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Effects of HZE Irradiation on Chemical Neurotransmission in Rodent Hippocampus

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EFFECTS OF HZE IRRADIATION ON CHEMICAL

NEUROTRANSMISSION IN RODENT HIPPOCAMPUS

by

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A Dissertation Submitted to the Faculty of Eastern Virginia Medical School in Partial Fulfillment of the Requirement for the Degree of

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ABSTRACT

EFFECTS OF HZE IRRADIATION ON CHEMICAL NEUROTRANSMISSION IN RODENT HIPPOCAMPUS

Mayumi Machida Eastern Virginia Medical School, 2009 Director: Dr. Gyorgy Lonart

Space radiation represents a significant risk to the CNS (central nervous system) during space missions. Most harmful are the HZE (high mass, highly charged (Z) , high energy) particles, e.g. ⁵⁶Fe, which possess high ionizing ability, dense energy deposition pattern, and high penetrance.

Accumulating evidence suggests that radiation has significant impact on cognitive functions. In ground-base experiments, HZE radiation induces pronounced deficits in hippocampus dependent learning and memory in rodents. However, the mechanisms underlying these impairments are mostly unknown.

Exposure to HZE radiation elevates the level of oxidation, resulting in cell loss, tissue damage and functional deficits through direct ionization and generation of reactive oxygen species (ROS). When hippocampal slices were exposed to ROS, neuronal excitability was reduced. My preliminary results showed enhanced radio-vulnerability of the hippocampus and reduction in basal and depolarization-evoked $\int^3 H$]-norepinephrine release after HZE exposure. These results raised the possibility that HZE radiation deteriorates cognitive function through radiation-induced impairments in hippocampal chemical neurotransmission, the hypothesis of this dissertation.

In Aim 1 I have focused on the effects of HZE radiation on release of major neurotransmitter systems in the hippocampus. I have further extended my research on the levels of receptors of these systems in Aim 2. In Aim 3, I have studied the level of oxidation in membranes of my samples.

My research reveals that HZE radiation significantly reduces hyperosmotic sucrose evoked $[3H]$ -glutamate and $[14C]$ -GABA release both three and six months post irradiation. The same radiation regimen also significantly enhances oxidative stress as indicated by increased levels of lipid peroxidation in the hippocampus, suggesting that increased levels of lipid peroxidation may play a role in reduction of neurotransmitter release. HZE radiation also significantly reduces levels of neurotransmitter receptors critical to synaptic plasticity; glutamatergic NMDA $(N$ -methyl D -aspartate) receptors and β 1 adrenergic receptors, three months post irradiation. By six months post irradiation, the levels of these receptors are returned to normal, implying that partial repair may take place.

My findings demonstrate that a single dose of HZE radiation alters the neurochemical environment in the hippocampus, which may underlie radiation-induced cognitive dysfunction.

This dissertation is dedicated to my husband, Akira Machida. Without his unconditional love, and unselfish support, I would not have been here today. Nobody could ask for a better husband than you.

I also dedicate this dissertation to my parents, Zenjiro and Nobue Tanaka. Their love and commitment from the day I was born have enabled me to achieve this goal.

Last but not least, I would love to dedicate this to my beloved children, Kei, Yui, and Leigh, who have filled my life with joy and have given me the meaning for my existence.

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There are many people who have contributed to the successful completion of this dissertation. From the bottom of my heart, I would like to thank the current and former members of my dissertation committee, Dr. Britten, Dr. Hanson, Dr. Sanford, and Dr. White for their patience and hours of guidance on my research and editing of this manuscript. I would also like to extend many thanks to the members of my guidance committee, Dr. Aravich, Dr. Castora, and Dr. Duffy for getting me prepared for any forthcoming challenge in dissertation research. My special thanks go to Dr. Godfrey, who, as Director of the program, always gives the best advice to keep me on track throughout my doctoral training. I would like to thank my co-worker, Mr. Brian Parris, for his warm friendship which has always cheered me up in good times and bad times.

The untiring efforts of my mentor and a chair of my dissertation committee, Dr. Gyorgy Lonart, deserve special recognition. His high expectation and trust on me have forced me to achieve higher than I could. During all these years, he has constantly supported, guided, and encouraged me, both academically and emotionally, as a mentor and as a friend.

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CHAPTER I

1

INTRODUCTION

INTRODUCTION TO THE PRESENT STUDY

In the 20-year Strategic Program Plan (SPP) for Space Radiation Health Research (SRHR), NASA has identified four major health concerns regarding exposure to **space HZE** (high mass, highly charged (Z), high energy) **radiation;** 1) acute radiation syndromes, 2) degenerative tissue effects, 3) carcinogenesis, and 4) **damage to the Central Nervous System (CNS)** *(1).* Currently, with the possible exception of cataracts, there are no direct human data available for space radiation risk assessment (2). The CNS risks are classified as acute and delayed radiation effects *(1),* and the late delayed effects of radiation are the major concern in estimating risks to crew members *(3, 4).* Currently, the following delayed risks are reported; 1) deterioration in motor function (5) , 2) behavioral impairments mediated by the dopaminergic system *(6-8)* and 3) **cognitive dysfunction** *(9, 10),* with no proven mitigation strategies (2). These risks may be enhanced by synergistic effects such as bone loss, cardiovascular alterations, and impaired sensory-motor adaptation *(1, 11).* NASA plans to return humans to the Moon by 2019 and to Mars by 2030. They have placed high priority on investigating CNS risks *(1),* as CNS injury may cause severe interference with job performance during an extended space mission to Mars. Phase 1 of this plan $(2006 \sim 2013)$ emphasizes the

The model journal for this dissertation is *Radiation Research.*

urgent needs to; 1) develop a new risk model to reduce uncertainties regarding radiation induced CNS damage. 2) develop experimental evidence for radiation induced CNS damage, and 3) validate permissible exposure limits for space radiation in terms of CNS functions *(12).*

Studies with conventional radiation, e.g., X-rays and γ -rays, in ground based settings have established deleterious effects of ionizing radiation on the human brain. Long-term studies with childhood cancer survivors revealed that cranial radiation therapy often results in progressive cognitive dysfunction *(13-16).* Young and adult patients of acute lymphoblastic leukemia and brain tumors who had received cranial radiation therapy display a delayed and progressive decline in cognitive performance including impairments in attention, visual perceptual skills, executive function, and memory (13) . Ris and co-workers reported that brain tumor survivors had a 17.4 point decrease in full scale intelligence quotient (IQ) four years after radiation therapy even when moderate doses of radiation were applied *(14).* The neuronal mechanisms that underlie these effects remain mostly unknown. Possible causes include demyelination suggested by quantitative magnetic resonance imaging (MRI) studies that detected white matter necrosis *(15).* Since the damage correlated with decreased attention, lower IQ and academic achievement *(16),* this histopathological change has been hypothesized as a mechanistic base for radiation induced cognitive dysfunction *(13).* Rodents given a 25 Gy dose of Xray radiation have been used extensively to investigate the histopathology of the radiation-induced damage, as this dose induces vascular lesions as well as radionecrosis that is associated with demyelination one year after irradiation *(17).*

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Research on hippocampal neurogenesis has revealed that radiation may induce cognitive impairments even at doses that are well below the threshold for producing histopathological changes. Whole brain irradiation of mice subjected to a single mild dose (10 Gy) of X-rays showed reduced performance in a Barnes maze, a hippocampaldependent spatial learning test *(18).* Since the same dose of radiation nearly abolishes the production of new neurons in rodents one or two months post irradiation *(19, 20),* it has been suggested that radiation-induced cognitive dysfunction may depend on adult neurogenesis in the hippocampus. However, there was no correlation between radiation induced suppression of adult neurogenesis and spatial learning tested in a different behavioral paradigm, e.g. Morris water maze *(21, 22).* In addition, when other techniques were used to suppress adult neurogenesis, they failed to establish an unambiguous link between adult neurogenesis and learning and memory *(23, 24).* Thus, a causative relationship between radiation induced suppression of neurogenesis and radiation induced cognitive impairment still awaits clarification *(24).*

An alternative neuronal mechanism of radiation-induced cognitive dysfunction is **perturbation of chemical neurotransmission,** a mechanism mostly independent of neurogenesis *(25).* Transduction of neuronal signal may be achieved by electrical coupling of pre- and postsynaptic elements at electrical synapses. However, the overwhelming majority is chemical synapses, which use chemical substances for transmission". Exposure to radiation results in the generation of toxic free radicals *(26, 27)* which affects neurotransmission *(28-31).* When a hippocampal slice preparation was exposed to H2O2, an experimental model to assess effects of HZE radiation *(28),* the

^a In the rest of the text, the term "neurotransmission" will refer to "chemical neurotransmission".

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exposure altered neuronal excitability, the ability to generate action potentials *(29),* and reduced synaptic efficacy at both inhibitory and excitatory synapses (30) . H_2O_2 also suppressed $[K^+]$ -depolarization-evoked $[{}^3H]$ -glutamate release from isolated cortical nerve terminals, suggesting that radiation induced reactive oxygen species (ROS) production may perturb the functional integrity of release machinery *(31).*

Currently neurochemical research on space HZE radiation effects has been mostly limited to nigrostriatal dopaminergic (DA) and cholinergic neurotransmission *(5, 32, 33),* a brain region mostly involved in movement coordination *(34).* Joseph et al found that 0.1 to 1.0 Gy of HZE radiation significantly reduced the enhancement of depolarizationevoked DA release by oxotremorine, muscarinic cholinergic receptor agonist *(5).* This effect was region-specific, as decrements were observed only in the striatum but not in the hippocampus *(35).*

Much less understood are the effects of space radiation on **hippocampal neurotransmission,** despite the well documented HZE radiation-induced impairments in hippocampus dependent behavior *(9, 10, 36),* and radio-sensitivity of the region *(28, 37).* In line with these previous reports, my preliminary results also demonstrated significantly enhanced radio-vulnerability of the hippocampus (Chapter I, Preliminary Results for a full detail). Thus, in this study, I have focused on **the effects of HZE radiation on chemical neurotransmission in the hippocampus.** My hypothesis is that HZE radiation disrupts functional integrity of hippocampal neurotransmission, which may be a component of radiation-induced cognitive dysfunction.

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Since major events in synaptic neurotransmission are release of neurotransmitters and activation of neurotransmitter receptors, I addressed possible HZE effects on these in the following specific aims.

In **Aim** 1, I tested effects of HZE radiation on release of major hippocampal neurotransmitters. I assayed basal and hyperosmotic-shock evoked release from **glutamatergic, GABAergic** (y-amino-butyric acid), and **noradrenergic** systems (Chapter II). Hyperosmotic sucrose evoked release has been used as a measure of the size of the readily releasable pool, which reflects release probability *(38)* and synaptic strength *(39).* Glutamate is the major excitatory transmitter in the CNS and the participation of glutamatergic NMDA receptors in long-term potentiation (LTP) and depression (LTD) provides a strong link between the glutamatergic systems and the mechanisms of learning and memory *(40).* GABA is the major inhibitory transmitter in the CNS, and behavioral/pharmacological studies have suggested that GABA receptor blockade can improve hippocampal dependent learning and memory *(41).* NE is also implicated in synaptic plasticity; α - and β -adrenergic receptor manipulations modulate LTP in hippocampal pathways *(42, 43)* and learning tasks *(44).* My working hypothesis was that HZE radiation perturbs release of these hippocampal neurotransmitters, which play critical roles in hippocampal dependent learning and memory.

In **Aim** 2, I tested the effects of HZE radiation on levels of neurotransmitter receptors (Table 1) by quantitative western blot analysis to elucidate biochemical correlates of possible changes in neurotransmission (Chapter III). My working hypothesis was that HZE radiation may affect these protein levels, and in turn these may lead to alterations in synaptic strength, giving rise to impaired learning and memory.

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TABLE 1A

Neurotransmitter Receptors Evaluated in Quantitative Western Blot Analysis

TABLE IB

Synaptic Proteins Evaluated in Quantitative Western Blot Analysis

Aim 3 was designed to test HZE effects on **lipid peroxidation** in the hippocampus (Chapter IV). By definition, ionizing radiation generates ions, which increase the formation of free radicals and reactive oxygen species (ROS). Imbalance between the pro-oxidants and anti-oxidants may cause oxidative stress, e.g. oxidation of membranes. My working hypothesis was that lipid peroxidation of membranes may underlie impairments in hippocampal neurotransmission.

To investigate these specific aims, I exposed rats to single doses of 0.6, 1.4, 2.0 Gy of HZE (56 Fe, 1 GeV/n, 150 keV/ μ m) radiation, or sham radiation. The dose of 2.0 Gy was chosen based on my preliminary study where 2.0 Gy significantly inhibited basal and evoked $[3H]$ -norepinephrine release from rat hippocampal slices (Chapter I, Preliminary Results). One point four Gy was chosen to approximate doses that inhibit hippocampus dependent cognitive performance previously reported *(9, 10, 36).* I have chosen 0.6 Gy as the lowest test dose, since our behavior data displayed highly variable performance of 0.6 Gy irradiated animals in hippocampus dependent spatial learning test, which implies that the dose is capable to induce neurochemical change in hippocampus, but a degree of change depends on sensitivity to radiation within each individual *(45).*

As discussed earlier, it is the delayed effects that may lead to severe neurological consequences in the CNS *(46, 47).* In this study, animals were sacrificed three and six months post-irradiation to investigate the early and late delayed radiation effects.

I used **synaptosomal preparation** to evaluate effects of HZE irradiation on hippocampal neurotransmission and protein levels. Synaptosomes are isolated nerve terminals, and have been used as an experimental model system to study the structure and function of the synapse *(48),* and **synaptic plasticity** *(49).*

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My findings indicate that a single treatment with 0.6 Gy of **⁵⁶Fe HZE particles^b** (1 GeV/n, whole-brain irradiation) significantly disturbs functional integrity of the release machinery of rat hippocampal synaptosomes, and results in the reduction of evoked $[{}^{3}H]$ -glutamate and $[{}^{14}C]$ -GABA release three months post irradiation. A pronounced change has also been found at the 6 month time-point, indicating that the effects are persistent. Exposure to ⁵⁶Fe HZE radiation also significantly perturbs levels of glutamatergic NMDA receptors and β adrenergic receptors, while levels of marker proteins for glutamatergic nerve terminals, and glutamatergic synaptic vesicles are not significantly altered, thus it is unlikely that observed reduction in glutamatergic release is caused by radiation-induced depletion of glutamatergic store or apoptotic damage of nerve terminals. Increased level of lipid peroxidation after exposure may be a possible mechanism of disrupted neurotransmission in the hippocampus.

Considering critical roles of glutamatergic and GABAergic systems, and NMDA receptors and β adrenergic receptors in learning and memory, my findings provide experimental evidence which underlie radiation-induced cognitive dysfunction.

INTRODUCTION TO SPACE RADIATION BIOLOGY

Radiation is a process in which energy *radiates,* i.e. energy travels outward in straight lines to all directions from a source. When radiated energy hits atoms or molecules, it may lead to *excitation* or *ionization* of them. Excitation is where energy causes an electron in an atom or molecule move to a higher energy level without actual

^{b 56}Fe particles are discussed in Chapter I, Introduction to Space Radiation Biology.

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ejection of the electron, while ionization is a process where the incident energy is sufficient to eject orbital electrons from the atom or molecule. Ejected electrons are capable of causing damage to biological materials by breaking a chemical bond and initiating a chain of events, or to induce free radical production. An important characteristic of potentially hazardous radiation is the ability to ionize, and such radiation is classified as **ionizing radiation.**

Ionizing radiation is categorized as either **electromagnetic** or **particulate,** depending on the source of energy. X-rays are a conventional example of electromagnetic radiation and are used in clinical practice. The source of particulate radiation could be electrons, protons, a-particles, neutrons and **heavy charged ions (HZE,** high mass, highly charged (Z) , high energy).

The biological effects of radiation are caused by either **direct** or **indirect action** of ionization. Direct action of radiation is where energy directly interacts with targets in cells and initiates a chain of events that leads to a biological change (Fig. 1, direct action). Alternatively, radiation may interact with other atoms or molecules in the cell, for example, **water,** to produce reactive oxygen species (ROS) that are able to diffuse to critical targets and inflict damage (Fig. 1, indirect action). A principal target for direct action is chromosomal DNA, as depicted in Figure 1.

Galactic cosmic radiation (GCR) is a major constituent of space radiation, which is composed of protons (85%), helium (14%) and heavier HZE particles (1%) (2). Although protons make up a large portion of the radiation spectrum, no significant effect of proton radiation at any dose on behavibral and neurochemical endpoints has been reported *(50).* In contrast, HZE particles have multiple biological effects *(8, 33, 51, 52).*

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FIG. 1. Direct and indirect actions of ionizing radiation. In direct action, an emitted electron (e) interacts with a target, for example, DNA helix, to produce an insult. In indirect action, an electron interacts with, for example, a water molecule to produce ROS, here a hydroxyl radical (OH"), which in turn produces the damage to the DNA. (Modified from Hall, 2006; ref. *46)*

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Thus, the general consensus is that HZE particles represent the most hazardous type of radiation in space. Human exposure to HZE in space was first described as an episode during the lunar missions of the 1970's, when astronauts "saw" light flashes with eyes closed in complete darkness. This phenomenon was caused by HZE particles crossing the retina. It has been estimated *(53)* that on a 3-year mission to Mars, 3% of cells in the body would be traversed by HZE $(56Fe)$ particles even behind aluminum shielding of 4 $g/cm³(4)$.

HZE particles are nuclei of elements; e.g. carbon, neon, argon, or iron. They are positively charged because some or all of the planetary electrons have been stripped away *(46).* In ground based studies, HZE particles must be accelerated to energies of mega $(10⁶)$ to giga $(10⁹)$ electron volts, therefore, can be produced in only specialized facilities. HZE radiation has a characteristic pattern of energy deposition in a defined range along a linear track. Figure 2 shows computer simulations for track structures of proton (A) and three types of HZE particles (B, C, D) in liquid water to estimate energy distribution in biological matter *(54).* In contrast with a diffuse pattern of proton (A), HZE particle tracks take the appearance of a dense "bottle brush" pattern with a central "core". In the core, the local dose may be quite high, but may drop to zero just a few microns away. Thus, HZE particles are categorized as high LET (linear energy transfer) radiation per unit length of track.

Another important property of HZE particles is that they undergo nuclear fragmentation reactions to produce multiple secondary particles *(55).* These secondary particles, whose effects are similar to X-rays, create their own tracks (delta-ray) and may extend the range of effects beyond that of the primary particle. In Figure 2, lateral

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FIG. 2. Computer simulation of tracks of representative particulate radiation: proton (A), carbon (B), silicon (C), and iron (D) ion passing through a thin slab (1μ m) of liquid water with initial energy 100 MeV/nucleon. The particles are started in positive Zdirection, and the coordinates are given in Angstrom (A), Lateral tracks indicate delta-ray from secondary particles. (From Dingfelder, 2006; ref *54)*

delta-ray tracks are shown along the longitudinal primary trajectories.

Also, as the panels B, C, and D show, the greater the nuclear charge (Z), the higher the ionization density becomes, which leads to the increased probability of a direct interaction between the particle track and target molecule. A characteristic dense pronounced track of ⁵⁶Fe shows that heavy HZE particles could be more devastating.

Another important feature of HZE particles is so called "bystander effect", which is illustrated in Figure 3 *(55).* Bystander effect is when an isolated individual cell in a population is traversed by a particle, both the "hit" cell and many of its "un-hit" neighbors (bystanders) respond to radiation exposure *(56-58).* The effect is likely mediated by damage-inducing factor(s), as transfer of culture medium from an exposed culture to unexposed cells often exhibits the effect. Protection by ROS (reactive oxygen species) scavengers such as superoxide dismutase (SOD) or catalase blocks the bystander effect in some systems, while proteases block the effect in others, thus it is assumed that damage in a "hit" cell may lead to the spread of either radical products or signaling proteins to neighboring cells. This effect may persist for several years *(58).* Although currently bystander effects have been reported in preparations exposed at low dose, the existence of the effect provides evidence for damage amplification.

Considering the highly-layered and interconnected structure of the CNS, the possibility of HZE tracks to cause a "functional micro-lesion" via its characteristic dense energy deposition pattern or via bystander effect in the organ is extremely high *(55),* in contrast to isotropic tissues such as liver or connective tissue. Thus, the CNS has been suggested as a system of the body that might be particularly sensitive to HZE particles.

FIG. 3. "Bystander effect". Damage created in a cell struck by a single charged particle radiation leads to the spread of signals or toxic products to many neighboring cells via intercellular junctions, soluble molecules, or remodeling of the extracellular matrix. The "bystander effect" amplifies the damage from charged particles. •*: DNA damage. (From Nelson, 2003; ref. *55)*

It is estimated that during a three-year mission to Mars, *2%* to 13% of cells in the CNS would be directly hit at least once by HZE particles (53).

HZE radiation is a heterogeneously composed beam including elements heavier than helium ⁴He. On ground level experiments, however, effects of individual ions, such as ⁵⁶Fe, are investigated extensively to simulate effects of HZE radiation. ⁵⁶Fe (Z = 26) is the most abundant element in the HZE flux, followed by ²⁸Si $(Z = 14)$ (52).⁵⁶Fe has the highest nuclear binding energy derived from the strong nuclear force (Fig. 4). Nuclear binding energy is defined as energy required for disassembling a nucleus into free unbound neutrons and protons per nucleon. High binding energy of ${}^{56}Fe$ (8.79) MeV/nucleon) explains an increase in stability toward formation of ⁵⁶Fe, indicated by the arrows in Figure 4 *(59).* Much lighter elements tend to fuse together to yield heavier elements such as ⁵⁶Fe, and much heavier elements split apart to yield lighter elements, also leading to ⁵⁶Fe production.

Accumulating evidence indicates that ⁵⁶Fe particles can induce distinctive effect on biological materials. When behavioral toxicity caused by direct action of HZE on gastrointestinal system was evaluated using conditioned taste aversion learning, effects of ⁵⁶Fe was significantly greater than that of ⁴He, ²⁰Ne, ⁴⁰Ar, and even the heavier ⁹³Nb (Fig. 5) (6, 60). One characteristic of ⁵⁶Fe effects is its extremely steep dose-response curve $(9, 61)$, as observed in Figure 5. ⁵⁶Fe also can induce significant effects on motor performance assessed in wire suspension test (5) , and prevent the acquisition of an amphetamine-induced conditioned taste aversion *(8).* Since these behaviors depend on the integrity of the central dopaminergic transmission, it has been suggested that the locus of ⁵⁶Fe induced change is located at the level of the nigrostriatal system *(62).*

 $\approx \frac{1}{2} \sum_{\mathbf{k},\mathbf{q}} \mathbf{z}_{\mathbf{k},\mathbf{q}}$

FIG. 4. Binding energy / nucleon for the most stable isotope of each naturally occurring element. ⁵⁶Fe possesses the highest binding energy per nucleon (8.79 MeV/n) . As a result, stability is exerted in the direction toward ⁵⁶Fe, as indicated by the arrows. (From McMurry, 1998; ref. *59)*

FIG. 5. Dose effects of selected HZE particles on conditioned taste aversion (GTA) production. Rats were presented a novel 10% sucrose solution and immediately exposed to one of the following HZE particles: ⁵⁶Fe, iron; ⁹³Nb, niobium; ²⁰Ne, neon; ⁴⁰Ar, argon; ⁴He, helium. The acquisition of a CTA was assessed by subsequent intake of the normally preferred sucrose solution, and expressed as the percentage of conditioning day sucrose intake: Higher dose produced a corresponding decrease in all types of particles. Among these particles, ⁵⁶Fe particles showed significantly greater behavioral toxicity than other particles. (From Rabin, 1994; ref. *6)*

Joseph et al. suggested the ⁵⁶Fe exposure induced deficits in dopaminergic neurotransmission are due to decreased sensitivity to muscarinic receptors, which indirectly contributes to dopamine dependent behaviors. A proposed mechanism underlining the deficits is radiation induced changes in striatal membrane structure and fluidity caused by lipid peroxidation, which is known to affect a variety of neurotransmitter receptor systems *(62).* Deleterious effects of ⁵⁶Fe radiation on behavior were also found in hippocampal dependent learning and memory tests *(9, 10, 36).* The hippocampus plays a major role in acquisition of spatial information, temporary storage of that information, and transfer of information to long term storage to cortical areas *(63).* Failure of the hippocampus results in anterograde memory loss that interferes with proper cognitive functions. The region has been known to be highly vulnerable to insults such as trauma, ischemia, stress, aging *(64),* and also radiation. Even extremely low doses (0.005 Gy) of ⁴⁰Ar or ⁵⁶Fe induce a decrease in synaptic density and synaptic spine length in the mouse hippocampus *(65, 66).*

In animal behavioral studies, hippocampal integrity is often assayed in spatial memory tasks. 1.0 Gy to 1.5 Gy of ⁵⁶Fe radiation caused impairment in spatial memory performance of rodents tested in Morris water maze *(9, 27),* Barns maze *(67),* and 8-arm radial maze (10) . These results suggest a detrimental effect of ⁵⁶Fe particles on hippocampus dependent cognitive functions, although the underling neurochemical mechanisms are not fully understood.

Considering these significantly pronounced effects, in this study I choose ⁵⁶Fe **particles** to simulate effects of space radiation. ⁵⁶Fe particles were accelerated to energies of 1 GeV/n (giga electron volts per nucleon) in the Alternating Gradient Synchrotron in

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Brookhaven National Laboratory of NASA Space Radiation Laboratory (Chapter II, Materials and Methods in detail), and utilized to irradiate rats.

PRELIMINARY RESULTS

Initially, I had tested effectiveness of ⁵⁶Fe particles on **catecholaminergic neurotransmission** in several brain regions three month post irradiation. I had used a **slice preparation,** which maintains integrity of local neuronal circuits and glial connection, thus, is suitable to assess neurotransmission *ex vivo.* I tested transmission of norepinephrine (NE) and dopamine (DA), which plays important roles in learning and memory *(63),* and are vulnerable to radiation *(68, 69).*

Unlike glutamatergic and GABAergic regulation which rely on dual glialneuronal reuptake property (discussed in Chapter II), catecholamine transmitters are mostly cleared by transporters on presynaptic terminals. Thus the action of NE or DA is terminated largely by removal of these by transporters from the synaptic cleft and either recycled to synaptic vesicles or enzymatically degraded *(70).* In my experiments, pargyline, an inhibitor of monoamine oxidase, the major degradative enzyme, was added to a buffer to prevent conversion of $[{}^{3}H]$ -DA or -NE to $[{}^{3}H]$ -metabolites. Thus, measurement of ³H indexes $[$ ³H]-catecholamine release, not $[$ ³H]-metabolites.

Three brain regions were tested site-by-site: **hippocampus, associative cortex and striatum.** Since NE and DA are not uniformly distributed, noradrenergic nerve terminals in hippocampal slices were labeled with $\int^3 H$ -NE, while dopaminergic terminals in striatum and associative cortex were labeled with $\int^3 H$]-DA. Basal release was determined before a depolarization stimulus, 50 mM KC1, was applied to induce evoked release.

My results demonstrated that exposure to ≥ 2.0 Gy of ⁵⁶Fe HZE radiation (1) GeV/n, 150 keV/um) perturbed neurotransmission (Fig. 6), and resulted in significant reduction in both basal and $[K^+]$ -depolarization-evoked $[^3H]$ -NE release from hippocampal slices, while $[{}^{3}H]$ -DA release from cortical and striatal slices was not significantly altered under the test condition.

Using the same experimental approaches, I have measured release after X-ray exposure to assess relative biological effectiveness (RBE) of ⁵⁶Fe radiation. 13 Gy of Xrays produced similar neurochemical changes as observed with ≥ 2.0 Gy of ⁵⁶Fe radiation. It reduced both basal and $[K^+]$ -depolarization-evoked $[^3H]$ -NE release from hippocampal slices (Fig. 7), while 10 Gy of X-rays did not significantly alter neurotransmitter release (data not shown). $[3H]$ -DA release from cortical and striatal slices was not significantly altered under any test conditions (Fig. 7).

In summary, my preliminary results show 1) enhanced radio-sensitivity of the hippocampus, and 2) high effectiveness of HZE (${}^{56}Fe$) radiation with RBE value 6.5 in inhibiting hippocampal noradrenergic transmission. The results also serve to estimate effective ⁵⁶Fe radiation doses for our main studies. Determination of RBE to a standard radiation, or X-rays, is a common practice in radiation research *(55, 71).* RBE is calculated as the ratio of the dose of X-rays to the dose of a test radiation that produces the same biological effect.

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FIG. 6. Over 2 Gy of HZE (${}^{56}Fe$, 1 GeV/n, 150 keV/ μ m) radiation effects on [${}^{3}H$]catecholaminergic release from rat brain slices: associative cortex (A, B); hippocampus (C, D); and striatum (E, F). Endogenous norepinephrine (NE) stores in hippocampal slices were labeled with $[3H]$ -NE. Endogenous dopamine (DA) stores in striatum and associative cortex slices were labeled with $[^{3}H]$ -DA. Catecholamine release was induced by depolarization using a 1.5 min pulse of 50 mM KC1 (arrow). Basal and depolarizationevoked release in response to either 2 or 2.25 Gy of 56 Fe radiation was determined in comparison with sham treated animals three month post irradiation. Panel A, C, E: Representative experiment. Panel B, D, F: Summary data. The fractional release values under normal conditions were set to 100% and treatment effects were normalized to control. Data are presented as mean ± SEM *(n =* 4 rats/treatment). **: P <* 0.05, Student's t -test.

FIG. 7. Thirteen Gy of X-ray effects on $[{}^{3}H]$ -catecholaminergic release from rat brain slices: associative cortex (A, B) ; hippocampus (C, D) ; and striatum (E, F) . Endogenous norepinephrine (NE) stores in hippocampal slices were labeled with $[3H]$ -NE. Endogenous dopamine (DA) in striatum and associative cortex slices was labeled with $[$ ³H]-DA. Catecholamine release was induced by depolarization using a 1.5 min pulse of 50 mM KC1 (arrow). Basal and depolarization-evoked release in response to 13 Gy of Xrays was determined in comparison with sham treated animals at three month post irradiation. Panel A, C, E: Representative experiment. Panel B, D, F: Summary data. The fractional release values under normal conditions were set to 100%, and treatment effects were normalized to control. Data are presented as mean ± SEM *(n =* 3 rats/treatment). *: *P* < 0.05, Student's *t*-test.

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CHAPTER II

EFFECTS OF HZE RADIATION ON NEUROTRANSMITTER RELEASE

BACKGROUND

In the hippocampus the majority of synaptic activity is driven by the excitatory neurotransmitter **glutamate** and I have focused my attention mostly on the glutamatergic system. Direct involvements of glutamate in learning and memory have been established, e.g. a critical role of glutamatergic **NMDA** receptors in long-term potentiation (LTP) (72), long-term depression **(LTD)** *(73)* and memory *(74)* has been shown. Disturbance of the hippocampal glutamatergic neurotransmission also has been implicated in the pathogenesis of neurological disorders, such as schizophrenia *(75),* and functional decline was found during aging *(64 for review, 76)*

The processes related to the glutamatergic neurotransmission are schematically depicted in Figure 8. The synthesis of glutamate (GLU) occurs from glutamine (GLN) through the action of glutaminase (Gln-ase) which is localized in the mitochondria of glutamatergic nerve terminals *(76)* (step 1). Glutamate is then incorporated to synaptic vesicles by **vesicular glutamate transporter (VGlut,** discussed in Chapter III) *(77)* (step 2). Glutamate is released from synaptic vesicles into the synaptic cleft upon action potential triggered by Ca^{2+} influx (step 3) and activates ionotropic receptors (AMPA, NMDA, kainate (KA) (step 4) to produce excitatory postsynaptic potential (EPSP). Glutamate also activates metabotropic receptors (mGluR), which transduce signals to enzymatic activity and/or channel activity. The main mechanism for clearing extracellular glutamate is by uptake through high-affinity neuronal glutamate transporters

FIG. 8. Schematic representation of glutamatergic neurotransmission; 1) synthesis of glutamate (GLU) from glutamine (GLN) through the action of glutaminase (Gln-ase). 2) storing of glutamate into synaptic vesicles. 3) Ca^{2+} dependent exocitotic release of glutamate. 4) glutamate activation of its receptors (AMPA, AMPA receptors; KA, kainate receptors; NMDA, NMDA receptors; mGluR, metabotropic receptors; R-ex, extrasynaptic receptors (ionotropic or metabotropic)). 5) uptake of glutamate through high affinity transporters (empty box) located in astrocytes and presynaptic terminals. 6) synthesis of glutamine from glutamate though the action of glutamine synthetase (Gln-s). (From Segovia, 2001; ref. *64)*

(excitatory amino acid transporter (EAAT)) located in presynaptic terminal or glial glutamate transporter (GLT) located in astrocyte surrounding glutamatergic terminals (step 5). As for the catabolism of glutamate, the glial enzyme glutamine synthetase (Glns) converts glutamate to glutamine *(76)* (step 7), which is taken up by neurons and is converted to glutamate.

Glutamate transporters are driven by $\text{Na}^{\dagger}/\text{K}^{\dagger}$ electrochemical gradients. The transport of one molecule of glutamate is coupled to the co-transport of three $Na⁺$ and one H^+ , and the counter-transport of one K⁺ (step 5). When these gradients are dissipated and ionic disequilibrium occurs, glutamate may also be "released" by reverse operation of the glutamate transporters (step 6). The physiological role of this Ca^{2+} -independent release of glutamate is questioned, but is associated with excitotoxicity in pathological circumstances, e.g. ischemia *(64).*

As Figure 8 shows, synaptic glutamate concentration is the result of a balance between these neuronal-glial release and uptake processes. This dual-component system makes it difficult to differentiate between effects on release and re-uptake when brain slices are used for release experiments. To circumvent this problem, in the present study, we have utilized isolated nerve terminals, synaptosomes (Fig. 9). Synaptosomes are prepared by gentle homogenization in iso-osmotic sucrose solution, followed by a series of differential centrifugations. The purity of synaptosomal preparation is estimated to be about 70% *(78).* It contains 1) mitochondria, 2) synaptic vesicles, 3) active zone, a specialized region of presynaptic plasma membrane where synaptic vesicles fuse, and 4) attached fragments of postsynaptic membranes containing signal transducing proteins (Fig. 9) *(79).* Under proper experimental conditions, synaptosomal preparation is

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FIG. 9. Electron micrograph of rat brain synaptosome. The terminal (T) with mitochondria (M) is in contact with dendritic spine containing postsynaptic density (PSD) (small arrow) and a spine apparatus (large arrow). Bar, 300 nm. (From Kiebler, 1999; ref. *80)*
metabolically active. It respires, takes up oxygen and glucose, maintains a normal membrane potential by extruding $Na⁺$ and accumulating $K⁺$, and upon depolarization, releases transmitter in a Ca^{2+} -dependent manner (78). Since glial elements are mostly eliminated from synaptosomes, glial source of release and uptake is minimized.

In addition to glutamate, I have also investigated **GABA** and **NE** release properties. GABA is the major inhibitory neurotransmitter in the adult hippocampus, associated with synaptic inhibition by causing a hyperpolarization of postsynaptic membrane through ionotropic GABA_A receptors, which is coupled to CI ion conductance (70). GABA_B receptors are metabotropic and behavioral studies have suggested that $GABA_B$ receptor blockade can improve cognition (41) . GABA is synthesized from Lglutamate by GAD (glutamic acid decarboxylase) which localizes at neurons with the GABA containing synaptic vesicles. Similar to glutamatergic neurotransmission, GABA also has dual glial/neuronal reuptake process and after release, the action of GABA is terminated largely by removal from the synaptic cleft by these transporters.

NE plays a prominent role in hippocampal cognitive function as a neuromodulator. It enhances LTP, widely believed to be an important cellular mechanism of learning and memory. Mossy fiber LTP in the hippocampus is modulated by both β - and α 1adrenergic receptors *(43, 81, 82).* NE has also been known to display vulnerability to ionizing radiation. After X-ray exposure, NE content in rat brain and heart were reduced *(68)* and y radiation reduced NE release in the hippocampus *(69).* The precise mechanisms underling these findings are unknown. A pharmacological study implicates reduced mobilization of intracellular Ca^{2+} stores (83), however, our own studies determined only a minor role for internal $Ca²⁺$ stores for neurotransmitter release

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regulation *(84).* The involvement of hippocampal glutathione's anabolic/metabolic pathways was also suggested *(85).*

Synaptic vesicles (SV) cycle between functionally heterogeneous subpopulations is depicted in Figure 10. After the uptake of neurotransmitters (NT) (step 1), synaptic vesicles form a cluster termed **the reserve pool** (step 2). Next, vesicles are docked at the active zone (step 3), and through an ATP-dependent process, the release machinery is "primed" (step 4). During priming, fusion core complex, or SNARE complex (soluble *N*ethylmaleimide-sensitive fusion protein attachment protein receptors), is assembled into a trans configuration, which contains synaptobrevin (vesicular SNARE motif), SNAP-25 and syntaxin (target SNARE motif on the plasma membrane). This complex spans synaptic vesicle membrane and plasma membrane, and brings these into close proximity. Also, synaptotagmin, a putative Ca^{2+} sensor, constitutively associate with SNARE complex. Though these processes, synaptic vesicles become fusion competent and form **the readily releasable pool (RRP).** After fusion (step 5), synaptic vesicles undergo endocytosis and recycle via several routes: fast recycling without an endosomal intermediate (step 6), or clathrin-mediated endocytosis (step 7) with recycling via endosomes (step 8). The total number of vesicles that participates in exo- and endocytosis during prolonged stimulation is referred to as the **recycling pool.** This pool is composed of the RRP and the reserve pool, which serves to replenish the RRP upon its depletion *(86).* Using cultured hippocampal neurons, one study estimated 17 - 20 vesicles in the reserve pool and 4 - 8 vesicles in RRP, estimating total of 21 - 25 vesicles in the recycling pool *(86).*

FIG. 10. Readily Releasable Pool (RRP) in synaptic vesicle cycle. After synaptic vesicles are filled with neurotransmitters (NT) (step 1), they form a vesicle cluster that serves as a reserve pool (step 2). Filled vesicles dock at the active zone (step 3), and there they undergo an ATP-dependent priming reaction (step 4) which makes them competent for Ca^{2+} triggered fusion-pore opening (step 5). Primed synaptic vesicle cluster is termed RRP. (Modified from Sttdhof, 2004; ref *86)*

RRP informs on synaptic release probability *(pr)* and synaptic strength *(38, 87).* These parameters are actively regulated under physiological conditions, e. g. learning and memory related processes *(88),* and under neurodegenerative conditions *(89, 90).*

I used a pulse of **hyperosmotic sucrose** to probe the size of the RRP *(38, 88).* The 30 sec pulse I applied does not induce membrane damage but mimic action potential evoked vesicular neurotransmitter release *(38, 88, 91)* with the exception that it does not require Ca²⁺ influx. This allowed me to bypass possible treatment effects on Ca²⁺ homeostasis and focus on HZE radiation induced modulation of the RRP and changes in the "proximal" release machinery proteins that are directly involved in the synaptic vesicle cycle.

Whereas action potential/depolarization evoked release is the most studied, even in the absence of action potentials, synapses exhibit low-probability "spontaneous" release. This represents mostly fusion of a single synaptic vesicle of a distinct vesicle pool *(92).* Spontaneous release had been considered as a "leak" of neurotransmitter in a random $Ca²⁺$ independent fashion, however, recent studies revealed that spontaneous release may also be Ca^{2+} sensitive, although to a different degree (93). The physiological role of spontaneous release is not clear, but several roles e.g. spine maintenance, have been suggested *(94).* **Basal release** in my assay may correlate with spontaneous release.

In my **release assay,** neurotransmitter pools in synaptosomal preparations were first labeled with ${}^{3}H$ or ${}^{14}C$ tagged neurotransmitter in a low enough concentration that would not offset the natural distribution of the endogenous neurotransmitter. In principle, release of the radiolabel accurately reflects the endogenous neurotransmitter release.

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After I determined basal release, release was evoked by applying a stimulus. Basal and stimulus evoked neurotransmitter efflux was determined by counting the isotope amounts.

MATERIALS AND METHODS

Animals and Irradiation Procedures

A total of seventy-eight male^c Wistar rats (Harlan Sprague-Dawley, Inc., Indianapolis, IN) were used in this study. 49 animals were exposed either to X-rays or ⁵⁶Fe radiation, while 29 rats were exposed to the same procedural steps, except that they received no radiation. These were termed as sham control animals. The animals were 3 to 4 weeks old weighing approximately 180 g when they were received at Eastern Virginia Medical School (EVMS) or Brookhaven National Laboratory (BNL, Brookhaven, NY) animal facility. They were allowed to acclimate for at least one week before radiation exposure.

At about 5 weeks of age, rats were anesthetized with LP. ketamine (80 $mg/kg)/xy$ lazine (8 mg/kg) and placed in a custom-made irradiation jig that held their head in a fixed position by a tooth bar. The jig was placed behind a 6 mm lead shield for

^c Gender differences in response to radiation have been reported in patients receiving cranial radiotherapy *(13, 95).* These reports found that girls had increased risk for neurocognitive impairments. However the underlying mechanisms of gender differences are not well understood. While gender differences to radiation have important basic science and practical implications at this exploratory stage of the project, I felt that avoiding the possible influences of menstrual cycle was more prudent. Also, previous HZE radiation studies mostly used male rodents, allowing more direct comparisons with my studies.

X-rays or a 40 mm tungsten shield for HZE that protected the anterior portion of the rats' muzzle and the posterior portion of the body from the pinnae backwards. Body doses of the cranial dose were $1-3\%$ for X-rays and $\leq 0.8\%$ for HZE. Rats were given a single dose of irradiation using either X-rays or ⁵⁶Fe particles. For X-ray exposure, the animals were given whole brain irradiation of 10 or 13 Gy of 200 kVp X-rays at a dose rate of 3 Gy/min at EVMS. Iron-56 particle radiation $(1 \text{ GeV/n}, \text{LET} = 150 \text{ keV/\mu m})$ was generated using the Alternating Gradient Synchrotron (AGS) in Brookhaven National Laboratory (BNL) of NASA Space Radiation Laboratory (NSRL). The animals were given a single dose (0.6, 1.4 or 2.0 Gy) of whole brain irradiation at a dose rate of 0.5 Gy/min. After a week of recovery time, the rats were transported to EVMS.

The animals were housed either singularly or in pairs in standard cages in a group housing environment, maintained on a 12-h light/dark cycle with lights on from 7:00 AM to 7:00 PM. Ambient temperature was maintained at $24.5 \pm 0.5^{\circ}$ C. The rats were given *ad libitum* access to autoclaved rat chow and water. Their weight was monitored on a weekly basis. No specificity of weight loss was observed in any of dose groups.

Three or six months after irradiation, animals were sacrificed under anesthesia of 15% halothane in mineral oil, and brain regions of interest were dissected. These time points were selected to investigate late-developing radiation effects on the CNS *(46),* One half of the brain tissue was immediately used for making slice or synaptosomal preparations for release assay. The other half was kept as dry tissues at -80°C until use for western blotting and lipid peroxidation experiments.

The present project was conducted in accordance with the National Institutes of Health guidelines for the care and use of animals in research, and was approved by the

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Institutional Animal Care and Use Committee of EVMS and by those of BNL. Animal facilities at EVMS are accredited by the Association for Assessment and Accreditation of Laboratory Animal Care, International.

Slice and Synaptosomal Preparation

After anesthesia with 15% halothane in mineral oil and decapitation, brains were rapidly removed and placed into ice-cold phosphate buffered saline (PBS), pH 7.4. The associative cortex, the hippocampus, and the striatum were dissected using visual landmarks.

For slice preparation, brain tissues were cut into minces to increase surface area for radioactive-tagged neurotransmitter uptake and oxygen/glucose supply.

Synaptosomal preparation was made as previously described *(88).* Briefly, brain tissues were homogenized at 900 rpm with a motor-driven homogenizer in ice-cold isoosmotic solution containing 0.32 M sucrose, 100 uM EDTA, and 5 mM HEPES, pH 7.4. Debris and nuclei were pelleted by differential centrifugation at 900 x *g* at 4°C for 10 min, and supernatant containing synaptosomes was pelleted at 11,500 x *g* at 4°C for 20 min. Final pellets were resuspended in ice-cold aerated $(95\% O_2 5\% CO_2)$ Krebs-bicarbonate-HEPES buffer (KBH) composed of the following (in mM): NaCl, 118; KCl, 3.5; CaCl₂, 1.25; MgSO₄, 1.2; KH₂PO₄, 1.2; NaCO₃, 25; HEPES-NaOH, 5, (pH 7.4); D-glucose, 11.5, and allowed to equilibrate for at least 30 min on ice. For catecholamine release measurement, ascorbic acid, 0.6 mM; EDTA (ethylene-diamine-tetra-acetic acid), 0.1 mM; and pargyline, 0.01 mM was added to KBH buffer to reduce chemical oxidization, free radical formation, and monoamine oxidase (MAO) mediated rapid catecholamine metabolism.

Measurement of Radioactive-tagged Neurotransmitter Release from Slices

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Neurotransmitter release was measured as described previously *(88).* To label endogenous neurotransmitter pool, hippocampal slices were incubated for 30 min with 173 nM $[^{3}H]$ -norepinephrine (NE) (1-[7, 8- $^{3}H]$ norepinephrine, 35.0 Ci/mmol specific activity, Amersham Biosciences). Frontal associative cortex and striatal slices were incubated with 110 nM $[³H]$ -dopamine (DA) (3, 4- $[*ring-2*, 5, 6-3H]$ dihydroxyphenylethylamine hydrochloride, 55 Ci/mmol specific activity, PerkinElmer) for 30 min at 35°C in freshly bubbled KBH buffer with pargyline addition. Next, slices were transferred to a superfusion chamber (0.1 ml chamber volume) containing a glass fiber filter (GF/B) and superfused continuously with bubbled KBH (warmed to 35°C, 0.2 ml/min superfusion rate) for 40 min to remove un-incorporated radioactivity. Three 3 min fractions of the superfusate were collected to determine basal level of efflux, then, evoked release was triggered by rapid switching of superfusion lines from normal KBH to a KBH containing 50 mM KC1, for 1.5 min to induce neuronal depolarization. In the depolarizing buffer the NaCl concentration was reduced from 118 mM to 72.7 mM in order to maintain iso-osmolarity. The total of nine superfusate fractions was collected continuously throughout the experiment.

Measurement of Radioactive-tagged Neurotransmitter Release from Synaptosomes

To label endogenous neurotransmitter pools, synaptosomes were incubated with 173 nM $[^{3}$ H]-NE (1-[7, 8- 3 H] norepinephrine, 35.0 Ci/mmol specific activity, Amersham Biosciences) for 5 min at 35°C in freshly bubbled KBH. To simultaneously measure both glutamate and GABA release, 115 nM $\int_{0}^{3}H$]-glutamate (L-[3, 4- ^{3}H]-glutamic acid, 52.0 Ci/mmol specific activity, PerkinElmer, Boston, MA) and 73 nM $[^{14}C]$ -GABA (4 ~ 42.8

aminobutyric acid-carboxy- 14 C, 8.3 Ci/mmol specific activity, SIGMA) were added to synaptosomes for 5 min at 35°C in freshly bubbled KBH. Labeled synaptosomes were transferred to a superfusion chamber (0.1 ml chamber volume) containing a glass fiber filter (GF/B) covered with 50 ul of 50% Sephadex slurry, and superfused with continuously bubbled KBH (warmed to 35°C, 0.8 ml/min superfusion rate) for 12 min to remove un-incorporated radioactivity. Three 1-min fractions of the superfusate were collected to determine basal neurotransmitter efflux (basal release). Release was induced by rapid switching of superfusion lines from normal KBH to a KBH containing 0.5 M sucrose for 30 sec to produce a temporary hyperosmotic shock. The total of nine superfusate fractions was collected continuously throughout the experiment.

Determining Radioactivity and Calculating Neurotransmitter Release

Tritium and/or ¹⁴C contents of individual fractions and activity remaining in the superfusion chamber was counted at the end of the experiment by liquid scintillation spectrometer (LS 3801, Beckman Instruments, Inc., Fullerton, CA), which was calibrated and validated in the range of expected radioactivity efflux values. ${}^{14}C$ and ${}^{3}H$ decay emit different energy spectra (18.3 keV, 156 keV, respectively), allowing separate detection. Release was expressed as the fractional release rate, calculated as the fraction of radioactivity released at any given time divided by the amount remaining in sample preparation at that particular time point. Total evoked release was calculated from the area under the peak.

Statistics

Effects of radiation dose and time course between 3 and 6 month points were analyzed by Kruskal-Wallis one-way ANOVA on ranks followed by Dunn's method for pair-wise comparisons (SigmaStat 2.03). Treatment effects in comparison with controls were evaluated with Student's *t*-test or non-parametric Mann-Whitney Rank Sum test (SigmaStat 2.03) when normality tests failed. Significance was considered at *P <* 0.05.

RESULTS

Point six Gy of ⁵⁶*Fe (1 GeV/n) radiation produced a significant inhibitory effect on [³H]glutamate efflux from the hippocampal synaptosomes*

Iron-56 induced CNS effects have several characteristics in common, e.g. either an extremely steep dose-response curve or the lack of a dose-response relationship depending on the measured endpoint *(61).* To evaluate ⁵⁶Fe radiation dose effect on the hippocampal nerve terminal, I have tested three doses; 0.6, 1.4, and 2.0 Gy.

Dose-response analysis on 0.5 M sucrose-evoked $\int^3 H$ -glutamate efflux revealed that 0.6 Gy of 56 Fe radiation (1 GeV/n) produced the most significant inhibitory effect $(14.9 \pm 3.61\%$ of control, $P = 0.02$, Kruskal-Wallis one-way ANOVA followed by Dunn's pairwise comparison) three months after exposure (filled circle) (Fig. 11), while 1.4 Gy radiation did not significantly alter evoked release $(9.6 \pm 7.06\%$ of normal). These results suggest that the threshold for this biochemical endpoint may be equal or lower than 0.6 Gy three months post irradiation.

Furthermore, six months after exposure (open circle), the inhibitory effect induced by 0.6 Gy persisted $(25.0 \pm 5.23\%$ of normal, $P = 0.002$, Kruskal-Wallis one-way ANOVA followed by Dunn's pairwise comparison), while the effects of ≥ 1.4 Gy of ⁵⁶Fe radiation were non-significant. Based on these findings, I choose to use a single dose of 0.6 Gy to further investigate biochemical effects of ⁵⁶Fe radiation on hippocampal neurotransmission.

FIG. 11. Dose effects of ⁵⁶Fe radiation (1 GeV/n) on hyperosmotic sucrose evoked $[$ ³H]-glutamate efflux from hippocampal synaptosomes at three (filled circle) and six (open circle) months post irradiation. * indicates significant differences from controls *(P <* 0.05), analyzed with Kruskal-Wallis one-way ANOVA followed by Dunn's pairwise comparison.

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Figure 12A shows representative experiment on effects of 0.6 Gy of ⁵⁶Fe radiation on $\int^3 H$ -glutamate release from hippocampal synaptosomes. While basal release, observed the first 4 minute time window, was not significantly affected (95.6 \pm 2.08% of control, Figs. 12B, C), hyperosmotic sucrose evoked $\int^3 H$ -glutamate efflux from hippocampal synaptosomes observed 5 and 6 minute time window was significantly reduced (85.2 \pm 3.61% of control, $P = 0.01$, Mann-Whitney Rank Sum Test, Figs. 12B, C).

Effects of 0.6 Gy of⁵⁶Fe radiation (1 GeV/n) were more pronounced on hippocampal than associative cortical synaptosomes.

Glutamate is the principal excitatory neurotransmitter in the brain, and is abundant in the hippocampus as well as in the cortex *(70, 96).* To determine if the same dose of ⁵⁶Fe particles exerts inhibitory effect on glutamatergic nerve terminals of different brain regions, I have evaluated $\int^3 H$ -glutamate release from the associative cortex. Associative cortex is functionally distinct cortical area, located in the anterior part of the cortex, which includes prefrontal cortex (PFC). The basic function of the brain area is to orchestrate goal oriented behavior. Associative cortical glutamatergic system is vulnerable to aging, and aging induced reduction of glutamate content in the area was documented*(64).*

My results showed that 0.6 Gy of 56 Fe radiation did not disturb $[^{3}H]$ -glutamate release in associative cortical nerve terminals when tested three months after exposure (Fig. 13). Normalized basal and 0.5 M sucrose evoked release were $93.8 \pm 4.27\%$ and

FIG. 12. Effects of 0.6 Gy of ⁵⁶Fe radiation (1 GeV/n) on $[^{3}H]$ -glutamate release from rat hippocampal synaptosomes three months post irradiation. (A) Representative experiment. Glutamate release was evoked from superfused synaptosomes by 30 sec pulses of hypertonic sucrose (arrow). (B) Summary graph of experiments indicating the fractional release of $\int^3 H$ -glutamate basal and hypertonic sucrose evoked release calculated as the area under the peak. (C) Fractional release values under normal conditions were set to 100% and treatment effects were normalized to control. Graphs show means \pm SEM ($n = 8$, each). \pm : $P < 0.05$.

Associative Cortical Glutamate Release

FIG. 13. Effects of 0.6 Gy of ⁵⁶Fe radiation (1 GeV/n) on $[^{3}H]$ -glutamate release from associative cortical synaptosomes three months post irradiation. (A) Representative experiment. Glutamate release was evoked in superfused synaptosomes by 30 sec pulses of hypertonic sucrose (arrow). (B) Summary graph of experiments indicating the fractional release of $\int^3 H$ -glutamate basal and hypertonic sucrose evoked release calculated as the area under the peak. (C) Fractional release values under normal conditions were set to 100% and treatment effects were normalized to control. Graphs show means \pm SEM ($n = 3$, each).

95.5 \pm 3.05%, respectively. The results suggest that hippocampal glutamatergic nerve terminals are more sensitive to 0.6 Gy of ⁵⁶Fe particle radiation.

Point six Gy of⁵⁶Fe radiation (1 GeV/n) produced a significant inhibitory effect on hippocampal GABA release

My next question was whether the inhibitory effect of 0.6 Gy of 56 Fe radiation was selective for glutamatergic nerve terminals. To address this question, I labeled hippocampal synaptosomes with 1^1C -GABA as well as 1^3H -glutamate to compare both release in the same preparation. \int_{0}^{14} C]-GABA is incorporated through nerve terminal and synaptic vesicle transporters, while $\int^3 H l$ -glutamate is incorporated by a different set of nerve terminal transporters (GLT-1 and EAAC1) and synaptic vesicle transporter (VGlut). Release was triggered by a pulse of hypertonic sucrose, and 14° C and 3° H contents were simultaneously collected, as described earlier.

Evoked $[$ ¹⁴C]-GABA efflux highly correlated with that of $[^{3}H]$ -glutamate (Fig. 14, $R^2 = 0.893$). 0.6 Gy of ⁵⁶Fe radiation reduced evoked [¹⁴C]-GABA release significantly $(82.5 \pm 6.06\%$ of control, $P \le 0.001$, Mann-Whitney Rank Sum Test), while basal evoke was not altered (97.6 \pm 2.62%, n.s., Fig. 15). These data indicate that inhibitory effect of 0.6 Gy of $56F$ e radiation on hippocampal nerve terminals was not selective to the glutamatergic system, and that the same cellular defects may underlie the functional impairments in both glutamatergic and GABAergic functions.

Effects of 0.6 Gy of³⁶Fe radiation were not significant on hippocampal noradrenergic system

I have also tested the effects of 0.6 Gy of ⁵⁶Fe particles on noradrenergic terminals in the hippocampus. Although a trend of decrease was observed in the size of

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Correlation between Glutamate Release and GABA Release

FIG. 14. Correlation between evoked $[{}^{3}H]$ -glutamate release and $[{}^{14}C]$ -GABA release. Hippocampal synaptosomal preparation was double labeled with [³H]-glutamate and I^{14}C -GABA. High correlation (R² = 0.893) indicates effects of 0.6 Gy of ⁵⁶Fe radiation (1 GeV/n) was not selective for neurotransmitter types.

Hippocampal GABA Release

evoked release, it was not statistically significant $(91.5 \pm 5.20\%$ of control, $P = 0.343$, Fig. 16). Basal release was spared (107.7 \pm 10.65% of control).

*The inhibitory effects of 0.6 Gy of*⁵⁶*Fe radiation on* \int *³H]-glutamate and* \int *¹⁴C]-GABA release persisted at 6 month post irradiation*

To test the temporal changes in HZE induced neurotransmitter release, I have evaluated the effects of 0.6 Gy of ⁵⁶Fe radiation six months after irradiation (Fig. 17). The results revealed that the effects were persistent on both glutamatergic (evoked release; 75.2 ± 5.23% of control, *P <* 0.05) and GABAergic release (75.8 ± 3.65 of control, *P <* 0.005) compared to control. There was a statistically significant difference in time course effect (glutamatergic, $P = 0.002$; GABAergic, $P \le 0.001$, Kruskal-Wallis one-way ANOVA), indicating a possible progressive effect, although measures taken at 3 months and 6 months were not statistically different. Basal levels of both systems were not changed: glutamatergic, $103.8 \pm 2.33\%$; GABAergic, $99.6 \pm 6.00\%$. There was no effect observed in either basal or evoked release from noradrenergic nerve terminals.

DISCUSSION

I found that 0.6 Gy of 56 Fe radiation (1 GeV/n) led to significant reduction in hypertonic sucrose evoked release, a measure of the readily releasable pool (RRP), of two major neurotransmitters, glutamate and GABA, at three months after exposure. Moreover, these effects were persistent until six months post radiation.

While further studies with lower doses need to be carried out, 0.6 Gy may be a threshold dose for inducing impairments in hippocampal glutamatergic and GABAergic

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FIG. 16. Effects of 0.6 Gy of ⁵⁶Fe radiation (1 GeV/n) on $[{}^3H]$ -norepinephrine (NE) release from rat hippocampal synaptosomes three months post irradiation. (A) Representative experiment. NE release was evoked in superfused synaptosomes by 30 sec pulses of hypertonic sucrose (arrow). (B) Summary graph of experiments indicating the fractional release of $\int^3 H$]-NE basal and hypertonic sucrose evoked release calculated as the area under the peak. (C) Fractional release values under normal conditions were set to 100% and treatment effects were normalized to control. Graphs show means ± SEM *(n =* 8, each).

Hippocampal Norepinephrine Release

D 3 months post exposure • 6 months post exposure

FIG. 17. Three and six months post irradiation effects of 0.6 Gy of 56 Fe radiation (1) GeV/n) on basal (A) and evoked release (B) from hippocampal synaptosomes. Graphs show means \pm SEM (*; $P < 0.05$ compared to control, analyzed by Kruskal-Wallis oneway ANOVA followed by Dunn's pairwise comparison, $n = 5-8$).

neurotransmission. It is of note that the lowest dose we tested induced the largest deficits in hippocampal neurotransmission. This finding is in line with dose response studies for the induction of ROS by ⁵⁶Fe radiation *(26).* Limoli and co-authors found that in a range of low dose $(0.25 \sim 1 \text{ Gy})$ of ⁵⁶Fe particles, ROS production was linear until a peak was reached at 1 Gy. After that point, ROS production started to decline. Rabin and coworkers also documented that the dose-response curve of ⁵⁶Fe particle induced changes in neurochemical function are extremely steep *(61).* They observed a significant reduction in K^+ -depolarization evoked striatal DA release by doses 0.1 to 0.5 Gy, but there was no effect when dose was increased to 5 Gy. Thus, my results are consistent with the characteristics of ⁵⁶Fe irradiation reported by others.

In contrast to glutamatergic and GABAergic impairments, release from the noradrenergic nerve terminals was not significantly changed by the same regimen of irradiation. It is noteworthy that 2.0 Gy of ⁵⁶Fe particle could induce significant reduction in depolarization evoked $\int_0^3 H$]-norepinephrine release from slices of rat hippocampus (Chapter I, Preliminary Results), suggesting that threshold dose to cause perturbation in hippocampal noradrenergic neurotransmission may be higher than 0.6 Gy. Alternatively, it is possible that other elements of neurons, not terminals, which are preserved in slices, but not in synaptosomes, may be direct targets of radiation.

Glutamate and GABA are the two major neurotransmitters in the hippocampus and are involved in cognitive functions. The hippocampus is vulnerable to aging, and numerous studies suggest that disintegrating glutamatergic neurotransmission is a factor in aging *(64, 97, 98).* It is noteworthy that radiation accelerates aging, and the similarity of aged rats and ⁵⁶Fe irradiated rats in measures of nigrostriatal system dependent

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functions (5) and in hippocampal dependent spatial learning and memory (9) have been noted.

My results also indicate that the effect of 0.6 Gy of 56 Fe radiation is region specific; glutamatergic chemical transmission was disturbed in nerve terminals of the hippocampus, while it was normal in the associative cortex. The nature of this region specificity is difficult to discern at the present level of investigation. One possible explanation may be regional differences in antioxidative activities. Todorovic et al. found that after 2.0 Gy of γ -radiation exposure mitochondrial superoxide dismutase (SOD) activity was significantly lower in the hippocampus than in the cortex *(37).* Considering that mitochondrial SOD is induced in response to radiation, and that neurons cannot tolerate the depletion of mitochondrial SOD, their finding, at least partially, may explain the higher radio- vulnerability of the hippocampus.

Despite significant reduction in evoked release in glutamatergic and GABAergic nerve terminals, basal release remained unchanged in both nerve terminals. Basal release reflects spontaneous release, which is independent of action potential depolarization. Studies have shown that spontaneous release may originate from a different vesicle pool from the RRP with different states of releasability *(92).* The exact nature of the molecular diversity between these two vesicle pools remains to be identified, although it has been suggested that isoforms of SNARE proteins involved in basal release are different from those participated in evoked *(92, 93).* My findings of unaltered basal release and significantly altered evoked release, thus, suggest that radiation effects may have spared proteins underlining spontaneous release, and also the basic release machinery.

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The question still remains, however, as to the locus of the radiation-induced deficit(s) in perturbation of glutamatergic and GABAergic release. The extent of hypertonic sucrose evoked release probes the size of the RRP, which reflects the rate of recycling of synaptic vesicles during extended stimulation *(99).* Upon depletion of vesicles in RRP, vesicles are replenished from a reserve pool. Reduction in release might reflect radiation induced change in size of the reserve pool, or total size of the recycling pool, which combines both RRP and the reserve pool. To test this, I have investigated effects of ⁵⁶Fe radiation on the abundance of synaptic vesicles by quantitative analysis of synaptic vesicle marker proteins (Chapter III).

Moreover, significant influence on the size of release originates Ca^{2+} dynamics, which depends on: 1) numbers and types of voltage-gated Ca^{2+} channels.; 2) Ca^{2+} buffering and transient local Ca^{2+} concentration; and 3) Ca^{2+} -binding property of Ca^{2+} sensor *(86, 99).* These factors will influence the size of hyperosmotic sucrose evoked release, even though the stimulus itself does not require influx of Ca^{2+} . Thus, any change that alters composition and tension of the participating membranes of the active zone influences neurotransmitter release, even by simply stretching the membrane *(100).* Considering oxidative effects induced by radiation and increased levels of lipid peroxidation previously documented *(27, 36),* there may be possible alterations in membrane structure and fluidity after 0.6 Gy ⁵⁶Fe irradiation. Consequence of lipid peroxidation is unregulated membrane potential *(101),* which may imbalance cytoplasmic Ca^{2+} concentration and ultimately affects Ca^{2+} dependent steps of the synaptic vesicle. cycle. I have tested the level of lipid peroxidation in the hippocampus, and obtained supportive results (Chapter IV).

CHAPTER III

EFFECTS OF HZE RADIATION ON SELECTED SYNAPTIC PROTEIN LEVELS

BACKGROUND

In the previous chapter I reported significant reduction of hypertonic sucrose evoked release from glutamatergic and GABAergic nerve terminals in the hippocampus, three and six months after exposure to 0.6 Gy of 56 Fe radiation. The reduction could be a reflection of radiation induced depletion of synaptic vesicle pools. To address this, I assayed synaptic vesicle marker protein levels in hippocampal synaptosomes after ⁵⁶Fe irradiation. **Synaptophysin** was used as a general marker of all synaptic vesicle types and **VGlutl** (vesicular glutamatergic transporter 1) was used as a marker of glutamatergic synaptic vesicles.

Neurotransmitter receptor levels are differentially regulated during development *(102),* and in synaptic plasticity processes *(103).* Membrane structure and fluidity *(62)* and radiation *(25)* also affect neurotransmitter receptor levels. Because of the importance of those proteins in glutamatergic, GABAergic and noradrenergic transmission, I determined levels of glutamatergic **AMPA** (a-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid) and **NMDA** (N-methyl D-aspartate) receptors **(NR1, NR2A and NR2B),** GABAergic (y-amino butyric acid) **GABA**_A and **GABA**_B receptors, and noradrenergic α **1**, **a2** and **β1** adrenergic receptors after 0.6 Gy of ⁵⁶Fe radiation exposure.

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PSD-95 (postsynaptic density 95 kDa), a scaffold protein which anchors glutamatergic receptors, was also tested to evaluate whether number or size of excitatory postsynaptic contacts were affected.

To probe a possible neuronal regeneration as compensatory response after irradiation, I also have analyzed the level of MAP2 (microtubule associated protein 2), which is involved in the stabilization and extension of dendrites *(104).*

Each protein is discussed in the following sections.

Synaptophysin

Synaptophysin is a synaptic vesicle associated protein that constitutes about 7% of the total vesicle proteins *(105).* Due to its ubiquity at all types of synaptic vesicles, it has been widely used as a general marker for nerve terminals *(106, 107).* Synaptophysin interacts with an essential SNARE protein (soluble N-ethylmaleimide-sensitive factor attachment protein receptor), synaptobrevin (also referred to as VAMP, vesicle associated membrane protein). Exact function of the synaptophysin-synaptobrevin complex is largely unknown, however it is speculated that synaptophysin may temporally restrict availability of synaptobrevin by binding to it *(106).*

Since synaptophysin levels positively correlate with the number of synaptic vesicles *(68),* I have used this protein as a general marker of total synaptic vesicle pool in nerve terminals.

VGlutl

VGlutl is a transporter of glutamate into synaptic vesicles. VGlutl is driven by an ATP dependent electrochemical proton gradient. Since VGlut is exclusive to vesicles containing glutamate, and undetectable in other neuron types or neuronal components

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(77), it has been used as a marker for glutamatergic synaptic vesicles and nerve terminals. Two isoforms, VGlutl and VGlut2, are identified in glutamatergic synapses. Both mRNA *(75)* and protein *(108)* levels of VGlutl are predominant in hippocampus, thus, VGlutl is more extensively used for hippocampal studies *(108).*

A recent study showed diminished VGlutl expression in the hippocampus and prefrontal cortex of schizophrenic patients, suggesting usefulness of this marker in pathological studies *(75).* Glutamate is a ubiquitous amino acid in neural tissue and participates in a variety of intermediary metabolisms. For example, glutamate functions in the detoxification of ammonia, is a building block in the synthesis of proteins and peptides including glutathione, and is a precursor in GABA synthesis. Only 20 to 30% of neural glutamate content functions as an excitatory neurotransmitter.

To evaluate ⁵⁶Fe radiation effects on glutamate as a neurotransmitter, I assayed VGlutl levels, as a measure of total glutamatergic synaptic vesicle pool.

Glutamatergic receptors

A recent study showed that rats subjected to a clinically relevant regimen of radiation induced significant reduction in performance of hippocampus dependent learning tasks, and also that the same regimen altered NMDA receptor levels in the hippocampus, indicating a role of NMDA receptors in radiation induced cognitive impairments *(25).* The importance of glutamatergic NMDA receptors in LTP *(40)* and LTD *(73)* has been well documented, providing a strong link between the glutamatergic systems and the mechanisms of learning and memory *(40, 74).* These results prompted us to evaluate NMDA receptor levels after ⁵⁶Fe irradiation.

The NMDA receptor functions as a glutamate gated ion channels that is highly permeable to $Na⁺$ and $Ca²⁺$. Mg²⁺ blocks this NMDA channels in a voltage-dependent manner, thus, rendering NMDA receptors voltage sensitive. NMDA receptors are heterometric complexes consisting of obligatory NR1 and various NR2 subunits. The NR1 subunit serves as a key subunit essential for ion selectivity of the NMDA channels, whereas the NR2 subunit mainly participates in channel gating by voltage and Mg^{2+} . Liu and co-authors reported that distinct NMDA subunits were critical factors to determine the direction of synaptic plasticity *(73).* They found that the activation of NR2Acontaining NMDA receptors led to LTP formation, while the activation of NR2Bcontaining NMDA receptor produced LTD *(73).* Although this is still under debate, e.g. other group demonstrated NR2B's involvement in LTP *(109),* general consensus is that the combinations of NR1 with different NR2 subunits give rise to functional diversity.

To probe the effects of HZE radiation on these functionally different subunits, I have used antibodies against NR1, NR2A and NR2B subunits.

In addition, I have extended our investigation to AMPA receptors, another type of glutamatergic ionotropic receptors, which possess mostly Na⁺-permeable channels. Excessive release of glutamate may cause overload of cellular $Na⁺$ and $Ca²⁺$ through these glutamatergic ionotropic receptors, leading to excitotoxic cell death. Such scenario may play a role in cerebral ischemia and traumatic brain injury, and also, in chronic neurodegenerative disorders, such as amyotrophic lateral sclerosis (ALS) *(110),* Parkinson's disease *(111)* and Alzheimer's disease *(112).*

AMPA receptors respond faster to glutamate than NMDA receptors and mediate the bulk of rapid excitatory synaptic current induced by glutamate *(113).* Previous results

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showed that LTP requires insertion of new AMPA receptors to the synapse by a mechanism that involves the association between GluRl AMPA subunit and a PDZ domain protein, such as PSD-95 (discussed below) *{114).*

To probe the effects of HZE radiation on levels of AMPA receptors, I have used antibody against GluRl subunit.

GABAergic receptors

GABA is the major inhibitory neurotransmitter in the adult hippocampus and can hyperpolarize postsynaptic membrane by influx of Cl through $GABA_A$ receptors. Metabotropic GABA_B receptors are coupled to cAMP, K^+ channel or Ca^{2+} channel regulation. Behavioral studies have suggested that GABA_B receptor blockade can improve cognition *(41).*

To probe the effects of HZE radiation on levels of GABA receptors, I have used antibody against $GABA_A$ and $GABA_B$ subunits.

Noradrenergic receptors

NE is a neuromodulator and plays a prominent role in learning tasks *(44).* It transmits the effects through three subtypes of receptors; i.e. Gq-coupled α 1-, Gi-coupled α 2-, and Gs-coupled β 1-adrenergic receptors. NE activates cAMP-dependent PKA and calmodulin-dependent protein kinase $(CaMKII)$ via β 1 adrenergic receptors, and stimulation of β 1 adrenergic receptors leads to profound effects on the induction of LTP in multiple hippocampal pathways $(42, 43, 115)$. NE also modulates LTP through α 1 adrenergic receptors $(43, 81, 82)$, and reduces LTP through Gi-coupled α 2 adrenergic receptors *(116).* Since NE is released during emotional arousal, its involvement in emotional influence on learning and memory has been suggested. Supporting this notion,

recent study showed that NE-driven phosphrylation of GluRl subunit of-AMPA receptors facilitates synaptic delivery of AMPA receptors in LTP expression (117).

To test for possible radiation effects on noradrenergic signal transmission, I have used antibodies against α 1-, α 2- and β 1-adrenergic receptors in this study.

PSD-95

The postsynaptic compartment of excitatory synapses is characterized by an electron-dense region, referred to as the postsynaptic density (PSD) (indicated by small arrows in Figure 9) that consists of adhesion molecules, neurotransmitter receptors, and high density of scaffolding proteins. PSD-95 (PSD-95 kDa) is a major scaffold protein enriched at glutamatergic postsynaptic membranes. By homomultimerizing through Nterminus, PSD-95 molecules form a scaffold. PSD-95 contains three PDZ domains (a domain commonly discovered in PSD-95/Dlg/ZOl proteins), which anchor various proteins such as adhesion molecules, e.g. neuroligin-1, glutamatergic NMDA receptors, and through an adapter protein, stagazin, glutamatergic AMPA receptors. PSD-95 controls subcellular localization of glutamatergic receptors by facilitating alignment of postsynaptic receptors with the presynaptic active zone.

The reduced glutamatergic release we observed (Chapter II) may produce a coordinated reduction in the levels of PSD-95. To test this possibility, I have determined PSD-95 levels by immunoblotting.

MAP2

Microtubules are major structural components of the neuronal cytoskeleton in axons and dendrites. MAPs (microtubule-associated protein) are a family of proteins involved in neuromorphogenesis, among which MAP2 is the best characterized. In

mature neurons MAP2 is compartmentalized within dendrites of neurons *{118)* and largely excluded from axons *(119).* It forms microtubule bundles with straight and rigid appearance *(120).* MAP2 also plays an important role in the extension of the dendritic cytoskeleton and in dendritic stability by forming cross-bridge between microtubules and other cytoskeletal elements *(104).* Multiple lines of evidence also indicate that MAP2 levels correlate with neuronal response to oxidative stress *(121, 122).* Treatments with H2O2 led to a remarkable reduction in MAP2 levels, while antioxidant treatments upregulated MAP2 levels.

The MAP2 family consists of three isoforms, MAP2a, 2b and 2c. Each has 3 to 4 microtubule-binding repeats near the C-terminus *(123)* and an N-terminal projection domain of varying size, which has a net negative charge and exerts a long-range repulsive force *(124)* that regulates microtubule spacing *(118).* MAP2a and 2b are large proteins with longer projection domains (Mw 280 kDa), while MAP2c, which is often highly expressed during early development, is smaller (Mw 70 kDa). Different MAP2 isoforms may have distinct capacities in stabilizing the cytoskeleton. And MAP2c may have the highest capacity to interact with both microtubules and F-actin *(125).* It induces neurite initiation by reorganizing a primary actin-rich structure into a secondary microtubule-rich structure *(122).*

MAP2c may have at least two phosphorylated sites, and is a substrate for a number of protein kinases *(126).* It has been suggested that MAP2 phosphorylation state may modify microtubule stability, and thus, regulate neuronal development *(126, 127).* Previous studies found that highly phosphorylated MAP2c showed a lower affinity for microtubule, resulting in decreases in microtubule bundling *(126),* although precise functions of individual phosphorylation sites are not known.

I measured MAP2c levels as an index of dendritic neuronal response to radiation induced oxidative stress.

MATERIALS AND METHODS

Sample Preparation for Western Blotting

Samples were prepared from hippocampal tissues as described earlier (Chapter II, Materials and Methods, *Sample Preparation).* After thawing frozen samples on ice, tissues from 4 to 6 animals were pooled. This was necessary for obtaining reliable signals in the dynamic range of detection from low density synaptic proteins. Pooled tissues were homogenized in isotonic sucrose containing 0.32 M sucrose, 100 μ M EDTA, and 5 mM HEPES, pH 7.4, and synaptosomes were prepared. Total protein concentration in SI fractions was determined using the Coomassie Plus better Bradford assay kit (Pierce) according to manufacturer's instructions.

Simultaneous Detection of Two Proteins on Western Blots using Two Near-Infrared (IR) Fluorophores

Synaptosomes were suspended in SDS-PAGE sample buffer with 8 M urea and 2% mercaptoethanol, and incubated at 60°C for 20 min to accelerate protein denaturing. Proteins were separated on 3% polyacrylamide stacking and 7.5% running gels for 20 min at 80 V followed by 40 min at 150 V, then transfer to nitrocellulose membrane (Whatman, Dassel, Germany) for 1 h at 1.5 A in a high intensity field kept at room temperature by a cooling coil (Bio-Rad, Hercules, CA). Membranes were blocked in buffer containing 5% nonfat milk and 5% porcine serum in TBST (Tris-buffered saline Tween-20) containing Tris 20 mM, NaCl 134 mM, pH 7.6 with 0.1% v/v Tween-20 for 30 min at room temperature, and then incubated with primary antibodies overnight at 4°C.

I utilized Odyssey (Li-Cor) Multiplexed Detection which uses two IR fluorescence channels for simultaneous analysis of two targets. Two primary antibodies from different host species were incubated together to probe a blot; rabbit antibody against a protein of interest, and mouse antibody against loading controls, actin or vasolin containing protein (VCP). After washing with PBS (phosphate buffered saline) containing 0.01 M phosphate buffer, 2.7 mM KCl, and 137 mM NaCl, pH 7.4 with 1% Tween-20, incubation with two IR-conjugated secondary antibodies was carried out for 1 hour at room temperature. Five washes were carried out to remove nonspecific antibody binding in PBS with 1% Tween-20, or plain PBS.

Visualization of the Western blot signals from two IR fluorophores was done using the Odyssey IR Imaging System (LICOR, Lincoln, NE) in 700 and 800 nm channels in a single scan at $42 \mu m$ high resolution. Quantification was performed with Odyssey Application Software version 2.1 (LICOR, Lincoln, NE).

Integrated intensity signal was normalized for loading controls to gain a measure independent of sample loading errors. For each specific protein, I optimized general immunoblotting parameters (Table 2) and determined the linear range of IR fluorescence signal, by loading different protein amounts of the sample.

In some cases where the two primary antibodies were raised in the same species, diluent dilutions factor of secondary antibody were determined to obtain conditions with the least competition between the primary antibodies for the secondary antibody. Samples

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IRDye 680 conjugated goat (polyclonal) anti-mouse IgG IRDye 800 conjugated goat (polyclonal) anti-rabbit IgG RDye 680 conjugated goat (polydonal) anti-mouse IgG RDye 800 conjugated goat (polyclonal) anti-rabbit IgG actin: mouse monoclonal VCP: mouse monoclonal actin: mouse monoclonal VCP: mouse monodonal 59

were assayed in duplicates for each experiment, and each experiment was repeated at least three times.

Antibodies

The rabbit polyclonal antibodies against; NR2A, NR1 and GluR1 were purchased from Millipore (Temecula, CA), NR2B, α 1 and β 1 were from Abcam (Cambridge, MA), GABA_A was from BD Biosciences (San Jose, CA), α 2 was from Neuromics (Edina, MN), and VGlutl and MAP2 were from Synaptic Systems (Goettingen, Germany), The mouse monoclonal antibodies against synaptophysin, actin, PSD-95, GABA_B and VCP were purchased from BD Biosciences (San Jose, CA). Goat anti-rabbit or goat anti-mouse antibodies conjugated to IR dyes (IRDye 800CW, IRDye 680, respectively, were purchased from LI-COR, Lincoln, NE).

Statistics

The results were analyzed by Student's *t*-test to evaluate treatment effects in comparison with sham-control. Time course effects were evaluated by Kruskal-Wallis one-way ANOVA followed by Dunn's pairwise comparison to assess three and six months post radiation effects. Differences between means were considered significant at $P < 0.05$.

RESULTS

Reduction of [³H]-glutamate release was not due to decrease in nerve terminal number or in glutamatergic synaptic vesicle number.

My findings on 0.6 Gy of ⁵⁶Fe radiation induced reduction in RRP (Chapter II

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Background in detail) raised the possibility of nerve terminal loss or reduced glutamatergic synaptic vesicle numbers. I have assessed the levels of VGlutl and synaptophysin in hippocampal synaptosomes obtained from rats subjected to 56 Fe irradiation to investigate synaptic vesicle densities on nerve terminal,

VGlutl antibody detected a single band at approximately 70 kDa (Fig. 18B). The synaptophysin antibody also detected a single band migrating at approximately 40 kDa (Fig. 18B). These immunoreactive bands corresponds to the previously published molecular weights of VGlutl (70-80 kDa) and synaptophysin (38 kDa) *(106, 108).*

Normalized levels of integrated intensity showed that ⁵⁶Fe radiation did not have a significant effect on VGlutl or synaptophysin immunoreactivity (Fig 18A, Table 3) three and six months post irradiation. These results suggest that radiation did not cause global changes in glutamatergic nerve terminal population, or in glutamatergic synaptic vesicle numbers.

0.6 Gy of ⁵⁶*Fe radiation significantly reduced levels of NMDA, but not AMPA receptors 3 months post irradiation*

It was previously reported that ionizing radiation affected glutamatergic NMDA receptor levels *(25).* I assessed NMDA and AMPA receptor abundance in hippocampal synaptosomes obtained from rats subjected to 0.6 Gy of 56 Fe irradiation. The NR1 antibody detected a strong band at 120 kDa, and the NR2A antibody detected a strong band at 170 kDa (Fig. 19B). The NR2B antibody detected two bands at approximately 180 kDa and 150 kDa. The lower band was probably a product of proteolytic degradation *(128).* Our results showed that degradation rate calculated as intensities of 150 kDa over 180 kDa was not significantly altered after irradiation.

FIG. 18. Effects of 0.6 Gy of 56 Fe radiation (1 GeV/n) on VGlut1 and synaptophysin levels. Protein levels were analyzed by quantitative western blotting, using VGIutl and synaptophysin antibodies. Data were normalized to sham irradiated values, which was set to 1. Data shown are means \pm SEMs. (A) Summary graph of VGlut1 and synaptophysin (Syn) levels in hippocampal synaptosomes three and six months post irradiation. (B) Representative immunoblots of VGIutl and synaptophysin (Syn) with loading controls, actin and VCP, respectively.
TABLE₃

Change of Levels in Selected Synaptic Proteins

: *P* < 0.05, analyzed by Student's *t* -test (two-tailed distribution)

FIG. 19. Effects of 0.6 Gy of 56 Fe radiation (1 GeV/n) on selected glutamatergic receptor levels. Protein levels were analyzed by quantitative western blotting. Data were normalized to sham irradiated values, which was set to 1. Data shown are means ± SEMs. (A) Summary graph of NMDA NR1, 2A, 2B and AMPA GluRl levels in hippocampal synaptosomes three and six months post irradiation. (B) Representative immunoblots. *: $P < 0.05$ analyzed by Student's *t*-test compared to control.

The 150 kDa unit is a constituent of the NMDA receptor complex. It is stable and maintains basic properties, suggesting functionality *(128).* Thus, I added up intensities from both bands to quantify NR2B levels. A representative band at 180 kDa is shown in Figure 19B. The AMPA antibody detected a strong band at 100 kDa.

For all three NMDA receptor subunits, normalized integrated intensity was significantly reduced three months post irradiation, while AMPA receptor immunoreactivity was spared (Fig 19A, Table 3). The effects were statistically significant, and were more pronounced on NR2 subunits. Both NR2A and NR2B isoform levels were reduced by $\approx 20\%$ (NR2A: 0.79 ± 0.02 of control: NR2B, 0.78 ± 0.07 of control).

Six months post irradiation, however, the levels returned to normal. The levels of NR2 subunits were comparable to controls, whereas NR1 levels were up-regulated by 28%. Statistical analysis revealed a significant time course effect on NR1 receptors between three and six months (Kruskal-Wallis one-way ANOVA on ranks followed by Dunn's pairwise comparison, $P = 0.004$). AMPA levels were unaltered six months post irradiation.

Radiation exposure did not change PSD-95 levels

Either directly or indirectly, reduction in glutamatergic release and level of NMDA receptors might produce a coordinated change in a major glutamatergic receptor scaffolding protein, PSD-95. The PSD-95 antibody I used detected a single band at approximately 95 kDa, as expected (Fig. 20B). Three months after exposure the level of PSD-95 showed a trend of decrease $(0.90 \pm 0.05$ of controls), but this was not statistically

FIG. 20. Effects of 0.6 Gy of 56 Fe radiation (1 GeV/n) on PSD-95 levels. Protein levels were analyzed by quantitative western blotting, using PSD-95 antibodies. Data were normalized to sham irradiated values, which was set to 1. Data shown are means \pm SEMs. (A) Summary graph of PSD-95 levels in hippocampal synaptosomes three and six months post irradiation. (B) Representative immunoblots.

significant (Fig. 20A, Table 3). The level was unchanged when tested six months after irradiation (0.91 \pm 0.14 of controls).

pi adrenergic receptor displayed significant radio-sensitivity 3 months post irradiation, whereas GABA and a-adrenergic receptors did not.

In addition to glutamatergic receptors, I have evaluated levels of GABAergic and noradrenergic receptors. I found both $GABA_A$ and $GABA_B$ receptors were relatively resistant to 0.6 Gy of 56 Fe irradiation. The levels of these receptors did not show any significant changes in comparison with control at either 3 or 6 month time point (Table 3). Among three noradrenergic receptors tested, only the level of β 1 adrenergic receptor was significantly reduced three months after irradiation (Fig. 21, Table 3), while α subunits of adrenergic receptors were not altered (Table 3). β receptor levels returned to normal six months post irradiation (Table 3).

Radiation induced a reduction in MAP2c levels 3 months post irradiation that recovered 6 months post irradiation

To assess the possibility of neurite degeneration/regeneration, I tested MAP2 levels in hippocampal synaptosomes. The MAP2 antibody detected two strong bands for MAP2 isoforms at approximately 280 kDa (MAP2a and 2b), and 70 kDa (MAP2c), as previously documented *{129).* Thirty percent of total signal came from MAP2c alone $(30.9 \pm 3.92\%$ in sham-control). The results verified that MAP2c, which is highly expressed during early neuronal development (118) , was still detectable in the $4 \sim 7$ months old test subjects. Although MAP2a/2b levels did not significantly change, MAP2c levels showed significant changes both at three and six months post irradiation. Western blots identified three major MAP2c species with slightly different

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FIG. 21. Effects of 0.6 Gy of ⁵⁶Fe radiation (1 GeV/n) on β 1 adrenergic receptor levels. Protein levels were analyzed by quantitative western blotting. Data were normalized to sham irradiated values, which was set to 1. Data shown are means \pm SEMs. (A) Summary graph of β 1 adrenergic receptor levels in hippocampal synaptosomes three and six months post irradiation. (B) Representative immunoblots. *: *P <* 0.05 analyzed by Student's *t*-test compared to control.

electrophoretic mobility, which may be due to different phosphorylation states *(126)* (Fig. 22B). The highest electrophoretic mobility MAP2c species (band 1), which showed the strongest immunoreactivity, is likely to be in de-phosphorylated state. Levels of band 1 showed 14% reduction three months after exposure (Fig 22A, $P = 0.02$, Student's *t*-test). More interestingly, at six months post-irradiation, intensity of this MAP2c species were up-regulated by 24% in comparison with sham-control (Fig 22A, $P = 0.01$). The difference in the mean values between these two time points was statistically significant (one-way ANOVA; $P \leq 0.001$).

As the phosphorylated states of MAP2c species, i.e. band 2 / band 1 and band 3 / band 1 ratios, were unaltered at three months post irradiation, no radiation effects on phosphorylation were suggested. However, at six months post irradiation, band 3 / band 1 ratio was significantly reduced compared to control by 20%, indicating reduced phosphorylation state of MAP2c. Since MAP2c species in de-phosphorylated state are more likely to regulate microtubule growth and stability *(126),* the band 1 level results, i.e. reduction at 3 months and up-regulation at 6 months post irradiation, suggest dendritic degeneration and dendritic growth, respectively, which may correspond with our findings on NMDA and β 1 receptor levels.

DISCUSSION

The most significant finding in this study was the inhibitory effects of 0.6 Gy of ⁵⁶Fe radiation on the levels of glutamatergic NMDA receptors and β l adrenergic receptors. For all three NMDA receptor subunits tested, namely NR1, NR2A and NR2B, levels were significantly reduced three months post irradiation. Inhibition or reduction of

FIG. 22. Effects of 0.6 Gy of ⁵⁶Fe radiation (1 GeV/n) on MAP2c levels. Protein levels were analyzed by quantitative western blotting. Data were normalized to sham irradiated values, which was set to 1. Data shown are means \pm SEMs. (A) Summary graph of MAP2c (Band 1) levels in hippocampal synaptosomes three and six months post irradiation. (B) Representative immunoblots. \ast : $P < 0.05$ analyzed by Student's *t*-test compared to control.

NMDA receptor levels in the hippocampus are considerably associated with impairments in learning and memory. Specifically, L-AP5, a NMDA receptor antagonist, blocks the induction of LTP in the hippocampus and decreases spatial memory performance *(130).* Also, knockout mice lacking the obligatory NR1 subunit exhibit impaired LTP and spatial memory performance *(131).* Moreover, preferential inhibition of NR2A subunits prevented the induction of LTP, and selective blocking of NR2B subunit abolished the induction of LTD (73) . Furthermore, we have detected severe reduction of the level of β 1 adrenergic receptors, which also play a critical role in LTP induction *(82).* Thus, my finding on HZE radiation induced reduction of these receptor levels provides a potential link between HZE radiation and radiation-induced cognitive dysfunction.

In contrast, glutamatergic AMPA receptor levels were unchanged. This result is consistent with a previous radiation research. Shi and co-workers found that 45 Gy of $137Cs$ radiation, a dose for the treatment of brain tumors, induced significant alternation in NMDA receptor, but not in AMPA receptors. The nature of this specificity is difficult to discern from the present experiments, however, it is reported that NMDA possesses a unique reduction-oxidation site and ROS oxidizes the sulfhydryl residues associated with this site *(132),* which facilitates vulnerability of NMDA receptors to oxidative stress *(64, 132).* Twenty to fifty percent decreases in the density of NMDA receptors during aging have been reported, probably due to age related oxidative stress *(64).* In accordance with these reports, pi adrenergic receptor is also susceptible to oxidative stress *(133),* and the level declines by pretreatment with H_2O_2 (134) and also with age (135). Consequently, we presume the specificity of effects of HZE radiation on levels of neurotransmitter receptors may associate with susceptibility of each receptor to oxidative stress.

Levels of a scaffold protein, PSD-95, was not significantly altered after radiation exposure. Thus, we speculate that the observed reduction in NMDA receptors did not influence number or size of downstream postsynaptic contacts. The result is in line with previous studies, which suggested relatively less functional association of PSD-95 with NMDA receptors. Mice lacking PSD-95 show normal NMDA receptor clustering and function, but reduced AMPA receptor function (136). In addition, over-expression of PSD-95 did not influence NMDA receptor clustering, but enhanced AMPA receptor recruitment in developing hippocampal neurons *(137).* It is likely that a predominant role of PSD-95 may be to regulate AMPA receptor insertion and retention at the synapse, therefore, that PSD-95 has the closer association with AMPA receptors. My finding of unaltered levels of AMPA is consistent with this notion.

Questions still remain about the unaltered receptor levels 6 months post irradiation. I speculate that a possible "repair mechanism" may take place after radiation damage. Recovery of HZE radiation induced damage on dendritic spine was previously reported, e.g. decrease in dendritic spine length of CA1 hippocampal neurons was less severe after one year *(65).* My finding in MAP2c levels also supports the possible recovery. Pronounced reduction in MAP2c level was found at 3 months post irradiation, whereas the level was up-regulated 6 months post irradiation. MAP2 provides scaffolds in dendrites and facilitates the localization of signal transduction apparatus there, particularly near dendritic spines *(127).* The correlation with levels of NMDA NR1 subunit and MAP2c suggest some degree of dendritic spine recovery at 6 months. This cellular process likely affected NMDA receptor sub-synaptic domains more specifically, since levels of AMPA receptors, which are also localized to dendritic spines but within

the distinct domains *(138),* were unaltered in our experiments.

My study on two synaptic vesicle markers assure that 0.6 Gy of ⁵⁶Fe irradiation did not affect synaptic vesicle stores in the hippocampus, thus, depletion of glutamate stores or apoptotic damage of nerve terminals are unlikely to be a cause of reduction in glutamatergic release observed in our experiments (Chapter II). In line with my results, a previous study using a higher dose (2.0 Gy) of ⁵⁶Fe radiation also reported unaltered levels of synaptophysin in hippocampus *(139),* supporting the notion that neurotransmitter stores are not the direct locus of radiation-induced deficits.

Overall, my findings on reduced levels of glutamatergic NMDA and β 1 adrenergic receptors, both of which are critical in synaptic plasticity and in learning and memory, provide mechanistic evidence underlying HZE radiation induced cognitive dysfunction.

Although there were overall changes in neurotransmitter release (Chapter II) and neurotransmitter receptor levels by HZE irradiation, there were a number of differences. Regarding the time course of the HZE effects, I observed persisting suppression of evoked glutamate and GABA release, but a recovery in NMDA and β 1 adrenergic receptor levels. Also, while both glutamate and GABA release were suppressed, only the NMDA type glutamate receptors changes, leaving GABA receptors unchanged. Moreover, while NE release was not affected, β l adrenergic receptor levels were reduced at 3 months post irradiation. These findings suggest that the effects of HZE radiation in neurotransmitter release and neurotransmitter receptor levels are either completely independent or subjected to complex interactions that may involve homeostatic regulation.

CHAPTER VI

HZE RADIATION INDUCED LIPID PEROXIDATION

BACKGROUND

As we documented in Chapter II, 56 Fe radiation (0.6 Gy, 1 GeV/n)) induces significant reduction in hippocampal neurotransmitter release. The results raised a question on the integrity of cell membrane in the hippocampus after radiation exposure. One important factor that affects the membrane integrity is **lipid peroxidation,** a consequence of oxidative stress. Lipid peroxidation leads to disturbance of Ca^{2+} homeostasis that may affect functions of release machinery (discussed in Chapter II). To test this possibility, I have measured levels of lipid peroxidation in the hippocampus three and six months post irradiation.

Oxidative stress can be perceived as an imbalance of cellular pro-oxidant and anti-oxidant processes, resulting in the generation of ROS. The brain by nature provides favorable environments for generation of ROS *(47).* It consumes 20% of the oxygen utilized by the body, although the brain itself comprises only 2% of the body weight. Despite the high ratio of aerobic glycolysis, neurons contain relatively lower levels of antioxidant enzymes such as superoxide dismutase, catalase, glutathione peroxidase compared with other organs in the body *(140).* Moreover, the brain is exceptionally vulnerable to lipid peroxidation, for neurons contain high levels of peroxidizable fatty acids *(141).*

Ionizing radiation is capable of producing a variety of ROS *(26, 27, 30).* HZE radiation is a type of high LET (linear energy transfer) radiation, and predominant effects involve direct ionization. Peroxide (H_2O_2) pretreatment have been used extensively to study free radical chemistry of HZE radiation *(28, 29, 142),* whereas water radiolysis, in which indirect effect of ionizing radiation leads to the formation of hydroxyl radicals ("OH), has been used to model low-LET type radiation such as X-rays *(101).*

 $H₂O₂$ is a ROS, but it is a non-radical and is relatively unreactive. It is converted to highly reactive 'OH in the presence of decompartmentalized $Fe²⁺$ ions:

$$
\begin{array}{ccc}\n & F e^{2+} \\
 & \downarrow \\
H_2O_2 + e^- \rightarrow & OH + 'OH \\
 & \downarrow \\
 & F e^{3+}\n\end{array}
$$

Because 'OH is high reactive, its diffusion radius is only 0.3 nm (141) . Diffusible H_2O_2 penetrates cell membranes, whose thickness is between 6 nm to 10 nm, and contributes to a short-lived 'OH to be distributed both intra- and extracellularly. Thus, "OH is able to contact oxidative targets of hydrophobic lipid tails in the cell membrane and becomes a major source of lipid peroxidation products.

Treatment of a hippocampal slice with H_2O_2 altered electrophysiological properties including decreased ability to generate action potentials *(29).* The treatment also increased lipid peroxidation, raising the possibility that the electrophysiological effects were mediated by a lipid peroxidation mechanism *(30).* In line with the finding, H_2O_2 suppressed K⁺-stimulated [³H]-glutamate release by 20% using cortical synaptosomal preparation *(31).* Pretreatment with antioxidants including iron chelator revealed that 'OH, but not H_2O_2 was responsible for the observed effects (30). These results suggested that impairments in hippocampal neurotransmission after HZE irradiation may be mediated by lipid peroxidation.

Previous studies using dichlorofluorescein (DCFH) assay showed that 1.5 Gy of ⁵⁶Fe radiation led to increased ROS production in the frontal cortex of rats one month after exposure (139). Limoli and co-authors also demonstrated that a lower dose of ⁵⁶Fe radiation (< 1.0 Gy) could elicit significant increase in ROS production in hippocampal precursor cells one month post irradiation *(26).* Another line of evidence showed that whole body irradiation with 1.5 Gy of ${}^{56}Fe$ particles substantially augmented lipid peroxidation in mice cerebellum one months post irradiation, and exposure also impaired the reference memory *(27).* Although the above studies support a role for ROS production and lipid peroxidation in HZE radiation induced brain damage, there are no reports that directly correspond to our experimental conditions. Therefore, we have estimated the levels of lipid peroxidation in the hippocampus three and six months post 0.6 Gy of 56 Fe irradiation.

Lipid peroxidation is oxidative degradation of lipids (LH) by ROS (X^*) , such as OH". Most often affected is the methylene group (-CH2-) in polyunsaturated fatty acids, which possess reactive hydrogen to produce unstable lipid radical (L');

1) $LH + X' \rightarrow L' + XH$ (Initiation)

Lipid radical readily reacts with O_2 to produce lipid peroxyl radical (LOO');

2) $L^+ + O_2 \rightarrow LOO$

Reaction can propagate, and eventually changes the membrane structure;

3) $LOO^+ + LH \rightarrow LOOH + L'$ (Propagation)

Hydroperoxides (LOOH) result in production of a series of new reactive species, e.g. 4 hydroxyalkenals (HAE) and malondialdehyde (MDA);

4) LOOH \rightarrow short chain radicals, reactive aldehydes

The radical chain continues to proceed, until it is terminated;

5) $LOO' + LOO' \rightarrow non-radical product (Termination)$

As this bimolecular scheme illustrates, LOO' possesses paradoxical abilities to serve in both propagation and termination, which explains the inverse dose-response effect at radiation induced lipid peroxidation *{101, 143).* The inverse dose-response means that high production rates of free radiais, which initiate lipid peroxidation, yield a smaller amount of reactive end products than low production rates. This is distinct from the doseresponse of radiation effects, where high dose is more effective than low dose. It is noteworthy that these secondary reactive species such as L", LOO', as well as degradation products of LOOH, are also capable to interact with lipids and membrane proteins.

The alteration of membrane structures leads to increased membrane permeability. Inactivation of ion channels and increase of unspecific membrane leak was found after oxidative insult (101). These allow membrane depolarization (144) and non-specific Ca^{2+} influx (145) . An important pathophysiological consequence is disruption of Ca^{2+} homeostasis and alteration of neural transmission.

I assayed levels of MDA and HAE, end products of LOOH (Eq. 4). Measurements of them have been used as an indicator of lipid peroxidation. As a result, I have found that 0.6 Gy of 56 Fe radiation (1 GeV/n) induced high levels of lipid peroxidation in the hippocampus three months post irradiation. The high levels persisted six months post irradiation.

MATERIALS AND METHODS

Sample Preparation

Hippocampus was dissected and stored at -80°C to prevent loss of MDA and HAE, and to prevent further oxidation. Frozen samples were thawed on ice. Tissues from 4 animals were pooled, and then homogenized in ice-cold PBS containing 5 mM butylated hydroxytoluene (BHT), an antioxidant, to prevent new lipid peroxidation during homogenization. Homogenates were centrifuged at 3000 x *g* at 4°C for 10 min to pellet cell debris. Aliquots of supernatant were taken to determine protein concentration using the Coomassie Plus better Bradford assay kit (Pierce) according to manufacturer's instructions. Protein concentration of samples was adjusted to 15 - 60 mg/ml. Samples were kept on ice until use.

Lipid Peroxidation Assay

Measurement of MDA in combination with HAE was performed using a microplate assay kit (Oxford Biomedical Research, Oxford, MI) according to the manufacturer's directions. The assay is based on a color reaction of a chromogenic reagent, N-methyl-2-phenylindole, with MDA and HAE. One molecule of either MDA or HAE reacts with 2-molecules of the reagent to yield a stable chromophore with absorbance at 570 nm. Samples were added to the reagent, and incubated at 45°C for 60 min, followed by centrifugation at 15,000 *x g* for 10 min to obtain a supernatant clear from precipitates. Values were expressed as MDA + HAE nmol/mg protein. Samples were assayed in triplicate in each experiment. Each measurement was repeated at least three times.

Statistics

The results were analyzed by Student's *t*-test. Differences between means were considered significant at *P <* 0.05.

RESULTS

Point six Gy of ⁵⁶*Fe radiation (1 GeV/n) leads to a significant increase in lipid peroxidation in the hippocampus three and six months post irradiation*

My results showed that the level of MDA + HAE was about two times higher in 0.6 Gy irradiated samples than in the sham control animals (control: 1.8 ± 0.30 nmol/mg protein; irradiated: 3.8 ± 0.82 nmol/mg protein, $P \le 0.05$, Student's *t*-test, $n = 4$, Fig. 23.) The effects persisted six months post irradiation (irradiated: 4.0 ± 0.48 nmol/mg protein, $P < 0.05$, Student's *t*-test, $n = 4$, Fig. 23.)

The temporal correlation between lipid peroxidation and reduction in hippocampal glutamate and GABA transmitter release caused by 0.6 Gy of 56 Fe radiation raises the possibility of a causal relationship.

DISCUSSION

My results demonstrate an inverse relationship between hippocampal neurotransmitter release and level of lipid peroxidation in the hippocampus of animals exposed to 0.6 Gy of 56 Fe radiation. These two phenomena correlated well and the inverse relationship persisted even through 6 months. This delayed effect of oxidative insults on membrane might be a contributing factor to the observed reduction of hippocampal neurotransmission.

FIG. 23. Point six Gy of ⁵⁶Fe radiation (1 GeV/n) induced changes in products of lipid peroxidation in the hippocampus. Levels of lipid peroxidation were evaluated as described in the Materials and Methods. Briefly, hippocampal homogenate was loaded with a chromogenic reagent, N -methyl-2-phenylindole at 45° C for 60 min, and lipid peroxidation was assessed by measuring the levels of MDA (malondialdehyde) in combination with a derivative, HAE (4-hydroxyalkenals) at three months and six months post irradiation. Values are expressed as means of MDA + HAE (nmol/mg protein) \pm SEM. Asterisks indicate statistical significance analyzed by two- tail Student's t-test. (n *= A).*

Radiation induced lipid peroxidation is a non-enzymatic random reaction *(146),* but extremely common phenomena in the brain. It is noteworthy that this radiation induced insult was one of a few uniform responses among irradiated subjects, based on a long-term investigations after the Chernobyl nuclear accident *(45).* Generally, radiation effects display high variability among subjects due to different radio-sensitivity of each individual.

While previous studies focused on the early delayed effects of HZE radiation on ROS production *(147)* and lipid peroxidation *(27)* detected one month post irradiation, my results indicate that the effects can persist well beyond one month, for as long as 6 months, suggesting that production of ROS can be continuous and may play a critical role in late delayed effects of HZE radiation on neurotransmission. Mechanistic explanation of this prolonged membrane oxidization is beyond the scope of this study, however, it has been suggested that paradoxical ability of reactive species, which both initiate and terminate chain reaction that results in lipid peroxidation, might be relevant to prolonged production *(143).* In order to terminate the chain of events, it is necessary to reduce lipid hydroperoxides as well as to decompose concomitant formation of LOO". Consequently, the role of endogenous antioxidants has received extensive attention. It is likely that an optimal concentration of antioxidants may exist that will restore the free radical level to yield the best combination of inhibition and termination to minimize net lipid peroxidation, and any concentration other than this optimal leads to increased, thus, prolonged lipid peroxidation *(143).*

CHAPTER V

SUMMARY

The main findings of the present study were: 1) 0.6 Gy of 56 Fe radiation (1) GeV/n) significantly perturbed chemical neurotransmission of rat hippocampal nerve terminals, resulting in a persisted reduction of hypertonic sucrose evoked $\int^3 H$ -glutamate and $[$ ¹⁴C]-GABA release; 2) exposure to 0.6 Gy of ⁵⁶Fe radiation also significantly reduced levels of glutamatergic NMDA receptors as well as β l adrenergic receptors three months post irradiation, however, partial repair may take place by six months post irradiation; 3) the same radiation regimen significantly enhanced oxidative stress as indicated by increased levels of lipid peroxidation products in the hippocampus both three and six months post irradiation, suggesting that increased levels of lipid peroxidation played an important role in reduction of neurotransmitter release.

Although it is presently untested whether these alterations within the hippocampus directly contribute to aspects of radiation induced cognitive impairments, our findings demonstrate that, after a single dose of 56 Fe radiation as low as 0.6 Gy, the neurochemical environment in the hippocampus becomes significantly altered, which may underlie impairments in cognitive functions. It is of importance that synaptic plasticity may be significantly altered via reduction of NMDA and β l adrenergic receptor levels in the hippocampus.

Although precise mechanisms are still under debate, a generally accepted model of radiation-induced cognitive dysfunction is depicted in Figure 24. In this classic paradigm, neuronal cell death due to radiation induced generation of ROS leads to cell

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Classic Paradigm of Radiation-induced Cognitive Dysfunction

FIG. 24. Classic paradigm of radiation-induced cognitive dysfunction. The solid arrows indicate the generally accepted sequence of events from the absorption of radiation to the expression of the various forms of biological damage, which consequently leads to cognitive dysfunction. Dotted line indicates postulated neurogenesis hypothesis *(19, 36).* Dashed line indicates a pathway proposed by the present work.

loss and/or tissue damage, which can deteriorate functions of the CNS *(46).* With high dose radiation exposure, white matter necrosis is the dominant histopathological presentation and consistently associated with demyelination *(47).* Demyelination impairs the conduction of action potentials, and consequently impairs cognitive performance. Whereas high doses of radiation produce overt histopathological changes, lower dose exposures produce cognitive dysfunction without inducing obvious morphological changes. Recently it was reported that radiation impaired neurogenesis via neuroinflammatory process. Two Gy of ⁵⁶Fe radiation reduced the rate of proliferation among neuronal progenitors within the dentate gyrus, and also impaired hippocampus dependent performance *(19, 36).* My findings with 0.6 Gy, which is regarded subthreshold for impairing neurogenesis, raise the possibility that HZE radiation could cause functional deficits in cognitive behavior without involving neurogenesis or histopathological changes as previously proposed (dashed line in Fig. 24).

Overall, this work contributes to Phase 1 of NASA Strategic Program Plan by 1) uncovering a risk to the integrity of hippocampal chemical neurotransmission in the CNS, and 2) collecting specific evidence for radiation induced alterations in synaptic functions / elements that are critical for normal cognitive functions.

In future studies, I would like to further extend my investigation to 1) validate permissible exposure limits using a series of our assays. Also, assuming that lipid peroxidation may at least partially underlie the observed reduction in neurotransmitter release, optimized concentration of cellular antioxidants may rescue the radiation induced deficits. Thus, the current assays would facilitate to: 4) develop effective mitigation strategies. Pretreatment with RGS scavengers, such as polyethylene glycol-conjugated

catalase (PEG-CAT), a cell permeable H_2O_2 scavenging enzyme, may reduce radiationinduced deficiencies. Also, diet antioxidants, such as vitamin E, are known to inhibit lipid peroxidation and might ameliorate HZE radiation effects on neurotransmission.

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Publications:

G. Lonart, X. Tang, F. Simsek-Duran, **M. Machida,** L. D. Sanford. The role of active zone protein Rab3 interacting molecule 1 alpha in the regulation of norepinephrine release, response to novelty, and sleep. *Neuroscience* 154 (2), 821-831 (2008).

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