1985

Resources/Services Available to the Handicapped of Southside Tidewater Virginia

Joann S. Ervin
Old Dominion University

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RESOURCES/SERVICES AVAILABLE TO THE HANDICAPPED OF SOUTHSIDE TIDewater VIRGINIA

A RESEARCH PAPER PRESENTED TO THE FACULTY OF THE SCHOOL OF EDUCATION OLD DOMINION UNIVERSITY

In Partial Fulfillment of the Requirements of the Degree Master of Science in Education

by
Joann S. Ervin
April, 1985
This research paper was prepared by Joann S. Ervin under the direction of Dr. John M. Ritz in VTE 636, Problems in Education. It was submitted to the Graduate Program Director as partial fulfillment of the requirements for the Degree of Master of Science in Education.

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# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACKNOWLEDGEMENTS</td>
<td>ii</td>
</tr>
<tr>
<td>TABLE OF TABLES</td>
<td>v</td>
</tr>
<tr>
<td>CHAPTER</td>
<td></td>
</tr>
<tr>
<td>I. INTRODUCTION</td>
<td>1</td>
</tr>
<tr>
<td>STATEMENT OF THE PROBLEM</td>
<td>2</td>
</tr>
<tr>
<td>RESEARCH GOALS</td>
<td>3</td>
</tr>
<tr>
<td>BACKGROUND AND SIGNIFICANCE</td>
<td>4</td>
</tr>
<tr>
<td>LIMITATIONS</td>
<td>5</td>
</tr>
<tr>
<td>ASSUMPTIONS</td>
<td>5</td>
</tr>
<tr>
<td>PROCEDURES</td>
<td>6</td>
</tr>
<tr>
<td>DEFINITION OF TERMS</td>
<td>7</td>
</tr>
<tr>
<td>OVERVIEW OF CHAPTERS</td>
<td>10</td>
</tr>
<tr>
<td>II. REVIEW OF LITERATURE</td>
<td>11</td>
</tr>
<tr>
<td>CHANGING ATTITUDES</td>
<td>11</td>
</tr>
<tr>
<td>LEGISLATION</td>
<td>13</td>
</tr>
<tr>
<td>EDUCATIONAL RESOURCES</td>
<td>15</td>
</tr>
<tr>
<td>COMMUNITY RESOURCES</td>
<td>16</td>
</tr>
<tr>
<td>SUMMARY</td>
<td>18</td>
</tr>
<tr>
<td>III. METHODS AND PROCEDURES</td>
<td>20</td>
</tr>
<tr>
<td>POPULATION OF THE STUDY</td>
<td>20</td>
</tr>
<tr>
<td>DATA GATHERING INSTRUMENT</td>
<td>21</td>
</tr>
<tr>
<td>SUMMARY</td>
<td>21</td>
</tr>
</tbody>
</table>

iii
<table>
<thead>
<tr>
<th>CHAPTER</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>IV. FINDINGS</td>
<td>24</td>
</tr>
<tr>
<td>SUMMARY RESULTS</td>
<td>25</td>
</tr>
<tr>
<td>SUMMARY</td>
<td>37</td>
</tr>
<tr>
<td>V. SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS</td>
<td>39</td>
</tr>
<tr>
<td>SUMMARY</td>
<td>39</td>
</tr>
<tr>
<td>CONCLUSIONS</td>
<td>40</td>
</tr>
<tr>
<td>RECOMMENDATIONS</td>
<td>40</td>
</tr>
<tr>
<td>BIBLIOGRAPHY</td>
<td>42</td>
</tr>
<tr>
<td>APPENDIX</td>
<td>43</td>
</tr>
<tr>
<td>A. SAMPLE SURVEY WITH COVER LETTER</td>
<td>44</td>
</tr>
<tr>
<td>TABLE</td>
<td>TITLE</td>
</tr>
<tr>
<td>-------</td>
<td>--------------------------------------------------------------</td>
</tr>
<tr>
<td>1</td>
<td>SUMMARY OF AGENCY INFORMATION</td>
</tr>
<tr>
<td>2</td>
<td>AGENCY SUITED FOR:</td>
</tr>
<tr>
<td>3</td>
<td>GEOGRAPHIC AREA SERVED</td>
</tr>
<tr>
<td>4</td>
<td>SERVICES PROVIDED BY AGENCY</td>
</tr>
<tr>
<td>5</td>
<td>ARE THERE ELIGIBILITY REQUIREMENTS?</td>
</tr>
<tr>
<td>6</td>
<td>HOW ARE SERVICES TERMINATED</td>
</tr>
<tr>
<td>7</td>
<td>IS THERE A FEE FOR SERVICES?</td>
</tr>
<tr>
<td>8</td>
<td>WHAT ARE THE METHODS OF REFERRAL?</td>
</tr>
<tr>
<td>9</td>
<td>WHAT ARE THE FUNDING SOURCES?</td>
</tr>
<tr>
<td>10</td>
<td>ACCESSIBILITY TO THE PHYSICALLY HANDICAPPED</td>
</tr>
</tbody>
</table>
CHAPTER ONE
INTRODUCTION

Persons with disabilities are persons first and disabled secondly. The handicap can be in the form of a mental or a physical disorder or it can hit suddenly as caused by an accident. However the handicap occurs, the individual has rights, rights that are no different from the non-handicapped. These rights include the right to achieve self-actualization and the need to love and be loved, to learn, to share, to grow and to experience. They should be able to work at their own speed and in their own way; there are many ways of doing things and adjusting to new situations. They must find the best way for them.

It is important for the disabled person and others who work with them to be acquainted with the services and resources available in the community. Although only a few agencies may be utilized for one person it is important that people be aware of how much and what is available to the handicapped. The disabled have widely differing needs. They need to know how to seek help when they are troubled, how to find companionship without risking exploitation, how to go about their daily errands as fearlessly as any other citizen, how and where to obtain skills in order to
get and keep a job, how to budget income wisely, and an array of other daily living skills that most people take for granted.

STATEMENT OF THE PROBLEM

Instructional or supportive services for the handicapped can be obtained from a variety of community resources. Resources can be divided into two main categories: school resources and community resources. School resources can be divided into three categories: (a) building personnel, (b) ancillary personnel and (c) educational hierarchy personnel. Community resources can be divided into four major groups: (a) federal, state and local governmental agencies, (b) community agencies and organizations, and (d) citizen and special interest groups. The problem of this study was to identify the school and community resources available for the handicapped citizens of Southside Tidewater, Virginia.
RESEARCH GOALS

It was felt by the research that many services were available to the handicapped in Southside Tidewater, Virginia, but many of these services and their agencies were unknown to those who were involved with the handicapped (the families, teachers, counselors and others interested in the well-being of the handicapped). Because of this belief, two research objectives were set up for this study. These included:

1. Accumulate and analyze data on the services and resources available to the handicapped in Southside Tidewater, and

2. Develop a method or media for information dissemination to those who work with the targeted population.

With this information, schools, rehabilitation agencies, parents or any concerned individuals could improve their serving of the targeted population.
BACKGROUND AND SIGNIFICANCE

Educational and community resources have existed for some time, but in the past little was available to help the handicapped become more independent. They were left to become dependent on others for their needs. During the 1970's, federal legislation was passed that mandated that services be made more readily available to the handicapped. This legislation included The Rehabilitation Act of 1973, the Education for All Handicapped Children Act of 1975, and the Amendments to The Vocational Education Act of 1976. Even though this legislation was passed and help became available, many handicapped people still were unaware that there was assistance and how to go about securing it. People were often times afraid of trying something that was unknown to them. This fear caused rejection and thus a feeling of not wanting to seek help. Therefore, information needed to be made available to the community as to services that were available. There was no one publication or source to go to find services that were available. Part of the solution to this problem would be a resource guide to the Southside, Tidewater area. It would list agencies, groups and organizations that provided services, the eligibility for such services, contact persons, fees, documents needed, services available, and other information important to this special population.
LIMITATIONS

At the onset of this study it was necessary to define some limitations. The following limitations were identified:

1. The support services surveyed were limited to cities located in Southside Tidewater (Norfolk, Virginia Beach, Chesapeake and Portsmouth), Virginia.

2. The study was concerned only with services and resources for those persons whose primary handicapping conditions were: mentally retarded, physically handicapped, visually impaired, and hearing impaired.

Following the identification of these limitations, several assumptions were made.

ASSUMPTIONS

The purpose of this study was to accumulate and analyze data on the services and resources available to the handicapped in Southside Tidewater. Several assumptions were first made upon which this study was based. The assumptive factors for this study were:

1. There was no central clearinghouse
responsible for information dissemination on services available to the handicapped population.

2. There was a critical need for a central clearinghouse for information on services and resources for the handicapped people and other concerned people.

3. The handicapped population was more limited to resources available to them than for the "normal" population because of a lack of knowledge of where to go and how to locate needed services.

Beginning with the limitations previously stated and with the assumptions listed in this section, procedures were set up for conducting this study. These procedures were the subject of the following section.

PROCEDURES

The method used for obtaining data was a survey mailed to agencies, businesses, organizations, and interest groups in the Southside sidewater area who were identified as providing services to the handicapped. This survey contained questions germane to this study and included
agency name, address, telephone number, contact person, office hours, type of service, eligibility requirements, necessary documents required, and funding source.

After the data was accumulated for this study, it was organized according to the handicapping condition services.

DEFINITION OF TERMS

Several terms were frequently encountered during this study. There were many confusing and ambiguous terms associated with handicapping conditions. For the sake of clarity, these terms were defined in this section of the study.

1. Agency: an establishment engaged in helping others.

2. Ancillary Personnel: persons other than building personnel who provide specialized support to the handicapped.

3. Community Resource: the support services outside of the school hierarchy that are provided by federal and state agencies, community agencies and organizations; businesses, industry and labor organizations; and citizen and special interest groups.
4. Deaf: a hearing impairment so severe that the individual cannot understand what is being said with or without a hearing aid.

5. Developmentally Disabled: a person with severe or chronic impairments as a result of a physical or mental disability that began prior to age 22. These may include mental retardation, cerebral palsy, epilepsy, autism or other characteristics that limit daily living activities.

6. Handicapped Persons: any person who has a physical or mental impairment which substantially limits one or more major life activities.

7. Hard of Hearing: a hearing impairment that adversely affects a person's educational performance but is not as severe as deafness.

8. Mentally Retarded: both significant and sub-average general intellectual functioning and deficits in adaptive behavior; these deficits should have been observable throughout an individual's development.

9. Multiple Handicapped: a combination of impairments, other than deaf-blind, that causes such severe problems that an individual cannot be accommodated in a special education program for any one of the impairments.

10. Orthopedically Impaired: a severe physical disability that adversely affects educational
performance. The term includes impairments such as club foot, absence of a limb, cerebral palsy, poliomyelitis, bone tuberculosis, etc.

11. Resource: something a person turns to when help is needed.

12. School Resources: the instructional aids and support services from within the school hierarchy and educational associations that are provided by building, ancillary and educational personnel.

13. Service: to do something for someone else, help others.

14. Speech Impaired: a communication disorder, such as stuttering, impaired articulation, a language impairment, or a voice impairment which adversely affects a person's performance.

15. Visually Handicapped: a visual impairment which, even with correction, adversely affects an individual's performance. The term includes both partially seeing and blind.
OVERVIEW OF CHAPTERS

The problem of this study was to identify the support services available for handicapped citizens of Southside Tidewater. After examining the problem, a review of literature was necessary. This review was placed in Chapter II and included sections on changing attitudes, legislation, educational resources, and community resources.

This study attempted to gather as many resources as possible and to advertise services available to the handicapped population in Southside Tidewater. It also attempted to gather pertinent information regarding each agency that might help the handicapped obtain needed services; services that they may not otherwise have been aware of.
CHAPTER II

REVIEW OF LITERATURE

The problem of this study was to identify the support services available for the handicapped citizens of Southside Tidewater, Virginia. Resources can be divided into two main categories: school resources and community resources. Each of these categories was described, but first a brief description of the changes of attitudes and the legislation affecting handicapped people was presented.

CHANGING ATTITUDES

During the mid 1800's, education for the handicapped of a community was provided for in institutions and residential schools. These people were isolated from the rest of society. With treatment and cure as the major goal, large numbers of mentally retarded were gathered in a few institutions in the hopes of eventually returning them to their community as independent citizens. But these goals were never reached and many handicapped lived and died in isolated institutions.

"By the late 1800's and early 1900's, the hope of curing mental retardation had faded, and the residential schools had become custodial institutions. As more institutions were built, they tended to be located in 'out-of-the-way rural areas, opposed to urban centers'" (Lily, 1983, p. 341).
The development of services and interventions were well intended and optimistic in their goals, but they contained the seed of isolation and social injustice.

Most public schools required the children to be toilet-trained, ambulatory and have minimal language skills before they could attend school. Those who could not meet these criteria were barred from school; some merely stayed home, while others attended privately funded schools, many of which were operated in garages and church basements (Lily, 1983, p. 341).

The school programs of the 50's and 60's accepted the low intelligence of the students and based the curriculum on the idea of what the students could NOT do. Academics were seldom taught; most programs laid heavy emphasis on "arts and crafts" and other nonfunctional activities. For the most part, all "graduates" of these programs were put into long-term residential, custodial care or subsidized sheltered employment. Programs were related to the presumed inherent limitations of the handicapped individual; limitations that were in many cases untrue (Lily, 1983, p. 341).

It was not until the 1970's that the school systems began to consider serving the severely handicapped. This period saw major and critical changes in the field of special education. It was during this time that federal
legislation was enacted to enable the handicapped "rights" that they had long been denied.

LEGISLATION

Three major pieces of legislation were enacted during the 1970's. These laws established a commitment to provide services and resources to the handicapped.

The first piece of legislation was The Rehabilitation Act of 1973 or P.L. 93-112. Sections 503 and 504 of this act protected a handicapped individual against discrimination. Section 503 prevented employers who received federal financial assistance from discriminating against handicapped persons. It also required affirmative action in hiring and advancing qualified handicapped workers.

Section 504 has been called the civil rights law for handicapped persons. It protected the rights of handicapped people of all ages and in all areas of life. It prohibited discrimination on the basis of handicap in any private or public program receiving federal financial assistance. It also stated that all programs and services must be barrier-free; accessibility must be provided for the handicapped to use facilities and equipment. Violations of this section could result in loss of federal funds.

A second important piece of legislation, The Education
for All Handicapped Children Act of 1975 was passed. This act, also known as P.L. 94-142, established the right of every handicapped child to a free appropriate education. This included special education, related services and vocational education. When I.E.P.'s (Individualized Education Program) were written, appropriate services must be included, they must be designed to meet each child's needs and abilities.

The third piece of legislation to be passed was the Amendments to The Vocational Education Act of 1976. This act (P.L. 94-482) made new efforts to extend vocational education programs for handicapped students by setting aside special funds for such training. Handicapped students were to be educated with non-handicapped students whenever possible. If the student's handicap would not permit education in a regular vocational classroom, then the vocational education must be made available through an alternate situation utilizing vocational and special educators and appropriate supplementary aids and services. This act also provided for the vocational services to be included in the student's I.E.P. This required that the vocational educator and special education teacher communicate and work together in planning the student's goals.

A commitment to supply services has been provided by federal legislation; attitudes have changed as to what the
handicapped CAN DO. The past twenty years has shown a great change from almost no programs to programs that provide "full services" to the handicapped. The early programs provided segregation; today we have integration of both service goals and methods of service delivery as normal as possible. Future services must be built on the hope and promise of the individual's abilities, not the limitations of their presumed handicap.

EDUCATIONAL RESOURCES

School resources are a vital portion of the handicapped persons' array of services. School resources can be divided into the following categories: (a) building personnel, (b) ancillary personnel and (c) educational hierarchy personnel.

Building personnel could include administrators, school nurses, special vocational educators, vocational resource teachers, work study coordinators, guidance counselors, teacher aides, vocational teachers, academic teachers and librarians. These and other building personnel can provide advise and insight about students, programs and instructional resources to the handicapped.

Ancillary personnel were persons who provided specialized support services. These personnel were not usually housed in the regular school setting. They
provided services when requests were made for such services. These personnel might include the school psychologist, visiting teacher, pupil personnel worker, vocational evaluator, speech therapist, vision specialist, hearing specialist, occupational therapist, physical therapist, and school system maintenance workers.

Educational hierarchy personnel were persons who represented agencies that provided teachers with information about legislation, instructional techniques, special projects and programs. These personnel might include supervisors of various programs, program leaders, representatives from colleges and universities, advisory council members, state department personnel, and other administrators interested in the education of handicapped students.

COMMUNITY RESOURCES

Community resources were available from sources outside the educational system. The services they provided included academic, economic, employment, health, legal, psychological, safety, social, vocational and physical assistance.

Community resources were divided into four major groups. These included: (a) federal, state and local governmental agencies, (b) community agencies and
organizations, (c) business, industry and labor organizations, and (d) citizen and special interest groups. The goals of most community organizations were to increase disabled individuals' abilities to function independently in society, reduce dependency on others, develop stability in the family unit and become better prepared for competitive employment.

Communities provide a number of supplementary and supportive services. Successful life in the community entailed the ability to manage money, meal preparation, clothing and personal care, telephone skills, housekeeping, self-medication, travel, leisure, social skills, conversation and employment.

Incorporating school and community resources into an educational program for a handicapped student can "bridge the gap" between the school and society and can make a smooth transition from school to work. It must be shown that there exists a relationship between what was learned in school and what will be needed after leaving school. The full use of school and community resources eliminates duplication and allows funds to be used where there were other needs.

The handicapped often received services from several different sources. A team approach to such delivery systems can be highly effective, but there must be one
person who assumes ultimate responsibility for planning and coordinating the delivery of these services. The coordinator should assess student strengths and needs, prescribe and arrange for certain services, monitor progress, restructure the program when necessary and work with parents. The services are dependent on the individual needs and how they interact to meet the needs of the handicapped person. If no one coordinates services, there may be conflicting or duplicated services or there may be no services at all.

SUMMARY

The past twenty years has seen great advancements in establishing the "rights" of the handicapped. Laws have been changed, and people's attitudes have changed. People have realized that the handicapped have a right to live as independently as possible, be employed, and be a contributing part of society, no matter what the handicap.

As has been shown, there were many resources available. There were service gaps, but many needed services do exist. Since the schools are playing such a major role in the lives of the handicapped today, it is imperative that educational programs utilize as many community resources as possible. It would take the
cooperation, concern and efforts of many to ensure that the handicapped receive all the services they needed to reach their full potential. It was of utmost importance that these resource agencies openly communicate with each other about what each was doing. Conditions change, and services become modified, so each must be kept informed.

Upon completion of this review of literature, methods for collecting data were established. These were discussed in Chapter III.
CHAPTER III

METHODS AND PROCEDURES

This study was designed to collect and analyze data on the services and resources available to the handicapped in Southside Tidewater, Virginia. This study also sought to develop a method or media for information dissemination to those who worked with the targeted population. In this section the methods and procedures for gathering this data were outlined. Sections included were: (1) population, (2) the data-gathering instrument, (3) treatment of the data, and (4) a summary.

POPULATION OF THE STUDY

The population of this study consisted of agencies, organizations and groups that were known to have services for the handicapped. The names and addresses of such organizations were obtained from "The Help Book" compiled by the Tidewater Psychiatric Institute, the Information Center of Tidewater, the Endependence Center and referrals from other agencies and contacts. The data collected represented the majority of the organizations that supply services and support to the handicapped in Southside Tidewater. The total number of agencies identified for this study was 80. A list of agencies with addresses
can be found in the accompanying supplement.

DATA GATHERING INSTRUMENT

A questionnaire was sent to Tidewater school systems; federal, state and local government agencies; community agencies and organizations; and citizen and special interest groups. Information pertaining to the following general areas was requested: (1) who the handicapped agency was suited for, (2) geographic area served, (3) services offered, (4) eligibility requirements, (5) termination of services, (6) fees for services, (7) methods of referral, (8) funding source, and (9) accessibility for physically handicapped. A sample of the survey was placed in Appendix A.

TREATMENT OF THE DATA

After the surveys were returned, the information was analyzed for assembly into table form. Table 1 shows how the format was established for reporting the data.

SUMMARY

The data accumulated in this study was supplied by school and community resources that provide services to the handicapped. The information gathered provided the basis for the supplement entitled "Resource Guide to the
# TABLE 1
## SUMMARY OF AGENCY INFORMATION

### AGENCY

### ADDRESS

### PHONE

#### Geographic Area Served
- [ ] Chesapeake
- [ ] Norfolk
- [ ] Portsmouth
- [ ] Va. Beach

#### Population Served
- [ ] Hearing Impaired
- [ ] Learning Disabled
- [ ] Emotionally Disturbed
- [ ] Mentally Retarded
- [ ] Visually Impaired
- [ ] Physically Handicapped

#### Service Provided
- [ ] Job Placement
- [ ] Physical Exam
- [ ] Transportation
- [ ] Job Referral
- [ ] Follow-up
- [ ] Child Care
- [ ] Training
- [ ] Individual Counseling
- [ ] Financial Assistance
- [ ] Vocational Evaluation
- [ ] Independent Living
- [ ] Housing
- [ ] Psychological Eval.
- [ ] Work Adjustment
- [ ] Other

#### Eligibility Requirement

#### Additional Information
Handicapped of Southside Tidewater." Each agency responding was listed, along with pertinent information concerning the services the agency supplied. This information was placed in a supplement that can be found at the end of this study. The information gathered provided the basis for the finding of this study found in Chapter IV and the conclusions and recommendations found in Chapter V.
CHAPTER IV

This chapter contained the findings of the study. The purpose of the survey was to identify the school and community services available for the handicapped of Southside Tidewater, Virginia. The goals for this study have been to: (1) accumulate and analyze data on the services and resources available to the handicapped in Southside Tidewater, and (2) develop a method or media for information dissemination to those who work with the targeted population.

FINDINGS

This survey was mailed to eighty Southside Tidewater agencies that were felt by the researcher to have services for the handicapped. Of the eighty surveys sent three were returned undeliverable, so the total number used to figure the percentage was seventy-seven. Of the seventy-seven agencies who received the surveys, fifty-eight responded, which represented seventy-five percent of the total. Responses came from Tidewater school systems, federal, state and local governmental agencies, community agencies, and citizen and special interest groups.
The questionnaire used to secure the survey results included several areas of concern. The topics covered were: (1) who the handicap agency was suited for, (2) geographic area served, (3) services provided, (4) eligibility requirements, (5) termination of services, (6) fees for services, (7) method of referral, (8) funding source, and (9) accessibility for physically handicapped. At the conclusion of the survey the agency had the opportunity to make any additional comments concerning the services they offered.

In the first section of the survey, the following information was requested: agency name, name and title of person supplying the information, address and telephone number of the agency. This information can be found in the supplement.

Information on the type of handicapping condition(s) the agency was suited for followed. Because most agencies service more than one condition, the total responses were greater than the total number of agencies responding.

AGENCIES

In Table 2, twenty-seven of the fifty-eight respondents
had services for the hearing impaired. This was forty-seven percent of the total responses. Twenty-nine, or fifty percent, indicated they had services for the mentally retarded. Forty-three percent, or twenty-five agencies, had services for the learning disabled, the visually impaired and the emotionally disturbed. Services for the physically handicapped were offered by thirty-four agencies or fifty-nine percent who responded. Other handicaps served included multi-handicapped, autistic, speech impaired and drug and alcohol abuse. This represented seven percent of those surveyed.

<table>
<thead>
<tr>
<th>Agency Suited For:</th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hearing Impaired</td>
<td>27</td>
<td>47</td>
</tr>
<tr>
<td>Mentally Retarded</td>
<td>29</td>
<td>50</td>
</tr>
<tr>
<td>Learning Disabled</td>
<td>25</td>
<td>43</td>
</tr>
<tr>
<td>Visually Impaired</td>
<td>25</td>
<td>43</td>
</tr>
<tr>
<td>Emotionally Disturbed</td>
<td>25</td>
<td>43</td>
</tr>
<tr>
<td>Physically Handicapped</td>
<td>34</td>
<td>59</td>
</tr>
<tr>
<td>Other</td>
<td>4</td>
<td>7</td>
</tr>
</tbody>
</table>
SERVICE AREAS

In response to the geographic area served, thirty-four agencies, or fifty-nine percent, service Chesapeake. Norfolk is serviced by seventy-four percent of the agencies, or forty-three who responded. Fifty-five percent or thirty-two agencies service Portsmouth, while Virginia Beach received services from thirty-five agencies or sixty percent of the responding agencies.

<table>
<thead>
<tr>
<th>City</th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chesapeake</td>
<td>34</td>
<td>59</td>
</tr>
<tr>
<td>Norfolk</td>
<td>43</td>
<td>74</td>
</tr>
<tr>
<td>Portsmouth</td>
<td>32</td>
<td>55</td>
</tr>
<tr>
<td>Virginia Beach</td>
<td>35</td>
<td>60</td>
</tr>
</tbody>
</table>

SERVICES

Table 4 shows what services were provided by the agency. Sixteen agencies provided job placement (that was twenty-eight percent of those responding). Twenty-six percent or fifteen agencies responded to providing
job referral services. Of those agencies responding, sixteen provided training for their clients. This number represented twenty-seven percent of those responding. Twenty-nine percent or seventeen agencies stated that they provide vocational evaluation for their clients. The survey also found that psychological evaluation, independent living and transportation were all provided by thirteen agencies or twenty-two percent of those responding. Ten agencies provided physical examinations. This represented seventeen percent of the responding agencies. Twenty or thirty-four percent of the agencies provide some kind of follow-up. The service that was found to be the most common among the responding agencies was individual counseling with twenty-six responses or forty-five percent of the total. Work adjustment was found to be provided for by eleven agencies or nineteen percent of the population. Child care was found to have the least number of responses with six. This was ten percent of the total responding. Nine respondents or sixteen percent stated they provided financial assistance to their clients. Housing represented fourteen percent or eight agencies. Additional services are listed in the supplement.
<table>
<thead>
<tr>
<th>Service</th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Job Placement</td>
<td>16</td>
<td>28</td>
</tr>
<tr>
<td>Job Referral</td>
<td>15</td>
<td>26</td>
</tr>
<tr>
<td>Training</td>
<td>16</td>
<td>27</td>
</tr>
<tr>
<td>Vocational Evaluation</td>
<td>17</td>
<td>29</td>
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<tr>
<td>Psychological Evaluation</td>
<td>13</td>
<td>22</td>
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<tr>
<td>Physical Exam</td>
<td>10</td>
<td>17</td>
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<tr>
<td>Follow-up</td>
<td>20</td>
<td>34</td>
</tr>
<tr>
<td>Individual Counseling</td>
<td>26</td>
<td>45</td>
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<tr>
<td>Independent Living</td>
<td>13</td>
<td>22</td>
</tr>
<tr>
<td>Work Adjustment</td>
<td>11</td>
<td>19</td>
</tr>
<tr>
<td>Transportation</td>
<td>13</td>
<td>22</td>
</tr>
<tr>
<td>Child Care</td>
<td>6</td>
<td>10</td>
</tr>
<tr>
<td>Financial Assistance</td>
<td>9</td>
<td>16</td>
</tr>
<tr>
<td>Housing</td>
<td>8</td>
<td>14</td>
</tr>
</tbody>
</table>

Additional services are listed in the supplement according to the agency providing the service.
ELIGIBILITY

Forty-four agencies or seventy-six percent responded that yes, they did have eligibility requirements. Eleven agencies or nineteen percent responded no, and three agencies or five percent did not answer this question. If the response was yes, the agency was to check the necessary requirements. Twenty-three agencies or forty percent of those responding had age requirements. Financial eligibility had eighteen or thirty-one percent responding. Thirty-eight percent or twenty-two responses stated there must be a specific disability in order to be eligible for services. Thirty-three percent or nineteen agencies checked proof of disability as an eligibility requirement. Three agencies listed educational requirements; this represented five percent of those responding. Vocational experience had one response for two percent. Other requirements that agencies listed on the survey can be found in the accompanying supplement.
TABLE 5

Are There Eligibility Requirements?

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age Requirements</td>
<td>23</td>
<td>40%</td>
</tr>
<tr>
<td>Financial Eligibility</td>
<td>18</td>
<td>31%</td>
</tr>
<tr>
<td>Specific Disability</td>
<td>22</td>
<td>38%</td>
</tr>
<tr>
<td>Proof of Disability</td>
<td>19</td>
<td>33%</td>
</tr>
<tr>
<td>Educational Requirements</td>
<td>3</td>
<td>5%</td>
</tr>
<tr>
<td>Vocational Experience</td>
<td>1</td>
<td>2%</td>
</tr>
</tbody>
</table>

Requirements other than those listed above can be found in the accompanying supplement.
SERVICE TERMINATION

From the responses made to the question about how services are terminated, the responses fell into seven categories. The largest number, fourteen (or twenty-four percent), of terminations came when the clients themselves terminated the services. Completion of the program represented twenty-two percent or thirteen of the agencies responding. Seven agencies or twelve percent stated that services were terminated by mutual consent of the staff and client. Employment terminated some clients; this method represented seven of the fifty-eight responding or twelve percent. Six agencies stated they had long-term services; this represented ten percent. Reaching the age limit was the cause of termination for three agencies or five percent of those responding. For three other agencies or five percent another method of termination was a case review. This question did not apply to some agencies so therefore they did not respond.
### TABLE 6

**How Are Services Terminated?**

<table>
<thead>
<tr>
<th></th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completion of Program</td>
<td>13</td>
<td>22</td>
</tr>
<tr>
<td>Client Terminates Service</td>
<td>14</td>
<td>24</td>
</tr>
<tr>
<td>Consent of Staff and Client</td>
<td>7</td>
<td>12</td>
</tr>
<tr>
<td>Case Review</td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td>Long-Term Service</td>
<td>6</td>
<td>10</td>
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<tr>
<td>Employed</td>
<td>7</td>
<td>12</td>
</tr>
<tr>
<td>Age Limit</td>
<td>3</td>
<td>5</td>
</tr>
</tbody>
</table>

**FEES**

Agencies that charge fees for their services numbered twenty-seven or forty-seven percent of those responding. The same number, twenty-seven responded in the negative also representing forty-seven percent. Four agencies or seven percent stated that this question did not apply to them.
TABLE 7

<table>
<thead>
<tr>
<th>Is There A Fee For Services?</th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>27</td>
<td>47</td>
</tr>
<tr>
<td>No</td>
<td>27</td>
<td>47</td>
</tr>
<tr>
<td>N/A</td>
<td>4</td>
<td>7</td>
</tr>
</tbody>
</table>

METHODS OF REFERRAL

When asked what the methods of referral were, seventy-three percent stated that clients could be self-referred. This represents forty-two of the fifty-eight total responding. The referral by an agency was also seventy-three percent or forty-two of those responding. Written application accounted for nineteen responses or thirty-three percent while emergency and other referral methods both accounted for eleven responses each or twenty percent.
TABLE 8

What Are the Methods of Referral?

<table>
<thead>
<tr>
<th>Method</th>
<th>Number of Responses</th>
<th>Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-referral</td>
<td>42</td>
<td>73</td>
</tr>
<tr>
<td>Agency</td>
<td>42</td>
<td>73</td>
</tr>
<tr>
<td>Written Application</td>
<td>19</td>
<td>33</td>
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<tr>
<td>Emergency</td>
<td>11</td>
<td>20</td>
</tr>
<tr>
<td>Other</td>
<td>11</td>
<td>20</td>
</tr>
</tbody>
</table>

Other methods of referral are listed in the accompanying supplement.

AGENCY FUNDING

Funding for agencies was found to have come from a variety of sources. Seventeen responses or twenty-nine percent stated that the city supplied funds. Forty-three percent marked state and federal funding. This represented twenty-four responses for each of these sources. Two agencies received funds from foundations; this represented three percent of those responding.
Nineteen agencies charge fees for services; this was thirty-three percent of the respondents. The United Way contributed funds to eight of those responding or fourteen percent. Five percent or three of the agencies charged dues. Fifteen agencies or twenty-six percent accept donations as a funding source. Other sources of funds were accepted by seven agencies; this represented twelve percent of those responding. This information was not included in the supplement.

<table>
<thead>
<tr>
<th></th>
<th>Number of Responses</th>
<th>Percentage of Total Responses</th>
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</thead>
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<tr>
<td><strong>City</strong></td>
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<td>29</td>
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<td><strong>State</strong></td>
<td>24</td>
<td>43</td>
</tr>
<tr>
<td><strong>Federal</strong></td>
<td>24</td>
<td>43</td>
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<td><strong>Foundation</strong></td>
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<td>3</td>
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<tr>
<td><strong>Fees for Service</strong></td>
<td>19</td>
<td>33</td>
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<tr>
<td><strong>United Way</strong></td>
<td>8</td>
<td>14</td>
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<tr>
<td><strong>Dues</strong></td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td><strong>Donations</strong></td>
<td>15</td>
<td>26</td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td>7</td>
<td>12</td>
</tr>
</tbody>
</table>
ACCESSIBILITY

The question concerning the accessibility to physically handicapped indicated that seventy-four percent or forty-three agencies had accessible parking. Accessible entry found forty-two agencies or seventy-three percent responding. Fifty-nine percent or thirty-four agencies stated they had restrooms accessible to the physically handicapped. The interior of 37 agencies or sixty-four percent were accessible. Transportation was available by seventeen of the fifty-eight agencies responding or twenty-nine percent. Other facilities that were found to be accessible for the physically handicapped were water fountains.

SUMMARY

The findings of this study documented the services and resources that were available to the handicapped in Southside Tidewater. Fifty-eight of the agencies that received the survey responded. Eighty surveys were sent out. The statistics resulting from their responses were tabulated in this chapter. These findings were used in the next chapter to arrive at conclusions. These conclusions were examined and from them recommendations were made. A summary of the entire study was also included in the next chapter.
TABLE 10

Accessibility to the Physically Handicapped:

<table>
<thead>
<tr>
<th></th>
<th>Number Responding</th>
<th>Percentage of Total Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parking</td>
<td>43</td>
<td>74</td>
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<tr>
<td>Entry</td>
<td>42</td>
<td>72</td>
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<tr>
<td>Restrooms</td>
<td>34</td>
<td>59</td>
</tr>
<tr>
<td>Interior</td>
<td>37</td>
<td>64</td>
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<tr>
<td>Transportation</td>
<td>17</td>
<td>29</td>
</tr>
<tr>
<td>Other</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

Other facilities for the physically handicapped were listed as water fountains.
CHAPTER V
SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

SUMMARY

This study was conducted to compile the services that agencies in Southside Tidewater provide for the handicapped. Following the introduction where background material was presented, the problem was stated. Briefly, the problem was to identify the school and community services available to the handicapped in Southside Tidewater, Virginia.

In the review of literature, it was briefly shown how advancements have been made in establishing the "rights" of the handicapped. It showed that schools and communities offered many valuable services to the handicapped and that some kind of coordination of these services should be established so that services could be utilized to the fullest.

The research goals for this study were:

1. Accumulate and analyze data on the services and resources available to the handicapped in Southside Tidewater, and

2. Develop a method or media for information dissemination to those who work with the targeted populations.
A survey was designed to collect the data necessary to conduct this study. This survey was mailed to eighty Southside Tidewater agencies identified from "The HELP Book," the Information Center of Tidewater, the Endependence Center and referrals from other agencies and contacts. The results of this survey provided data for the findings of this study.

CONCLUSIONS

It was found that there are many agencies that provide services to the handicapped in Southside Tidewater. Eligibility requirements, fees for services, methods of referral, funding source and accessibility for the physically handicapped all varied from agency to agency. Although many agencies exist to assist the handicapped and other interested parties, there was no one place or resource where these people could go to learn about the many different services and resources.

RECOMMENDATIONS

The information that has been documented in this study supports the following recommendations:

1. There are enough agencies for the handicapped in Southside Tidewater, Virginia, that a
clearinghouse for such information needs to be established.

2. Some form of printed material needs to be made available to the handicapped and those who work with them concerning the resources and services available to this population.

A lot of information concerning services for the handicapped was collected during this study. This information was analyzed and converted into a "Resource Guide for Handicapped Services." It is a supplement to this study.
BIBLIOGRAPHY


APPENDIX

APPENDIX A - Sample Survey with Cover Letter
February 12, 1985

Dear Colleague:

Norfolk Public Schools is compiling a resource directory of services/resources available to the handicapped in Southside Tidewater Virginia. A variety of services and resources are available to this population, but many agencies are unknown to those who work with the handicapped.

We are asking you to assist in compiling this directory. It would be most helpful if you would complete the enclosed survey by February 26, 1985 and return it to me at:

Joann Ervin
Lake Taylor High School
1384 Kempsville Road
Norfolk, Virginia 23502

Thank you for your cooperation and prompt reply.

Sincerely,

Joann Ervin
Vocational Education for the Handicapped in Norfolk
**RESOURCES/SERVICES AVAILABLE TO THE HANDICAPPED**

**OF SOUTHSIDE TIDEWATER, VIRGINIA**

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Completed by

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
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<table>
<thead>
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<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Telephone Number**

Agency suited for: check appropriate box(es)

1. Hearing Impaired  □  5. Emotionally Disturbed  □
3. Learning Disabled □  7. Other ______________ □
4. Visually Impaired  □

Geographic area served: check appropriate box(es)

1. Chesapeake  □  3. Portsmouth  □
2. Norfolk     □  4. Virginia Beach □

Return this survey to:

Joann Ervin
Lake Taylor High School
1384 Kempsville Road
Norfolk, Virginia 23502

This data may be used for publication.

Signature__________________________

Position__________________________

Return by February 26, 1985

---

SCHOOL ADMINISTRATION BUILDING, POST OFFICE BOX 1357, NORFOLK, VIRGINIA 23501
RESOURCES/SERVICES AVAILABLE TO THE HANDICAPPED OF SOUTHSIDE TIDewater, VIRGINIA

1. Does your agency provide the following services? Check appropriate box(es).
   □ job placement          □ individual counseling
   □ job referral           □ independent living
   □ training               □ work adjustment
   □ vocational evaluation  □ transportation
   □ psychological evaluation  □ child care
   □ physical exam          □ financial assistance
   □ follow-up

Additional services not included above:
1. ____________________________________________
2. ____________________________________________
3. ____________________________________________

2. Are there eligibility requirements? YES □ NO □
   If yes, check below:
   □ age requirement                     Specify
   □ financial eligibility
   □ specific disability
   □ proof of disability
   □ educational requirements
   □ vocational experience

Requirements other than those listed above:
1. ____________________________________________
2. ____________________________________________
3. ____________________________________________

3. How are services terminated? ________________________________

(over)
4. Is there a fee for services?  YES ☐  NO ☐

5. What are the methods of referral? (Check appropriate box)
  ☐ self-referral  ☐ emergency
  ☐ agency  ☐ other _______________________
  ☐ written application

6. What are your funding sources: Check appropriate box(es).
  ☐ 1. city  ☐ 4. foundation  ☐ 7. dues
  ☐ 2. state  ☐ 5. fees for service  ☐ 8. donations
  ☐ 3. federal  ☐ 6. United Way  ☐ 9. other ________________

   The above given information can be considered valid for the
   next ________ years (i.e. list time lines for grant funded programs).

7. Is your agency accessible to the physically handicapped?
   Check appropriate boxes.
   ☐ parking  ☐ interior
   ☐ entry  ☐ transportation
   ☐ restrooms  ☐ other ________________

   Additional Comments: __________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

   If you would like a copy of the results of this survey please check.  ☐ YES
RESOURCE/SERVICES
FOR THE
HANDICAPPED
IN
SOUTHSIDE TIDEWATER,
VIRGINIA
PREFACE

This resource guide contains information on services and resources for the handicapped in the cities of Chesapeake, Norfolk, Portsmouth and Virginia Beach.

This information was collected in order to provide a comprehensive guide of services that are available to those who work with the handicapped.

Some agencies have offices in each city, therefore it may be necessary to contact the appropriate office. Some of these agencies include: city school systems, the Department of Rehabilitative Services and the Virginia Employment Commission.

Completion of this project could not have been possible without the cooperation of the agencies listed in this guide.

This guide is being made available through Norfolk Public Schools. It is hoped that many people will benefit from this information.
<table>
<thead>
<tr>
<th>AGENCY NAME</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Association for Retarded Citizens/Tidewater</td>
<td>1</td>
</tr>
<tr>
<td>Chrysler Museum</td>
<td>2</td>
</tr>
<tr>
<td>CLASP, Inc.</td>
<td>3</td>
</tr>
<tr>
<td>Commonwealth College</td>
<td>4</td>
</tr>
<tr>
<td>Community Alternatives, Inc.</td>
<td>5</td>
</tr>
<tr>
<td>Community Mental Health Service/Norfolk</td>
<td>6</td>
</tr>
<tr>
<td>DAC Center</td>
<td>7</td>
</tr>
<tr>
<td>Deaf Missionary Church</td>
<td>8</td>
</tr>
<tr>
<td>Division of Social Services/Norfolk</td>
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</tr>
<tr>
<td>Eastern Virginia Center for Communication Disorders</td>
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<td>Easter Seal Society of Virginia</td>
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<td>Goodwill Industries of Tidewater, Inc.</td>
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<td>Hope House Foundation</td>
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<td>Information Center of Hampton Roads</td>
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<td>19</td>
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<td>March of Dimes</td>
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<td>McDonalds Corporation</td>
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<td>22</td>
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<td>Mental Retardation/Developmental Disabilities Programs</td>
<td>23</td>
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<tr>
<td>AGENCY NAME</td>
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<td>Navy Family Services Center</td>
<td>24</td>
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<td>Norfolk Community Services Board</td>
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<td>Norfolk Department of Human Resources</td>
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<td>Occupational Therapy Service</td>
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<td>Old Dominion University, Handicapped Student Services</td>
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<td>STEP-UP, Inc.</td>
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<td>St. Mary's Infant Home</td>
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<td>Tidewater Council, Boy Scouts of America</td>
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<td>Virginia Association for the Blind, Inc.</td>
<td>46</td>
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<td>Virginia Beach Parks and Recreation</td>
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<td>Virginia Beach Public Library/Special Services</td>
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<td>49</td>
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</tbody>
</table>

| Eligibility Requirement | Sliding fee scale for some services |

| Additional Information  | Accessible to physically handicapped |
|                        | *Recreational |
AGENCY The Chrysler Museum
ADDRESS Olney Road and Mowbray Arch
Norfolk, Virginia 23510
PHONE (804) 622-1211

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Independent Living
- Other *
- Physical Exam
- Work Adjustment

Eligibility Requirement

Additional Information
Accessible to physically handicapped
AGENCY  CLASP, Inc.
ADDRESS  3900 Rumford Lane
          Virginia Beach, Virginia  23452
PHONE    (804) 486-3110

Geographic Area Served

- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served

- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided

- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other *

Eligibility Requirement

6 years or over

Additional Information

Accessible to physically handicapped
*Recreational/Social
AGENCY: Commonwealth College
ADDRESS: 300 Boush Street
          Norfolk, Virginia 23510
PHONE: (804) 625-5891

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Individual Counseling
- Financial Assistance
- Work Adjustment
- Other

Eligibility Requirement
Age requirement
Educational requirement

Additional Information
Conduct individual training programs for the Department of Rehabilitative Services on a contract basis.
AGENCY Community Alternatives, Inc.
ADDRESS 3500 Virginia Beach Boulevard, Suite 300
          Virginia Beach, Virginia 23452
PHONE (804) 486-4663

Geographic Area Served

- Chesapeake  - Norfolk  - Portsmouth  - Va. Beach

Population Served

- Hearing Impaired  - Learning Disabled  - Emotionally Disturbed
- Mentally Retarded  - Visually Impaired  - Physically Handicapped

Service Provided

- Job Placement  - Physical Exam  - Transportation
- Job Referral  - Follow-up  - Child Care
- Training  - Individual Counseling  - Financial Assistance
- Vocational Evaluation  - Independent Living  - Housing
- Psychological Eval.  - Work Adjustment  - Other

Eligibility Requirement
Minimum senior high school
Psychological or medical
A client of the Department of Rehabilitative Services

Additional Information
Accessible to physically handicapped
AGENCY  Community Mental Health Service
ADDRESS  713 Fisherman Road
           Norfolk, Virginia  23503
PHONE    (804) 588-5034  Emergency 627-9990

Geographic Area Served
☐ Chesapeake  ☑ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☑ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

Additional Information
   Accessible to physically handicapped
   *Day care-alternative to hospitalization
AGENCY   DAC Center
ADDRESS   Portsmouth Public Schools
          401 W.Road
          Portsmouth, Virginia  23707
PHONE    (804) 393-8791

Geographic Area Served
☐ Chesapeake    ☐ Norfolk    ☐ Portsmouth    ☐ Va. Beach

Population Served
☐ Hearing Impaired    ☐ Learning Disabled    ☐ Emotionally Disturbed
☐ Mentally Retarded    ☐ Visually Impaired    ☐ Physically Handicapped
* pre-school
  severe/profound

Service Provided
☐ Job Placement    ☐ Physical Exam    ☐ Transportation
☐ Job Referral    ☐ Follow-up    ☐ Child Care
☐ Training    ☐ Individual Counseling    ☐ Financial Assistance
☐ Vocational Evaluation    ☐ Independent Living    ☐ Housing
☐ Psychological Eval.    ☐ Work Adjustment    ☐ Other *

Eligibility Requirement
  Age requirement 2-22
  Local school eligibility committee
  Educational requirements

Additional Information
  Accessible to physically handicapped
*Physical therapy, occupational therapy, speech
  therapy, adaptive P.E.
AGENCY: Deaf Missionary Church

ADDRESS: 3520 Johns Street
          Norfolk, Virginia 23513

PHONE: (804) 588-5007

Geographic Area Served

- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served

- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided

- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other

Eligibility Requirement

Additional Information

Family counseling
Interpreting
AGENCY Division of Social Services/Norfolk

ADDRESS 220 Brambleton Avenue
Norfolk, Virginia 23510

PHONE (804) 627-4861

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance*
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Independent Living
- Work Adjustment
- Other

Eligibility Requirement
Varies with the program

Additional Information
Accessible to physically handicapped
*Programs include Aid to Dependent Children, General Relief, Food Stamps, Medicaid, State/Local Hospitalization and various service programs.
AGENCY  Eastern Virginia Center for Communication Disorders
ADDRESS  855 W. Brambleton Avenue
          P.O. Box 1980
          Norfolk, Virginia 23501
PHONE   (804) 446-5934

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

Additional Information

Accessible to physically handicapped
*Speech/language evaluation
Augmentative communication evaluation
AGENCY  Easter Seal Society of Virginia

ADDRESS  3101 Magic Hollow Boulevard
          Virginia Beach, Virginia  23456

PHONE

Geographic Area Served

- Chesapeake  - Norfolk  - Portsmouth  - Va. Beach

Population Served

- Hearing Impaired  - Learning Disabled  - Emotionally Disturbed
- Mentally Retarded  - Visually Impaired  - Physically Handicapped

Service Provided

- Job Placement  - Physical Exam  - Transportation
- Job Referral  - Follow-up  - Child Care
- Training  - Individual Counseling  - Financial Assistance
- Vocational Evaluation  - Independent Living  - Housing
- Psychological Eval.  - Work Adjustment  - Other *

Eligibility Requirement

Low income
Evaluation or physical statement

Additional Information

Accessible to physically handicapped
*Speech/language/hearing therapy, evaluations, screening
AGENCY  Educational Opportunity Center (EOC)

ADDRESS  3830 Virginia Beach Boulevard
           Virginia Beach, Virginia  23502

PHONE  (804) 463-4810

Geographic Area Served
- Chesapeake  - Norfolk  - Portsmouth  - Va. Beach

Population Served
- Hearing Impaired  - Learning Disabled  - Emotionally Disturbed
- Mentally Retarded  - Visually Impaired  - Physically Handicapped

Service Provided
- Job Placement  - Physical Exam  - Transportation
- Job Referral  - Follow-up  - Child Care
- Training  - Individual Counseling  - Financial Assistance
- Vocational Evaluation  - Independent Living  - Housing
- Psychological Eval.  - Independent Living  - Other

Eligibility Requirement
Age 19 and over
Low income
First generation college

Additional Information
Financial assistance is in the form of identifying
grants, loans, and scholarships to be used by
clients for school purposes.
Career counseling is provided along with the admin-
istration of interest and aptitude testing to
determine a program of study for the client.
AGENCY  Endependence Center, Inc.
ADDRESS  100 W. Plume Street, #244
          Norfolk, Virginia  23510
PHONE    (804) 625-3555

Geographic Area Served
  - Chesapeake
  - Norfolk
  - Portsmouth
  - Va. Beach

Population Served
  - Hearing Impaired
  - Learning Disabled
  - Emotionally Disturbed
  - Mentally Retarded
  - Visually Impaired
  - Physically Handicapped

Service Provided
  - Job Placement
  - Job Referral
  - Training
  - Vocational Evaluation
  - Psychological Eval.
  - Physical Exam
  - Follow-up
  - Individual Counseling
  - Independent Living
  - Work Adjustment
  - Transportation
  - Child Care
  - Financial Assistance
  - Housing
  - Other *

Eligibility Requirement
  16 or older
  Evidence of disability

Additional Information
  Accessible to physically handicapped
  *Group counseling
  Advocacy
  Cultural/social activities
AGENCY  Goodwill Industries of Tidewater, Inc.
ADDRESS  4315 Brambleton Avenue
          Norfolk, Virginia  23518
PHONE  (804) 627-7733

Geographic Area Served
- Chesapeake  □ Norfolk  □ Portsmouth  □ Va. Beach

Population Served
- Hearing Impaired  □ Learning Disabled  □ Emotionally Disturbed
- Mentally Retarded  □ Visually Impaired  □ Physically Handicapped

Service Provided
- Job Placement  □ Physical Exam  □ Transportation
- Job Referral  □ Follow-up  □ Child Care
- Training  □ Individual Counseling  □ Financial Assistance
- Vocational Evaluation  □ Independent Living  □ Housing
- Psychological Eval.  □ Work Adjustment  □ Other

Eligibility Requirement
16 years and over

Additional Information
Accessible to physically handicapped
AGENCY  Hope House Foundation
ADDRESS  201 Granby Mall, Suite 424
          Norfolk, Virginia  23510
PHONE  (804) 625-1001

Geographic Area Served
☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement
18 or older
SSI eligible
Proof of disability

Additional Information
AGENCY  Information Center of Hampton Roads
ADDRESS  101 St. Paul's Boulevard, Suite 1100
          Norfolk, Virginia  23510
PHONE  (804)  625-4543

Geographic Area Served
■ Chesapeake  ■ Norfolk  ■ Portsmouth  ■ Va. Beach

Population Served
■ Hearing Impaired  ■ Learning Disabled  ■ Emotionally Disturbed
■ Mentally Retarded  ■ Visually Impaired  ■ Physically Handicapped

Service Provided  Supplies information on the following:
■ Job Placement  □ Physical Exam  ■ Transportation
■ Job Referral  □ Follow-up  ■ Child Care
■ Training  ■ Individual Counseling  ■ Financial Assistance
■ Vocational Evaluation  ■ Independent Living  ■ Housing
■ Psychological Eval.  ■ Work Adjustment  ■ Other *

Eligibility Requirement

Additional Information
*Mutual support groups
Mayor's Commissions for the Handicapped
Accessible to physically handicapped
AGENCY Jewish Family Services
ADDRESS P.O. Box 9503
Norfolk, Virginia 23505
PHONE (804) 489-3111

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Independent Living
- Other *
- Work Adjustment

Eligibility Requirement

Additional Information
Accessible to physically handicapped
*Provide case management
Coordination of formal and informal resources
AGENCY    Louise W. Eggleston Center
ADDRESS    780 W. 20th Street
           Norfolk, Virginia 23517
PHONE      (804) 625-2311

Geographic Area Served

☐ Chesapeake ☐ Norfolk ☐ Portsmouth ☐ Va. Beach

Population Served

☐ Hearing Impaired ☐ Learning Disabled ☐ Emotionally Disturbed
☐ Mentally Retarded ☐ Visually Impaired ☐ Physically Handicapped

Service Provided

☐ Job Placement ☐ Physical Exam ☐ Transportation
☐ Job Referral ☐ Follow-up ☐ Child Care
☐ Training ☐ Individual Counseling ☐ Financial Assistance
☐ Vocational Evaluation ☐ Independent Living ☐ Housing
☐ Psychological Eval. ☐ Work Adjustment ☐ Other

Eligibility Requirement

Specific disability
Proof of disability

Additional Information

Accessible to physically handicapped
AGENCY Mace Medical and Scientific, Inc. 
ADDRESS 5245 Challedon Dr. 
Virginia Beach, Virginia 23462 
PHONE (804) 499-1996 

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach 

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed 
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped 

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation 
☐ Job Referral  ☐ Follow-up  ☐ Child Care 
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance 
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing 
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other * 

Eligibility Requirement

Fees for services 

Additional Information

*A supplier of handicapped supplies and equipment.
AGENCY March of Dimes
ADDRESS 417 Thalia Road
          Virginia Beach, Virginia 23452
PHONE (804) 498-1828

Geographic Area Served
☐ Chesapeake ☐ Norfolk ☐ Portsmouth ☐ Va. Beach

Population Served
☐ Hearing Impaired ☐ Learning Disabled ☐ Emotionally Disturbed
☐ Mentally Retarded ☐ Visually Impaired ☐ Physically Handicapped

Service Provided
☐ Job Placement ☐ Physical Exam ☐ Transportation
☐ Job Referral ☐ Follow-up ☐ Child Care
☐ Training ☐ Individual Counseling ☐ Financial Assistance
☐ Vocational Evaluation ☐ Independent Living ☐ Housing
☐ Psychological Eval. ☐ Work Adjustment ☐ Other *

Eligibility Requirement
Birth defects under 18 years
Financial eligibility
Specific disability
Proof of disability

Additional Information
*Research
Upgrading medical services available
AGENCY  McDonalds Corporation

ADDRESS  One Columbus Center Suite 400
          Virginia Beach, Virginia  23462

PHONE  (804) 473-1600

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement

Age 16 or over
A client of the Department of Rehabilitative Services

Additional Information

Accessible to physically handicapped
AGENCY  Mental Health Association in Tidewater, VA.

ADDRESS  7 Koger Executive Center Suite 113
          Norfolk, Virginia  23502

PHONE  (804) 466-7994

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

Additional Information

* Mental health education
Mental health advocacy

Accessible to physically handicapped
AGENCY: Mental Retardation/Developmental Disabilities

ADDRESS: Programs
Pembroke Six, Suite 218
Virginia Beach, Virginia 23462

PHONE: (804) 499-7619

Geographic Area Served
- ☐ Chesapeake
- ☐ Norfolk
- ☐ Portsmouth
- ☑ Va. Beach

Population Served
- ☐ Hearing Impaired
- ☐ Learning Disabled
- ☑ Emotionally Disturbed
- ☐ Mentally Retarded
- ☑ Visually Impaired
- ☑ Physically Handicapped

Service Provided
- ☐ Job Placement
- ☑ Physical Exam
- ☐ Transportation
- ☐ Job Referral
- ☐ Follow-up
- ☐ Child Care
- ☐ Training
- ☐ Individual Counseling
- ☑ Financial Assistance
- ☐ Vocational Evaluation
- ☑ Independent Living
- ☐ Housing
- ☐ Psychological Eval.
- ☐ Work Adjustment
- ☐ Other
- ☐ Transportation

Eligibility Requirement
Any developmental disability

Additional Information
AGENCY  Navy Family Services Center
ADDRESS  8910 Hampton Boulevard
          Norfolk, Virginia  23505
PHONE  (804) 444-2120

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement

Active duty or retired military and their bonifide dependents.

Additional Information

Accessible to physically handicapped
Information and referral
Advocacy
Norfolk Community Services Board

201 Granby Mall, Suite 103
Norfolk, Virginia 23501

(804) 627-3697

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other

Eligibility Requirement
- Infant and specialized foster care
- Specific disability
- Proof of disability

Additional Information
- Accessible to physically handicapped
- Housing is part of a new Mental Health apartment program.
- Infant development respite program

25
AGENCY Norfolk Department of Human Resources
ADDRESS Room 302, City Hall Building
Norfolk, Virginia 23510
PHONE (804) 441-5271

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other *

Eligibility Requirement
Depends on the program

Additional Information
*The Director's office serves as 504 coordinating office for the city of Norfolk.
Advisory to this Department is the Norfolk Commission for the Handicapped.*
AGENCY      Norfolk Department of Public Health
ADDRESS     401 Colley Avenue
            Norfolk, Virginia 23507
PHONE       (804) 446-4800

Geographic Area Served
☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement
     Sliding fee scale applies

Additional Information
     Accessible to physically handicapped
<table>
<thead>
<tr>
<th>Geographic Area Served</th>
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<td>□ Chesapeake  □ Norfolk  □ Portsmouth  □ Va. Beach</td>
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<tr>
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<tbody>
<tr>
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<td>□ Job Referral</td>
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<th>Eligibility Requirement</th>
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<tr>
<td>0-21 years of age</td>
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<tr>
<td>Accessible to physically handicapped</td>
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<tr>
<td>* Educational services</td>
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</tbody>
</table>
AGENCY  Norfolk State University
ADDRESS  2401 Corprew Avenue
          Norfolk, Virginia 23504
PHONE  (804) 623-8948

Geographic Area Served
- Chesapeake  - Norfolk  - Portsmouth  - Va. Beach

Population Served
- Hearing Impaired  - Learning Disabled  - Emotionally Disturbed
- Mentally Retarded  - Visually Impaired  - Physically Handicapped

Service Provided
- Job Placement  - Physical Exam  - Transportation
- Job Referral  - Follow-up  - Child Care
- Training  - Individual Counseling  - Financial Assistance
- Vocational Evaluation  - Independent Living  - Housing
- Psychological Eval.  - Work Adjustment  - Other *

Eligibility Requirement
Physician referral

Additional Information
*Physical fitness for the handicapped
Adapted driver education
AGENCY  Occupational Therapy Service
ADDRESS  214 E. 41st Street
          Norfolk, Virginia 23504
PHONE   (804) 466-0011, 627-3580

Geographic Area Served
☐ Chesapeake  ☑ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

Additional Information
*Occupational therapy to improve function
Modification to home/work area
Custom made special seating

Accessible to physically handicapped
AGENCY  Old Dominion University

ADDRESS  Handicapped Student Services
           Webb Center, Room 209
           Norfolk, Virginia  23508

PHONE  (804)  440-3428,  440-4732

Geographic Area Served
   □  Chesapeake  □Norfolk  □Portsmouth  □Va. Beach

Population Served
   □  Hearing Impaired  □Learning Disabled  □Emotionally Disturbed
   □  Mentally Retarded  □Visually Impaired  □Physically Handicapped

Service Provided
   □  Job Placement  □Physical Exam  □Transportation
   □  Job Referral  □Follow-up  □Child Care
   □  Training  □Individual Counseling  □Financial Assistance
   □Vocational Evaluation  □Independent Living  □Housing
   □Psychological Eval.  □Work Adjustment  □Other *

Eligibility Requirement
   Be currently enrolled at O.D.U.

Additional Information
   *Placement in accessible unit in on-campus housing.
   *Provision of special on-campus transportation system.
AGENCY  Pendleton Child Service Center

ADDRESS  1000 S. Birdneck Road
          Virginia Beach, Virginia 23451

PHONE  (804) 425-6692

Geographic Area Served
☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement
12 and under
Parent willing to participate in treatment plan
Behavior problems amenable to reeducation

Additional Information
*Parent skill training
Family therapy
School-based interventions and classroom climate training
AGENCY  Portsmouth Community Services Board
ADDRESS  339 High Street, Suite 400
          Portsmouth, Virginia  23704
PHONE    (804)  393-8618

Geographic Area Served
☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement
Over 18
Must be in need of mental health, mental retardation, drug and alcohol abuse services.
Services are provided only to participants and clients in ongoing programs.
AGENCY  Portsmouth Department of Social Services
ADDRESS  700 North Street
          Portsmouth, Virginia  23704
PHONE  (804)  398-3639

Geographic Area Served
☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired    ☐ Learning Disabled    ☐ Emotionally Disturbed
☐ Mentally Retarded    ☐ Visually Impaired    ☐ Physically Handicapped

Service Provided
☐ Job Placement    ☐ Physical Exam    ☐ Transportation
☐ Job Referral    ☐ Follow-up    ☐ Child Care
☐ Training    ☐ Individual Counseling    ☐ Financial Assistance
☐ Vocational Evaluation    ☐ Independent Living    ☐ Housing
☐ Psychological Eval.    ☐ Work Adjustment    ☐ Other *

Eligibility Requirement
Low income
Proof of disability
Every program has its own eligibility criteria.
Contact the Department for more information.

Additional Information
*Home based care/companion services
   Adult foster family care
   Children and Adult Protective Services
   Accessible to physically handicapped
AGENCY  Portsmouth Health Department

ADDRESS  800 Crawford Parkway
          Portsmouth, Virginia 23704

PHONE  (804) 393-8686

Geographic Area Served
☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other  *

Eligibility Requirement
Age requirement for BCC services
Sliding scale for fees

Additional Information
Contact the Health Department for additional info.
*Home visits, patient education
  Bureau of Crippled Children Services
Southeastern Cooperative Educational Programs (SECEP)
P.O. Box 839
317 Chapel Street
Norfolk, Virginia 23501
(804) 441-2644

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Mentally Retarded
- Learning Disabled
- Visually Impaired
- Emotionally Disturbed
- Physically Handicapped
- Autistic

Service Provided
- Job Placement
- Job Referral
- Training
- Vocational Evaluation
- Psychological Eval.
- Physical Exam
- Follow-up
- Individual Counseling
- Independent Living
- Work Adjustment
- Transportation
- Child Care
- Financial Assistance
- Housing
- Other

Eligibility Requirement
Referral from local school systems

Additional Information
AGENCY  Southeastern Virginia Training Center
ADDRESS  2100 Steppingstone Square
          Chesapeake, Virginia  23320
PHONE  (804) 467-8210

Geographic Area Served
□ Chesapeake  □ Norfolk  □ Portsmouth  □ Va. Beach

Population Served
□ Hearing Impaired  □ Learning Disabled  □ Emotionally Disturbed
□ Mentally Retarded  □ Visually Impaired  □ Physically Handicapped

Service Provided
□ Job Placement  □ Physical Exam  □ Transportation
□ Job Referral  □ Follow-up  □ Child Care
□ Training  □ Individual Counseling  □ Financial Assistance
□ Vocational Evaluation  □ Independent Living  □ Housing
□ Psychological Eval.  □ Work Adjustment  □ Other *

Eligibility Requirement
Must be referred for admission by local Community
Services Board

Additional Information
Accessible to physically handicapped
*Residential training for mentally retarded persons
AGENCY  STEP-UP, Incorporated
ADDRESS  Janaf Office Building, Suite 413/415
          Norfolk, Virginia 23502
PHONE  (804) 461-8525

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

Low income
Proof of disability

Additional Information

*Employability development
Social life skills
AGENCY St. Mary's Infant Home
ADDRESS 317 Chapel Street
Norfolk, Virginia 23507
PHONE (804) 622-2208

Geographic Area Served
- Chesapeake  - Norfolk  - Portsmouth  - Va. Beach

Population Served
- Hearing Impaired  - Learning Disabled  - Emotionally Disturbed
- Mentally Retarded  - Visually Impaired  - Physically Handicapped

Service Provided
- Job Placement  - Physical Exam  - Transportation
- Job Referral  - Follow-up  - Child Care
- Training  - Individual Counseling  - Financial Assistance
- Vocational Evaluation  - Independent Living  - Housing
- Psychological Eval.  - Work Adjustment  - Other

Eligibility Requirement
Birth to age 9
Must have S.S.I. or Medicaid
Proof of disability

Additional Information
Serves the severe and profound degree of mental retardation, these children have no self-help skills.
AGENCY: STOP Organization w/Headstart

ADDRESS: 41 St. Paul's Boulevard
Norfolk, Virginia 23510

PHONE: (804) 628-6010

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other

Eligibility Requirement
- 3-4 years of age
- Low income
- Proof of disability
- Parent participation in I.E.P. sessions

Additional Information
- Facilities are altered if necessary to accommodate exceptionalities.
AGENCY    Tidewater Community College
ADDRESS    1428 Cedar Road
            Chesapeake, Virginia 23320
PHONE    (804) 547-9271

Geographic Area Served

[ ] Chesapeake  [ ] Norfolk  [ ] Portsmouth  [ ] Va. Beach

Population Served

[ ] Hearing Impaired  [ ] Learning Disabled  [ ] Emotionally Disturbed
[ ] Mentally Retarded  [ ] Visually Impaired  [ ] Physically Handicapped

Service Provided

[ ] Job Placement  [ ] Physical Exam  [ ] Transportation
[ ] Job Referral  [ ] Follow-up  [ ] Child Care
[ ] Training  [ ] Individual Counseling  [ ] Financial Assistance
[ ] Vocational Evaluation  [ ] Independent Living  [ ] Housing
[ ] Psychological Eval.  [ ] Independent Living  [ ] Other *
[ ] Psychological Eval.  [ ] Work Adjustment

Eligibility Requirement

Additional Information

*A variety of academic and non-academic classes are offered.
**AGENCY**  
Tidewater Council, Boy Scouts of America

**ADDRESS**  
1810 Monticello Avenue  
Norfolk, Virginia 23517

**PHONE**  
(804) 622-1801

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**Geographic Area Served**
- [ ] Chesapeake  
- [ ] Norfolk  
- [ ] Portsmouth  
- [ ] Va. Beach

**Population Served**
- [ ] Hearing Impaired  
- [ ] Learning Disabled  
- [ ] Emotionally Disturbed  
- [ ] Mentally Retarded  
- [ ] Visually Impaired  
- [ ] Physically Handicapped

**Service Provided**
- [ ] Job Placement  
- [ ] Physical Exam  
- [ ] Transportation  
- [ ] Job Referral  
- [ ] Follow-up  
- [ ] Child Care  
- [ ] Training  
- [ ] Individual Counseling  
- [ ] Financial Assistance  
- [ ] Vocational Evaluation  
- [ ] Independent Living  
- [ ] Housing  
- [ ] Psychological Eval.  
- [ ] Work Adjustment  
- [ ] Other *

**Eligibility Requirement**
A U.S. citizen and belief in Supreme Being

**Additional Information**
*Recreational
AGENCY  Tidewater Legal Aid Society

ADDRESS  100 Plume Center West, Suite 412
           Norfolk, Virginia 23510

PHONE  (804) 627-5423

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

18 years or over
Low income
Proof of disability

Additional Information

*Gives legal assistance/representation to those persons who qualify for services. This is a law firm.
AGENCY  Tidewater Regional Transit

ADDRESS  P.O. Box 2096

Norfolk Virginia  23501

PHONE  (804)  627-9291

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed

☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation

☐ Job Referral  ☐ Follow-up  ☐ Child Care

☐ Training  ☐ Individual Counseling  ☐ Financial Assistance

☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing

☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement

Proof of disability (doctor, social worker)

Additional Information

Accessible to physically handicapped
AGENCY  U.S. Department of Labor, ESA Office of Workers

ADDRESS  Compensation Programs
          Room #212, Federal Building 200 Granby Mall
          Norfolk, Virginia 23510

PHONE  (804) 441-3569

Geographic Area Served
  • Chesapeake  • Norfolk  • Portsmouth  • Va. Beach

Population Served
  • Hearing Impaired  • Learning Disabled  • Emotionally Disturbed
  • Mentally Retarded  • Visually Impaired  • Physically Handicapped
  *Rehabilitation to injured workers

Service Provided
  • Job Placement  • Physical Exam  • Transportation
  • Job Referral  • Follow-up  • Child Care
  • Training  • Individual Counseling  • Financial Assistance
  • Vocational Evaluation  • Independent Living  • Housing
  • Psychological Eval.  • Work Adjustment  • Other

Eligibility Requirement
  Must have a disability caused by a work related injury.
  Must be receiving compensation payment under one of the employment acts of this office.

Additional Information
  U.S. Department of Labor does not provide direct services but purchases such services from public and private rehabilitative agencies.
AGENCY: Virginia Association for the Blind, Inc.
ADDRESS: 1202 Oleander Avenue
Chesapeake, Virginia 23325
PHONE: (804) 547-8095

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other

Eligibility Requirement

Additional Information
VAB is a consumer advocacy group of and for the blind and visually impaired. Helping with laws and legislation for blind and visually impaired, and also support other handicapped groups.
AGENCY     Virginia Beach Parks and Recreation
ADDRESS    4700 Recreation Drive
            Virginia Beach, Virginia  23456
PHONE      (804)  467-4884

Geographic Area Served

☐ Chesapeake    ☐ Norfolk    ☐ Portsmouth     ☐ Va. Beach

Population Served

☐ Hearing Impaired    ☐ Learning Disabled
☐ Mentally Retarded   ☐ Visually Impaired

Service Provided

☐ Job Placement      ☐ Physical Exam
☐ Job Referral       ☐ Follow-up
☐ Training           ☐ Individual Counseling
☐ Vocational Evaluation ☐ Independent Living
☐ Psychological Eval. ☐ Work Adjustment

Eligibility Requirement

Age 1 and up (different programs have different age requirements).
Physicians release form for swimming, fitness and conditioning.

Additional Information

Accessible to physically handicapped
AGENCY: Virginia Beach Public Library

ADDRESS: Special Services Division
936 Independence Boulevard
Virginia Beach, Virginia 23455

PHONE: (804) 464-9175

Geographic Area Served
- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served
- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided
- Job Placement
- Job Referral
- Training
- Vocational Evaluation
- Psychological Eval.
- Physical Exam
- Follow-up
- Individual Counseling
- Independent Living
- Work Adjustment
- Transportation
- Child Care
- Financial Assistance
- Housing
- Other *

Eligibility Requirement
Difficulty with reading standard print. Certified by M.D., nurse, social worker, etc.

Additional Information
*Library services for blind and physically handicapped. Provide large print books, talking books or disc or cassette tape, braille; furnish cassette player and record players for talking books. Accessible to the physically handicapped
AGENCY
Virginia Beach Special Olympics

ADDRESS
713 Manor Drive
Virginia Beach, Virginia 23464

PHONE
(804) 495-1772

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement

Over 8 years of age

Additional Information

*Recreation
AGENCY  Virginia Department of Rehabilitative Services/
 Norfolk

ADDRESS  1300 E.Little Creek Road
 Norfolk, Virginia  23518

PHONE  (804)  587-8733

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam
☐ Job Referral  ☐ Follow-up
☐ Training  ☐ Individual Counseling
☐ Vocational Evaluation  ☐ Independent Living
☐ Psychological Eval.  ☐ Work Adjustment
☐ Transportation
☐ Child Care
☐ Financial Assistance
☐ Housing
☐ Other

Eligibility Requirement

Age requirement
Financial eligibility
Specific disability
Proof of disability

Additional Information

Accessible to physically handicapped
AGENCY Virginia Department of Rehabilitative Services
ADDRESS 855 West Brambleton Avenue Region IV
Norfolk, Virginia 23510
PHONE (804) 623-8186

Geographic Area Served
- Chesapeake  - Norfolk  - Portsmouth  - Va. Beach

Population Served
- Hearing Impaired  - Learning Disabled  - Emotionally Disturbed
- Mentally Retarded  - Visually Impaired  - Physically Handicapped

Service Provided
- Job Placement  - Physical Exam  - Transportation
- Job Referral  - Follow-up  - Child Care
- Training  - Individual Counseling  - Financial Assistance
- Vocational Evaluation  - Independent Living  - Housing
- Psychological Eval.  - Work Adjustment  - Other *

Eligibility Requirement
- Financial eligibility
- Specific Disability
- Proof of disability

Additional Information
- Accessible to physically handicapped
- *Provide rehabilitation engineering
- Section 504 technical assistance, information regarding accessibility and disabled legislation.
- Disability awareness seminars
Virginia Department for the Visually Handicapped

700 Monticello Avenue, Suite #403
Norfolk, Virginia 23510

(804) 623-8003

Geographic Area Served

- Chesapeake
- Norfolk
- Portsmouth
- Va. Beach

Population Served

- Hearing Impaired
- Learning Disabled
- Emotionally Disturbed
- Mentally Retarded
- Visually Impaired
- Physically Handicapped

Service Provided

- Job Placement
- Physical Exam
- Transportation
- Job Referral
- Follow-up
- Child Care
- Training
- Individual Counseling
- Financial Assistance
- Vocational Evaluation
- Independent Living
- Housing
- Psychological Eval.
- Work Adjustment
- Other *

Eligibility Requirement

Under 21 for educational services, over 16 for Vocational Rehabilitation.
Some services require family contribution according to income.

Additional Information

*Ophthalmologicals and psychologicals as needed.
Surgery/treatment, communication skills, orientation and mobility training.
AGENCY Virginia Employment Commission
ADDRESS 5145 E. Virginia Beach Boulevard
           Norfolk, Virginia 23502
PHONE (804) 461-1446

Geographic Area Served
☐ Chesapeake  ☑ Norfolk  ☐ Portsmouth  ☑ Va. Beach

Population Served
☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped
* Any handicap with marketable skill

Service Provided
☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other *

Eligibility Requirement
Over 16
Doctor's proof of disability
Job skill
Financial eligibility for TJTC

Additional Information
*Accessible to physically handicapped
Employability training
3 day workshop for clients with skills
AGENCY  Volunteers of America

ADDRESS  2817 Virginia Beach Boulevard
          Virginia Beach, Virginia 23451

PHONE  (804) 463-2201

Geographic Area Served

☐ Chesapeake  ☐ Norfolk  ☐ Portsmouth  ☐ Va. Beach

Population Served

☐ Hearing Impaired  ☐ Learning Disabled  ☐ Emotionally Disturbed
☐ Mentally Retarded  ☐ Visually Impaired  ☐ Physically Handicapped

Service Provided

☐ Job Placement  ☐ Physical Exam  ☐ Transportation
☐ Job Referral  ☐ Follow-up  ☐ Child Care
☐ Training  ☐ Individual Counseling  ☐ Financial Assistance
☐ Vocational Evaluation  ☐ Independent Living  ☐ Housing
☐ Psychological Eval.  ☐ Work Adjustment  ☐ Other

Eligibility Requirement

Over 18
Need for residential training

Additional Information

Accessible to physically handicapped
AGENCY  Wellspring Home Care and Hospice

ADDRESS  3636 High Street
          Portsmouth, Virginia  23707

PHONE  (804) 398-2338

Geographic Area Served

[ ] Chesapeake  [ ] Norfolk  [ ] Portsmouth  [ ] Va. Beach

Population Served

[ ] Hearing Impaired  [ ] Learning Disabled  [ ] Emotionally Disturbed
[ ] Mentally Retarded  [ ] Visually Impaired  [ ] Physically Handicapped

Service Provided

[ ] Job Placement  [ ] Physical Exam  [ ] Transportation
[ ] Job Referral  [ ] Follow-up  [ ] Child Care
[ ] Training  [ ] Individual Counseling  [ ] Financial Assistance
[ ] Vocational Evaluation  [ ] Independent Living  [ ] Housing
[ ] Psychological Eval.  [ ] Work Adjustment  [ ] Other *

Eligibility Requirement

Physician's order

Additional Information

Accessible to physically handicapped
* Nursing, physical therapy, speech therapy, occupational therapy, to a home bound individual.
INDEX

Hearing impaired
1, 2, 3, 9, 10, 11, 13, 14, 18, 21, 24, 27, 28, 31, 34, 35, 39, 40, 41, 44, 45, 47, 48, 50, 51, 53, 55.

Mentally retarded
1, 2, 3, 5, 11, 13, 14, 15, 18, 21, 23, 24, 25, 27, 28, 33, 34, 37, 39, 40, 41, 42, 44, 45, 48, 49, 50, 51, 54, 55.

Learning disabled
1, 2, 3, 4, 5, 11, 13, 14, 17, 18, 21, 24, 27, 28, 31, 32, 34, 38, 40, 42, 44, 45, 48, 50, 51, 55.

Visually impaired
1, 2, 3, 11, 13, 14, 18, 21, 24, 27, 28, 31, 34, 35, 39, 40, 42, 44, 45, 48, 50, 51, 55.

Emotionally disturbed
1, 2, 3, 5, 6, 13, 14, 17, 22, 24, 25, 27, 28, 32, 33, 34, 36, 40, 42, 44, 45, 48, 50, 51, 54, 55.

Physically handicapped
1, 2, 3, 4, 5, 10, 11, 12, 13, 14, 18, 21, 23, 24, 27, 28, 29, 30, 31, 34, 35, 38, 39, 40, 42, 43, 44, 45, 47, 48, 50, 51, 52, 54, 55.