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# ARTICULATION OF PRACTICAL NURSING PROGRAMS TO INSTITUTES OF HIGHER LEARNING

by

Gwendolyn Tharrington Sweat

A Thesis Submitted in Partial Fulfillment of the Requirements for the Master of Science Degree

School of Community Health Professions and Physical Therapy College of Health Sciences Old Dominion University August, 1989

Approved by:

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An Abstract of the Thesis of
Gwendolyn T. Sweat for the Master of Science Degree in
Community Health Professions, presented on August 12,
1989, at Old Dominion University:

TITLE: Articulation of Practical Nursing Programs to

Institutes of Higher Learning

Major Professors: Dr. Gregory H. Frazer

Dr. Colin E. Box

Dr. John L. Echternach

This study investigated the size of the Practical Nursing schools, the student/faculty ratio, the admission process, the number of program hours as well as individual course hours of each program, specific aspects of articulation agreements in place, and the need for a bridge course and its contents. Also collected was demographic information regarding the students. The study involved the aggregate population of 43 Practical Nursing Programs in Virginia. Study findings, based on responses from 28 schools, included the following: the practical nursing schools are for the most part 18 months long, have three faculty

members, admit students in late summer or early fall, and include students whose average age is 30. Eleven of the 43 practical nursing programs have an articulation agreement, and ten of those are with the community college. Seven of these have a bridge course that is a requirement for the licensed practical nurse entering the associate degree program. The study report includes a sample of the survey tool and a sample articulation form.

#### **ACKNOWLEDGEMENTS**

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Finally, I dedicate this thesis to my mother,

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#### Chapter I

#### INTRODUCTION

Much of the nursing preparation and education in the first half of the 19th century took place in the hospital. During this period the students worked in the hospitals beyond their educational experiences.

This allowed them to pay for a portion of their school tuition. Many of the students otherwise would not have been able to attend nursing school. When these schools first opened they were one-year hospital based programs, long on practice and short on theory.

The first schools of nursing were called "Nightingale" schools, named after Florence
Nightingale. These schools were supposed to be modeled after her original design of schools at St. Thomas
Hospital in London in 1860. There was however one major problem that caused significant difference between the schools: The American schools were not financially independent of the hospitals where they were housed as opposed to the schools of St. Thomas
Hospital. Therefore, the American hospitals could demand service of the students to help offset some of the cost of instruction or nursing care (Griffin and Griffin, 1965).

As a result of this financial relationship, most early training schools of nursing originated in this country primarily to provide services to patients, not education for students. During this time, the hospital nursing schools proliferated. In 1880, there were 15 nursing schools and by 1926 there were 2,155 schools (Christy, 1980).

In the beginning there were very few standards for entry into the practice of nursing. Nurses could become domestic or practical nurses with little or no training. There were also trained nurses who possessed a diploma from the hospital schools of nursing. In 1900, there were an estimated 3,000 trained nurses and 42,586 practical nurses. The trained nurses were from one-year, two-year, or three-year programs, providing preparation that was very diverse (Christy, 1980).

This diversity of training and lack of standardization in the nursing schools concerned nursing educators. After a great deal of effort, the state legislators in four states (North Carolina, New York, Virginia and New Jersey) passed the first nurse practice acts in 1903 (Christy, 1980).

By 1950, all states administered an examination to determine if the nurses were competent to become licensed nurses. There remained varied routes of educational preparation for the nurse. The concepts and concerns affecting entry into the nursing practice have been debated from the beginning of nursing and continue today. A major gain has been students no longer work for hospitals as part of the professional staff. Their clinical experience is completely part of their education (Griffin and Griffin, 1965).

#### STATEMENT OF THE PROBLEM

Some nursing leaders believed that schools of nursing should be more closely affiliated with educational institutions. Shortly after World War II a study titled <u>Nursing for the Future</u> by Dr. Esther Lucille Brown had a great deal of influence on nursing. She stated that "the basic purpose of all nursing education is to prepare qualified graduates to meet the current and future challenge of nursing" (Griffin and Griffin, 1965).

The problem addressed in this research is that few Practical Nursing Programs in Virginia have articulation agreements with institutes of higher learning. This situation necessitates repetition of learned material, additional time, and added expenses for the Licensed Practical Nurse. Articulation is one way to allow LPNs to continue their education and become better prepared for future health care services.

#### PURPOSE OF THE STUDY

The major purpose of this study was to provide practical nursing educators with empirical data that will enable them to better understand the characteristics of practical nursing school programs in Virginia. A secondary purpose was to increase awareness of the articulation movement and of the need to communicate and cooperate with institutes of higher learning.

Legislation has long been concerned about duplication of services in education (Curry, 1983).

Articulation can allow educators to work together to develop common program goals and more efficient

programs. With articulation agreements, the transition to a four-year curriculum will be more accessible for the licensed practical nurse.

A recent bill passed on May 9, 1989 H.R.7, which reauthorized vocational education activities for another five years, increased the authorized level of appropriations, and made major changes in the Vocational Education Act. The Carl D. Perkins Applied Technology Education Act was one of the changes that would attempt to reorient the current legislation toward the improvement of vocational education. This bill would authorize appropriations of \$1.444 billion for fiscal year 1990, a considerable increase above the \$918.4 million actually appropriated in fiscal year 1989. The new bill would also require that funds can be used for programs which integrate academic and occupational education. (AVA, 1989)

A longitudinal 5-year study in Missouri showed that, when compared with non-vocational graduates who went into the workforce, vocational students earned more, had more job stability, were more likely to be employed, and indicated more job satisfaction. These students are also more likely to continue their

education into institutes of higher learning. The funds from this bill will provide for creation of arrangements between vocational schools and community colleges. Vocational education is vital, its image is improving, and its providing relevant education and training to tomorrow's workforce (AVA, 1989).

#### NEED FOR THE STUDY

Articulation agreements are needed in the nursing profession. Students need to have access to an everenlarging body of knowledge that is critical to their lives and work. Articulation can help nurses continue their nursing education by reducing time, repetition, and expenses (Dunlap, 1985).

Technological innovation has changed and increased the practical nursing student's need for extended knowledge. Beginning skills can be taught to the student in high school thus providing a good foundation. If articulation agreements are in effect with institutes of higher learning, the student can continue his or her education without repeating previously mastered material. Articulation agreements provide cost effective nursing education (Stark, 1987).

The increased cost of education adds a burden to the taxpayers as well as to the students and their families. Many corporations are showing a desire to form partnerships or collaborate with high schools and vocational schools to provide services to improve educational programs. They, in turn, will be provided with better-educated employees. The sharing of the educational cost among the educational system, industry, and government is another positive aspect of articulation (Parnell, 1985).

Politics have played a role in the educational system. As the population ages, and their children are not as involved in education, their concern for education decreases. They are likely not to vote for the educational referenda that may increase their local taxes. Local politicians, school board members, and city councils will be looking for ways of curtailing educational costs. Articulation is a feasible avenue for helping to control cost, to reduce duplication for the student, and to allow the graduate to be in the work force earlier and be better professionally prepared (Rubinson, 1987).

#### ASSUMPTIONS

- Cost will be reduced for the student and for taxpayers.
- 2. Respondents will answer questions honestly.
- Some graduate LPNs will attend institutes of higher learning to become a registered nurse.

#### LIMITATIONS

- 1. Articulation for the individual is possible only if he or she has completed the Practical Nursing curriculum in an approved program within a specific time which is usually five years.
- Each articulation applicant must hold a current license as a Licensed Practical Nurse in the State of Virginia.
- The applicant must complete all prerequisite requirements to the institutions of higher learning.
- 4. The applicant must be accepted into the college offering the articulation agreement.

#### DELIMITATIONS

- The study is composed of Health Occupation
   Educators in the Practical Nursing Programs in Virginia.
- The respondent from each program is the Director or Coordinator of the program.

#### DEFINITIONS

- Able and Ambitious are articulation agreements whereby it is possible for young people to enroll in college courses and earn regular college credit, while remaining a high school student (Bradley, 1987).
- Advanced Placements are examinations to be taken in lieu of nursing courses and general education courses (Barfield, 1987).
- 3. Articulation is the planned process within the educational system which facilitates the transition of students between the secondary and postsecondary levels of instruction and allows the students to move with continuity and without hindrance through levels of the

- education process (Doty, 1985).
- Bridge Course is a new term in nursing and is 4. often referred to as "transition course." Transition Course is a course designed to facilitate mobility of licensed practical nurses into the Associate Degree (A.D.) Nursing Curriculum. The course begins with an orientation to the philosophy and objectives, curricular concepts and policies of the A.D. Nursing Program. The Nursing Process is studied in its entirety with emphasis on the assessment, nursing diagnosis, and planning nursing care components. Other topics covered are Communication Skills. Growth and Development, Fluids and Electrolytes, and Calculation of Medication dosages. Opportunity to develop assessment skills is provided by experience in the clinical laboratory (Shenandoah, 1988).
- 5. Career Mobility is a term that designates a movement from one level to another in an occupational field. It refers to a range of preparation, from the lowest to the highest level, as well as lateral movement (Lenbury,

1975).

- Course Credit is the granting of college credit for mastery of the competencies equivalent to a college course (Bradley, 1987).
- 7. Educational Mobility is upward movement from one level of education to another (Rapson, 1987). Another definition of Educational Mobility is educational plans that facilitate articulation of completed educational segments with additional learning in such a way that a student is able to work toward a higher credential in the same field without undue repetition (National Commission on Nursing, 1983).
- 8. Formal Articulation is advanced credit or advanced placement by both secondary and postsecondary levels (Pittet, 1986).
- 9. Licensed Practical Nursing, or practical nursing, means the performance of selected nursing acts in the care of individuals or groups who are ill, injured, or experiencing changes in normal health processes; in the maintenance of health; or in the prevention of

illness or disease. Licensed practical nursing requires knowledge, judgment, and skill in nursing procedures gained through prescribed education. Licensed practical nursing is performed under the direction or supervision of a registered nurse or other licensed health professional (Commonwealth of Virginia, 1987).

Nursing Practice or the practice of nursing 10. means the performance for compensation of professional services requiring substantial specialized knowledge of the biological, physical, behavioral, psychological, and sociological sciences and nursing theory as the basis for the following assessment: diagnosis, planning, intervention, and evaluation in the promotion and maintenance of health: the casefinding and management of illness, injury, or infirmity; the restoration of optimum function; or the achievement of a dignified death. Nursing practice includes, but is not limited to, administration, teaching, counseling, supervision, delegation, and evaluation of practice and execution of

the medical regimen, including the administration of medications and treatments prescribed by any person authorized by state law to prescribe (ANA, 1980).

- 11. Occupational Credential is the granting of college credit for having a valid occupational credential (Bradley, 1987).
- 12. Postsecondary Schools are any schools after the secondary school (Stein, 1980).
- Registered Nursing or "Professional Nursing" 13. means the performance of any nursing acts in the observation, care, and counsel of individuals or groups who are ill, injured, or experiencing changes in normal health processes; in the promotion and maintenance of health; in the prevention of illness or disease; in the health teaching of individuals or groups; in the supervision and teaching of those who are or will be involved in nursing care; or in the administration of medications and treatments as prescribed by any person authorized by law to prescribe. Registered nursing requires specialized education, judgment, and skill based upon

knowledge and application of principles from the biological, physical, social behavioral, and nursing sciences (Commonwealth of Virginia, 1987).

- 14. Resource Coordination is the sharing of faculty, facilities, and equipment (Bradley, 1987).
- 15. Secondary Schools are any schools ranking between an elementary school and a college (Stein, 1980).

#### Chapter 2

#### REVIEW OF LITERATURE

#### TYPES OF NURSING SCHOOLS

#### Registered Nursing

There are several general types of nursing schools. Oldest is the diploma school, a three-year program based in the hospital setting and usually requiring three academic years to complete. Courses are offered in the theory and practice of nursing and also in the social and natural sciences. Many diploma programs currently associate with local colleges or universities so that college credit is earned for the non-nursing courses. Upon completing the program, the Diploma graduate is prepared to function in an acutecare or long-term setting. The registered nurse can plan and implement care to individuals and their families. Also, they work with other members of the health care team. In the first quarter of the century, the diploma schools increased in number (Bullough. 1984).

Second oldest is the collegiate school. The collegiate school usually was a five-year program and

combinated hospital service and college or university study. Since World War II, these schools generally have converted to a four-year academic format. The Baccalaureate Degree Program offered is the professional degree in the field of nursing (Griffin and Griffin, 1965).

Students must meet entrance and graduation requirements for both the college and the nursing program. The first two years of general education coursework centers on the natural sciences, social sciences, and humanities. The next two years build on the liberal arts and science base, offering courses in nursing theory and practice. Upon graduation, students are able to provide comprehensive care. They are prepared to assume leadership and management positions as well as preventive and rehabilitative nursing (Bullough, 1984).

A third type of nursing curriculum is the two-year community college program. These graduates receive an Associate Degree in nursing from the junior college. These programs were begun in 1952. The two-year nursing programs at the community college had a very different philosophy from other nursing programs. The concept of the community college was to be technical in

content and offer a terminal degree. Therefore, the ladder concept (moving from one program to another) or the articulation process was not a probability at the onset of these programs. It was demonstrated that students could acquire adequate skills and knowledge in two years in order to pass the state examination and to function effectively as a bedside nurse (Bullough, 1979).

The deans and directors of both baccalaureate and associate degree programs realized that the two types of nursing schools were not so different. There seemed to be little differentiation between the functions of associate-degree and baccalaureate-level nurses in the hospital setting. "The contemporary nursing literature suggests that the original conceptualization of the associate degree as both technical and terminal has to all intents and purposes been abandoned..." (Bullough, 1979). "By 1960 there were 57 associate degree programs in community colleges and by 1977 there were 656. This was compared to 367 diploma and 349 baccalaureate programs" (Bullough, 1979). Indeed the community-college nursing program has taken a place in the nursing community. All three of these types of registered nursing programs currently take the same

state licensing examination in order to practice nursing as a registered nurse.

#### Licensed Practical Nursing (LPN)

Practical nurse education developed from on thejob training. These were the domestic nurses usually
with little or no formal education. They became more
useful in the community, caring for the less seriously
ill patient. The practical nurse was also needed when
the professional or trained nurse was not available
(Bullough, 1984).

Today the Practical Nurse is licensed. He or she must have received education in a state-accredited school and have passed the licensing examination. The Practical Nursing Program is one year in length and can be obtained in combination with the last year of high school plus an additional eight months or in a post high school adult programs.

Currently there are many ways to access a nursing education. The diploma programs, the associate degree programs, the baccalaureate programs and the practical nursing programs all prepare qualified graduates from their respective programs. The transition from one type of school to another continues to be a problem for

nursing graduates who desire to continue their education.

The transition from one level of nursing to another needs to be attainable without repetition of prior learning. For example, if a registered nurse with a diploma or an associate degree desires to continue her/his education to obtain a bachelor of science degree, the process should be available to that nurse. Also, if the licensed practical nurse plans to continue her/his education to become a registered nurse, this also should be available within the nursing structure.

Due to the rapidly changing pace of technology in today's nursing environment, there is a demand for more highly skilled nurses. Many nurses desire to remain at their present educational level. Nevertheless, there are many nurses today who do want to continue their education.

The need for more qualified nurses is apparent in today's society with the ever-changing and intensifying issues. An aging population, diagnostic related groupings (DRG's), hospital acuity level, techniques that prolong life at both ends of the spectrum (infancy and the elderly,) and trauma cases, as well as newly

diagnosed medical diseases such as Aids, impact on nursing (Landrum, 1987).

#### DISCUSSION OF ARTICULATION AGREEMENTS

Articulation agreements do not need to be long and complicated. The simpler a plan with quality guidelines, the more likely it is to work.

Articulation is complicated under the best of circumstances; thus, simplicity is critical. Two or more people and institutes are necessary to develop articulation. There may, however, be more than two involved in the process. Generally, those faculty members who understand all aspects of the programs are best qualified to be involved with the development (Bradley, 1987).

#### SCHOOLS WITH ARTICULATION AGREEMENTS

#### Maricopa County High School

The Maricopa County High School Districts in

Arizona have made considerable progress in the area of
articulation. Seven Maricopa Community College Deans
articulated programs within the large metropolitan high

school district and Vocational Technical Centers. The Arizona Vocational Education Act of 1982 required community college districts to coordinate the vocational education planning process for county planning areas. Maricopa County developed a five-year plan from 1984-89 to coordinate and implement the agreements. This plan provided a framework for improvement of vocational education opportunities in a cooperative atmosphere with the community colleges. There were approximately 175 articulation agreements in effect at the end of the fourth year (Landru, 1987).

The guidelines completed by the Maricopa Community Colleges for articulation were published as three chapters. The first chapter was an overview of articulation which defined the terms and discussed the development of the agreement. The second chapter dealt with the purpose of the articulation agreement.

Coordination and cooperation were discussed in chapter two as important aspects of the agreements if it is to be successful. The Faculty and Administrators involved need to be equal partners, agreeing upon the process of negotiation and maintaining accurate records of meetings and decisions. Finally, chapter three gave examples of the documentation needed to finalize the

articulation agreement. Four of the documents included were the Executive Summary, Articulation Application, Career Program articulation Form, and Student Information Flyer (Bradley, 1987).

The Maricopa Community Colleges and high schools identified five specific types of articulation processes that can be used to accomplish articulation between the two institutional groups. The first type was titled the Able and Ambitious Program. This was an articulation agreement whereby high school students received regular college credit for college level courses taken through Phoenix College outside of the regular high school day. The second, was called Direct College Credit Program. High school students received regular college credit for college level courses taken through Phoenix College during the regular high school day. In this situation the high school pays the tuition and the students pay the health insurance to the college. A third type of articulation agreement was the Articulated Credit Program. This is the granting of college credit for competencies previously mastered in high school which are equivalent to a college course. The Occupational Credential Program was the fourth type mentioned. This was defined as an

externally granted license or credential which was presented for college credit, for competence in a field. This particular type has caused some problems in the nursing area. A possible solution was to develop a bridge course for the material not covered in the LPN program that was a required prerequisite at the community college. The final type of articulation agreement was the <u>Resource Coordination Program</u>. This was the sharing of facilities, faculty, and equipment between the two schools with the agreement (Bradley, 1987).

From the guidelines, some recommendations were developed. It was recommended that articulation be developed mainly via the process of Course Credit or Articulated Credit Program. This process is the "granting of college credit for mastery of the competencies equivalent to a college course" (Bradley, 1987). The specific competencies at the high school level would be equivalent to a specific course at the college. This process makes it possible for high school students to acquire college credit during their high school years without duplication of time, effort, or expense. In addition, the graduate of high school is that much closer to a college graduation with

marketable skills. Communities and all of society benefit when this process if successful for the young people of any community (Bradley, 1987).

The various administrators decide exactly what programs are to be articulated and then negotiate details. The faculty decide the competencies to be included in each articulated course, determine the amount of college credit students may receive, and identify when the students have mastered the identified competencies. Both of these parts of the process are extremely time consuming and very tedious (Bradley, 1987).

In addition to course credit, another method of articulation that was implemented in these situations was the Occupational Credential Program. The Licensed Practical Nurse (LPN) is one example. In Maricopa County a number of the community colleges do articulate with the high school LPN programs. These schools will award 24 Nursing credits for a valid Practical Nursing License. Some of these schools have resource coordination which involves the sharing of faculty, facilities, and equipment. When the schools have resource coordination, it can help with the financial burden of the nursing school (Bradley, 1987).

The Maricopa County Schools have had four updates on the original five-year Maricopa County Vocational Education Plan adopted for 1984-89. The fourth update included an evaluation of progress made on several planning issues and objectives for the year 1988. These areas included technological trends, financing trends, political trends, demographic trends, and economic trends. The schools have over 200 high school-community college articulation agreements in effect in Maricopa County. Most of these grant college credit for mastery of competencies equivalent to the college course. Many of the community-based organizations and companies have specialists for recruitment of these graduates (Landrum, 1987).

The updated report has a summary report of the high school/college articulation agreements. In addition, a course equivalency guide is available for use by counselors and students to determine which courses will transfer to other institutions. These agreements cover a wide variety of majors in addition to nursing (Landrum, 1987).

Davis County High SChool

Another example of an exciting Health Occupations

option was offered to students at Davis County High School in Utah. The area of health occupations was offered for the 1988-1989 school year at Weber State University. Students with interest in exploring a medical field had the opportunity to take courses in these areas. The first course was Health Occupations One, available to high school students in the summer between their 9th and 10th grade. The course lasts one week and was designed to stimulate interest in Health Occupations careers. A wide variety of activities were included in this course. An overview of body system, diseases, and first-aid as well as field trips to hospitals and clinics are involved in the curriculum (Brice, 1988).

The second course was Health Occupations Two and was taken during the summer of the 11th and 12th grade years. The course not only granted high school credit but was equivalent to Weber State's Health Sciences 120. These students received college credit for this course work during their high school years. (Brice, 1988).

The third course was taught in the afternoon at the Davis Area Vocational Center by Weber State
University faculty. There was a concurrent enrollment

with the Health Occupations Three course. Upon completion of the course the student received 15 quarter hours of college credit. These credits were also transferable to other colleges as health science or general credit (Brice, 1988).

Students need to consider their career options
long before their last year in high school. This was
one of the main reasons to provide career interest
activities and classes early in the students' high
school period. The program at Weber State University
will provide the students with an interest in a medical
field to explore areas of possible future careers
(Brice, 1988).

## Cloud County Community College

On the 13th day of September, 1976, an articulation agreement was made between Cloud County Community College, Cloud County, Kansas and North Central Kansas Area Vocational—Technical school, Mitchell County, Kansas. Both institutions had a mutual interest in providing a multiple—entry and multiple—exit program in nursing (Cloud, 1976).

The first year of the Practical Nursing program at the vocational school was fully articulated with a

second year program at the community college. This articulation allowed the students to complete the Associate Degree in Nursing. Expenses for this program are shared by both of the institutions as are the faculty. The vocational school pays for the courses taken by the students at the vocational school, and the cost of the courses at the college is paid for by the student. Costs that overlap are to be divided by mutual agreement of both parties (Cloud, 1976).

Another articulation project is the Guide to Articulation of Programs (GAP). The Research Coordinating Unit, Division of Community Colleges and Vocational Education, and Kansas State Department of Education were all responsible for the funding of the project. The guide is generic in nature, in that it will work for programs in any occupational service area. It was a practical handbook designed to assist area vocational—technical schools and community colleges in their efforts to provide a mechanism for students to continue their education in a similar field (Dunlap, 1985).

The guide is divided into nine sections. The first section related the need for articulation.

Dunlap illustrated the need for articulation as shown

in Table 1. He noted the lack of communication, gaps in continuity, and lack of information as some areas of concern in relation to the need for articulation. The remaining eight sections dealt with the process of articulation, such as establishing a cooperative climate and effective communication, developing committee assignments, reviewing alternatives, developing the agreement, and gaining and maintaining support (Dunlap, 1985).

In Kansas, the problem of cooperation was addressed. Funding was an issue which administrators realized was a concern. The budget was currently being used in other areas. To add another program such as articulation would compound the the burden. Through cooperative articulation agreements the administrators could actually provide an extension of limited resources. Legislative laws were encouraging creative use of local funds, and articulation provided such creativity in its program. The Kansas Department of Education also gave support and encouragement for articulation, especially in the same geographical locations (Dunlap, 1985).

Turf related issues with articulation was another problem identified by the administrators. The fear of

#### TABLE I

## NEED FOR ARTICULATION

- Students repeating the same content at different levels.
- 2. Students experiencing disjointed, unsequenced content from educational level to level.
- Students experiencing gaps in continuity when some content is skipped in going from one level to another.
- 4. Student matriculation from level to level not smooth because of a lack of information about the next level.
- Students using the same materials and/or textbooks at different levels.
- Needed student competencies not identified by each level and/or not communicated from one level to the next.
- 7. Testing program not comprehensive nor coordinated level by level.
- 8. Misunderstanding due to poor communications.
- Faculty members at different levels not being aware of what others are teaching.

Source: Dunlap, 1985.

loss of control over one's program, or loss of program identity, and not being able to maintain program standards were all faculty concerns. Communication and a cooperative climate are key factors needed to develop an agreement (Dunlap, 1985). One solution the State of Kansas developed to address this issue was competency-based curriculums. This identified similarities and differences between programs as well as where they overlap. In this manner each school was able to maintain its program, but at the same time understand the other program and find ways of relating the two (Dunlap, 1985).

Developing an articulation agreement between two or more schools was not an easy task to undertake. There are common barriers that block the cooperative path for the schools. There was no need to duplicate learning, materials, student efforts or resources. The need for articulation among programs was vital. A plan was needed to overcome the pitfalls and barriers and realize the need for articulation. Dunlap addressed the lack of communication, an unclear purpose, and the schools concern for their own tradition as barriers to articulation. Ten of his identified barriers are illustrated in Table 2 (Dunlap, 1985).

# TABLE 2 BARRIERS TO ARTICULATION

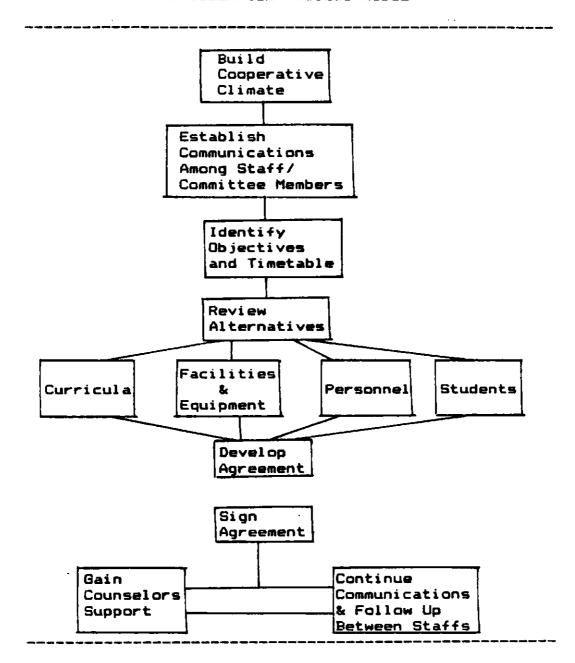
- 2. Lack of Communications
- 3. Student "Numbers" Orientation
- 4. All or None Attitude
- 5. Concern For Tradition
- 6. Emphasis on Negative
- 7. Lack of Trust
- 8. Lack of Confidence
- 9. Low Priority of Tasks
- 10. Lack of Formal Agreement

Source: Dunlap, 1985

The GAP handbook shows the overall articulation process model. The process begins with building a cooperative climate among key personnel from each institution involved. The top administrator must set the stage for this cooperative atmosphere and establish communication lines among faculty. A sense of trust, quality interpersonal relationships and openness among faculty was important. Objectives and a timetable for the articulation process was also necessary for the process to materialize. Reviewing the curricula and available facilities was the next step. The development and signing of the agreement followed the time and effort put forth by all. However, this process does not stop with the agreement.

Gaining support and continue communication and follow up was imperative for continuation of the agreement. Figure 1 showed the overall articulation model described in the Guide to Articulation of Programs Handbook. The author clearly points out that this was a model and this was by no means the only way to develop an articulation agreement. However, the first two steps, cooperation and communication, are basic for any agreement to be developed and then stand the test of time (Dunlap, 1985).

FIGURE 1
ARTICULATION PROCESS MODEL



Source: Dunlap, 1985

Anyone involved in the articulation process must realize that the philosophies and goals of each institution must be examined. There needs to be some type of agreement of philosophy before articulation can be effectively implemented and maintained. Vocational schools and community colleges most often do not have the same goals and objectives. Therefore, this was one area that needed to be explored in the gathering data phase of articulation (Doty, 1985).

The Cloud County report confirmed the literature review of other mentioned reports that there are numerous meanings for the word articulation. The definition for this report dealt with vertical articulation for occupational education, and stated it was a planned process that allowed the student to move from one system to another easily (Doty, 1985).

The fact that vertical articulation between secondary schools and community colleges must be accomplished to aid the transfer of students, avoid program duplication, and use money efficiently was supported by persons such as Hoerner and Austin (1978), Maricopa Community Colleges (1984), and Dunlap (1985). Statewide articulation and transfer agreements now exist in various forms in about thirty states (Kintzer

& Wattenbarger, 1985).

A number of the principles of articulation mentioned in the report by Doty have also been discussed by others. The state administrations must be supportive of the articulation process for it to be successful. Several states, such as Louisiana, New Jersey, Texas and Florida, all have passed legislation requiring that their State Department provide the leadership necessary for articulation (Doty, 1985).

Instructors at both or all institutions involved in the agreement must be involved in the process and decision making from its onset. Any attempt to improve articulation without focusing on people will be unproductive (Bushnell, 1978). Instructors who are involved in the articulation should be compensated for the work load. This was often overlooked as not necessary; however, this should be part of the agreement. Workshops and educational materials are helpful for the instructors to develop ideas and guidelines for developing and implementing articulation agreements (Doty, 1985).

Other principles mentioned are communication, contracts, and good faith. Communication was necessary between the institutions involved in the process.

Therefore, a joint advisory committee should be formed. Contracts must be developed, agreed upon, signed, and communicated to all. These contracts should be reviewed annually. Effective articulation is possible only if it is based on trust. All institutions must be equal partners in the endeavor. The good faith principle was verified by many writers (Bushnell, 1978), (Hoerner and Austin 1978).

The report points out that if any one of these principles is violated, results will be negative toward articulation. Reviewing the large bibliography presented confirmed the fact that much has been reported on articulation between secondary schools and community colleges/technical institutes (Doty, 1985).

## BAPTIST MEMORIAL HOSPITAL

Baptist Memorial Hospital System School of Nursing has developed a LVN (Licensed Vocational Nurse, same as LPN) advanced placement program. In order for the LVN to receive credit, he or she must pass written theoretical examinations and clinical evaluation. This particular situation does not actually give credit for what has already been learned and proven by passing the

state board examination (Baptist Hospital, 1985).

Another program Baptist Hospital has was the Evaluations for Credit Program. The LVN must pass a theoretical examination and clinical evaluation over a five-day period. The school does provide study outlines for preparation for the examination. Also, there was a charge of \$90.00 for the examination fee. Both of these programs seem less than what a licensed nurse should be required to validate since she has already validated the information through a state examination (Baptist Hospital, 1985).

# NEW YORK STATEWIDE PLAN

The state of New York has dealt with articulation specifically in the nursing discipline. Objectives of the statewide study included the following areas: to develop formal agreements, to identify constraints or barriers, to determine characteristics to successful agreements, to determine costs related to the agreements, and to identify benefits and effectiveness of selected agreements (Fadale, 1985).

There were 45 two-year colleges and 37 secondary institutions that participated in the survey. The

majority of responding institutions reported existence of articulated agreements with other level institutions. Advanced placement was the most common feature of the articulation agreements (Fadale, 1985)

In 1974, problems and benefits of articulation agreements were identified in New York. Then in 1984, under the Carl D. Perkins Act, a Statewide Plan addressed the concept of articulation with the idea to make more effective use of limited resources (Fadale. 1985).

This study defined articulation as planned interinstitutional linkage within a region that results in more career program alternatives for students and increased efficiency in the use of available resources. New York's concern dealt with their resources, and thus their definition also mentioned the available resources (Fadale, 1985).

The literature revealed numerous definitions for articulation. In 1979, the AVA-AACJC (American Vocational Association - American Association of Community and Junior Colleges) jointly agreed on the following definition: A planned process linking two or more educational systems within a community to help students make the transition from one level of

instruction to another, or between programs and institutions, without experiencing details or loss of credit (Fadale, 1985).

Questionnaire packets that contained Administrator forms, Coordinator Forms, and Alternate Questionnaire Forms were distributed for the survey. These were designed to collect broad comprehensive data, specific information, and descriptive information about upcoming agreements. Academic officers at each institution received these packets and were instructed to distribute them as needed (Fadale, 1985).

Advanced placement was the most common feature of the articulation agreements. These types of agreements were formal. The survey identified the faculty members primarily responsible for planning and coordinating the agreements and administering the placement details.

Staff identified that were involved in the articulation process were Deans/Vice Presidents, Department Heads, Principals, Guidance Counselors, and Instructors and Teachers. Joint responsibility between two individuals, often was indicated. The Deans/Vice Presidents were primarily responsible for initiating the agreements and Department Heads and Instructors were responsible for the implementation. Communication

was maintained with a systematic order at most all institutions. This was to increase efficiency and effectiveness of the articulated agreements (Fadale, 1985).

The length of time that agreements had been in place was surveyed in the secondary and postsecondary schools. Figure 2 illustrates that 66.7% of the majority of agreements at the postsecondary level were in effect for up to two years. Figure 3 shows that the secondary level had been in effect for two years with 45.3% (Fadale, 1985).

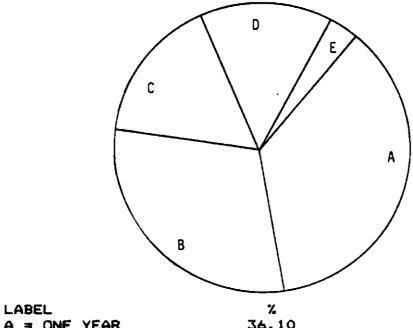
Goals and objectives of the survey are illustrated in Table 3. Advanced placement and access to college programs were most frequently reported. The concept of easing and promoting entry into college programs was the intent of all the agreements both at the secondary and postsecondary schools (Fadale, 1985).

Numerous benefits were described in the study.

These benefits applied to both levels of students and institutions. At the secondary level, obtaining collège credit was frequently discussed as was less time needed for degree requirements and incentive to attend collège. The postsecondary level identified recruitment or increased enrollment as one main benefit

FIGURE 2

# ARTICULATION: TIME PERIOD OPERABLE--POSTSECONDARY AGREEMENTS

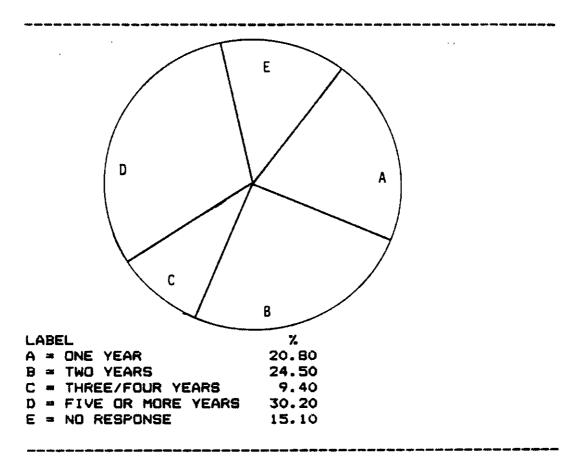


Α	**	ONE YEAR	36.10
В	=	TWO YEARS	30.60
C	<b>=</b>	THREE/FOUR YEARS	16.70
D	=	FIVE OR MORE YEARS	13.90
E	=	NO RESPONSE	2.70

Source: Fadal, 1985

FIGURE 3

ARTICULATION: TIME PERIOD
OPERABLE--SECONDARY AGREEMENTS



Source: Fadal, 1985

TABLE 3
MAJOR GOALS/OBJECTIVE OF AGREEMENTS

Postsecondary Secondary Coordinators Coordinators 25.0% To award advanced placement/credit 50.9% 25.0% To facilitate access to college programs/increase enrollment 25.7% 13.9% To motivate students/build on their experience 13.2% 16.7% To increase options for graduates To reduce duplication/repetition 8.3% 7.5% of course content Keep costs down for students 5.7% 5.6% 5.6% More efficient use of facilities (evening, etc.) 1.9% 5.6% Guaranteed/early admissions 2.8% 3.7% To develop a model program 2.8% Increase minority access 1.9% Provide industry with skilled 3.7% technicians 2.8% Career exploration/use of college faculty to counsel secondary students (N-53) (N-36)

Due to multiple responses percentages do not total 100%

Source: Fadale, 1985

(Fadale, 1985).

Both levels identified some barriers with the articulation agreements. Of the areas, differences between the school's philosophies, scheduling meetings. maintaining communication, compatibility of curricula, state funding, proper evaluation of previous learning, differences in operating calendars, and faculty demands were all identified by both levels as important concerns. Another area of concern was the cost of implementing these agreements. Would it be costefficient to have articulation agreements between the institutions? This question was asked by the administrators and deans of the institutions. areas of cost most often mentioned included the cost of telephone, equipment, publications, mileage, and faculty time. However, the articulation agreements may result in observable dollar savings and thus be cost effective. These results were not readily available from the survey information (Fadale, 1985).

Evaluation of the articulation agreements were in place for the majority of the institutions. The evaluation was completed annually. These reviews included staff and student evaluation as well as the program evaluation and self-assessment ratings by both

the secondary and post secondary schools. The self-assessment rating topics are listed in Table 4. The majority of the programs were rated as moderate to very effective. There were some recommendations for change, but overall the agreements are in place and established (Fadale, 1985).

## SACRAMENTO CITY SCHOOL DISTRICT

The Sacramento City Unified School District and Sacramento City College developed an articulation agreement. The report offered guidance for community colleges and high schools interested in developing or expanding articulation programs. Part I of the report provided an overview of the policies. Part II described the articulation model and its funding sources. Part III offered guidelines for establishing a partnership and discussed factors which contribute to and inhibit success of the agreement. This project has been nationally cited as one of three model partnership programs featured in the ASCJC national video teleconference on community college partnerships with high schools (Carey, 1986).

Community Colleges are being encouraged to deal

# TABLE 4

# SELF ASSESSMENT RATINGS

The evidence on which self-assessment ratings were based by:

Post-secondary schools include:

- -number and level of students participating
- -numer of completers, persistence rate
- -amount increased enrollments
- -outside evaluator reports
- -teacher feedback
- -student/faculty enthusiasm

Secondary schools include:

- -teacher/student feedback/enthusiasm
- -completion rates of requirements
- -college feedback
- -extent of program expansion
- -existing continuity
- -college admissions/counselors feedback

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Source: Fadale, 1985

with the issue of articulation. The California Commission for Higher Education viewed articulation efforts as being important to improve the health of the transfer function. Areas such as students being underprepared, minority transfers, and student success with transfers are all areas of concern. These areas being dealt with will meet the needs of the student, the employer, and the schools (Carey, 1986).

A 2 + 2 + 2 program was one in which the vocational programs will lead to the baccalaureate degree where appropriate. Educational excellence was important at all levels (Parnell, 1985; Carey, 1986). Educators are willing to give up some of their turf areas to develop successful articulation agreements. The California Association of Community College's (CACC) Commission on Instruction viewed the issue of articulation as so critical that they formed a special subcommittee to address the articulation concerns (Carey, 1986).

The Commission viewed articulation as a way to improve the transfer of students from high schools and vocational schools to higher education. Through articulation these programs would meet the needs of the student and the employer, and involve education at

different levels. Maintain good communication and strengthen working partnerships between high schools and community colleges/universities, and the students will reap the rewards of these efforts (Carey, 1986).

The Sacramento City College and Sacramento City
Unified School District have had their articulation
project in existence since 1982. The model has been
studied for replication because of its success (Carey,
1986). They share the belief that educational
excellence is a joint responsibility of colleges and
school district. They serve the same population, work
toward the same goals, experience similar problems, and
agree to be equal partners in the venture (Carey,
1986).

The articulation activities of the schools was focused in four main areas. First, staff inservice workshops were planned by and for the faculty. These workshops helped in gaining extensive knowledge, but also helped to break down perceived barriers between the two school faculties. Secondly, student services began in the eight grade. These students were transported to the college for slide presentation and tours of the school. Other grade-level students also had programs geared for them. Another activity was the

articulation agreement itself. Course content and proficiency tests were reviewed. Specific competencies were identified for each course. The agreements are updated annually. The fourth area was that of assessment. Basic skills are verified by placement tests (Carey, 1986).

The California report described how to get started in establishing a partnership in community college/secondary articulation. First, both parties must agree that they have common problems. Both schools must unilaterally establish ground rules and sharply focus on cooperative projects and on action. The administration must approve and actively initiate responsibility for the articulation. Timelines need to be established with periodic progress reports made ayailable to everyone. Agreements should be reviewed annually. These are major areas that need to be addressed in order for the articulation agreements to be successful (Carey, 1986).

Factors that have been previously mentioned were once-again discussed. The problem of turf was one of the most significant obstacles to successful articulation. Scheduling and resources were also again mentioned. The amount of funding was directly related

to the breadth and complexity of the articulation plan.

Vocational Education funds are available for the

development of agreements. Federal officials have

identified this as a major focus of future legislation
and funding (Carey, 1986).

There are similar factors that contribute to success in articulation as identified by Parnell, Doty, and Carey. These include top level commitment, formal structure, regular meetings, faculty involvement, and clear/simple goals. Articulation must be a systematic and regular activity, not something that happens once a year (Carey, 1986). Community college and secondary school articulation is a major issues in California. They have identified articulation as an important educational policy for all students (Carey, 1986).

#### SUMMARY

Higher education institutions are examining their goals, missions, and responsibility for improving the quality of public education. Improving the high school programs has been the result when the initiative was taken from the college level. These "trickle down," concepts have historically worked. However, currently

all aspects of education are being reviewed. Educators today are beginning to look at both what works and why it works as well as what fails and why it fails. These efforts are aimed at motivating high achieving students and reducing the redundancy in curriculum as well as early admission of students into the college curriculum. With this concept in mind, the high school teachers were trained by college and university personnel to renew faculty competency. The goal was to contribute to the teacher, not the student. From this information it was concluded from the 1940's to 1980's that more satisfied teachers by itself will not appreciably improve the educational achievement levels of the students. Therefore, other avenues need to be investigated (Lieberman, 1985).

Focus now was turned to the student. What programs will best exemplify the ability of the student? What differences are there between a 17-and an 18-year old teenager? Our educational system has the 17 year old in a setting where compulsion, dependence, and control are a demand placed on him. Yet, at 18 the same individual was located in a college where autonomy, independence, freedom, and financial aid structure are more common place. Recognizing the

major problems of teenagers, educators can move the focus from the teacher to the psychosocial needs of today's student (Lieberman, 1985).

The "Neglected Majority", or the middle 50% of high schools students are currently overlooked by most collaborative approaches from education. Eleven million students will not complete high school. drop out rate is 27% nationally and about 50% in large urban settings (Lieberman, 1985). As long as the adolescent of the 1980's can drive, live with a lover, shoot or be shot, travel to Europe alone, and parent a child, the current structure of the secondary school will not hold the attention of these adolescents. tough problem was not in identifying winners; it was in making winners out of ordinary people. That, after all, was the overwhelming purpose of education. (Parnell, 1985). When educational institutions have accepted the need for structural reform and used the developmental needs of the student as a quide, the institutions have prospered (Lieberman, 1985).

Partnerships between secondary schools and colleges promote students being well served. There must be a sense of mission involved, and leadership from both institutions. Faculty needs to be identified

with commitment to the programs developed. Time and money are necessary to develop the plan and guarantee its acceptance at the high school and college level. There must be advantages for all parties involved. All must share the cost and benefits. The advantages of more students being better prepared serves everyone. The burden of learning must be on the student instead of on the institution and its staff. Collaborative efforts between high school and colleges work for the institution but mostly for the student (Parnell, 1985).

The high school student needs to know what to expect when they enter the college atmosphere. Entering the upper level institutions may be accomplished, but staying in these schools may be difficult for the student. A cooperative effort between the two institutions can emphasize what it takes to complete successfully a program rather than just enter into the program (Lieberman, 1985).

There are several methods of collaboration. Joint enrollment was one of the most common cooperative programs for high school and Community Colleges. It provides a stimulating program for the student with rewards of college credit. Sharing of faculty and/or facilities is another form of cooperation. Classes are

taken by the high school student in a nearby community college. Advanced placement was a program aimed at motivating academically gifted students to earn college credits while in high school (Lieberman, 1985).

Another cooperative program was the written articulation agreement. These agreements are most often found in vocational/technical programs. This was one of the most difficult to develop, but was the most important type of cooperation effort. Some issues that Parnell describes that inhibit this type of cooperation are discussed. The single most often cited problem was that of turf. All schools are reluctant to give up anything in their program. The articulation needs to be viewed as no threat to any of the involved institutions. Secondly, state leadership was imperative to establish linkage between community colleges and high schools. The availability of resources, such as equipment and staff time to develop and implement the programs, was important. Scheduling, college image, and communication are additional issues described (Lieberman, 1985).

Looking to the year 2000, one must conclude that for most students, 12 years of schooling will be insufficient. Today's graduates will change jobs

several times. New skills will be required and new citizenship obligations will be confronted. Of necessity, education will be lifelong (Parnell, 1985). Learning is a continuing process with periods of acceleration and deceleration that are influenced by the person and his or her life events. Individuals do change, and when their goals and aspirations change so does what they thought was a terminal goal change. At different points in life, decisions may become an intermediary goal toward another terminal goal (Feldman, 1987).

Articulation of practical nursing programs to institutes of higher learning can allow the individual the opportunity to change his or her focus on life, and continue this life-long process of learning. This idea is especially true for the adult learner. Learning is cumulative, involving problem solving and reasoning. Individuals change their career goals and have a right to alternative approaches to advanced levels of education. One cannot continue to insist that students must repeat every act of their entire educational experience (Feldman, 1987).

#### CHAPTER 3

## METHODOLOGY

This chapter discussed the selection of the sample and the practical nursing programs and their location in Virginia as illustrated on a map in Figure 4. The research questions are described as well as the instrumentation used for the survey and the data analysis.

## SELECTION OF SAMPLE

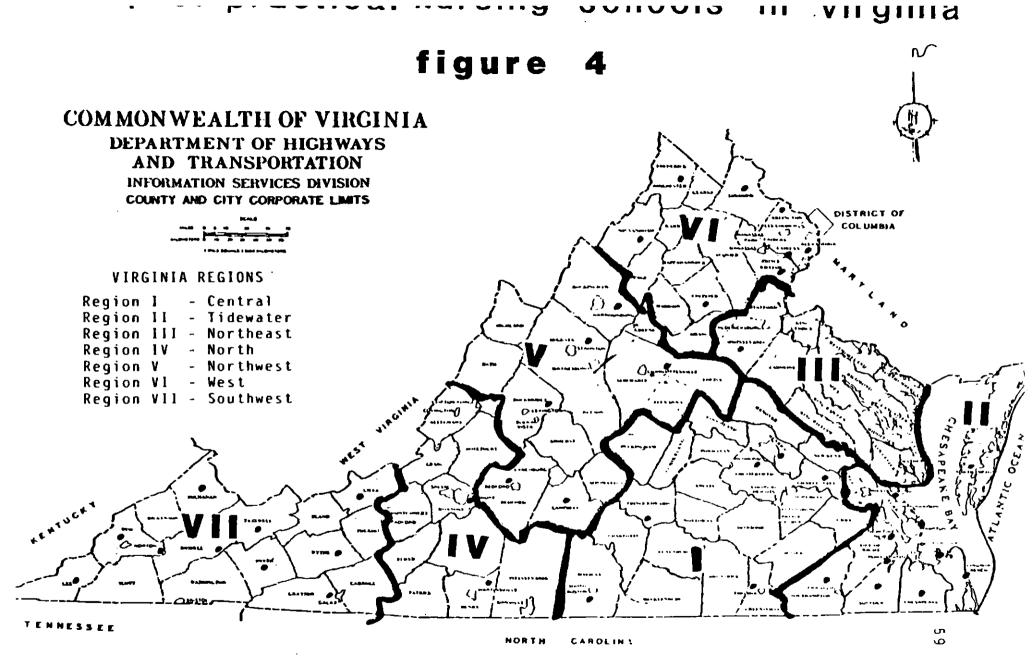
A survey was used to collect information concerning practical nursing programs and their articulation agreements. The anonymous and voluntary survey was mailed to the aggregate Directors of the 43 Practical Nursing Programs. This type of survey has several advantages of being inexpensive, simple, self-administering, and anonymous. A stamped, self-addressed envelope was supplied to encourage all the Directors to respond.

Of the 43 programs, 35 are located in high schools. The student may begin the program in the 12th grade of high school and complete the course nine months after graduation. Eight practical nursing

programs are 12 months in length and consist of only adult students. The Practical Nursing programs either in combination with the high school or post high school have a mean of 1235 hours in their curriculum.

The location of the 43 schools are illustrated in Figure 4. There are seven regions throughout the state. Each of the regions are labeled and separated by a dark line. The number of Practical Nursing Programs in each region is indicated by the large black dot. The number of schools range from one in region three to 10 in regions two and seven. Even though the regions do not have the same number of schools, the schools are geographically scattered throughout the state.

These 43 practical nursing (PN) programs represent all the PN programs in the state of Virginia. Because of the small n, the aggregate population was used. The survey was sent to three of the Directors prior to the complete mailing. They were ask to comment on any problem they may have encountered while completing the survey. All three completed and returned the survey. There were no negative responses regarding the survey. All indicated it took approximately 15 minutes to complete the survey.



SOURCE: VIRGINIA DEPARTMENT OF EDUCATION

#### RESEARCH QUESTIONS

The following research questions were investigated in this study:

- 1. What are the curricular and demographic characteristics of the Practical Nursing Programs?
- 2. What different types of institutions of higher learning have articulation agreements with practical nursing programs?
- 3. What are the characteristics of any "Bridge Course" mandated by the articulation agreement?

# INSTRUMENTATION

The instrument used for the survey contains four parts. The first part asks General Information of Practical Nursing Programs. This data showed the size of the student and faculty population. It assessed the faculty/student ratio in the clinical setting and the classroom. The second part described the admission process. It detailed persons involved with admission,

the interviews, as well as the students that are admitted. Part three dealt with the curriculum, and whether or not the school is on the semester or quarter system. The specific courses and the time allotted to specific clinical experiences was also investigated. In addition, questions relating to any current articulation agreement were asked. Part four asked questions regarding student information. Concerning the past three years, information was requested relating to the number of students and previous college work, reasons for student attrition, student ages, and distance from school were also assessed in the last part of the survey.

The type of questions included in the survey were a combination of closed—and open—ended questions.

There were a variety of types and lengths of questions in the survey. The survey had a total of 43 questions.

#### DATA ANALYSIS

The SPSSx Program was used for development of the statistical analysis. The analysis consisted of a t-test and correlation. The t-test was used to determine if a significant difference existed between two sample

means, and is particularly appropriate for small samples. The critical values are expressed as z scores since the sample is larger than 30 (Rubinson, 1987).

The measurement of central tendency can be determined by the mean, median, and mode. The mean is the arithmetic average that is determined by adding all the observations and dividing by the total number of observations. This is used when the greatest reliability is desired. The median is the number that is most in the middle of all the numbers or observations. This may be used when there is not time to compute the mean or when one needs to know the numbers that fall above or below the middle. The mode is the number that occurs most frequently. It is the quickest estimate of central value and can be used if only a rough estimate is needed (Rubinson, 1987).

#### SUMMARY

This chapter discussed the sample selection, research questions, instrumentation, and data analysis of this project. The participants of the study were selected from the Directors of the 43 Fractical Nursing Frograms. A map of Virginia was included which

indicated the location of the programs. The research questions asked information that included the characteristics of the Practical Nursing Programs, the articulation agreements with institutes of higher learning, and the characteristics of any Bridge Course required by the articulation agreements. A survey of 43 questions was used to gather the needed data. In the data analysis, the mean of each question was used to determine any correlation among the 43 programs.

#### CHAPTER 4

#### ANALYSIS OF RESULTS

The purpose of this study was to provide practical nursing educators with empirical data that will enable them to better understand the similarities among the aggregate practical nursing school population in Virginia. Secondary purposes were to increase the breath of awareness of the articulation movement, to communicate and cooperate with institutes of higher learning, and to develop articulation agreements with these schools. This chapter presents an analysis of the research data collected from the practical nursing programs. This chapter is divided into three sections:

- 1. Demographics
- 2. Discussion of Research Questions
- 3. Summary

#### DEMOGRAPHICS

The participants of this study represented the Practical Nursing Programs in Virginia. The aggregate population was used due to the small n with 43 programs located in seven regions throughout the state. The range of schools in each region are from one to 10.

They are, however, geographically scattered through most of the state to provide good access of practical nursing to the entire population of Virginia.

#### DISCUSSION OF RESEARCH QUESTIONS

This section states the research questions and respective results.

1. What are the curricular and demographic characteristics of the Practical Nursing Programs?

The demographic information was obtained from a number of the survey questions. The size of the schools was assessed with eight of the programs having 25 or less students (30.8%), five programs had 26 to 35 students (19.2%), nine of the programs had 36 to 50 students (34.6%) and four programs had 51 to 100 students (15.4%).

The length of the various programs was addressed. In an overwhelming majority of the 26 valid responses, there were 22 schools whose length was 18 months (84.6%), one school was 11 months (3.8%) and two were 12 months in length (7.7%). Eighteen schools (69.2%) were on the semester system and three (11.5%) were on the quarter system. Five of the schools (19.2%) did

not respond to that part of the question.

The full-time faculty ranged from one full-time faculty in a school (7.7%) to two schools having five full-time faculty (19.2%) members. The majority of the schools, however, had three full-time faculty (42.3%). The part-time faculty ranged from four schools having none (15.4%) to six schools having one part-time faculty member. In addition, one school (3.4%) had eight part time faculty members.

Student-to-faculty ratio in the classroom setting ranged from 10 to 35 with a mean of 20.7 to 1.0. The ratio for the student-to-faculty in the clinical environment was ranged from five to 17 students with a mean of 9.8 to 1.0.

All 28 returned surveys indicated the programs had a selective admission process. Also, they all have a pre-admission interview requirement. Those persons who participated in the pre-admission interview include the Director of the Practical Nursing Program in the majority of the schools (77%) and the faculty (54%). Others who were involved in the pre-admission were the vocational director, the guidance counselor, the director of nursing at the hospitals, and the school principles.

Admission to the program was determined by the recommendation of the admissions committee in most cases (88.5%) and the program faculty in 11 schools (42.3%). All of the responses indicated that a high school diploma or GED equivalent was necessary for admission to the practical nursing program. Algebra and chemistry were requirements in one of the programs. One school admitted students in January to March (3.8%), and five schools admitted their students in April to June (19.2%), and 18 of the programs admit students in July to September (69.2%). There were two schools (7.7%) that did not respond to this question.

The number of semesters or quarters required to complete the program ranged from two to eight with a mean of 4.5. The number of hours per day the students attended the program ranged from three to eight with a mean of 5.7. Several schools indicated more than an eight-hour-day for the student. However, it was felt by the researcher that these responses were not accurate and were excluded from the analysis. The number of hours per week also was misrepresented and any number of hours over 40 was disregarded.

Therefore, the remaining schools ranged from 21 hours to 40 hours per week with a mean of 28 hours.

The total hours in the curriculum for the practical nursing programs ranged from 540 to 1980 with a mean of 1235 hours. Hours in the classroom setting and in the clinical were also part of the survey questions. However, the responses were skewed and thought not to be an accurate representation of the actual hours in those two settings; therefore they were not included in the report.

Curriculum of each program was one of the questions asked on the survey. The number of the hours are illustrated in Table 5. There were 11 classes listed on the survey plus an "others" category. Of these 15, 13 described the "other" as maternity. The range of hours spent on a maternity rotation was 30 to 150 with a mean of 86. One survey included community health as the "other category" with 30 hours required and one had growth and development listed with 45 hours. In the class listed as medication administration, some of the programs integrated medication administration in the medical-surgical nursing. Therefore, the range may not accurately indicate actual hours of medication administration. Not counting a zero response and the outlier responses, the range was 5 to 108 with a mean of 49.6 actual hours

TABLE 5

THE NUMBER OF HOURS REQUIRED IN THE PRACTICAL NURSING CURRICULUM FOR EACH OF THE CLASSES

	CLASS	(RANGE HOURS)	MEAN
			· · · · · · · · · · · · · · · · · · ·
1.	PEDIATRICS	30-200	89.9
2.	GERIATRICS	20-165	59.6
3.	MEDICAL/SURGICAL	125-780	385.9
4.	MENTAL HEALTH	20-120	62.3
5.	DRUG CALCULATIONS	9-100	44.2
6.	PERSONAL & VOCATIONAL	_ 26- 95	48.2
7.	NUTRITION	30- 60	41.7
8.	ANATOMY	55-130	87.2
9.	MEDICAL TERMINOLOGY	0- 75	2B.0
10.	NURSING PRINCIPLES	93-250	174.5
11.	MEDICATION		
	ADMINISTRATION	5-108	57.2
12.	MATERNITY	30-150	86.0

of medication administration.

The type of faculty advising/counseling system that is most often being used by the practical nursing program is open advisement (88.5%). In other words, the student is allowed to have a conference with the faculty when needed. Fre-admission counseling is the second most frequently cited type of counseling (69.2%), and followed by mid-term counseling (61.5%).

Ranking the factors according to their importance in decreasing student attrition, admission criteria was the most important factor (38.5%) according to the respondents of this study. Second was on-going academic counseling by the faculty (30.8%) and preadmission career counseling (30.8%), student faculty ratio (29.8%), clinical education program (26.9%), preadmission interview (23.1%), and finally the practical nursing curriculum (23%)

Student information was collected regarding the number of graduates the schools had in the past three years, the amount of college work the students had prior to entering the practical nursing programs, and the level of nursing assistance training before coming into the programs. Table 6 illustrates the mean of admissions into the schools and the mean of graduates

TABLE 6

MEAN NUMBER OF PN STUDENTS ADMITTED AND GRADUATED PER PROGRAM IN 1986, 1987, AND 1988

	1986	1987	1988
ADMITTED (MEAN)	29.9	28.7	27.4
GRADUATED (MEAN)	17.3	15.9	14.2
Attrition Rate	43%	55%	59%

and attrition rate for the years 1986, 1987, and 1988. The attrition for those years were 43%, 55% and 59% respectively. The average number of graduates for the three combined years was 16 students.

Responses to the question regarding students with prior college coursework was negligible. For the most part, the survey responses indicated this data is not collected on this item.

The range of practical nursing students with nursing-assistant preparation was from zero to 30 with a mean of 8.6 for the year 1986. For 1987 the range was from zero to 36, and in 1988 the range was from zero to 38. The mean for 1987 and 1988 are 7.25 and 10.41 respectively. There were ten schools that did not respond to the question and indicated that data had not been collected in the area.

The data on age and distance traveled to the academic program were collected. The average age of the practical nursing student ranged from 18 to 35 with a mean of 27.2. The average distance the students traveled to school from where they lived ranged from 3 to 35 miles with a mean of 14.1.

Other characteristics of the practical nursing student were gender, number of children, and marital

status. Forty-six percent of the students were married females and 36% were single females. Ten percent were single males and without children. The female students with children were 42 percent and without children were 33 percent. Eight percent of the females were divorced and none of the males were reported as being divorced.

# What are the different types of institutions that Practical Nursing Programs have articulation agreements with?

Eleven of the 43 practical nursing programs had an articulation agreement. Of those, six had the agreement one to two years, and five had the agreement in effect for three to four years. No school had the agreement longer than four years. There were 15 schools that responded to the survey and did not have an articulation agreement with institutes of higher learning. The percent of schools that had agreements of the 26 valid returned survey was 42.3%. However, the percentage for all the schools with agreements from the entire practical nursing population was 25%.

There were three types of institutes of higher learning that the practical nursing programs had articulation agreements with in Virginia. These three are hospital-based registered nursing schools,

community colleges, and universities. One practical nursing program had an articulation agreement with a hospital-based program. Two schools had agreements with a university, and ten practical nursing schools had agreements with community colleges. This is a total of 13 agreements. There were 11 total schools that had agreements and two schools had two agreements in effect.

3. What are the characteristics of any "Bridge Course" required by the articulation agreement?

Of the 11 practical nursing schools with an articulation agreement, seven had a bridge course that was required of the Licensed Practical Nurse. The bridge course consists of a variety of requirements. Algebra and chemistry were required in three of the situations as was the National League of Nursing Profile Mobility I Test. Three schools also required the student entering the bridge course to be a graduate of a practical nursing program and to be a licensed practical nurse. One school required college transcripts and one school insisted the student must have had a "C" average in the clinical phase of his or her practical nursing experience. One school also required the students to take competency examination

for the areas in which they were to receive credit.

#### SUMMARY

Forty-three practical nursing programs in Virginia were utilized in the survey with twenty-eight surveys were returned for a response rate of 65%. The survey was divided into four parts. The demographics of the practical nursing program revealed that 34.6% of the programs had 36 to 50 students admitted between July and September. The length of the curriculum (84.6%) of the valid surveys was 18 months. The clinical and classroom setting had a student-to-faculty ratio of 20.7 to 1.0 and 9.8 to 1.0 respectively.

All schools had a selective admission process. Recommendations from the Admission Committee (88.5%) were required for admission. A high school diploma or its equivalent was required for the entrance into the programs. The average attrition rate for the years of 1986, 1987, and 1988 was 52.3%, and the average numbers of graduates for the same years was 16 students per year.

Ages 18 to 35 were the range for the practical nursing students who traveled an average of 14.1 miles

to school. Forty-six percent of the students were married females, and 36% were single females. Ten percent were single males without children.

Eleven (25%) of the 43 practical nursing schools had articulation agreements. Ten of these schools had agreements with community colleges. Seven articulation agreements had a bridge course as part of the requirements. In the data analysis, cross-tabulation was completed. However, the information between the program variables produced no statically significant relationships.

#### CHAPTER 5

SUMMARY, CONCLUSIONS AND RECOMMENDATIONS

The following discussion presents the summary and recommendations for this study. This chapter is divided into three parts: summary, conclusions, and recommendations.

#### SUMMARY

The purpose of this study was to provide practical nursing educators with empirical data that will enable them to better understand the similarities among the aggregate practical nursing school population in Virginia. Secondary purposes were to increase the breath of awareness of the articulation movement and of the need to communicate and cooperate with institutes of higher learning. The following research questions were generated from these purpose:

- 1. What are the curricular and demographic characteristics of the Practical Nursing Programs?
- 2. What different types of institutions of higher learning have articulation agreements with practical nursing programs?

3. What are the characteristics of any "Bridge Course" required by the articulation agreements?

The participants of the study were selected from all the 43 practical nursing programs in Virginia. The survey was sent to three of the directors to test the content validity of the instrument. Twenty-eight of the surveys were returned with a 65.0% response rate.

The size of the schools was assessed in the survey. Nine of the schools reported having 36 to 50 students, and eight schools indicated they had 25 or less students. The length of the majority of the programs were eighteen months (84.6%). The percentage of schools with three full-time faculty members (42.3%) and the percentage of schools with one part-time faculty (66%). Student-to-faculty ratio in the classroom was an average of 20.7 and in the clinical setting the average was 9.8.

All 28 returned surveys indicated they had a selective admission process and a pre-admission interview requirement. Admission to the programs was determined by the recommendation of the admissions committee (88.5%). Students are admitted in the late summer or early fall in 69.2% of the schools.

All schools that responded indicated that a high school diploma or its equivalent was required for admission. The most important factor that was concluded from this survey in decreasing student attrition is the admission criteria. The mean attrition rate was 52.3 for the three years of data collected in the study for 1986, 1987, and 1988. The average number of graduates for the same three years combined was 16 students.

The average age of the student was 27 and lived an average of 14 miles from the school. Forty-six percent of the students were married females and 36 were single females. Forty-two percent of the females had children and thirty-three percent of the females did not have children. Ten percent were single males without children.

Eleven of the forty-three practical nursing programs currently have articulation agreements. This is 25% of all the schools with agreements. Ten of the practical nursing schools have these agreements with a community college and seven of the articulation agreements have a bridge course as part of the articulation requirement.

#### CONCLUSIONS

The following review of findings is based upon research questions and information outlined in Chapter 3 and data provided in Chapter 4.

- Awareness of the necessity of articulation agreements is not widespread or well known in Virginia.
- 2. It appears that Practical Nursing Programs in Virginia are "healthy" in that there are adequate numbers of programs for Virginia and enough students for each of the programs.
- 3. The demographics of the programs reflect that the majority of the students are 27-year-old married females, with children, living 14 miles from the educational institution.

#### RECOMMENDATIONS

The following recommendations are made as a result of this research.

 Adapt state curriculum with current established competencies which will be available to all schools.

- Conduct a nation-wide study of Practical Nursing Programs regarding their articulation agreements.
- 3. Develop a method of tracking the students who access articulation agreements from the Practical Nursing Programs to institutes of higher learning.
- Collect more data regarding the bridge course at the college level.
- Re-survey the number of hours in the classroom and the clinical experiences.
- 6. Collect data on students with college credit
- 7. Collect data on students with nursing assistance background prior to entering the practical nursing programs.
- Develop a state-wide articulation program for the practical nursing schools with institutes of higher learning.

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### Instructionsi

There are four (4) parts to this survey: Part I: General Information, Part II: Admissions Process, Part III: Curriculum, and Part IV: Student Information. Please complete all parts as accurately as possible.

If the question is not applicable to your program, please put N/A in the blank provided for that item.

Please do not give your name, social security number, or any other identifying data so that this survey will remain anonymous.

1.	Title (not name) of person com	mpleting survey:
2.	Size and type of institution:	(check one in each column)
	25 or less students	10 months public
	26 - 35 students	11 months public
	36 - 50 students	12 months public
	51 - 100 students	18 months public
3.	Is the institution on the seme	ester or quarter system?
	Semester	Quarter
4.	Number of Practical Nursing Indifferentiate between full time	
	Full-time faculty	Part-time faculty
5.	Student to faculty ratio in Pr	ractical Nursing lecture courses:
	: 1.0	
۵.	Student to faculty ratio in Pr	ractical Nursing clinical courses
	: 1.0	

PARI	II:	<u>Admi</u>	ssion	e <u>Pro</u>	<u>Cess</u>	= Pre	<u>ctic</u>	<u>al Nu</u>	rsing	<u>Progr</u>	<u>s.m</u>	
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		ь.							establi ng Pro		for	
	If you	ı ans	swered	"a"	to Nu	ımber	1, p	lease	conti	nue t	o ques	stion 2.
	If you	u ans	swered	"b"	to Nu	mber	1, p	lease	go to	Part	III c	on Page 3.
2.	Isa	ore-	admiss:	ion i	nterv	iew r	equi	red?				
		Yes							No			
3.	Title:	s of	those	wha	parti	cipat	e in	the	pre-ad	missi	on int	erview?
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4.			to the l that			is de	eterm	ined	by the	reco	mmenda	ation of:
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6.	What	mont	h are	stude	ents a	admit	ted?	(chec	k all	that	apply:	•
	_	Jan	uary -	Marc	:h				July	- S	eptemi	oer
		Apr		June			_		Octobe	r - D	ecemb	er

	III: <u>PRACTICAL NURSING PROGRAM INFORMATION</u> Number of semesters/quarters required to complete program:
	Number of contact hours per day required of students (including lecture, laboratory, and clinical)?
3.	Number of contact hours per week required of students (including lecture, laboratory, and clinical)?
4.	Total credits/hours required in curriculum:
5.	Total credits/hours required in clinical:
6.	Total credits/hours required in class:
7.	Please give the number of credit/hours required during the curriculum in each of the following areas:
	Pediatrics Personal & Vocational Nutrition Medical—Surgical Anatomy Mental Health Medical Terminology Drug Calculations Nursing Principles Other (please specify) Medication Administration
8.	Do you have any articulation agreement/s in place?  Yes  If you answered yes to question 8, continue to question 9.
	If you answered no to question B, please go to question 14.

\_\_\_\_ 5 - 6 years \_\_\_\_ longer than 7 years

9. How long have you had an articulation agreement?

1 - 2 years 3 - 4 years

10.	How many articulation agreements do you have with each of these different institutions of higher learning.
	Hospital Based (Diploma Program) Community College (Associate of Arts Degree) University (Bachelor of Science in Nursing)
11.	<ul> <li>If you have an articulation agreement with institutions of higher learning, do they require a "Bridge Course".</li> </ul>
	Yes No Don't know
	If you answered Yes to question 11, continue to question 12.
	If you answered No to question 11, please go to question 14.
12.	If a Bridge Course is required, what does it consist of:
13.	If a Bridge Course is required, how much time is needed to complete the course.
14.	What are the prerequisite admission requirements of the institutions of higher learning that Practical Nursing Programs have articulation agreements with or plan to have them with?
15.	What type of faculty advising/counseling system is currently being used by the Practical Nursing Program (check all that apply)
	Pre-admission academic counseling Mid-term counseling
	Open Advisement
	Other (please specify)
16.	Describe the program's policy on academic probation and expulsion from the program:

17.	Rank the following factors importance in decreasing s important, 8 is least important.	tudent attri		
	Career counseling (p Admission criteria Pre-admission interv On-going academic co Student-to-faculty r Practical Nursing cu Clinical educa*:on p facilities) Other (please specif	iew unseling by atio rriculum rogram (tota	faculty al hours and va	-
PART	IV: STUDENT INFORMATION			
	ata requested is not known tion mark (?) in the space			out a
		Gra	duation Class	of:
1.	Number of students	<u>1986</u>	1987	1988
	originally admitted into this class		ملت ملت بلين والي	<b>****</b>
2.	Number of students at end of 1st semester in this class			
3.	Number of students at end of 2nd semester in this class			
4.	Number of graduates			
5.	Number of students with prior college coursework:			
	a. 1 - 6 credit hours			
	b. 7 - 10 credit hours			

c. 11 or more credit hours

d.

some college, but do not know hours completed

6.	Number of students with nursing assistant preparation	1986	1987	91 <b>1988</b>
7.	What are the three most i for dropping out of the p			
	b			
	C			
	Have you collected data o	on this?	Yes	No
8.	What is the average age o	of your studen	nts?	
7.	What is the average dista	•	dents live fro	m school?
10.	What percentage of the cu	ırrent student	s are:	
		FEMALE	MALE	
	Married			

THANK YOU FOR COMPLETING THIS SURVEY. PLEASE FILL IN YOUR NAME AND ADDRESS ON THE ENCLOSED POSTCARD IF YOU WOULD LIKE A COPY OF THE RESULTS. THE RESULTS SHOULD BE AVAILABLE BY MAY, 1989.

Single

Divorced

Have Children

Have No Children

## SAMPLE ARTICULATION FORM

CULLEGE	<del></del> 92
ARTICULATION AGRE	
PROGRAM TITLE	<del></del>
Based upon mutual concern for providing providing providing the which will build upon past experiences of duplication of instruction, the College subsunderstand.  Following discussion between the faculties was concluded that there is substantial ag	students and eliminate unnecessary faculties of scribe to the following memorandum of s at the two institutions, it
developed in the	programs.
Consequently, it was agreed, subject to the the College Dean will forward to the Record that elective crecertificate or the Degree Program to each  1. To be eligible for elective crece a B or better average in his or	rds Office his recommendation edits be granted in either the graduate .  dit, a student must have
2. This transfer of credit can only	y be used to replace ses. The transfer of credit may courses. This transfer of
The College, through its precedure for addithe right to make the final determination of all students. This procedure requires faculty member designated below.	concerning the advanced placement
Chairperson/Faculty Member College	Director/Program Supervisor School
President/Dean Designee College	Superintendent/Designee School

#### VITA

Name:

Gwendolyn Tharrington Sweat

Programs

Community Health Professions

Education:

Old Dominion University

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1986-1989

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Health Profession

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Associate Degree in Nursing

Thesis Title:

Articulation of Practical Nursing

Programs to Institutes of Higher

Learning

Thesis Advisors: Dr. Gregory H. Frazer

Dr. Collin E. Box

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1982-1987

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4. Clayton General Hospital Head Nurse (Med-Surg Unit) 1971-1973 Jonesboro, Georgia

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