Rina Villars

Ho lden, professor of Latin American history at ODU, and his wife, Villars, who has been an ODU lecturer, paint a broad picture of the epochal political, economic, social and cultural changes in Latin America over the last 40 years. Although they focus on Brazil and 18 countries formerly in Spanish possession, the text also provides a valuable comparative view of non-Iberian areas of the Caribbean.

"Since the late 1970s," they write, "the central tendency of Latin America's history may be summed up in one word: "liberalization." In this respect, its history matched the general trend of world history during the same period in favor of openness and personal freedom in practically every realm of human experience. ... Of course, neither on a world scale, nor at the regional level of Latin America, nor at the level of individual countries, did liberalization proceed in a linear, consistent, orderly or predictable way. Nor can it be said that liberalization is irrevocable or inevitable; indeed, resistance to it in all its forms has been easy to find in Latin America ever since the trend emerged in the 1970s.

The book includes analysis of recent developments in Latin American music, literature and cinema in women's issues, in the fate of indigenous peoples, in economic growth and disparities and in education.

Holden has written extensively about Latin America and constructed and maintains the ODU history department's Central American Political History Database at http://al.odu.edu/history/central.
M.F.A. Poets Are ‘BURNING IT UP’

Awards and Recognition Put Program in National Spotlight
This year, several former and current students helped to put ODU’s 19-year-old Master of Fine Arts in creative writing program into the national spotlight. Most notably, Natalie Diaz ’00 (M.F.A. ’06) won the 2013 Pushcart Prize, one of the most prestigious awards in the poetry world. Three other young ODU-educated poets won top awards from prestigious literary journals.

“At a national level, that’s going to give our program more credibility. That puts us on the map. People will take notice,” says poetry faculty member Tim Seibles, who had a banner year himself. He was one of five poetry finalists for the National Book Awards, solidifying his reputation as a foremost American poet.

The awards are just the latest evidence of the program’s growing reputation. In fall of 2012, the poetry program was ranked 50th of 151 full-residency programs by AWP, the Association of Writers and Writing Programs. “Our poets are burning it up,” says M.F.A. program director and poet Luisa Igloria, who has won nearly two dozen awards, including the Palanca, the Philippines’ highest literary prize and the 2009 Ernest Sandeen Prize. Her latest collection, “The Saints of Streets,” was published this summer. (See Books, page 16)

The new online ODU literary journal Barely South Review — along with its annual prize — is another sign of the program’s coming of age. Writers published in the journal have been nominated already for the Pushcart, Igloria says.

The accolades promise to attract a larger pool of higher caliber students creating a snowball effect as other talented writers follow, Igloria said. Poetry candidates are already aware of Diaz’s successes and want to follow in her footsteps. After winning the Pushcart this year, based on her first book of poetry, “When My Brother Was an Aztec,” Diaz was awarded a 2013 Native Arts and Cultures Foundation Artist Fellowship for Literature for her work in progress, “Native American Berserk.” The latter work was inspired by Philip Roth’s words “indigenous American berserk,” in his novel “American Pastoral.” In July, she was named one of five finalists for the prestigious 2013 PEN Literary Award in the open book category.

Diaz is the superstar, but over the years ODU’s poets have won dozens of awards, published hundreds of poems in juried literary journals, and signed publishing contracts for chapbooks and short works of poetry. Rebecca Lauren ’07 wrote “The Schwenkfelders,” which won the 2009 Keystone Chapbook Prize. Lauren is published regularly in national journals. Gillian Devereux ’00 has two chapbooks, has been published in numerous journals, and was nominated for a Pushcart in 2010.

The exceptional writers, Seibles says, share certain characteristics. “They are intellectually intense. They have agile and restless imaginations. Their minds roam free and far. They have a passionate interest in language.” They also share a recognition of the mystery of life and the ability to render it in words. “It’s that image in a poem that moves you in a way you can’t explain,” Seibles adds. “It’s that aspect of life that can’t be reduced any further. There’s no explaining it.”

For centuries, we have attempted to define poetry, the Ars Poetica. Yet, when it comes to recognizing good poetry — or poets — there is little disagreement. Every year, ODU graduates about a half-dozen poets with a Master of Fine Arts in creative writing and each year a few more receive national recognition.
Natalie Diaz sits inside her Mohave Valley, Ariz., home on the Fort Mojave Indian Reservation near where she grew up. Her brindled dog Borges, named for Jorge Luis Borges, sits on her feet. When she ignores him, he whistles or chases his tail. He’s part of her writing rhythm. “He helps me stay on a schedule because he needs things at certain times,” Diaz writes in an email. “And, he likes to run with me and lately I write most of my stuff while running.”

Life on the rez, as Diaz calls it, includes a peacock that lives on the corner, a prize cow that gets walked every night and a turkey that chases her down the road. In July, a heat wave that peaked over 110 degrees brought hazardous weather warnings from the National Weather Service. “I live in a desert,” Diaz writes. “The land, the sky, the movement of the sun, the way the heat tolls against everything that tries to live here, are all amazing things that shape my words and rhythms.”

Diaz first came to ODU on a basketball scholarship, after learning to play on the reservation, practicing for hours with her brother, whose addiction to methamphetamines would later be a topic of her poetry. She described herself as a “run-and-gun” type player, a very physical defensive player. After the Lady Monarchs, Diaz went on to play in Europe and Asia, Austria, Portugal, Spain, Sweden and Turkey, while there, she sent some of her poems to a former professor, Tim Seibles, and ended up returning to ODU’s M.F.A. program after she injured her knee.

Here, she says, professors encouraged her to find her own style. “There was no prescription or expectation for me to write like a ‘native writer.’ I was free to find my voice,” she recalls.

Diaz indeed found her voice, as noted by her numerous awards and recognition by The New York Times and PBS NewsHour.

As for her poetic process, it shifts like the desert sands. “My life is always changing – family, language, work, writing, my community, the increasingly effed up world – how could my writing not change? I am always relearning how to listen to myself or reveal myself in my writing,” Diaz says.

And from her Facebook page: “How strange to me that we seem to easily forget the capacity and power of poetry and music to say the unsayable, to bridge the unbridgeable, to slow down the mind enough to hear something beyond our own noise. Poetry belongs in every place. It belongs in every ear. I have many luxuries, and one of the most important is an Elder who has told me there is no word for right or wrong. There is only what you have in you to say. And all you can do is say it. And people will still be hungry. And people will still cry at night. And the dust will still blow. But maybe, just maybe, it will bring rain. True, it might do nothing. And if it does nothing, well, say it until it does.”

Faculty member of the Institute of American Indian Arts (IAIA), Santa Fe, N.M.

2013 “When My Brother Was an Aztec” (Copper Canyon Press)

2013 Pushcart Prize

2013 finalist PEN Literary Award in the Open Book category

2013 Native Arts and Cultures Foundation (NACF) Artist Fellowship for Literature

1997 Played in NCAA championship game with Lady Monarchs basketball team

Natalie Diaz ’00, M.F.A. ’06

Natalie Diaz (center at right) studied in the M.F.A. program with two prizewinning writers, novelist Janet Peery and poet Luisa Igloria. Igloria is the M.F.A. program director.
Why I Hate Raisins

From the book:
“When My Brother Was an Aztec”
By Natalie Diaz

And is it only the mouth and belly which are injured by hunger and thirst?
Mencius

Love is a pound of sticky raisins packed tight in black and white government boxes the day we had no groceries. I told my mom I was hungry. She gave me the whole bright box. USDA stamped like a fist on the side. I ate them all in ten minutes. Too many, too fast. It wasn’t long before those old grapes set like black clay at the bottom of my belly making it ache and swell.

I complained, I hate raisins. I just wanted a sandwich like other kids. Well that’s all we’ve got, my mom sighed. And what other kids? Everyone but me, I told her. She said, you mean the white kids. You want to be a white kid? Well too bad ’cause you’re my kid. I cried, at least the white kids get a sandwich. At least the white kids don’t get the shits.

That’s when she slapped me. Left me holding my mouth and stomach—devoured by shame.

I still hate raisins, but not for the crooked commodity lines we stood in to get them—winding around and in the tribal gymnasium. Not for the awkward cardboard boxes we carried them home in. Not for the shits or how they distended my belly. I hate raisins because now I know my mom was hungry that day, too, and I ate all the raisins.
Christian Gerard holds his new baby, a bottle and cell phone as he paces his Lincoln Park home in Knoxville, Tenn., in cut-off jeans trying to quiet his son. He’s in the last year of his Ph.D. program at the University of Tennessee and hopes to get a job teaching writing.

“I started writing poems when I was in high school,” Gerard recalls. That was before his B.A. from Miami University in Ohio. “I don’t write because I need to,” Gerard says, dropping into a sarcastic deep voice to mock the cliché. “I did it because I liked it and it was a puzzle. It was fascinating.”

Before coming to ODU, Gerard studied under poet James Reiss, and one day Gerard bundled up his poems and took them to his mentor. “He crossed his legs; I crossed mine. I thought writers should cross their legs. He went, ‘Hmm.’ ”

“I thought, ‘This is going to be awesome. He’s going to get in touch with the Pulitzer committee right now.’ After 20 minutes of not speaking, Reiss said, ‘Christian, have you read any poems written after 1600?’ I realized pretty quickly the world of writing was much bigger than I anticipated.”

Gerard came to ODU and was blown away. “Luisa (Igloria) helped me understand what it means to be a poet. Tim (Seibles) didn’t let me get away with anything. He would start a workshop reminding us that not everyone has access to a pen and paper and we need to tell their stories. That blew me away. It still gives me shivers to talk about it.”

Wilmot Here, Collect for Stella; or Soliloquy to a Bartender

By Christian Anton Gerard

Salinger’s a recluse who built a vault for his first amendment rights. He built a life on absence and doesn’t have my number, but I need the way he reaches inside my chest, massages the hurt sponged heart I didn’t know when the girl with gorgeous elbows walked into my life and Stella Amtrak’d to British Columbia. The west is still the heart’s frontier. My Midwest soul is a two bedroom apartment with great neighbors, everyone dreaming of a bigger world, but nobody leaves. We’re scared of big. I’ve set my cell-phone to ring the doorbell sound so incoming calls will feel like someone wanting to come in. Sitting in my skin’s sauna, I forget how to function on the street. I’ve lived too long only looking in the mirror. I’ve lost my glasses on purpose so there’s no out in sight, just the doorbell and me inching around my heart’s chambers for a ghost.
Tara Burke greets her customers with a big smile at Luna Maya, a Latin American restaurant where she waits tables. “It’s where I get a lot of my material,” she says. “There’s so much human interaction.”

Burke finds material wherever she goes. She has traveled to South Africa and Senegal with ODU’s Women’s Studies and International Studies to do in-service work. There, Burke gave voice to a people still struggling to escape the legacy of colonialism and racial divide.

“Usually a subject is calling me – feminist, sexual, cultural,” she says. “I write poems of witness and provocation, using words as activism.”

In the South Norfolk home she shares with her partner and three dogs, Burke references her journal and the notes app in her smartphone. She works from snippets, phrases, imagery. She has tried writing longhand, but goes back to the screen. “I can’t write until I see it on the blank sheet on my computer. It may say something about my age or my relationship with technology. Or, it could be my awful handwriting.”

It is there she revises, hones the words, gleans the meanings. “As a student, I was resistant to revision; now I’m open. I thought I was amazing when I applied to the M.F.A. program and that I was already a poet. I had not yet been humbled.” Her professors challenged her and Burke misses the “petri dish, talking about writing every day,” but says it’s a luxury. “It’s not the way the world is. Most artists are wrestling with big, untouchable ideas: love, hate, connection, consumerism, nationalism, religion. It’s hard. It’s tough to want to say it out loud and have these conversations in art, without coming across as privileged, or preachy. Poetry makes me look at someone’s point of view that I would otherwise dismiss, and makes me realize that we all know things that others will never experience, but we can imagine it through language.”
It's one of those summer afternoons in Norfolk, where the rain has pelted down so aggressively that water is creeping up onto roadways. The commute has been demolished; traffic has slowed to a crawl. But in groups of three or four, a puddle-dodging crowd streams through the loading dock doors of O'Connor Brewing Co., a few blocks from the Old Dominion University campus. It's 5 o'clock here, and the beer is pouring.

In a scene reminiscent of Prohibition, the several dozen patrons grab pints poured from taps on the wall and plop down at unpretentious picnic tables. Music plays loudly. Conversations are shouted across the tables.

These late-day socials at O'Connor have become extremely popular for young professionals in Norfolk. And while the ambience is unmistakable — that is, if you like to sit in the midst of a working brewery while enjoying your pint — the key attraction is the beer itself.

There has been a craft beer boom in Hampton Roads in the past decade, and Kevin O'Connor, owner of this brewery, is one of the leaders. Besides a love of hoppy beverages, many of these local beer pioneers share something else in common — a connection to Old Dominion University.

O'Connor, an ODU business graduate (‘03), tailored his studies to include internships at the former Steamship Brewing Co. in Norfolk, then volunteered at St. George Brewing Co. in Hampton to learn as much as he could about the craft beer industry.

He delivered his first barrel of Norfolk Canyon Pale Ale to nearby Cogan's Pizza in April 2010. It's been breathtakingly hard work — the brewery at times is staffed for 24 hours straight — but O'Connor is thrilled to be part of the craft beer revolution in Hampton Roads. "It's a really exciting time," he says.

O'Connor Brewing produces five regular ales and four seasonal beverages. A deal is being worked out that could triple the brewing space of what has become a Norfolk institution for beer enthusiasts. But for now, O'Connor leads impromptu tours of his facility around piles of hops and barley bags, barrels of yeast and, of course, enthusiastic customers enjoying the rustic vibe. In other words, there are few places that Chris Jones and Diane Catanzaro would rather be.
You might call the married professionals also ODU graduates the “first couple” of Hampton Roads beer. Starting with a first date sipping “Miller Lites across the street from ODU” — Jones says this almost a little sheepishly — Catanzaro (Ph.D. ’91) and Jones ’76 (M.S. ’82) have become ringleaders of the region’s “serious” beer culture.

They attended their first meeting of the Hampton Roads Brewing and Tasting Society two decades ago. Since then the couple has sought out fellow beer enthusiasts with vigor. They’re freelance writers, co-authoring the beer column in Veer magazine.

Jones, an industrial hygienist, also plays harmonica in a band known as the Esoteric Rambler's and points out with more than a little pride that 10 of 13 songs on the group’s new CD, “Keg of Love,” are beer-themed.

But Catanzaro might trump her husband’s love of beer. A professor of industrial and organizational psychology at Christopher Newport University, Catanzaro put her love of beer to the test in 2007, entering the Beerdrinker of the Year competition sponsored by Wynkoop Brewing Co. in Denver.

After making it through an initial, written screening process, Catanzaro was one of three finalists invited to the Colorado brew pub and craft brewery for a showdown.

“We had a beer trivia contest, and we had to try different beers and identify them. It was quite a challenge,” Catanzaro says. She won the competition.

O’Connor isn’t the only ODU-connected brewer in the region. Beach Brewing Co. opened its doors in Virginia Beach in fall 2010, the vision of Justin MacDonald ’08 (M.B.A. ’10). Beach Brewing's Bullhead Brown Ale, Hurricane Wheat and Tigershark Red have made their way into local eateries.

In James City County, Brass Cannon Brewing started serving its Oktoberfest-style beer in mid-2012. Its proprietors — CEO Tony Artrip, president Phil Norfork, and brewmaster Scott Kennedy — met while they studied at Old Dominion University, brewing their first batch of homebrew in 2008, while they were still students.

The footprint of ODU brewers extends far beyond Hampton Roads as well. O’Connor’s former head brewer Jimmy Walsh ’02 now works in a similar role at the Southern Tier Brewing Co. in Lakewood, N.Y. and (see sidebar) ODU business graduate and former varsity Monarch sailor Andrew Oland is president and CEO of Moosahead Breweries, the largest brewery in Canada actually owned by Canadians.

The growth of the craft beer and home brewing culture in Hampton Roads has been so vigorous that Shana Pribesh, a sociologist and associate professor at ODU’s microbreweries along the way and noticed that there were no women brewers.

O’Connor points to the stack of 50-pound bags of barley — they need to be carried up narrow steps by hand to the brewing kettle — as part of the disincentive for women to enter the business. “But you’re seeing it change now,” he says. “For one thing, a lot of the growth of craft beer has been because women are more interested in beer now.”

With the brief tour over, O’Connor takes orders for pints for his ODU-connected beerophiles “Spyhop!” Catanzaro says, ordering the white IPA as soon as the words are out of his mouth. The conversation flows through beer history, industry trends, and changing personal tastes, as a furious game of beer trivia gets the rapt attention of other patrons at the O’Connor picnic tables.

“It used to be that women were the ones who were trusted with the fermenting process, which was so important in early societies.”

-ASSISTANT PROFESSOR SHANA PRIBESH
Having grown up on Canada’s East Coast as an aspiring competitive sailor, Andrew Oland experienced one change right away when he came to Old Dominion. “I went from a sailing season of four or five months a year, to being able to sail 10 months a year. I liked that,” he said.

Oland ’89, who studied business at Old Dominion while sailing for the powerhouse Monarchs, is now president and CEO of Moosehead Breweries, the third-largest brewery in Canada. He is the sixth-generation Oland to lead the company, founded in 1867 in Saint John, New Brunswick. But despite the family legacy in the business, nothing was handed to him or his brother Patrick, now the chief financial officer of Moosehead.

“We have two rules in our family business: you have to work outside the family business first, and you have to earn your way up,” Andrew said. So for three years after graduating from ODU, he worked at a shipyard in Halifax, Nova Scotia.

In 1992, Oland took a position as a foreman in the bottle shop with the family company. “I used to joke that I would have been Laverne and Shirley’s boss,” he said.

Oland moved to Boston with his wife and three kids to earn an M.B.A. from Harvard (1997). Since returning to Moosehead Breweries, Oland has held a number of increasingly senior positions, including sales manager for Nova Scotia, sales director for New Brunswick, Alpine Lager marketing director, and president of Moosehead Quebec. He was appointed president on April 1, 2008.

Oland now heads the largest brewery north of the border actually owned by Canadians. “Business is good. There’s been a real resurgence in the interest in beer with the craft beer movement. And we’re very, very proud of the beer that we make.”

Moosehead Lager, the company’s leading product, is a golden lager with a reputation for being light in body, offering a balance between malt sweetness and hop bitterness. Made from an age-old yeast culture, Moosehead Lager is brewed longer to impart its unique flavor.

You can find Moosehead’s trademark green-labeled beer in grocery stores on this side of the border as well. The company made a concerted effort to court the U.S. market starting in 1978 because it was easier at that time to ship beer to the United States than it was to transport it across provincial borders in Canada. Besides, Oland said, the company offered a uniquely branded product to an American audience.

“We think Moosehead says Canada better than any other brand, beer or anything else,” he said.

A few years after his family’s product crossed the border, Oland did himself, and found a Hampton Roads region teeming with potential.

“ODU was more of a commuter school then, but you could feel the sense of community building,” Oland said, adding he formed especially close bonds with his fellow sailors like America’s Cup competitor Terry Hutchinson and Mitch Brindley, now the coach of the Monarchs sailing team. Oland said he also learned tremendous lessons in leadership from Casey Fulmer, his sailing coach at Old Dominion.

While at Old Dominion, Oland avidly followed the men’s and women’s basketball teams, and is excited to hear news about his alma mater’s football program, which started in 2009. He has a special reason to keep up: Former ODU quarterback Thomas DeMarco plays in the Canadian Football League with the British Columbia Lions.

Oland also could feel the first stirrings of a cultural renaissance in Norfolk, with the growth of the Ghent district and the Chrysler Museum. “I think what I saw in Norfolk was a community that had a whole lot of potential, but at the time it was struggling to get some momentum,” Oland said.

He said he’s not surprised that the micro and craft brewing business has taken off in the region. “Especially with the concentration of military there, people are coming in from all over the country. And Norfolk can be hot in the summer, and there’s nothing more refreshing than a cold beer on a hot day.”

Positioned between Canada-based brewing giants Molson and Labatt, and the regional craft breweries that have sprung up in every province, Moosehead has carved out its own niche in the beer market for its range of products.

Oland said it’s a great time to be in the brewing business, whether you’re a tiny operator or a giant beermaker. “Beer is such a wonderful product. There’s so much potential to be interesting and different, and you’re seeing it all the time.”
To the LIGHT

NOW THIS IS A UNIQUE RETREAT!

BY DIANE DOUGHERTY

PHOTOGRAPHY: ROBERTO WESTBROOK

The editor’s assignment came in a businesslike email, but for me it read something like this: “You are invited to board a boat, ride out into the harbor to a lighthouse that ODU alums have rehabilitated and use as a second home, watch a sailboat race that circles the lighthouse, grill out on the deck of the lighthouse and socialize with some friendly people. Then write a story about it.”

I answered in a flash. “When? Where? I’ll do it.” So on a Saturday morning in May, I arrived at a Newport News boat ramp and met Bob Gonsoulin, ODU class of ’72, and a health physicist for the Virginia Department of Health. He’s the mastermind who conceived and executed the Middle Ground Lighthouse reclamation project. His wife, Joan ’74, a dental hygienist - the two met as freshmen - was skeptical at first. “I went along with his idea because I thought we’d never win the auction,” she said. But once the couple won the lighthouse with a bid of $31,000 at a federal government auction in 2005, she worked just as hard as Bob to make the structure a home. (The Gonsouls’ main home is in Williamsburg.)
Bob Gonsoulin put me to work right away at the ramp, helping to fill the boat’s gas tank. Although I had researched the lighthouse on the Internet, I had absolutely no idea where it was in relation to the ramp. All I knew was that Bob told us it was only a 15-minute boat ride out. He pointed to a little speck, which to me, looked like a buoy.

As I admired the lighthouse from afar, more cars pulled up and I was introduced to Joan, the couple’s daughter Becky, and several other family friends. We began packing the boat with food, drinks and supplies to last us through the day.

Ten of us boarded the old fisherman’s boat that had been a workhorse, hauling supplies and people, during the rehabilitation process. There were a few seats and handles to hold onto, but the wind and the choppy water made for a bumpy and wet ride out.

Once we reached the lighthouse, I saw that the lighthouse was not so little. It towers 52 feet above the water. I also realized just what a tough task it was to get inside. The lighthouse’s circular shape made docking a challenge. One person at the bow of the boat and another at the stern used hooks to pull up ropes connected to the bottom of the lighthouse. Keeping the boat still while they tied up the boat was nearly impossible. But that wasn’t the worst of it. Once the boat was finally secure, each person had to step on the edge of the boat and grab a ladder hanging over the water. We climbed up through a trap door to reach the first deck.

The sight from that first deck was breathtaking. Imagine a panoramic view of the Monitor Merri-mac Bridge-Tunnel, Newport News Shipbuilding and all the other boat yards, tugs and barges scattered about, and miles and miles of water. The view from the first deck alone was reason enough to buy the lighthouse.

Bob, Joan and Becky told me about the two years it took to make the lighthouse livable, and the amount of help they got from others. The Gonsoulin clan – they have three children other than Becky – are partners in the project with Joan’s sister, Jackie Billingsley, and her husband Dan, who live in Annapolis, Md. But the volunteer workforce extended far outside the owners’ families. The Gonsoulin’s gave away more than 100 Middle Lighthouse T-shirts, which they created to thank anyone who worked at least eight hours scraping paint and bird poop, or doing any number of other chores.

The first decision faced by the owners was whether they wanted to restore the lighthouse, meaning return it to its original state, or if they wanted to rehabilitate, meaning they could make it into whatever they liked. Becky said the decision wasn’t difficult. “We wanted to rehabilitate it rather than restore it.”
The Gonsoulin's on the main deck of their retreat. The original brick wall is attractive in the lighthouse bedroom (left).
The curving sofa and portholes (above) were custom-made for the living room, the winding staircase was restored, a lower floor was equipped to store recreational gear, and the light at the top still is maintained by the Coast Guard.
"We wanted to make it our own, something our families could enjoy together," she explained. "There were requirements we had to abide by from the Coast Guard, like keeping the lighthouse red. It is still used as a navigational tool, after all."

Visitors enter the living area through the kitchen, which is actually the second floor of the lighthouse. The room holds a family-sized table, a full-sized refrigerator, countertops, cabinets and sink. Almost all of the furniture throughout the lighthouse had to be custom-made, to fit the circular shape of the walls. Incredibly enough, most of the benches, tables, couches, shelving and counters were handmade by family members, mostly Joan's father.

Upstairs in the bedroom, another family member's talent shines: Jackie painted a mural of a seacoast village on one of the walls. On the opposite side, a wall of exposed, original brick completely transforms the room. "We painted the other rooms and I'm really sorry," said Joan. "We scraped each brick because they had lead-based paint that was kind of falling off. This was the only room that we'd gotten most of the paint off, so we were able to leave it. The other rooms, we had to just seal the brick."

A curving stairwell to the fourth floor leads to a living room or "hangout" spot. A long couch, which also acts as a sleeper sofa, lines the farthest wall, along with a massive flat-screen TV as well as a table for board games. Porthole-style windows keep the nautical theme and really brighten the room. From this floor, the only way to go up is by ladder.

My reward for climbing to the fifth floor was to see – and contribute to – the "autograph room." On the wall are hundreds of signatures of those people who helped rehabilitate the lighthouse, and of others who have merely visited. The idea had its origin in the names that the new owners found scratched in the wall, probably by the keepers who lived at the lighthouse before it was automated. I felt fortunate that my signature would become a part of the lighthouse's unique "guest book" and history.

The top tier of the lighthouse holds the old beacon itself. It is encaised in a small space surrounded by windows and I felt claustrophobic. The view would have been spectacular if the windows had been clear on the day of my visit.

I asked the family about lightning. "A few years ago we were struck by lightning during a July 4th party with about 30 guests on board," Bob said. "Everything and everyone was fine, as the lighthouse exterior is 1-inch-thick cast iron. This acted as a giant lightning rod, but that doesn't mean people weren't scared out of their wits. Joan's sister and her family spent the weekend during a tropical storm. The sustained winds were over 60 knots. Outside there were impressive 15-foot waves, but inside they couldn't really tell there was a storm."

The final stop on the tour was on the first floor, or "basement," as the Gonsoulins call it. Joan showed where they keep cleaning supplies, life vests, rafts and even skeet-shooting equipment. One room holds the more than 30 batteries that store solar energy and provide electricity for the structure.

Joan then knelt down, lifted what looked like a small, red trap door, and placed a hanging light inside the hole. I could see the reservoir that holds more than 2,000 gallons of rainwater and is the lighthouse's water source. "This is completely fresh water that collects over time through rain, and if ever needed, could last us for days, maybe even weeks," she said. Bob added, "But we mostly use the water for showers, sinks and the toilet. The Health Department says the water is safe to drink, but we usually bring our own liquid refreshments."

After the tour, we ate lunch on the deck and watched the sailboat regatta. Often the lighthouse residents throw lines in the water to catch croaker or spot for their lunch, but Bob grilled burgers and hotdogs on my visit. This was my favorite part of the day because we got to sit down and get to know each other. Everyone there was connected to ODU in one way or another, either as alums, family of alums or possible future ODU students.

From the stories the alums told me from the 1970s and 80s, I learned a lot about old traditions and I was able to talk about new traditions that my generation has contributed. Streaking was a big topic of conversation, much to my amusement, although I'm rather glad that tradition died out on campus.

What I took away from this experience was the marvelous way ODU brings people together, of all ages. No matter if our graduation years were 1972 or 2013, we carry the same Monarch pride with us wherever we go. Some alumni own lighthouses; some alumni write for the alumni magazine. We all have something in common and that's being an ODU Monarch.
STYLISH, STURDY and SUSTAINABLE

OneNest Is a Head

Photography by Paul Burk
WHEN HOME DESIGNER AND BUILDER MARK TURNER (M.B.A. '00) is asked about his inspiration for the work he is turning out these days, he doesn't cite award-winning architecture, but rather a sentence written by Wallace Stegner, the Pulitzer Prize-winning fiction writer and avid environmentalist.

"There it was, there it is, the place where during the best of our lives friendship had its home and happiness its headquarters." The passage is from Stegner's final novel, "Crossing to Safety," which is about the 40-year friendship of two couples whose seat of mutual happiness was an understated house on a pond in Vermont.

It was with this goal of creating a headquarters for happiness that Turner envisioned OneNest, a 1,000-square-foot model home he has constructed in Delaplane, Va., on a hillside 60 miles west of Washington, D.C., overlooking the Shenandoah Mountains.

Perhaps never before has a home so small held so many ideas – and ideals – and caused such a stir in the carbon-neutral, sustainable-materials, energy-efficient construction movement. Turner hopes that before the year is out, many others will have tuned in to his message, and that OneNest will help change the way we think about "home.

Jackson Hole, Wyo., where Turner was born, is a long way from Northern Virginia, but to understand his feelings about homes that make us happy, you have to consider the ranch out West in the shadows of the Tetons where Turner's ancestors settled five generations ago and where he grew up. Four years in South Bend, Ind., and a bachelor's degree in great books from Notre Dame didn't separate him from his roots. Turner was still wearing "those plaid cowboy shirts," as Dennis Ackerman remembers, when he enrolled in the M.B.A. program at ODU and was granted an assistantship with Ackerman's Bank of America Entrepreneurial Center within the College of Business and Public Administration.

"Mark was very pleasant, very bright – intelligence combined with common sense," said Ackerman, who retired from the university in 2005 but still works as a consultant for business ventures.

Bruce Rubin, the ODU associate professor of finance who was heading up the M.B.A. program when Turner enrolled, remembers getting the young man's resume in an envelope postmarked "Jackson Hole." "I said, 'Hey, we need to get this guy.' We've got to set the hook and reel him in." Turner turned out to be even more impressive in person, Rubin said. "Very bright, very motivated and very focused."

Turner says that within his circles his first meeting with Rubin has come to be legend. The night before he met the professor, Turner got into his first – and last – bar fight. "With my face busted up and wearing a Wyoming T-shirt, I happened to stumble into Dr. Rubin. He said, 'Holy cow, you are a real cowboy.' He invited me into his office, where I could tell he was a big fan of the West."

Rubin offered the assistantship, and the rest is history. "I graduated in 15 months with no debt," Turner says. "Dr. Rubin provided great tutelage for me while I was there. It was the single-best decision of my life. It gave me the tools and confidence to succeed without the price tag of some of the top 10 programs. I tell my friends that my bar fight had a good ending."

At Abdo Development in Washington, D.C., Turner worked his way up to vice president for construction and collected a raft of awards and honors. He was part of an Abdo team that won the Mayor's Award for Historical Renovation and the Delta Associates Award for Most Innovative Condominiums. He also was named one of the "Top 35 Under 35" by BisNow's D.C. real estate publication.

In 2008, he started GreenSpur, a design-build firm focusing on quality sustainable developments. The cozy OneNest is a GreenSpur project, but even before the media began to notice what he was doing in Delaplane, GreenSpur had made Turner something of a celebrity in the worlds of residential real estate and environmentalism in the greater D.C. region. His work with dwellings has won him commendations from politicians in the District and Northern Virginia. GreenSpur joined up with West*Group Development and Charity Works to build a carbon-neutral home in McLean, Va., that has won a slew of awards, including Project of the Year from the National Association of Home Builders. (Carbon neutral describes the use of building materials, transportation of materials, and energy systems that tally net zero new emissions of carbon dioxide into the atmosphere.)

The OneNest Sustainable House Concept, as Turner calls it, pulls quarters for Happiness

By Jim Raper
his vision into sharp focus. "What if?," he asks, "we could reduce the labor costs for building a home by 50 percent, and the design and materials could lower maintenance fees and life-cycle costs? What if total building costs were reduced by 45 percent and homes were easier to finance? What if the home could have a build cycle of 100 days? What if development could be profitable again?"

But the "what ifs" that get the most traction with the sustainability lobby probably have to do with OneNest's kinship with the proverbial brick outhouse. "What if we could build homes to last centuries, not decades, and we did not need to displace communities after natural disasters? We could lower insurance costs," he says.

With steel in the framing and naturally sourced materials (including stone from the building site) that won't rot or decay, Turner has built a house that his calculations tell him could withstand a 130-mph wind or a major (8.0 Richter scale) earthquake. It is one of the first homes in the country to employ code-approved magnesium oxide Structural Insulated Panels (SIPS). The magnesium oxide "is the secret sauce," as Turner describes it. "It won't burn, rot or decay. It can take on water and is structurally as strong as concrete. In fact, it's what they used prior to the invention of portland cement. "For a case study look to the Great Wall of China mortar: magnesium oxide. It's a win, win, win in terms of building science," Turner says.

For Turner, enduring has other meanings, too, and that takes us back to the Stegner passage, which he thinks of when he is "designing and building place." And he adds, "We are using radical approaches in design, materials and building science to capture that simple notion that we all universally yearn for: a headquarters for happiness."

So, how do you build place and happiness into a house? OneNest, to Turner, is a nesting place that draws people together. They long to be in the house, and when they're there, the house doesn't separate them into far wings. Beauty and utility are important, too. Turner's sister, Kathryn Mapes Turner of Jackson Hole, an accomplished painter, has loaned landscapes and other natural scenes for the OneNest debut (opening day was in May and the model home will be open the rest of this year). If you are not looking at one of Kathryn's paintings on the interior walls, you'll probably be looking out one of the many windows. Wrote one reviewer, "OneNest's vaulted ceilings are welcoming and open, leaving one to be baffled by the thought that this space is 1,000 square feet. It could be thousands more; the trompe l’oeil effect of the grand windows to the view beyond pulls the eye out and into the distance."

A living room, kitchen and full bath are downstairs, with storage spaces placed ingeniously amongst them. Turner even buried two horse water troughs in the ground that can be accessed via a door in the floor for use as a simple, yet elegant, wine cellar. The master bedroom and bath - with a fireplace perched over the soaker tub - are on the second floor and a guest bedroom with bath are above that. Decks offer plenty of space for outside dining or lounging, and at one rail's edge is a modernist cross between a fireplace and a fire pit.

The combination of stone, galvanized and corten steel, concrete pavers, magnesium oxide panels, metal roof, and aluminum clad windows is the recipe for a virtually maintenance-free home. "The home for me should be a celebration of life, not a constant honey-do list," he says.

In addition, the energy consumption of the home is designed to be minimal. Small heat pump units made by LG, one of the project partners, are situated throughout the house and provide all the heating and cooling from one 40-amp breaker. These units have geothermal-like efficiencies, require no duct work and can be zoned separately. The kicker, however, is that the system only costs $45 a month to operate.

The overall construction cost for a house such as this Turner says is about $150 per square foot.

Turner would love nothing more than if the basic concepts that went into OneNest - if not the more grandiose touches - could inspire an affordable housing movement in developing countries. In fact, Greenspur has a sustainability fund that is looking at solutions not only domestically, but also in tropical areas in Central America and as far away as East Asia.

He also wants to expand the basic OneNest notion into communities of sustainable homes in the United States. "We have several projects in the design phase that are using the technologies and philosophies of the OneNest," he says. "One is in Virginia near the Delaplane area, one is in Arkansas and one in the preliminary phases for Wyoming."

"I have always loved to build," Turner adds, summing up. "Perhaps it was all the fort buildings we used to do growing up on a dude ranch in Wyoming. We were always building something."
Garrison Keillor, the host of public radio’s “A Prairie Home Companion” and a humorist/storyteller/singer who at 70 is still attracting full houses for his barn-storming performances, has a special relationship with Old Dominion University because of a friend since childhood, Lytton John Musselman, ODU’s Mary Payne Hogan Professor of Botany.

Musselman has served as a botany lecturer and tour guide on summer cruise ship voyages sponsored by “A Prairie Home Companion,” and Keillor has visited with Musselman in Norfolk on several occasions over the years, most recently last May. During that visit, Keillor attended a reception in his honor at the home of President John R. Broderick, and he conducted a question-and-answer session with ODU students, faculty and staff at Goode Theatre.

Keillor’s stay in Norfolk in May was an extended one because he came for rehearsals and the live performance May 4 of “A Prairie Home Companion,” which was broadcast from the Ted Constant Convocation Center on the ODU campus. The show was part of the Virginia Arts Festival.

About 4 million listeners tune in each week to “A Prairie Home Companion” and the audience for the May 4 show heard favorable references to ODU made by Keillor. He noted that the show was being broadcast from the Constant Center, “the basketball arena at Old Dominion University.”

In addition to mentioning President Broderick and the university’s student population of 25,000, Keillor told his loyal listeners approximately a quarter of ODU students are affiliated with the military; the university has strong programs in engineering, physics and oceanography; and an effort is under way by faculty researchers to study rising sea levels in the area. Keillor also mentioned the new Confucius Institute at ODU.

He remarked, as well, about the beautiful azaleas on campus and “magnolia trees everywhere you look,” and added the following aside: “It’s finals week and you see students walking around and talking to themselves – they’re reviewing, that’s what they’re doing.”

To the question-and-answer audience, Keillor said he hadn’t intended to live to the age of 70. “My intent was to die young and thereby become immortal like James Dean and Buddy Holly. Like Janis Joplin. But I didn’t have access to heroin or to charter a plane or drive the sort of sports car James Dean was driving.” When 30 rolled around, Keillor said he realized he was “too old to die young” and instead set out to achieve longevity.
WHO’S THE NEXT GREAT?

The schools of Conference USA breed great players. Players who show up on the scene, leaving fans asking, "WHERE'D THEY COME FROM?"

Turns out they’re ours. And every year we’re churning out more. Might be a good idea to tune in and track ‘em. Stand watch and see all the greats at ConferenceUSA.com.
Mike Gooding ’82, editor-in-chief of The Mace & Crown student newspaper while he was at Old Dominion, and now a veteran reporter for WVEC Channel 13 in Hampton Roads, received the 2013 George A. Bowles Jr. Broadcast Journalism Award at a meeting of the Virginia Association of Broadcasters (VAB) in June.

But his career may not have reached this pinnacle, he says, had it not been for a dressing-down he got during his student days from the late ODU faculty member Alf Mapp.

“My ODU days play a big role in how I do my job today, perhaps a little more because of my give-and-take with Mr. Mapp than because of The Mace & Crown,” Gooding says.

Mapp, former eminent scholar of English at ODU and a historian known as an authority on Thomas Jefferson, taught a Southern literature class that Gooding took as a fifth-year senior. That was the year he was the Mace & Crown’s top editor. The newspaper is a weekly now, but it was published three times a week in those days. “I was suffering as a student,” Gooding says. “But Mr. Mapp gave me an A on the midterm, an A on my term paper and an A on the final. Then, when the report card came, I had an F. I asked him what happened and he said, ‘Mr. Gooding, we have rules.’”

Gooding had missed too many of the Southern Lit classes. “I had used the newspaper as an excuse to skip.”
It was a hard lesson to swallow, he says. “But Mr. Mapp really taught me something and it sticks with me. Expectations and deadlines and rules matter. You might think you’re special, and I thought I was a big deal at the time. He set me straight, the hard way.”

Years later, as a WVEC reporter preparing a story on Thomas Jefferson, Gooding visited Mapp at his home in Portsmouth. The old professor clearly remembered the F. “He said, ‘Mr. Gooding, I’m pleased to say I made a mistake about you. You did make something of yourself.’”

The Bowles Award is given by the VAB each year to a reporter or news director who is distinguished in the field of broadcast news, has longevity in Virginia broadcasting, is respected by peers and exhibits enthusiasm for his or her work and the community. That is an apt description of Gooding and the work he has done at WVEC since he joined the station in 1985.

Among those writing letters recommending Gooding for the Bowles Award were U.S. Sen. Mark Warner, who is also a former Virginia governor, and retired Rear Adm. Craig Quigley, the former deputy assistant secretary of defense who also has held prominent business and public-service positions in Hampton Roads.

Gooding started out at WVEC with novice duties, such as weekend assignment editor, and he stuck with it even though he was “miserable sitting in the building while other guys were going out to cover stories.” His break came on a Sunday in 1986 with the wreck in Suffolk of the “Old 611,” an antique Norfolk Southern steam engine. Passenger cars derailed while being pulled by the engine during a special N&W employee excursion.

Gooding had nobody to send to cover the story, so he assigned himself. His report convinced his bosses at WVEC that he was “competent to cover wrecks, fires and human misery,” as he remembers it. He graduated to sports, but found he didn’t like big-time athletics. “Those guys weren’t nice, so I quit sports.” Then he tried his hand at state politics, and ended up covering the General Assembly for 14 years “They took me in up there and I mostly enjoyed my time in Richmond. But I hated the Republicans versus the Democrats part of the job, all the political handlers and hacks. I found disillusionment and was doing too many stories nobody cared about.”

Then, in 1990, WVEC offered him the job of covering the military, a plum job for a news reporter working in Hampton Roads. “My dad was a Navy pilot, and I found the military beat was a perfect fit for me. Unlike athletes and politicians, folks in the military are in it for the right reasons. And their stories are worth telling on a daily basis.”

So, as a military reporter, he has been the happiest and most productive. He has chased stories in 19 countries, reporting from war zones four times, including Kosovo (1999), Afghanistan (2001), and Iraq (2003 and 2004).


He won the 2007 Virginia Associated Press Meritorious Award for Outstanding Effort by an Individual Reporter at a Television Station for his half-hour special, “Final Flight of the F-14.” In 2006, Gooding won the award in that same category for his series “Gitmo: An Inside Look,” which examined how alleged terrorism detainees are classified and treated at Camp Delta at Guantanamo Bay, Cuba.

In addition to all of those General Assembly sessions he has covered, Gooding has reported on six Virginia governors, five national political conventions, two Presidential inaugurations, and the impeachment and trial of President Bill Clinton.

A native of Rhode Island and a 1977 graduate of Annandale High School in Fairfax, Va., Gooding is married to the former Donna Keeton ’82, a fine arts graduate of ODU. They live in Virginia Beach with their two children, Kate and Erik.

"Mr. Mapp really taught me something and it sticks with me. Expectations, deadlines and rules matter. He set me straight the hard way.”

-Mike Gooding
Get Engaged with Fellow Alumns

It's Fun and We Can Help ODU Advance

When I first stepped into the role of Alumni Association president in July 2012, I knew that it would be a duty I could not take lightly, but one that I would approach each day with a smile on my face. I’d served on the Alumni Board for four years prior, and knew how much we’d grown and evolved. What I didn’t know was how much I would enjoy the role and just how deep the pride in our alma mater runs among our 120,000 alumni.

So when presented with an opportunity to serve in the role again, I did not hesitate, as serving you, my fellow alums, has truly become my passion.

Over the past year, we’ve seen change and growth at the university, and your Alumni Association has been there supporting it with our time, talents and treasure. Alumni volunteered at commencement in May and December, welcoming more than 4,000 new members to the family. They’ve served on career networking panels to help give students tips on how to succeed in numerous career fields, or navigate earning an advanced degree. And thousands of you have donated generously to all areas of the university, supporting the expansion of both athletic and academic endeavors. It’s truly humbling to serve as president of this organization when I think of just how much our members do to help ODU advance.

In the coming year, I am looking forward to seeing how many more alumni we can get engaged in the life of the university. At our annual retreat, the Alumni Board set this as the top goal of the year, and we are committed to seeing it achieved. I know that it can be challenging to find time to get involved; I, too, spent many years as an alumna not deeply involved with ODU. However, once I got engaged, I found that the enjoyment I felt at helping and connecting with other alumni made the time commitment easier. And when I saw the impact my gift could have on students today, I knew how important philanthropy is to the university.

I hope you will choose to find your own way to engage with ODU and with the Alumni Association. You can visit our website at odualumni.org and see a list of opportunities, both within and outside of Hampton Roads. While you’re there, please make sure to register with the Lion’s Den, our online community for alumni. Knowing the best way to get in touch with you allows us to keep you in the know about events, volunteer opportunities and university updates.

Thank you for the opportunity to serve you, and I look forward to another exciting year of continuing to be amazed by you all.

-Stephanie Dickens ’94
Alumni Association president

NOMINATIONS SOUGHT-The ODU Alumni Association is accepting nominations for the Board of Directors for consideration beginning January 2014. Ideal candidates will have demonstrated service to the university and be willing to make a strong commitment to Alumni Association projects. In addition, board members are required to make a financial commitment. Self-nominations are accepted. For more information, please contact the Office of Alumni Relations at odualumni@odu.edu.
MONDAY, SEPTEMBER 30
2 – 7 p.m., Sailapalooza, ODU Sailing Center, Whitehurst Beach — ODU sailors and coaches will offer free sailing lessons and sailboat rides. Donations welcome on behalf of Operation Smile.

TUESDAY, OCTOBER 1
6 – 8:30 p.m., Planetarium Double Feature, Pretlow Planetarium — Two one-hour programs, each featuring a family-friendly, full-dome movie and a conversation with a faculty member.

WEDNESDAY, OCTOBER 2
4 – 6 p.m., Tree Trail Tour, Kaplan Orchid Conservatory — See 30 varieties of trees on campus with Grounds Manager Chad Peevy ’98 and Master Gardeners Ed ’74 & Linda ’71, ’79 Bradley.
6 p.m., LGBT Welcome Reception, Night of the Iguana.

THURSDAY, OCTOBER 3
6 p.m., Alumni Honors Dinner, Sheraton, Waterside — Honoring the 2013 Distinguished Alumni, Honorary Alumni, Alumni Service Award winners and the Class of 1963. Proceeds support Alumni Association programs including the Adam Thoroughgood Scholarship. Tickets must be purchased. Sponsorship opportunities are available.
7 p.m., Homecoming Step Show, Ted Constant Convocation Center — Fraternities and sororities compete for the 2013 Step Show title.

FRIDAY, OCTOBER 4
10:30 a.m., 50th Reunion Art Gallery Tour, Baron and Ellin Gordon Art Galleries — Join Ellin Gordon for a behind-the-scenes tour of the Galleries and hear her stories about their collection.
Noon, Homecoming Golf Outing, Lambert’s Point Golf Course — Nine holes — 1 p.m. Shotgun Start — Best Ball Format — BBQ dinner and awards presentation. $30 per person.
Noon, Founders’ Day Luncheon, Ted Constant Convocation Center — ODU and Town-N-Gown will honor individuals who have made a significant impact on the University and Hampton Roads. Call 757.683.5759 for tickets.
5 p.m., C-USA Soccer Kickoff, ODU Soccer Complex — The Lady Monarchs will play their first C-USA opponent, East Carolina. At 7:30 p.m., the Monarchs take on national power Kentucky. Ticket prices TBD.
6 p.m., BAC Social, Baxter’s Lounge.
8 p.m., Homecoming Concert, Ted Constant Convocation Center — Artist TBA.

SATURDAY, OCTOBER 5
10 a.m. – 9 p.m., Open House, Recreation Center — Tour this modern facility and learn more about special programs and services for ODU alumni.

Noon, Hall of Fame Luncheon, Ted Constant Convocation Center — Welcome five new inductees into the Hall of Fame; Anna Tunnicliffe ’05, Nataly Cahana ’04, Joe Daley ’83, Gray Simons, Ed Fraim ’64 — Tickets are $25 and can be purchased after August 1 by calling 757.683.3359.
1:30 p.m., Homecoming Parade — Kick off the day’s celebration with this annual tradition! Prime viewing spots on 49th Street and Hampton Boulevard.
3 p.m., Alumni Tailgate Tent, Kaufman Mall — Tailgate with alumni, fans and students. Advance reservations are preferred.
6 p.m., Football, ODU vs. Liberty, Foreman Field at S. B. Ballard Stadium; check www.odusports.com for more details.

Homecoming Fireworks on Kaufman Mall immediately following the football game.

SUNDAY, OCTOBER 6
10 a.m. – 6 p.m., Open House, Recreation Center.
1 p.m., Homecoming 5K, sponsored by the ODU accounting department. Register with Randall Spurrie, race coordinator, at r spurrie@odu.edu or call 757.567.1930.
1 p.m., Women’s Soccer, ODU Soccer Complex — Lady Monarchs host C-USA member UT San Antonio. Ticket prices TBD.
2 p.m., Field Hockey, L.R. Hill Complex — First-year head coach Andrew Griffiths and the Lady Monarchs host George-town.

For complete event details visit www.odualumni.org/homecoming. Visit the student Homecoming site at http://orgs.odu.edu/homecoming.

EVENTS MARKED WITH THIS SYMBOL REQUIRE REGISTRATION AT WWW.ODUALUMNI.ORG/HOMECOMING.

WWW.ODU.EDU 43
More than 60 people attended the 2013 ODU Alumni Wine Tasting, including (top left) Rob Reali ’92, Patty Reali, Samantha Brittain ’91 and Larry Brittain ’93. The event featured five wines from South America, each paired with a dish created by Monarch Dining chefs. A very popular pairing (above) was of a Montes Pinot Noir from Chile served with pepper-encrusted duck breast and blueberry reduction. ODU emeritus chemistry professor and longtime Hampton Roads wine educator Roy Williams (left), together with Virginian-Pilot Humble Steward wine columnist and Monarch magazine editor Jim Raper (bottom left), provided the food and wine commentary. The tasting is held each June.
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ALUMNI ASSOCIATION

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Landing Hot Roles

Fire, Sweat and Shakespeare for Casey Croson ’11

There could be little doubt about it – Casey Croson ’11 likes it hot. During the dog days of summer 2013, the theatre and dance graduate spent a good part of a weekend on an outdoor stage inside an elaborate, larger-than-life-sized papier-mache and plastic foam costume that trapped heat like the dickens. He was acting the role of Caliban, the beast of a man who is the ugly antagonist in Shakespeare’s “The Tempest.” Other actors, such as protagonist Prospero, also wore “big head” masks for this Virginia Stage Company production at Town Point Park, but Croson’s Caliban was the most elaborate, including big claw hands and a hump. And it was the hottest.

This gig followed Croson’s former employment as a performer at King’s Dominion north of Richmond, where he wore a heavy and hot Scooby Doo costume. More recently, he sweated through his startup in 2012 of a performing troupe called The Seven City Spinners that performs fire juggling and other “blazing” acts.

“Fortunately, or unfortunately, I have a lot of experience doing stuff like this,” Croson told a writer for The Virginian-Pilot who interviewed him about how he was handling the hot Caliban get-up. “I’m going to be chugging water (backstage) like there’s no tomorrow.”

For The Seven City Spinners fire act, Croson has performed with another ODU theatre and dance graduate, Jon Norton ’09, and a Tidewater Community College alum, Jeanne Sgroi. Croson told ODU’s Mace & Crown student newspaper earlier this year that he and Norton had been offering their services as clowns and stilt-walkers at Virginia Beach, but a shortage of bookings pushed them into the fire, so to speak.

They had never been fire-troupe performers, so learning the acts was a little frightening. “A vast majority of the practices were spent without fire,” Croson told The Mace & Crown. “Getting smacked in the face and singeing hair just came with the territory.”

The troupe’s fire spinning, twirling and juggling have been the featured entertainment at Oceanfront functions, and even at a wedding.

STAY CONNECTED The Lion’s Den provides alums with a free, online connection to the Old Dominion University Alumni Association. Membership is exclusive to ODU alumni. Once you have registered, you can use the Lion’s Den online community to share information about yourself through online postings, and to submit Class Notes and other news to Monarch Magazine.

Get more information about The Lion’s Den at odualumni.org

As members, you also can search a secure online database of other registered alumni; update your information with the Alumni Association.

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1960s

Jack Bellis ’64 (M.A. ’73) was one of 15,000 participants completing the 20th Camp Pendleton, Calif., 10K Mud Run, a fundraiser for the families of active duty Marines. Jack is a vice-president with the Pollakoff Financial Group, an agency of the Massachusetts Mutual Financial Group located in La Jolla, Calif.

Peter King ’65 and his daughter, Jennifer S. King, are the co-authors of “The Product Wheel Handbook: Achieving Balanced Flow in Multiple Product Operations” (Productivity Press, 2013). This is a follow-up to his best-selling “Lean for the Process Industries” (Productivity Press, 2009). Pete ended a 42-year career with the DuPont Company in 2007 and is now the president of Lean Dynamics LLC.

1970s

Roger Fuller ’72 received the 2012 ODU/Town-N-Gown Rita M. Costello Community Service Award at the ODU Founders’ Day luncheon Oct. 12, 2012. From Tidewater Community College he has received the title of librarian emeritus for his 38 years of service to the students, faculty, staff and the community at the annual Tidewater Community College R etiree/Emeritus dinner June 7, 2013.

Bill Portlock ’75 is the Chesapeake Bay Foundation’s senior educator and founder of the organization’s 25-year-old Teachers on the Bay Program. The program offers teachers from jurisdictions along the bay and the rivers that feed it the opportunity to have on-site, multi-day experiences learning about wildlife, conservation issues and the history of the bay. The work has brought him state and national awards including, in 2005, the Thomas Jefferson Medal for Outstanding Contributions to Natural Science Education by the Virginia Museum of Natural History, in association with the Smithsonian Institution. Portlock is married and lives in Sparta, Va.

Mary G. Commander ’77, attorney and mediator with Commander & Carlson in Norfolk, has been selected to serve as a member of the Board of Governors of the Family Law Section of the Virginia State Bar and has been selected as a Fellow of the American Bar Association.

David P. Thompson ’79 was named senior vice president and transportation market leader for CHA in Albany, N.Y., in May. CHA engineering and construction management firm serves clients worldwide and has 51 offices. Thompson is a professional engineer with 33 years’ experience in transportation engineering, project management and leadership. Previously, he was senior VP at Michael Baker Jr. Inc. His experience includes a long resume of highway, bridge, transit and marine projects.

1980s

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Marian G. Cole ’80 has retired from Fairfax County Public Schools after teaching at several schools within the system. Cole spent the bulk of her career, 20 years, at South Lakes High School, in Reston, Va., where she taught psychology, sociology and world history.

Chazaiah “Chaz” Meads ’82 (nee Charles Meads Jr.) has been promoted to guest services coordinator at the PBX Call Center of the Fontainebleau Hotel in Miami Beach, Fla. Meads has written a book on Kabbalah, “This Is Numerology,” to be published in 2015. He is also a performance artist and musician in South Florida.

Denise Martin ’85, a business manager in N ewport N ewis Shipbuilding’s nuclear propulsion division, was recognized for achievements in the fields of science, technology, engineering and math (STEM) during the 27th annual Black Engineer of the Year Award STEM Global Competitiveness Conference earlier this year in Washington, D.C. At the shipyard, Martin oversees eight core engineering areas of responsibility supporting all nuclear submarine and carrier contracts from design and engineering through testing. She has worked for the shipyard since 1985.

Brad Giles ’86 who lives in Ormond Beach, Fla., and is the president of Giles Electric Co., was appointed by Gov. Rick Scott to the Daytona State College District Board of Trustees. He has served on the Electrical Council of Florida, the Daytona Beach Electrical Joint Apprenticeship Training Committee, the National Electrical Contractors Association board, the Workforce Development Board of Flagler and Volusia Counties, the executive committee of the Daytona Beach Regional Chamber of Commerce, and Career Connection CADRE. Giles attended Daytona State College as well as ODU.

James Althouse ’87 is looking for all Army ROTC class of 1987 still in the Hampton Roads area, or at least who visit once in a while. “I have season passes to the football games and would love to coordinate a game when we can get together early and prowl the campus and catch up,” he writes. “FYI, I’m still in contact with several from our class, and several more are here at Fort Lee. We missed the 25-year mark, but maybe we can try for a 30th reunion. Drop me a line!” jamealthouse@hotmail.com

John Costanzo ’87 recently accepted a position at Old Dominion University’s Tri-Cities Higher Education Center in Portsmouth. “I have recently retired from the Army after completing 26 years of service and achieving the rank of lieutenant colonel,” he wrote. “After almost a 30 year absence I am back at ODU, this time as the assistant director for the Tri-Cities Center. I look forward to the many new challenges and opportunities this position will bring. Go Big Blue!”

Tennyson D. Garrett ’88, a mechanical engineer at Newport News Shipbuilding, was recognized for achievements in the fields of science, technology, engineering and math (STEM) during the 27th annual Black Engineer of the Year Award STEM Global Competitiveness Conference earlier this year in Washington, D.C. During his 10 years with the shipyard, Garrett has held jobs of increasing responsibility, including designing and maintaining piping systems, and ensuring that all systems meet U.S. Navy specifications.

THOMAS D. CAPOZZI ’90 was promoted to chief commercial officer of the Virginia Port Authority (VPA) in May 2013, after VPA and Virginia International Terminals Inc. agreed to a merger and restructuring plan. Capozzi previously worked as vice president of global sales and marketing at VIT.

“I was selected based upon my previous experience serving in sales and marketing roles for both the Virginia Port Authority and Virginia International Terminals Inc. as well as my industry experience working for two of our ocean carrier customers, Evergreen and ‘K’ Line,” said Capozzi.

In this new position, he is charged with integrating all commercial activity for the Port Authority and its terminal operator, VIT. This includes sales, marketing, branding, advertising, pricing, economic development, customer service and media relations. The new setup streamlines the operating structure and eliminates duplication, in its goal to establish The Port of Virginia as the leading ocean container terminal complex on the U.S. East Coast.

Capozzi remains active with ODU’s Zeta Pi chapter of Theta Chi fraternity, particularly in promoting the Zeta Pi alumni golf tournament, which had 100 players in fall 2012.

www.odu.edu

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1990s

Rear Adm. Phillip G. Sawyer (M.E. ’90) has been chosen as the new commander of the Pacific Fleet Submarine Force based at Pearl Harbor, Hawaii. He has led Submarine Group 7 based in Yokosuka, Japan, since June 2011. Sawyer, a native of Phoenix, graduated from the Naval Academy in 1983 and has also commanded the nuclear submarine USS La Jolla, Submarine Squadron 15 in Guam and Submarine Force Atlantic. He holds numerous awards including the Defense Superior Service Medal, Legion of Merit, and Navy and Marine Corps commendation and achievement medals. He now will be in charge of 18 nuclear submarines based at Pearl Harbor; 13 at Bangor, Wash.; six at San Diego; and three at Guam.

Neil Bailey ’92 has been hired as the director of athletics for Walsingham Academy in Williamsburg, Va. A native of Surry County, he returns to Virginia after working for five years as athletic director for East Georgia State University. Bailey previously coached and worked in administration at Tidewater Community College, Midsex High School and Oak Hill Academy. He and his wife, Dr. Carrie Bailey, and their two children, daughter Ellie, 15, who graduated high school early and starts this fall at Mary Baldwin College, and son Cooper, an 8-year-old who will attend Walsingham, are looking forward to this new chapter in their lives.

2000s

Joshua M. Vieira ’05 has lived in New York City for the past year, working on Wall Street as an account manager for Granite Telecommunications. On March 20th, Vieira was married to Allison Willis the weekend of Oct. 6, 2012, as well.

Ross C. Morland ’07 is pleased to announce that he passed the Virginia licensing exam and is now a Professional Engineer. He and his family live in Staunton, Va.

Scott Lemley (M.A. ’08) is with the Huntington, W.Va., police department, but is not a badge- and gun-toting officer. He is a civilian employee who works as a criminal intelligence analyst. He uses GIS mapping and reported crimes to analyze trends in neighborhoods and determine when and where a perpetrator might strike next. He’s also in charge of the Police Department’s website and disseminates information to the appropriate bureaus from the anonymous tip line, social media and interagency bulletins. Lemley says he uses analytics and statistics he learned while pursuing a master’s degree in international studies at ODU.

Navy Lt. Jordon C. Sims (M.E.M. ’08) returned in June to Pearl Harbor, Hawaii, after completing a successful six-month Western Pacific deployment aboard the Los Angeles-class submarine USS Cheyenne (SSN 773). The Cheyenne and its crew of approximately 150 sailors visited Subic Bay, Republic of the Philippines; Busan, Republic of Korea; Yokosuka, Japan; and Guam for training operations.

2010s

Sinclair Harris (M.S. Ed. ’10) was named assistant principal of Peabody Middle School in Petersburg, Va., in July 2013. He was previously an assistant principal for Essex County Public Schools. Before that, he worked for Norfolk Public Schools and was chosen as the system’s Middle School Teacher of the Year.

2nd Lt. Paul W. Neubauer ’12 in April wrote that he was attending the U.S. Marine Corps Basic School in Quantico, Va. He is in the intensive six-month program where officer commissioning to develop candidates’ leadership potential into command experience. While attending O.D.U. in 2008, Neubauer was a member of Zeta Pi chapter of Theta Chi fraternity and obtained a degree in criminal justice.
When Chuck DuVal enrolled in the doctoral business administration program at Old Dominion University three summers ago, he began yet another chapter in a storybook life. He struck out on his own at 16 and went on to build and sell several successful real estate-related businesses. He next bought a sailing yacht that he and a crew chartered around the world for 12 years.

Seven years ago, DuVal decided to enroll in graduate school, getting an M.B.A. from William & Mary. He then moved across the water to Old Dominion to start a doctoral program in business administration in 2009.

The year he started at ODU, the College of Business and Public Administration (CBPA) doctoral program was celebrating its 20th year. In helping organize some anniversary events, DuVal formed connections with accomplished ODU business administration doctoral grads worldwide. “I was completely blown away by the level of academic professionalism here,” he said.

As the president of the ODU Business Administration Doctoral Student Association, DuVal wanted to foster and bolster the connections among the far-flung ODU business doctoral graduates. Besides kinship, he noted, the partnerships have a practical purpose, laying the groundwork for research collaborations and providing a network for future academic jobs.

Through an Alumni Association grant, DuVal organized an online meeting of business administration doctoral graduates, hosted by ODU’s Gornto Teletechnet Center. In the spring of 2012, 32 alumni and current doctoral students participated in that first meeting in real time, either by attending at the Gornto Center, or through Adobe Connect. Participants were located as far away as Saudi Arabia and Thailand, and across the United States.

At the 2013 virtual get-together this spring, eight “attendees” beamed in from overseas, and also present were CBPA Dean Gil Yochum and doctoral business management program director John Ford, a professor of marketing. Yochum, in his 38th year at ODU, said he loves seeing students come through the college and then go take on the world. “I have taught 15,000 students. I get to see them head out in the world and be successful,” he said.

Then Yochum made a surprise announcement that he was donating $3,000 of his own money to create a fund for doctoral business administration students to travel for academic opportunities. He challenged the alumni in the room and worldwide to join him in making a donation, to help their future professional colleagues make their mark. Ford immediately took up the challenge, pledging his own $2,000 donation to the new student travel fund. By the end of the meeting, several thousand dollars had been pledged by alumni of the program.

That’s the type of synergy that DuVal was hoping to create when he organized the online session. “I don’t think that this university gets the attention it deserves. As doctoral graduates, it’s our job to tell our story,” he said.

DuVal, now an assistant professor at the Barney Barnett School of Business and Free Enterprise at Florida Southern College, has realized his dream of teaching at the college level. His first year in the classroom has confirmed that this latest career change is perfect for him. “I couldn’t be happier. I love what I’m doing.”

– Brendan O’Hallarn
IN MEMORIAM

CAPT. EDWARD C. (BARNEY) OLDIELD JR., USN (RET) ’38
of Virginia Beach, 4/26/13

KATHARINE BYRD MILLER ’42 of Virginia Beach, 4/26/13

J. OVID KEENE ’44 of Portsmouth, 4/20/13

JOHN HENRY FRIEDEN ’45 of Norfolk, 7/6/13

WILLIAM D. ROUGHTON ’48 (M.S. ED. ’75) of Virginia Beach, 7/28/13

EDWARD R. BARNES JR. ’48 of Virginia Beach, 4/26/13

EDWARD L. LOPPE Sr. ’52 of Virginia Beach, 4/14/13

ROBERT T. SOPER ’56 of Suffolk, 6/30/13

MARY LOUISE LIEBENGER ZIV ’58 of Portsmouth, 4/11/13


EDWIN L. COX Jr. ’62 of Spartansburg, S.C., 6/19/13

JEANETTE W. DONOVAN ’62 of Virginia Beach, 6/30/13

JOHN S. DUROCHER ’65 of Yorktown, Va., 6/19/13

ELIZABETH SCOTT HARPER ’65 of New Bern, N.C., 4/18/13

CAROL PAULETTE HOLT ’65 of Norfolk, 6/24/13

LINDA PADGETT MILLER ’65 of Chelmsford, Mass., 5/4/13

ELIZABETH BLACK TYNCH ’66 of Portsmouth, 4/17/13

ANNA-ELISABETH (ANNELIE) FOSTER ’68 of Norfolk, and Providence, R.I., 4/13/13

ELIZABETH BLACK TYNCH ’68 (M.S. ED. ’83) of Norfolk, 6/28/13

KATHARINE BYRD MILLER ’69 of Virginia Beach, 4/27/13

J. OVID KEENE ’70 (PH.D. ’93) of Virginia Beach, 7/4/13

MARJORIE C. MITCHELL ’70 of Annandale, Va., 4/18/13

JASPER C. “J.C.” JONES ’70 of Virginia Beach, 6/27/13

THOMAS E. NORWOOD ’70 of Virginia Beach, 4/13/13

MARY LOUISE LINEBERGER ZIV ’71 of Virginia Beach, 4/26/13

ROBERT K. ANDER JR. ’73 of Virginia Beach, 5/29/13

KATHY MILLER ’73 of Chesapeake, 7/3/13

NANCY SAMUELSON YOUNG ’74 of Avington, Va., 7/28/13

ROBIN L. SIEGEL ’77 of Virginia Beach, 5/31/13

THOMAS S. SOHOR Sr. ’77 of Norfolk, 6/20/13

JUDITH A. SANDERS ’78 of Rapeake, Texas, 7/22/13

JUDITH A. SANDERS ’78 of Virginia Beach, 5/31/13

BILLIE C. FEDYSZYN ’80 (M.S. ED. ’83) of Norfolk, 6/28/13

MATTHEW CARLILL ’81 of Hampton, 6/23/13

Lt. Col. FREDERICK W. HERSTROM USA (RET) (M.S. ED. ’81) of Hampton, 6/18/13

MARK J. SWEENEY Sr. ’83 of Virginia Beach, 5/26/13

CAPT. JEAN T. SCHRERR, USN (RET) ’84 of Chesapeake, 5/4/13

ROBERT C. ALVARADO ’86 of Norfolk, 4/10/13

GERALD LEE GAMACHE (PH.D. ’86) of St. Augustine, Fla., 5/16/13

EUGENE C. DAVIS ’87 of Chesapeake, 4/1/13

CARLTON L. “BUTCH” DUDGING ’88 of Virginia Beach, 7/21/13

MARY ANN WARD (C.A.S. ’88) of Chesapeake, 7/4/13

ROBERT W. BISHOP Jr. ’89 of Norfolk, 6/2/13

CAPT. NANCY E. (KELSO) HONEY, USN (RET) (M.E.M. ’91) of Collinsville, Ill., 6/30/13

TALINE DADDEN INFANTE (M.S.D.H. ’91) of San Antonio, Texas, 4/6/13

GABRIELLE VAILLANCOURT COTTRELL (M.S. ED. ’97) of Virginia Beach, 7/24/13

ADAM C. DAY ’97 of Virginia Beach, 7/23/13

CAPT. MARK J. JETTINGER ’97 of New Bern, N.C., 7/3/13

ERIK S. ERVIN ’97 of Virginia Beach, 6/16/13

C. CHRISTOPHER DUFFY-LEDGETTER ’98 of Lexington, Va., 6/10/13

ARTHUR N. BITTNER ’99 of New London, Conn., and Clarence Morton Jones

KATHERINE Ruth “Katie” RAPPOLD of Hampton, 4/19/13

IN REMEMBRANCE

Franklin Ross Jones

Franklin Ross Jones, former dean of what was then the School of Education of Old Dominion College, died June 29, 2013, in Tampa, Fla. Serving as dean from 1964 to 1969, Jones was dean emeritus and professor emeritus of educational leadership and counseling at ODU for more than 40 years.

“He was the one who hired me,” said Katharine Kersey, University of North Carolina in 1951 and his Ed.D. at Duke University in 1959.

When he took over as dean from the school’s first education dean, Ross Fink, Jones made it a goal to stress subject matter expertise in the school’s education students: “The fundamental basis of teaching at the secondary level is subject matter,” Jones told a Virginia Pilot interviewer. “I’d like to see a math or English teacher, for example, have nearly as many semester hours in his field of concentration, as he’d have if he were majoring in it instead of education.” Jones was succeeded by Rufus T onelson, professor of education, who died in 2006. In a 1974 interview with University Archivist James Sweeney, T onelson said replacing Jones as dean was a daunting task.

“He had done so much to enlarge the school and make it prestigious,” T onelson said. “I felt it would be very, very challenging and I really hoped I could succeed in carrying out the philosophy and the policies of the college at that time.”

Jones is survived by his sons Franklin Ross Jones Jr. of Richmond, Va., and Clarence Morton Jones (Barbara) of Tampa; daughter, Susan Jones Richardson (Robert) of Portland, Ore.; and three grandchildren.

John ‘Jack’ Echternach

John ‘Jack’ Echternach, founder of the Old Dominion physical therapy program, died July 11, 2013, at his mountain home near R oanoke, Va. Echternach is survived by his wife of 56 years, Jeanne, and several other...
family members, including his daughter Catherine Lyn.

Echternach, 81, was a professor and Eminent Scholar emeritus at ODU, where he served on the faculty from 1978 to 2005 and was chair of the School of Community Health and Physical Therapy. Even after his retirement in 2005, Echternach remained significantly involved with the College of Health Sciences.

Shelley M Ishoe, dean of the College of Health Sciences, said Echternach was a leader in physical therapy and allied health education. "We share in the school's and profession's sadness on his death," she said.

A memorial service was scheduled during the School of Physical Therapy's annual alumni weekend, Sept 21-22.

George M hafer, associate professor and graduate program director of the School of Physical Therapy, said Echternach admitted ODU's first class of 24 students. During his tenure, physical therapy grew from a bachelor's to a master's program, eventually transitioning to the current doctoral program that accepts 45 students annually.

"Not only was Jack respected by over 400 physical therapists who graduated from this program (since its inception), he was chairman of the School of Community Health and Physical Therapy ... and, as an active faculty member in the Ph.D. in health services research degree, was responsible for many doctoral candidates' research," Mahafer said. "Jack will be dearly missed by the Old Dominion University physical therapy community with many of us owing our careers to his guidance and dedication to excellence."

Nationally, Echternach received numerous awards and recognitions from the American Physical Therapy Association. Earlier this year, he received the first Lifetime Achievement award from the Virginia Physical Therapy Association.

Echternach previously retired, with the rank of captain, from a 24-year career as a staff therapist and administrator with the U.S. Public Health Service. He held a bachelor's degree in health and physical education, a Certificate of Physical Therapy, a master's in anatomy and a Doctor of Education in higher education/administration.

Edgar A. Kovner

Edgar A. Kovner, a pioneering engineering technology executive at Old Dominion University, whose endowed scholarship has aided hundreds of students, died June 11, 2013, in Tamarac, Fla. He was 94.

Kovner, a dean of the school's old Technical Institute and later a professor of mechanical engineering technology in the College of Engineering and Technology, taught 43 years at ODU, starting part time in 1943. He retired with the title of professor emeritus.

He was born in New York City in 1919. After earning bachelor's and master's degrees, both in chemical engineering, Kovner moved to Norfolk in 1941 to become a marine engineer for the U.S. Navy.

He joined the faculty of the Norfolk Division of the College of William & Mary (the forerunner of ODU) full time in 1946. He taught engineering technology concepts at the Technical Institute, a professional technology school that grew out of the war-training programs offered on campus during World War II.

The Technical Institute offered associate degrees in fields such as radio (later television) repair, heating and air conditioning and automotive technology. Kovner directed the institute from 1959 to 1964, and then became dean of Old Dominion's Division of Technology from 1964 to 1970. He facilitated the division's merger with the School of Engineering but advocated for colleague Bill Stanley, an electrical engineering professor, to become the first department chair of engineering technology.

In 1978, Kovner founded the Edgar and Kathleen Kovner Endowed Scholarship Fund, donating $75,000 to aid as many as 20 students per year in the School of Engineering.

Kovner remained intensely proud of his more than four decades at the university, keeping up with ODU's football program and other ODU sporting events on his computer at home in Florida.

Kathleen Kovner died in 1992. Kovner is survived by his second wife, Mildred, six children, two marriages, as well as 13 grandchildren and seven great-grandchildren.

Ransom Baine Harris


Harris first came to Hampton Roads in 1960 to help plan the curriculum for the new Frederick College, which later became Talladega Community College. Subsequently, he taught at the University of South Carolina and was chair of the philosophy department at Eastern Kentucky University before returning to Norfolk. He taught philosophy for 38 years at ODU and was responsible for 13 major international conferences on Neoplatonism.

Harris was one of the main founders of the International Society for Neoplatonic Studies in 1973. He was editor of 12 scholarly books and lectured in 26 countries. He received bachelor's and master's degrees from the University of Richmond, a bachelor's from the Southern Baptist Theological Seminary, a master's from Emory University and a Ph.D. from Temple University. He was ordained as a Baptist minister as a young man.

Harris is survived by his wife of 55 years, Ettie Jeanne; daughters Nancie Elizabeth Laing (Gregory) of Chesapeake and Lori Ann Harris of Asheville, N.C.; two grandchildren; and his sister, Betty Williams of Portsmouth.

Henry Schmoele

Henry H. Schmoele Jr., 90, associate professor emeritus of vocational and technical education at Old Dominion, died April 8, 2013, in Virginia Beach.

Schmoele taught at ODU from 1967 to 1984, and was the assistant dean of the School of Education at the time of his retirement. He taught salesmanship, curriculum and methods for public relations, and supervised student teachers. Before joining the ODU faculty, he taught in Norfolk and Suffolk high schools.

Schmoele served as a pilot in the U.S. Naval Air Force during World War II. He received an A.B. degree from the University of Richmond and an M.S. from Richmond Professional Institute (Virginia Commonwealth University).

Schmoele was the widower of Blanche Baum Schmoele and Doris Wiggins Schmoele. Survivors include several nieces and nephews.

Carolyn W. McCollum

Carolyn W. McCollum, 66, of Portsmouth, who had retired after 33 years as an academic advisor for Old Dominion University, died June 17, 2013.

She was a member of St. John Baptist Church, and also of Alpha Kappa Alpha Sorority, the Delicados and The Silhouettes. She is survived by her husband of 44 years, William T. McCollum Sr.; a daughter, Aisha McCollum; a son, William T. McCollum Jr., (Arienne); and three grandchildren.
Here’s Your Scorecard
Keep Track of What’s New in ODU Sports

BY WOOD SELIG, DIRECTOR OF ATHLETICS

For many of us, the month of September brings back thoughts of new pencils, book bags, leaving home for the first time to head to college and the excitement of a new school year ahead.

We are experiencing the same wonder and excitement as ODU begins a new chapter in athletics, as the majority of our teams begin competition this fall as members of Conference USA. Here is a breakdown of everything that is taking place:

ACADEMICS
All our teams scored above the required 925 APR (Academic Progress Rate). Women’s Golf led with a perfect 1,000 APR for the second straight year and was recognized as being in the top 10 percent academically in the country. Teams earning 990 or higher were Field Hockey (997), Women’s Soccer (995) and Women’s Lacrosse (992).

FOOTBALL
Our Monarch football team has already played two FBS opponents this year - East Carolina and Maryland - and we are in a four-game home stretch. For the fifth year in a row, we expect to be sold out for all home games.

FOOTBALL WAIT LIST
If you are a Football Wait List member and contribute a minimum of $100, you will become full members of the Old Dominion Athletic Foundation and receive all the benefits and priority points associated with the level of your donation. You will also receive two tickets to the Big Blue BBQ and spring football game, two tickets to a men’s and women’s basketball game, and the first opportunity to purchase home and away football game tickets, if available. The total value of benefits is over $100! Join now by going to www.olddominionaf.com.

OYSTER BOWL
Our annual Oyster Bowl football game will take place Sept. 28 at 6 p.m. against Albany.

HOME COMING
Our Homecoming Weekend football game will take place Oct. 5 at 6 p.m. against Liberty.

SOCCER
Homecoming Friday will feature an ODU soccer doubleheader beginning at 5 p.m. on Oct. 4, when our Lady Monarchs host Conference USA opponent East Carolina. Following our women’s game, our men’s soccer team will host C-USA associate member Kentucky at 7:30 p.m. Conference USA T-shirts will be given out and fireworks will be on display.

FIELD HOCKEY
Head coach Andrew Griffiths will begin a new era for our ODU Field Hockey program this fall as we join the Big East Conference as an associate member. For the second year in a row, Old Dominion will host the NCAA Division I Field Hockey Final Four and Championship on Nov. 22 and Nov. 24. The title games for NCAA Field Hockey Divisions II and III will also be featured on that Sunday, Nov. 24.

BASKETBALL
Head men’s basketball coach Jeff Jones will unveil his first-year ODU squad on Nov. 8, at home against Missouri State. Coach Karen Barefoot and our Lady Monarchs will open their season at home the following night, Nov. 9, against Delaware State. Please visit www.YNot-tix.com to purchase basketball season tickets or a single-game package.
WRESTLING
Wrestling head coach Steve Martin has put together an outstanding schedule this year, highlighted by home matches against Iowa State on Nov. 24 and Virginia Tech on Nov. 26. Season ticket coupon books are on sale now and offer admission to all home wrestling matches, or the option to bring as many as 10 people to one match. Our wrestling Monarchs will compete this year in the nationally recognized Mid-American Conference as an associate member.

BASEBALL
ODU baseball, led by third-year head coach Chris Finwood, will soon have a new indoor hitting facility, thanks to the generous donations from alumni and friends of our program. The team improved in 2013, with 11 more wins over the previous year, winning 30 games and finishing third in the CAA.

WOMEN'S LACROSSE
ODU Women's Lacrosse will join the Atlantic Sun Conference as an affiliate member in 2014-15.

SAILING
Our Old Dominion Sailing team finished the spring season ranked ninth nationally.

ODU CONFERENCE ALIGNMENT
Effective this past July 1, 12 of our teams joined Conference USA. Football becomes a full member in C-US A in 2014. Our field hockey team begins competition this fall in the Big East, wrestling joins the Mid-American as an associate member this year, and our co-ed and women's sailing programs compete as non-scholarship members of the Intercollegiate Sailing Association.

OLD DOMINION ATHLETIC FOUNDATION
• For the first time ever, the Old Dominion Athletic Foundation has more than 3,000 donors.
• ODAF has surpassed $4 million in donations to the Annual Fund – another first.
• ODAF has raised almost $6 million in cash and pledges toward our $8 million goal for a new men's and women's basketball practice facility, which will be located behind the Ted Constant Convocation Center.
• ODAF has raised almost $4 million toward our $5 million goal to transition to FBS Football and Conference USA, without raising student fees.
• ODAF completed fundraising for a $600,000 indoor bat ting cage for baseball.

Broderick Named to Conference USA Executive Committee
Old Dominion President John Broderick was named to the executive committee of Conference USA in August during a conference retreat in Irving, Texas. The five-man executive committee, all of whom are college presidents, makes recommendations to the conference commissioner on major issues and sets policy on others.

“T hey are the true leadership group of the conference,” said ODU athletic director Wood Selig, who attended the retreat with Broderick. “They are there to help shape policy and affirm decisions that the rest of the conference may wish to make.”

ODU joined Conference USA on July 1. “John Broderick is a visionary leader,” said Britt Banowsky, the conference commissioner, in an interview with The Virginian-Pilot. “He's so strategic in his thinking. He's been a great contributor to our conference.”

Broderick previously has served as the elected chair of the NCAA Football Championship Subdivision Presidents and as CAA's representative on the 18-member NCAA Board of Directors.

C-US A added eight schools this summer, including ODU, and Western Kentucky joins in 2014 to compensate for the loss of seven schools to the American Athletic Conference. C-US A has 16 members, but that drops to 14 in 2014 when East Carolina, Tulsa and Tulane depart.

Selig said that the consensus among conference officials was that 14 is enough. “There's no huge interest in the membership going back to 16.” But if current C-US A teams move on, the conference still may be looking for new members. Arkansas State, Georgia State and Louisiana-Lafayette from the Sun Belt Conference and James Madison from the Colonial Athletic Association (CAA) appear to be the most likely expansion candidates.
Ronnie Cameron, who starred as a defensive tackle for the Monarchs during the 2010 and 2011 seasons and who gave the National Football League a whirl with the Chicago Bears, Cleveland Browns and the Philadelphia Eagles, is known these days as the creator of an online news network, Bonfire Impact. (bonfireimpact.com)

A Forbes.com story earlier this year featured Cameron and referred to Bonfire Impact as a “website for activism, awareness and good works, which highlights positive news, charity work and green initiatives.”

Cameron transferred to ODU when Hofstra University eliminated its football program, and by the time he finished his two remaining years of eligibility, he had earned an M.B.A. from ODU’s College of Business and Public Administration.

A gentle giant off the field, at 6-2 and 295 pounds, Cameron was an imposing and fearsome opponent on the gridiron, earning six different All-America distinctions his senior season. He was honored as the 2011CAA Football Defensive Player of the Year. He ranked second on the Monarch squad with 73 tackles (28 solo, 45 assists) to go with a team-leading 17 tackles for loss and 6.5 sacks.

Honored by the ODU Alumni Association as Male Athlete of the Year, Cameron also received the Jack Wilkins/James Howard Scholar Athlete of the Year award (presented to the male and female senior athletes with the highest cumulative GPA). Monarch magazine recently conducted an email interview with Cameron, who currently has a consulting job in Washington, D.C.:

Monarch: What was your motivation for starting and sustaining Bonfire Impact? How many readers are you attracting?

Cameron: “I wanted to give the world a positive outlook on things so that when you go to the website you can feel good about yourself and the world you live in. The site is averaging 400-500 visitors a day.”

Monarch: Why do you think the media operates like that?

Cameron: News networks make a killing from ratings when controversial stories break, whether it is a mass murder or celebrity scandal. It’s unfortunate when there are stories of young people coming together to rebuild homes for storm victims or entire communities raising funds for someone stricken with cancer. In my belief, there are a lot more good people out there than bad but those bad people garner all of the attention. This attention creates one of two things: either fear, where people become disheartened and stop believing in the goodness of people, or a bad example. Bad examples often spread fast and make people think that these negative things are O.K.

Monarch: What specific impacts do you expect of Bonfire Impact?

Cameron: At some point we have to stand up and say “no more.” Fight the urge of negativity and create a positive environment for all of us. We are what we surround ourselves with. If we drown ourselves in negativity of media, we ultimately become what we see. I made it a personal battle to fight against this type of media. Bonfire Impact (has published) stories that create that good example and re-instill faith in humanity. Stories of people loving people and helping will really begin a conversation that is much needed. We are often our own biggest enemies by what we expose ourselves to, but why can’t we be our own biggest heroes by doing the same?

Monarch: So you only report good news?

Cameron: I created Bonfire Impact to help make good news more prevalent in today’s media. We have so many great people out there being selfless or inspirational, doing amazing things in the world. Unfortunately, we hardly see those things. We are negatively wired to be enamored with bad stories. Our media presents us with crime, scandal, drama, tragedy, death and dismay and we eat it up.
This is the fifth year that Booz Allen Hamilton, a strategy and technology consulting firm, has been a proud sponsor of ODU’s Wounded Warrior Honorary Home Football Team Captain Program. The program recognizes the sacrifices and contributions made by military service members injured in the line of duty, as well as the contributions of their families.

Department of Defense commands, such as Portsmouth Naval Hospital, nominate veterans to serve as honorary team captains. Before each home football game, the honored person has the opportunity to meet with the president of ODU and community members, and then participate in the coin toss ceremony prior to kickoff. For the honorary captains and immediate family members, the university provides premium seats as well as the opportunity to stand on the sideline with the team during the game’s first quarter.

The program has been praised by community members and veterans, and especially the participating Wounded Warriors. Below are just two reactions to the program that honorary captains sent to sponsors:

“H e made me and my family feel like rock stars. It is a beautiful campus and I was very touched by the team. Coach Wilder should be very proud, not just because he has produced an awesome football team, but he molded an outstanding group of men that have respect for the military and our armed forces and who demonstrated the kind of character that is found in those that believe in more than just themselves. They made me feel proud to have served today. Thank you again for the opportunity of a lifetime.”

“I would like to thank you for giving me and my father the opportunity to go to the game yesterday. Being at the VA hospital several times a week, with my father driving and waiting and attending my appointments with me, takes quite a toll on an individual. The game gave us a much-needed opportunity for us both to decompress and renew our efforts toward my recoveries. Thank you for such a wonderful day.”

Booz Allen employees volunteer their time, expertise and resources to a variety of military veteran initiatives—from the Disabled American Veterans’ Winter Sports Clinic to renovating veteran-owned homes with Rebuilding Together. Booz Allen has been ranked No. 1 on G.I. Jobs’ Top 100 Military Friendly Employers and has been recognized in the Top 25 Overall Best Employers for Vets by Military Times EDGE.

“Booz Allen is proud to support this program because it’s not just about the football game,” said Thomas Crabtree ’72, a senior vice president with the company. “Our employees, many of whom are veterans themselves, are able to help program participants as they pursue post-military careers in business or pursue further education. This program is a win for all of us – ODU, Booz Allen, and the Honorary Home Team Captains.”

If you would like to honor a Wounded Warrior as an Honorary Home Team Captain or would like more information about the program, send an email to Erwin Sabile ’98 at septembermonarch@gmail.com.
The Fo

Illustration by Sam Hundley
Man Behind Foreman Field

By Rich Radford

By the time he reached his 55th birthday in 1933, A.H. Foreman could look back on a long, distinguished career as an educator and a champion of civic duty. He’d been a principal, a school system superintendent, chairman of a school board, director of a city’s public library, and was in the midst of serving 28 years on the board of visitors for his alma mater. It was quite a resume. But he still had one more great deed, one more big battle, in him.

For more than three decades, Foreman had made the laborious journey from Norfolk to Williamsburg in the name of education, first as an undergraduate and eventually as a member of the College of William & Mary’s Board of Visitors. He would ride a horse and buggy to Willoughby Spit, ferry across to Old Point Comfort in Phoebus, and hop the C&O Rail to his destination.

With each trip, a most distressing fact boiled his blood: He lived in the largest English-speaking city in the world that lacked a college. To educate themselves beyond high school, Norfolkians had to leave Norfolk.

The history of A.H. Foreman – son of a Great Bridge lumberman – has been buried in archives for decades, almost forgotten as time marches on. Sure, the school’s football field bears his name. And on glorious autumn Saturdays, its clamshells fill with frenzied fans cheering for an ODU football team that has become the talk of the town. But ask anyone around campus “Who was A.H. Foreman?” and you’ll get a blank stare followed by a misguided, off-target guess.

The beginning of a grand plan

Norfolk’s educational tide began to turn in 1924 when W&M created an extension program in Norfolk. Foreman joined W&M’s Board of Visitors that same year. As he would explain not long later, it would cost a family $600 to send a student from Norfolk to seek a year’s worth of college education. To stay in Norfolk and take the same amount of hours would cost but $180.

For six years, professors were sent to the port city to teach classes here and there. Then in 1930 came the birth of the Norfolk Division of W&M. It happened with little to no fanfare on a pleasant April afternoon.

Foreman, by then a senior partner in one of Norfolk’s most powerful law firms, happened to be starting a 14-year run as chairman of the Norfolk School Board. One of his first pieces of business was to oversee the completion of construction of a new Larchmont Elementary School, meaning the old school, built in 1913 and outgrown by its neighborhood, would be vacant.

Foreman and fellow W&M alumnus Robert Hughes were joined by the W&M president J.A.C. “Jack” Chandler as they toured the old Larchmont building. Blair Middle School principal Joe Healy, who had been running the extension program, joined them. The old Larchmont School, which stood on the block now referred to as the Brick Field at the corner of Hampton Boulevard and Bolling Avenue, was somewhat small and quaint. But Chandler liked what he saw; the old schoolhouse could be resurrected as the seat of the Norfolk Division.
Then, according to Healy, came the moment that would set Foreman's place in regional history. As Healy explained in a 1960 interview, Chandler motioned toward a five-acre plot of land just south of the vacant elementary school and said, “Foreman, see all that property out there? Get an option on that.”

Foreman did, brokering a $14,000 deal for what amounted to marshland that would need draining, filling and grading. He also began to hatch a plan for a football stadium. He had long been an avid W&M football fan, traveling far and wide to watch his team play at places like Syracuse, Harvard, Columbia, Princeton and the Army and Navy academies. And if the Tribe were playing in Williamsburg, you could count on him being there.

He felt that if the Norfolk Division were to someday offer a complete college experience, it needed football. And playing football requires a football stadium.

A New Deal for a new school

Aware of the quick growth of the Norfolk Division's student body, W&M’s Board of Visitors proposed an expansion late in the fall of 1933 that included lecture halls, a gymnasium, a pool and a football stadium. The board hoped for approval of what would be a long line of Virginia governors who were part of the legendary “Byrd Organization.” And Peery favored Foreman’s plan for a football field.

So how is it that those so-called “expunged minutes” still exist? Maybe A.H. Foreman’s ghost had something to do with it.

“You know, these archives were stored beneath the Foreman Field stands for years,” said Sonia Yaco, special collections librarian at ODU’s Perry Library.

Time for an end around

The demoralizing meeting in Bryan’s newspaper office had forced Foreman to regroup. In football terms, he called an audible. He worked out a deal in which the Virginia Emergency Relief Administration would help fund most of a 5,500-seat stadium. He then reached out to his W&M classmate Adm. Cary Grayson, personal physician to President Woodrow Wilson and a personal friend to President Franklin D. Roosevelt.

Grayson talked with Roosevelt and the PWA agreed to extra funding that would allow for a 17,500-seat stadium, second in size in the commonwealth only to the University of Virginia’s Scott Stadium. To cinch the deal, Foreman talked powerful friends on Norfolk’s City Council into agreeing to cover any existing balance once the project was completed. He and Norfolk councilmen kept their word, kicking in $20,000 at the very end to cap a $300,000 project.

When asked about her grandfather A.H. Foreman, Peggy Bartlett used a simple word to describe him: “austere,” as in unrelenting, keen or exacting.

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The Ghost of Foreman Field

Old Dominion University’s athletic department has launched “The Ghost of Foreman Field” campaign this fall to educate fans about the man for whom the football field is named.

Representing The Ghost on the big screen at football games and on social media’s smaller screens is Jay Lidington, who earned a master’s degree in creative writing from ODU in 2004 and teaches English at Isle of Wight Academy.

Dressed in vintage clothing and sporting a fedora and bow tie, Lidington isn’t so much attempting to recreate the character of Alvan Herbert Foreman as he is trying to create historical buzz. The campaign promotes the idea of Foreman Field having a ghost that just might be looking out for the football team’s fortunes.

You can follow the campaign on Twitter at @HauntingODU or join the conversation about A.H. Foreman using #odusports.
Peggy Bartlett's maiden name -- Margarette Foreman Hargroves -- had a lot of her grandfather in it, although not as much as her brother Herbert, or "Herb" Foreman Hargroves. And her grandfather would have been proud of Peggy Bartlett's educational resume: undergraduate at W&M, two postgraduate degrees from ODU, and a career as an elementary school principal in Portsmouth.

In the summer of 1935, with the football field project underway, The Virginian-Pilot ran an editorial speaking to A.H. Foreman's power, influence and stubborn -- or should that be austere? -- will:

"There is rising on Hampton Boulevard an institution of learning destined for an important role in our educational system. It was planted there largely as the result of M.r. Foreman's vision, and it is expanding chiefly for that reason. The Council has had a part in both the founding and the later growth, and also the president and Board of Visitors of the College of William and Mary, but none will question the fact that without Mr. Foreman's early planning and later persistence the Norfolk Division of William and Mary would not today be so safely launched on a career of growing usefulness."

By the spring of 1936, high school track meets were being held at what was briefly called Norfolk Division Stadium. That summer, "Foreman Field" was etched into the brickwork on the clamshells.

On Oct. 3, 1936, Foreman's two schools squared off as the stadium was dedicated on a glorious, sunny afternoon. The University of Virginia, where Foreman had received his law degree, beat W&M 7-0 in front of 15,000 fans. It was a grand beginning.

Football along Hampton Boulevard, however, had its ups and downs. The Norfolk Division shuttled its program in 1940 and it remained dormant for nearly 70 years before restarting in 2009. While Foreman Field for decades hosted high school games, the Oyster Bowl, semi-pro football and Norfolk State University's school games, the Oyster Bowl, semi-pro football and Norfolk State University's school games, the Oyster Bowl, semi-pro football and Norfolk State University's school games, the Oyster Bowl, semi-pro football and Norfolk State University's school games, the Oyster Bowl, semi-pro football and Norfolk State University's school games, the Oyster Bowl.

A.H. Foreman's dream of a complete college experience was eventually fulfilled, even if it took almost 80 years.

**Norfolk's First Citizen**

When Norfolk's Cosmopolitan Club honored Foreman as Norfolk's First Citizen in 1935, master of ceremonies Col. James Mann said, "Usually men who accomplish outstanding community projects are not new in their activities for the public good. Mr. Foreman has always been interested in movements affecting the welfare of the community. And, on the side, he finds time to practice law."

As was often the case, Foreman was humble when he took the podium that night. He spread the wealth, stating, "Truly, in concerted and united effort there is strength."

He closed his remarks by hammering home the fact that Norfolk's finest students could more than hold their own in the world of academia. As Foreman pointed out, 7 percent of W&M's student body in 1935 was made up of students who moved on to Williamsburg after two years of studying at the Norfolk Division, and 30 percent of W&M's Phi Beta Kappas that year had begun college at the Norfolk Division.

If anything, Foreman's focus was about educating Norfolk's people, maybe more than anyone else in the history of this port city. Touched that the football field still bears Foreman's name after a $28 million facelift four years ago, his grandson Herb Foreman Hargroves wrote a letter to school officials: "I told them I was very thankful they kept the name Foreman on the complex," said Hargroves, referring to what is now called S.B. Ballard Stadium at Foreman Field. "I realize schools have to reward those who supply monetary resources. But the school also stayed true to its history."

These days in Riverside Memorial Park in South Norfolk, a headstone with "FOREMAN" upon it marks the austere man's grave. It is a humble family plot where Alvan Herbert Foreman has rested for 55 years.

The grave marker for Alvan Herbert Foreman has but four simple words as epitaph: 'They pretty much say it all, even now: "H is deeds yet live."'

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**A.H. Foreman At A Glance**

Born: March 1, 1878  Died: March 23, 1958
Bachelor of Arts, William & Mary, 1899
Bachelor of Law, University of Virginia, 1907
Superintendent, Norfolk County Public Schools, 1909-17
Chairman, Norfolk City School Board, 1930-43
Director, Norfolk Public Library, 1931-43
Board of Visitors for College of William & Mary, 1924-52
Rector, Board of Visitors for College of William & Mary, 1946-48
President, Virginia Society of the Sons of the American Revolution
Director, Norfolk Perpetual Building and Loan Association

Look closely to see the "N" for Norfolk on this 1930s William & Mary monogram sweater.
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Flora and Fauna on Campus
A Great Blue Heron takes flight from the Lafayette River inlet behind Old Dominion’s Rogers Hall. The tidal area attracts a variety of birds, including egrets, night herons, ducks and Black Skimmers. Steve Daniel of the university’s marketing and communications staff, who has taken hundreds of nature photographs on campus over the years, shot this one during the summer.

Great photography certainly lifts a magazine, and we at Monarch are eager beneficiaries of your exceptional images. For the Last Look page, we accept photographs from anyone in the ODU community. In selecting photos for the page, we are looking particularly for images that illustrate ODU’s attributes, such as our beautiful campus, innovative teaching, exceptional research and arts programs, an engaged and successful alumni network, and the international focus of our diverse university community.

Send submissions to jraper@odu.edu.
Mike and Denise Luckey have known each other since the eighth grade. They remained friends throughout high school, but it wasn’t until they went to different colleges - Denise to Virginia Tech and Mike to Old Dominion University, that they realized there might be more between them than merely friendship. It was a letter that Denise wrote to Mike that changed everything for the young couple. “I framed the letter and it hangs in our bedroom,” said Mike. “We wouldn’t be together today if Denise hadn’t written to me.”

Afterward, Mike asked Denise to transfer to ODU where he was majoring in business. By the next semester, Denise had moved back home to Hampton and was taking classes at Old Dominion to pursue her dream of working with animals.

Mike and Denise love all things Old Dominion, but especially athletics.

The couple graduated from Old Dominion University in 1989, Mike from the College of Business and Public Administration, where he received a Bachelor of Science in Business Administration with a concentration in economics, and Denise from the College of Sciences. They were married in 1995. Today, Mike is a supervisor at Sam’s Club in Western Branch, and Denise was led to the Virginia Zoological Park where she works with the African mammals and trains elephants.

Mike and Denise love all things Old Dominion, but especially athletics. At games the Luckeys can be found dressed in their ODU gear. They follow the different teams, and Denise can tick off the names, positions and statistics of current and former players. So, when the time came to begin their estate planning, the couple knew they wanted to include ODU in those plans. The Luckeys named Old Dominion University as the remainder beneficiary of their insurance plans and IRAs. Mike said it was easy – they simply filled out beneficiary forms.

The Luckeys’ future gifts will provide a scholarship for athletes in the College of Business and Public Administration and the College of Sciences. “We are appreciative for the generous support of Mike and Denise Luckey,” said Athletic Director Wood Selig. “Through a very creative gift, they will positively impact future student-athletes at ODU who have an interest in studying Business and/or Science, thereby also aiding those academic disciplines on campus as well. I am grateful to have such outstanding donor leadership from the Luckeys.”
Continuing through Nov. 17
“Kindred Spirits: ODU Art Faculty in Collaboration with the Chrysler Museum of Art,” exhibition of tenured art faculty works, each paired with a Chrysler Museum piece selected by the faculty artist. Baron and Ellin Gordon Art Galleries

1-6 “reasons to be pretty,” a play by Neil LaBute, directed by Steve Earle. A romantic look at the hopelessness of romance. University Theatre, Oct. 1-5 at 7:30 p.m. and Oct. 6 at 2 p.m.
Tickets: $15 students; $20 general

7-11 36th Annual Literary Festival, “Migrations: Words in Motion” Various locations and times, featuring talks by Madison Smartt Bell, author of 13 novels; Jo-Anne Smotherham, South African journalist who wrote the book “The Nevergiveups,” and Eric Miller, South African photojournalist who documented the struggle against apartheid; President’s Lecture Series speaker Charles C. Mann, author of “1491” and other books with scientific themes; David Mura, Japanese-American writer and performance artist; and Geoff Dyer, English journalist and novelist who wrote “But Beautiful: a Book about Jazz.” A full schedule is at http://www.lib.odu.edu/litfest/.

Monday-Friday, 10 a.m.-7 p.m., reception Oct. 9, 4-6 p.m.

23-Nov. 2 “The Mystery of Edwin Drood,” the Tony Award-winning play by Rupert Holmes, directed by Katherine Hammond, and music directed by Brian Nedvin.
Goode Theatre, Oct. 23-26, 30-31 and Nov. 1-2, 7:30 p.m. and Oct. 27 at 2 p.m.
Tickets: $15 students; $20 general

24 Waldo Family Lecture on International Relations: retired U.S. diplomat R. Nicholas Burns Ted Constant Convocation Center, 7:30 p.m.

28 Agnes and Friends, faculty recital featuring Agnes Fuller, Stephen Doxe and Anibal Acosta performing Adolphus Hailstork’s “Ventriloquist Acts of God” and other music.
Chandler Recital Hall, 7:30 p.m.

29 F. Ludwig Diehn Concert, “Carmina Burana,” performed by The Boston Camerata and ODU students, directed by Anne Azema.
Chandler Recital Hall, 8 p.m.
Tickets: $10 students; $15 general

30 Access EU Sea Level Rise Conference Lecture by Rear Adm. (Ret) David Titley, former Oceanographer of the Navy.
Ted Constant Convocation Center, 7 p.m.

(See oduartstix.com and al.odu.edu/art/gallery for more information. Unless otherwise noted, events are free and open to the public.)